

Volume 11

March 2021

Community Directors

Eagle River Community Director:

Beth Ann Montezon
Office: 715-479-8018
Cell: 715-891-0358

Rhineland Community Director:

Amy Lemke
Office: 715-361-1111 Ext 101

Tomahawk Community Director:

Carole Mietelski
Office: 715-224-3747
Cell: 715-224-3747

Woodruff Community Director:

Amy Lemke
Office: 715-439-4500 Ext 1
Cell: 715-892-1339

Community Relations Coordinator:

Bella Rubio
Office: 715-361-1111 Ext 102
Cell: 715-409-6511

To request more information on how you or your loved one could benefit from the cares and services available at Milestone Senior Living, contact one of our Northern Wisconsin locations.



Milestone Senior Living has four locations in the Northern Wisconsin area; Eagle River, Rhinelander, Tomahawk, and Woodruff.

*We would love to show you our beautiful Communities
Call Bella at 715-409-6511 to schedule your private tour.*

All tours are socially distanced, masked, and screened upon entry for optimal safety.

Don't wait: Apartments are limited!



The Northwood News



Eagle River News

Rhineland News

Tomahawk News

Woodruff News

Contact Information

Professionally Managed by



Embracing Every Moment

Milestone Senior Living Eagle River

Culinary Spotlight



Meet Jona Hollis the Culinary Coordinator and Cindy Jenkins-Daffara the assistant cook, they are the ladies that hold the kitchen together. Not only do they make amazing meals but they also go the extra mile to make it fun for the residents. They make amazing desserts for the residents on each nationally recognized holiday. They are an amazing team and the residents love all the meals they are served. Eagle River has received a 5 star rating and received the Pinnacle Award for 2021 .

Thank you ladies for doing an amazing job!

Residents enjoyed a traditional St. Patrick's Day Meal



Professionally Managed by



Milestone Senior Wellness

Our residents join our new Morning Senior Stretch exercise program. They will be stretching everyday at 10AM.

Monday—Wednesday —Friday

Keeping Strong & Staying Healthy!

PERSONAL TRAINING



DAVE SIXEL

715-617-6170

DAVESIXEL@YAHOO.COM

TEAM USA COACH AND PRESIDENT

8TH DEGREE BLACK BELT

NASM CERTIFIED PERSONAL TRAINER

Embracing Every Moment

Resident Spotlight

Milestone Senior Living—Rhineland

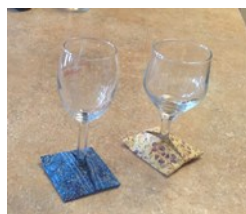
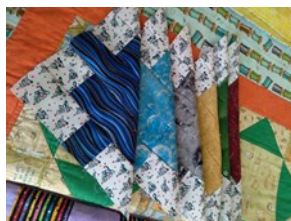
Meet Dorothy Bronson

Dorothy is a retired traveling supervisor from the Woolworth Stores. She would travel to 14 different states to supervise the operations at the Woolworths.

Dorothy started quilting 30 years ago when she retired from Woolworths. She has made many quilts for her family and friends. She attended a Quilt Fair a few years ago where she sold many of her quilts she made. During Covid-19 she has made many quilts and placemats for our residents.

When Dorothy speaks about her quilts you can see a sparkle of passion because each quilt is different and unique. Dorothy has put a lot of love and hard work into her quilts. She displays her quilts on her couch, walls, her bed and even for her wine glasses that have a handmade coaster on them.

Residents at Milestone Rhineland are eager to see Dorothy's finished projects. We are happy to have such a talented resident in our community.



Milestone Eagle River



Meet Jona Hollis
Culinary Coordinator
Milestone Senior Living
Eagle River, WI



Jona has a background in hospitality and worked for a bakery for 6 years and worked at a local restaurant. Jona has a passion for feeding people and loves to cook. She loves to see the residents smiling faces and the interaction she has with each one. Jona also provides many extra treats for the residents like making treats for every nationally recognized holiday. Jona's mission at Milestone Senior Living is to make our residents happy by providing delicious meals as well as seeing them smile while they are eating and enjoying their meals. Jona goes above and beyond her duties to make sure the residents are happy!

Thank you for doing an
Awesome job!

DATES TO REMEMBER

Wednesday April 14th

Resident Council 1st Floor—11AM

Resident Council 2nd Floor—1:30PM

April Activities

Highlighted

Monday—Wednesday—Friday
Exercise 10:00 AM

Tuesday—Thursday
Exercise 10:30 AM

Thursdays
3:00 – Ice Cream Social

Fridays
3:00 – Happy Hour

April 2
2:45 – Easter Egg Dying

Party & Happy Hour

April 3
1:30 – Science Saturday:

Make Your Own Geode

April 6
1:30 – Cooking Club

April 22
1:30 – Arts & Crafts –

Recycled Paper Mache Bowls

April 28
2:30 – Arts & Crafts

Come Join in the Fun!!

Professionally Managed by



Embracing Every Moment

Milestone Senior Living—Rhinelanders

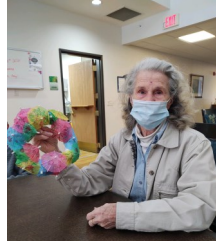
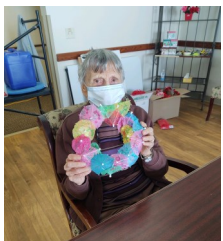
Residents have fun during the afternoon playing Win, Loose or Draw



Residents had fun making St. Patrick's Day Gnomes



Residents display their talents in making Umbrella Wreaths



SENIORS FIRST! SAFETY PROGRAM

The COVID-19 pandemic has changed the way we all live - especially our seniors. Jaybird senior living communities have adapted quickly and responsibly to the COVID-19 pandemic by implementing our Seniors First Safety Program. Even prior to the announcement of Operation Warp Speed, the Jaybird Leadership Team created a Vaccine Task Force with a commitment to establishing a seamless, safe, and ongoing plan to administer the COVID-19 vaccine to our residents and staff.

Our Seniors First Safety Program includes enhanced cleaning policies, procedures, and frequency that goes above and beyond CDC and Health Department guidelines. We've established safety protocols and partnerships with other health care providers to further ensure the safety of our residents and team members. Seniors and their loved ones can rest more easily knowing our senior living communities are one of the safest places to live.

Need a few more reasons to make the move to senior living?

SAFER SOCIALIZATION

New social practices such as scheduled dining, small group gatherings, and frequent sanitation allows seniors to socialize with confidence.

WORRY FREE LIVING

Once you're a resident of a Jaybird community, there's no need to worry any longer about home maintenance and upkeep. Your new home will provide a worry-free, maintenance free lifestyle.

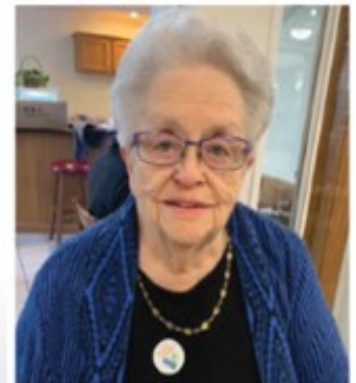
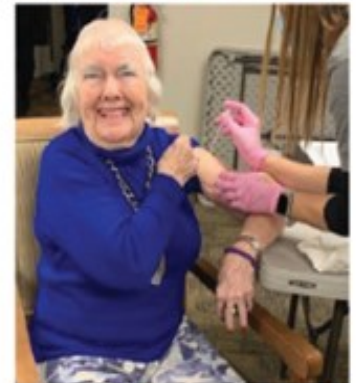
BUILT-IN SUPPORT SYSTEM

You can rely on a 24/7 support system of dedicated on-site team members for housekeeping, laundry, security, and IT support.

The Seniors First Safety Program is a manifestation of our commitment to those we serve. To learn more, call Milestone Senior Living - Eagle River today at (715) 479-8018.



2332 Railroad St. Hwy 45N | Eagle River, WI 54521
www.jaybirdseniorliving.com



Professionally Managed by



Embracing Every Moment



At Milestone Senior Living , our goal is to make at least one resident's dream come true each month. These dreams can range from modest to elaborate based on the unique experiences and backstories of each individual resident.

Being a part of the Jaybird family of communities means adhering to a very special set of values. One of these values is ensuring that our team members get to know each and every one of our residents not only in regards to health care, but also as a unique and vibrant person.

During these uncertain times, it is especially important to continue to make these dreams happen. If you know a resident who may have a dream to fulfill, please contact Bella at 715-409-6511 or welcomerl@milestoneseniorliving.com.

Milestone Senior Living Rhinelander



Meet Ericka Jorgensen



Ericka takes her job serious and loves to work with our residents. She also loves to have fun with the residents weather she is curling their hair or dancing after dinner. Ericka is proud to work at Milestone along side of her team members.

Thank you for doing an awesome job!

DATES TO REMEMBER

Resident Council Meeting

April 21st, 2021

1:30PM

April Activities

Highlights

Monday—Friday 10AM

Morning Stretch

Bingo— Monday at 1:00PM

Bingo— Friday at 1:30PM

April 1 2:00Pm Bird Nest Treats

April 2 11:00AM Dye Easter Eggs

April 5 3:00PM Ice Cream

Social

April 6 3:00PM Spring Basket Craft

April 7 1:00PM Make Hyacinth Flowers

April 14 1:00PM Start a Garden

April 16 Pajama Party Day

April 23 3:30PM Science Experiments

April 28 1:00PM Make Blueberry Pie

April 30 1:30PM Resident Birthday Party

Join Us For Some Fun!

Professionally Managed by



Embracing Every Moment

Milestone Senior Living—Tomahawk

Director Spotlight—Carole Mietelski



Carole has dedicated herself to upholding the safety of her residents while providing unmatched health care. When a staff member is unable to work shift, it is not uncommon for her to stay on-site, exclaiming, "We're all in this together!"

Her team describes her as a 'tough cookie' and the 'calm during the storm.' Carole, thank you for your continued commitment to Milestone Senior Living!

The Best Dining at Milestone Senior Living

A meal shared amongst friends is one of life's greatest pleasures. Stories are told, toasts are made, and bread is broken. These small acts can add up to great friendships that last a lifetime. Add in delicious, high-quality food and expert service and you have a legend in the making. Offer all of these things every single day and what do you have? The amazing dining experience at Milestone Senior Living – no reservations required.

Residents working on St. Patrick's Day Art Projects



Welcome April; We are looking forward to getting outside to gather on our patios to soak up the sun. By now we have planted our seeds to get a head start on our flower/ vegetable gardens and plan to get them outside after Memorial Day. Hopefully, in the not too, distant future, we can again invite entertainment into our Community and get us one step closer to the way we were before COVID.



Professionally Managed by



Embracing Every Moment



*We want
to hear
from
YOU*

We would love to hear from you! Do you have a good story that you would like to share with others. Contact us and your story can be published in our newsletter.

You can also go to [caring.com](https://www.caring.com) and [aplaceformom.com](https://www.aplaceformom.com) and provide feedback on how we are doing.

MILESTONE SENIOR LIVING TOMAHAWK

Caught
RED
handed



Tiffany Breitenfeld is living proof that good things come in small packages. This force of nature is the “hugest” advocate for her residents. She always goes above and beyond for her residents daily. No re-

quest from them is ever denied. She loves them all like they are part of her family. Their families adore her and can see her compassion for their loved ones. Her dedication is beyond compare. She truly has a servant’s heart.

Tenant Testimonial:

I really enjoy the many benefits here at Milestone in Tomahawk. I have resided here for 3 years and couldn’t be happier. My own apartment is great, also get a lot of care by a great staff if some help is needed. Here laundry, meals and housekeeping are all taken care of. Our director of activities has many activities such as games, crafts and keeps the areas decorated for every occasion which is greatly enjoyed. I couldn’t ask for a better place to live.

Iris

April Activities Highlighted:

There will be a staff baby photo contest for residents and tenants to guess at the end of the month

Mercantile Shopping for residents the first Monday of every month in the Dining room.

April 4- Easter Meal

April 7-Planting seeds for our gardens

April 12 and 26th- Creative Cooking

April 14- Creative Corner

April 19- Nat’l Volunteer Appreciation week

April 22- Earth Day

April 23- Nat’l Picnic Day

April 26- Nat’l Pretzel Day

April 28- Nat’l Blueberry Pie Day

April 30- Making May Day Basket’s to fill

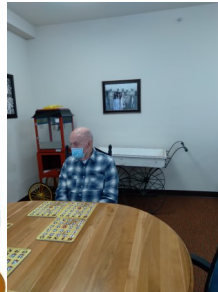
Every Monday @ 10:30 Rosary and Fabulous Fingernails

10 AM Daily Senior Morning Exercises (Mon/Wed/Fri) Sixel’s Senior Functional Fitness

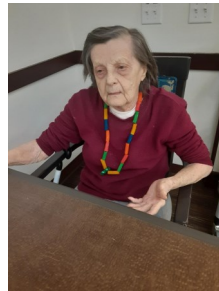
BINGO- Tuesday & Thursday @ 2:00,

Milestone Senior Living—Woodruff

Residents Enjoy Some Fun with Afternoon Bingo



Residents had fun making Rainbow Necklaces for St. Patrick's Day



Professionally Managed by



A photograph of a healthcare worker in a blue uniform and gloves administering a vaccine to an elderly female resident wearing a face mask.

NEW YEAR. NEW HOPE.

The promise of a new tomorrow.

SENIORS WHO **MOVE IN NOW** WILL RECEIVE
THE FIRST ROUND OF THE COVID-19 VACCINE.

We welcome your referrals and are partnering with local pharmacies to ensure our residents receive the vaccine. As always, we're committed to providing exceptional care in an extraordinary environment. Here, our residents embrace a new beginning full of possibilities and amenities, including:

- Engaging social activities
- Culinary dining program
- Personalized assistance
- Housekeeping and laundry

CALL TODAY
to schedule a virtual tour.

MILESTONE
SENIOR LIVING

4686 North Shore Dr. | Rhinelander, WI 54501
(715) 361-1100
www.jaybirdseniorliving.com

SENIORS WHO **MOVE IN NOW** RECEIVE
PRIORITY ACCESS TO THE VACCINE.

A small icon representing accessibility, showing a person in a wheelchair and a building.

Embracing Every Moment



THE COMMUNITY BLOOD CENTER
connecting lives | sharing life

MIRA

Loves playing soccer,
going to the cabin and
having sleepovers with friends.

Relied on blood, platelet and
bone marrow donors to survive
an autoimmune disease.

Donate blood today!

MILESTONE TOMAHAWK BLOOD DRIVE

314 E Lincoln Ave., Tomahawk, WI 54487

WEDNESDAY, MARCH 31
9:30 AM - 1:00 PM

To schedule your donation, please call Julie at
715-224-3747. In order to keep our donors spaced apart,
we kindly request you schedule by appointment.

About an hour of your time can save up to 3 lives.

4406 W. Spencer St., Appleton, WI 54914 | (800) 260-4102 | communityblood.org | cbc@communityblood.org

MILESTONE SENIOR LIVING WOODRUFF

Residents staying healthy and fit



Dates To Remember

Resident Council Meeting

April 20th, 2021
11:00 AM

April Activity Highlights

Monday—Friday
10AM Exercise

Bingo Wednesday
1:00 PM

April 1—1PM
Travel to Ukraine

April 9—1PM
Craft Project

April 16—1PM
Craft Project

April 22—2PM
Travel to Germany

April 23—2:30PM
Picnic Party

April 27—4:15PM
Craft Project

April 30—2:30PM
Resident Birthday Party

Come Join in the Fun!

Professionally Managed by



Embracing Every Moment



USED BOOK SALE



**APRIL 24TH, 2021
10:00 AM – 3PM**

The Book Sale will be held at the locations below:

Milestone Senior Living
2332 Railroad Street
Eagle River, WI 54521

Milestone Senior Living
4686 N Shore Dr
Rhineland, WI 54501

Milestone Senior Living
314 E Lincoln Ave
Tomahawk, WI 54487

Milestone Senior Living
750 Elm Street
Woodruff, WI 54568

All proceeds will be donated to:

alzheimer's association[®]
THE BRAINS BEHIND SAVING YOURS:™

For more information contact Bella: (715) 409-6511