

March/April

Assisted Living Activity Calendar

The Heritage
at Northern Hills

March 29-April 4, 2021

Monday, March 29th, 2021

9:30 Exercise Class—Activity Room on 2
10:00 Cocoa Conversation-Coffee Shop
1:00 Hand & Foot Card Game— End Cap 1B
12:45-1:30 Corner Store & Coffee Shop Open
2:00 Catholic Communion with Sister Pia-2nd Floor Activity Room
6:00 NCAA Basketball Tournament on Channel 14

Friday, April 2nd, 2021

9:30 Exercise Class— Activity Room 2
10:00 Cocoa Conversation-Coffee Shop
1:00 Hand & Foot Card Game-Endcap1B
1:30 Country Drive w/ Misti

Tuesday, March 30th, 2021

Morning Walk on your own
9:00 Music on Alexa-1st Lobby
10:00 (CS) Coffee & News w/ Misti
1:00 BINGO!— Coffee Shop on 2
6:15 NCAA Basketball Tournament on Channel 191 (TBS)

Saturday, April 3rd, 2021

Happy Birthday Ellen Trobaugh!
Morning Walk on your own
9:00-5:00 Western Shows Ch. 37
1:00 Cards w/ Friends —endcap 1B
1:30 PGA Tour Golf—Ch. 4
4:00 NCAA Basketball Tournament on Ch. 14
6:00 Lawrence Welk on Ch. 27

Wednesday, March 31st, 2021

9:30 Exercise Class—Activity Room on 2
10:00 Coffee Social & News— Coffee Shop on 2
1:00 Sing-along Time— CS

Sunday, April 4th, 2021

Happy 100th Birthday Mina Karcher!
Morning Walk on your own
Church Services on various channels. †
10:00 Christian Worship Hour on Ch. 36
11:00 Catholic Mass TV Service- Ch. 85
2:00 Movie: I Can Only Imagine Ch.100
7:00 Columbo—Ch. 37

Thursday, April 1st, 2021

APRIL FOOL'S DAY

10:00-11:00 Manicures—in Coffee Shop on 2- (Sign up by mailboxes for a time)
1:00 BINGO! -Coffee Shop on 2
3:00 Alexa Music before dinner—in Lobby

ROOM KEY

Activity Room 2nd Floor=AR
Coffee Shop/Corner Store 2nd Floor=CS
End Cap 1st Floor North Side-EC1B
Lobby=1st Floor

*All Activities are subject to change.