

THE SANCTUARY

at West St. Paul

1746 Oakdale Avenue

West St. Paul, MN, 55118

651-455-6322

TheSanctuary-WestStPaul.com



ASSISTED LIVING AND MEMORY CARE



©2019 Fairview Health Services 711461
SW 548228

 **EBENEZER**
Choices for vibrant senior living



AFFORDABLE SENIOR LIVING

Discover The Sanctuary at West St. Paul. Here you'll find everything you need to live each day to its fullest. We offer exceptional, affordable senior living with the amenities you need and want.

PRIVATE APARTMENT HOMES

The Sanctuary at West St. Paul provides private one-bedroom and studio apartment homes with many floor plans to choose from. Each apartment offers a kitchenette, private bath with walk-in shower, individually-controlled heating and air conditioning, and ample storage. All utilities, excluding telephone and optional cable television, are included. Parking is available for both residents and guests.

CARE AND SERVICES

From assistance with day-to-day activities to providing meals, medication management, and housekeeping services, The Sanctuary at West St. Paul provides a discreet helping hand when you need it, along with the confidence you need to live your best life. We offer:

- Delicious, chef-prepared meals served restaurant style
- Laundry and housekeeping services
- 24-hour, on-site care attendant staffing
- RN on site 40 hours/week and on call 24 hours/day
- Personal services like daily assistance with dressing, bathing, and grooming
- Medication management
- Emergency response system

AMENITIES

The Sanctuary at West St. Paul offers more than gracious apartment living. We offer the support, the care, and the services seniors need to enrich their lives, foster purpose, and provide a healthy and well-rounded lifestyle. The Sanctuary at West St. Paul offers programming that focuses on our residents' emotional, intellectual, social, and spiritual needs, while providing regularly scheduled activities, educational events, and outings.

- Beauty salon and barber
- Exercise room
- Library
- Community room
- Theater
- Planned activities
- Learning opportunities

MEMORY CARE

We provide exceptional care for those who are living with Alzheimer's disease and other forms of dementia. The Memory Care neighborhood at The Sanctuary at West St. Paul is designed to ensure that our residents get the highest level of care in the community. In addition, our specially-trained caregivers offer person-centered, calming activities that supplement their compassionate care.

As part of Ebenezer, The Sanctuary at West St. Paul participates in Ebenezer's Dimensions® Program. This unique program, created by the memory care experts at Ebenezer, prepares our staff to provide exceptional, compassionate care using evidence-based best practices that help to make a dramatic difference in the life of your loved one.

AFFORDABLE NOW AND IN THE FUTURE

The Sanctuary at West St. Paul offers surprisingly affordable monthly rates and financial assistance to those who qualify, which provides reassurance for your financial future.

MANAGED BY EBENEZER

Ebenezer is Minnesota's largest senior living operator, with more than 100 years of experience serving older adults. As part of Fairview Health Services, Ebenezer is dedicated to healing, discovering, and educating for longer, healthier, and more meaningful lives.