

April 2021

Sunset Park Place

3730 Pennsylvania Ave, Dubuque, IA 52002 | 563-583-7939 | www.sunsetparkplace.net

Celebrating April

Habitat Awareness Month

Jazz Appreciation Month

**Card and Letter Writing
Month**

April Fools' Day
April 1

Easter
April 4

Ramadan Begins
April 12

Scrabble Day
April 13

World Amateur Radio Day
April 18

Earth Day
April 22

International Dance Day
April 29

2021 WALK TO END ALZHEIMER'S SUNSET PARK PLACE FUNDRAISER

It's Flocking Season

For a donation of \$20 or more to the Sunset Park Place Walk to End Alzheimer's Team, we will place a flock of pink flamingos outside the window of your loved one at Sunset Park Place, or a family, friend or business within 25 miles of Dubuque. We will deliver a note explaining our feathered friends and that they have been "flocked!" by you. The flock will nest on their lawn for 3 days then they will migrate to their next location!



Contact Erica to donate & send a flock!

Call: 563-580-5041 or

Email: marketing@sunsetparkplace.net

Flocking season runs from April 1-May 31, 2021

April is Occupational Therapy Month



Congratulations to Tara Westhoff OTR/L and Taylor Theisen COTA/L. Thank you for your service and dedication to those you serve! What is Occupational Therapy? Occupational Therapists are health professionals who

work with people who have had illnesses, injuries and disabilities that prevent them from participating in their normal daily activities. Occupational Therapy encompasses assessment and treatment to develop, recover or maintain the daily living and work skills of people with a physical, mental or cognitive disorder. At Sunset Park Place, Occupational Therapy specializes in lymphedema and urinary incontinence interventions. Please reach out to Tara and Taylor if you have any questions about what Occupational Therapy can do for you.

Congratulations Donna on your 20th Anniversary!



Donna has been an employee at Sunset Park Place for 20 years on April 12th. She works in housekeeping, cleaning apartments and community areas, she also helps with resident showers. Each and every day

she takes pride in making Sunset Park Place a great place to live. If you ask the residents, they will say Donna can get it done! Thank you so much for your talents and dedication to Sunset Park Place.

Welcome Marissa Gaab, LPN Assistant Health Care Coordinator

Hello, my name is Marissa. I have been nursing since 2017. Before that I was an EMT with Paramount Ambulance where I met my husband Nick who was my partner on the



ambulance. I have 2 daughters. Keeley is 19 and is Military Police in the Navy. She is stationed in Fallon, Nevada. Dezirae is 17 and is a junior at Cuba City High School and wants to go to dental school. My husband and I have a 4-legged fur baby named Finn. I look forward to getting to know all of you. Feel free to stop in and say hi!!

Every Day Is Earth Day



On April 22, 1970, Senator Gaylord Nelson of Wisconsin was so concerned about the deteriorating natural landscape of the United States that he organized the first Earth Day, a day of teach-ins on college campuses to raise awareness of air and water pollution. America's passionate response to Earth Day surprised Nelson. Millions of Americans, regardless of political affiliation, race, or creed, banded together to support protecting the environment. By the end of 1970, President Nixon had created the Environmental Protection Agency, and shortly thereafter Congress passed the Clean Air Act and Clean Water Act. It's been over 50 years since that first Earth Day, and environmental action has never seemed more urgent. While it is up to major corporations to reduce their carbon footprints, individuals can still do their part by eating more plant-based foods, buying less, composting, and supporting local businesses.

St. Patrick's Day

The wearin' o' the green! Marilyn wins the award for Best Dressed Resident! And everyone enjoyed a lucky workout with our favorite energetic Leprechaun, Pam! Shamrock Shakes made everyone's day, with many requests to have them again! It's so much fun to be Irish – even if it's just for the day.



Welcome Back Prov!



We are happy to announce Prov Valenti has returned to the Sunset Park Place Salon. Everyone was so happy to see her return, they were shouting "Hi Prov, we are so glad to see you" and "Welcome back!"

Prov said, "I feel like I'm a celebrity!" with a big smile on her face and both hands on her heart. She is looking forward to catching up and helping everyone look their best.

If you need to make an appointment or purchase gift certificates call her at 563-599-6479.



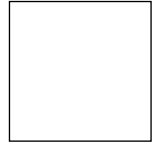
Snack Cake Super Stardom



James Dewar started working at Illinois' Continental Baking Company in the 1920s as a delivery boy, hawking pastries from a horse-drawn cart. By

1930, he had risen to plant manager, and on April 6 of that year, he created the most famous snack cake the world has ever known, the Twinkie. Before the cakes were called Twinkies, they were Little Shortcake Fingers, pre-packaged strawberry-filled shortcakes that were available only during the short strawberry-harvest season. The idle factory equipment drove Dewar to invent a new, still nameless, yellow sponge cake filled with banana crème. While on his way to a marketing meeting, Dewar passed a billboard advertising Twinkle Toe Shoes. He had found the Twinkies name, and the rest is snack cake history.

Sunset Park Place
3730 Pennsylvania Ave
Dubuque, IA 52002



It's Flocking Season!!

April 1 – May 31

Sunset Park Place fundraiser for
Walk to End Alzheimer's.

See details inside...



The Referral Program is back! Good Friends make great neighbors!

We offer a \$1,000 rent credit for
any current Sunset Park Place
resident, or loved one of a
current resident, who refers a
friend which results in a move in.



Contact Erica Wall, Assistant Director
for details at 563-580-5041

April Birthdays

Pat W 6th Delbert B 7th Joyce S 10th
Joe G 10th Irene H 29th

In astrology, those born from April 1–19 are
Rams of Aries, the first sign of the zodiac.
Rams are unafraid to forge ahead with passion,
zeal, and confidence. Full of optimism and
hope, they are both eager to get the job done
and unafraid to confront problems head-on.
Those born from April 20–30 are Bulls of
Taurus. While Taureans enjoy the comforts
of luxury, they are unafraid of hard work and
dedicate themselves to the tasks at hand.
Their steadfast nature makes them reliable.

Marvin Gaye (singer) – April 2, 1939
Jackie Chan (actor) – April 7, 1954
Al Green (singer) – April 13, 1946
Julie Christie (actress) – April 14, 1940
Charlotte Brontë (writer) – April 21, 1816
Barbra Streisand (entertainer) – April 24, 1942
Ella Fitzgerald (singer) – April 25, 1917
Willie Nelson (musician) – April 29, 1933