

March/April

Independent Living Activity Calendar

The Heritage
at Northern Hills

March 29-April 4, 2021



Monday, March 29th, 2021

Happy Birthday Karen Hartman!

10:00 Resident Led Fitness Class-G

1:00 Cards w/ Friends—A

2:00 BINGO!—DR



3:15 Catholic Communion w/ Sister Pia-AR

6:00 NCAA Basketball Games-Ch.14

Friday, April 2nd, 2021

10:00 Resident Led Exercise Class

1:00 Cards w/ Friends—A

1:00 Movie Matinee: My Sister's
Keeper—G

3:00 Book Club: Choosing Books -AR



Tuesday, March 30th, 2021

9:00-11:00 Indoor Walking Club

12:30-1:00 Corner Store & Library-AR

1:00 Cards w/ Friends—A

2:15-3:00 Ice Cream Novelties Snack
Time -DR



6:15 NCAA Basketball Tournament on
Ch. 191 (TBS)

Saturday, April 3rd, 2021

Happy Birthday Donna Flammang!

9:00-11:00 Indoor Walking Club

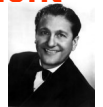
9:00-5:00 Westerns on Ch. 37

10:00 Wii Bowling-G

1:00 Cards w/ Friends—A

4:00 NCAA Basketball Tournament—
Ch. 14

6:00 Lawrence Welk on Ch. 27



Wednesday, March 31st, 2021



10:00 Resident Led Fitness Class—G

10:30 Resident Led Coffee Talk — A

1:00 Cards w/ Friends—A

2:00 BINGO!— DR



Sunday, April 4th, 2021

Happy Birthday Mary Marcoe!

Morning Walk on your own

10:00 Christian Worship Hour on Ch. 36

11:00 Catholic Mass TV Service-Ch. 85

1:00 Cards w/ Friends—A

2:00 Movie: I Can Only Imagine - Ch.100

7:00 Columbo—Ch. 37



Thursday, April 1st, 2021

April Fool's Day

9:00-11:00 Indoor Walking Club

10:00 Bible Study w/ Laura—Garden

12:30-1:00 Corner Store & Library- AR

1:00 Cards w/ Friends—A

2:00-3:00 Happy Hour—DR



Room Location

A= Atrium

DR=Dining Room

AR=Activity Room

G=Garden Level

L=Library



*All Activities are subject to change.