

# APRIL 2021



Professionally Managed  
by Jaybird Senior Living,  
formerly Senior Housing  
Management



# Edencrest™

AT RIVERWOODS

## Assisted Living & Memory Care

2210 E. Park Ave. | Des Moines, IA 50320 | 515-288-4040 | [EdencrestLiving.com](http://EdencrestLiving.com)

## Riverwoods Bulletin

### April

April comes from the Latin word, aperio, "to open" (bud), because plants begin to grow during this month.

**Stone = Diamond**    **Flower = Daisy**

**What's your Sign?**



Aries (The Ram)  
Birthdates: 3/21-4/19

**ARIES TRAITS:**

**Strengths:**

Courageous, Optimistic

**Weaknesses:**

Impatient, Moody

As the first sign of the zodiac, the presence of Aries always marks the beginning of something energetic and turbulent. It's in their nature to take action, sometimes before they think things through.



Taurus (The Bull)  
Birthdates: 4/20-5/20

**TAURUS TRAITS:**

**Strengths:**

Reliable, Patient, Practical

**Weaknesses:**

Stubborn, Possessive

Practical and well-grounded, Taurus is the sign that harvests the fruits of labor. They feel the need to always be surrounded by love and beauty, turned to the material world, hedonism, and physical pleasures.

## Riverwoods Bulletin



It's not good-bye, it's see you later!

Dear Riverwoods Residents, Families & Staff:

I would like to thank you all for your love and friendship during my time at Riverwoods, you will always be a part of my family.

Each one of you plays a big role in the success of our Community, so never stop giving, keep loving, keep active and most of all, be kind to each other. Everyone has been through a lot the past year, with COVID-19. Through it all, we've grown closer. With kind hearts, kind words and compassion for each other, we can all continue to thrive in the upcoming year.

I wish you all the best with many years of happiness and good health.

*Lori*

Did you know that a \$200 deposit will secure an apartment of your choice today?

**SCHEDULE A TOUR Today!**

If you are interested in participating in the weekly Zoom call, please provide Lene' Moore, Director, with your email address, and she will be happy to add you to the weekly call. Lene's email: [directorrw@edencrestliving.com](mailto:directorrw@edencrestliving.com)

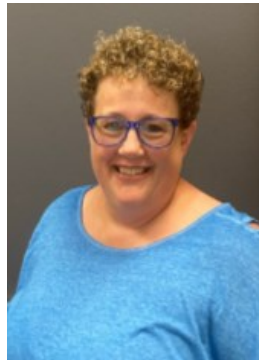
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## APRIL 2021

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### *Riverwoods Bulletin*

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#### Activity Action

##### Armchair Travelers

Hello my fellow travelers! I hope this article finds you rested after our trip to Ireland! I know that I am all unpacked and rested. I am ready to go again! This month we are going to travel to London! We will visit the London Eye, Buckingham Palace, Big Ben and more. We will have our very own "Tea Time," complete with Tea and Crumpets! Join me as we travel on Tuesday, April 27th at 1:30 PM.

Happy Travels!

*Theresa*

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#### Culinary Corner

*April Bentley, Culinary Coordinator*

##### Resident's Choice

I haven't had any submissions for the Resident Choice meal for this month. You still have time to get your vote in. This month's meal is scheduled for Wednesday, April 21st at Noon. Please cast your votes in the milk can by the juice machine or tell me in person. I will do everything I can to make sure your meal is special!

***April***

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## *Riverwoods Bulletin*

### Transportation

*Available with reservation. Please try to schedule your appointments on Tuesdays and Thursdays.*

### Library Reservations

*All library reservations are on hold until further notice.*

### Resident Referrals

*Reminder that any Resident that refers a tour to our community and they move in , you will receive a \$500.00 discount on your next month's rent.*

*Great discount for you for referring a new Resident.*



**Wishing you all a blessed and wonderful birthday!**

**JoAnne Durret 4/5**

**Debra "Deb" Wells 4/12**

**Patricia "Pat" Thomas 4/12**

**Lene' Moore 4/13**

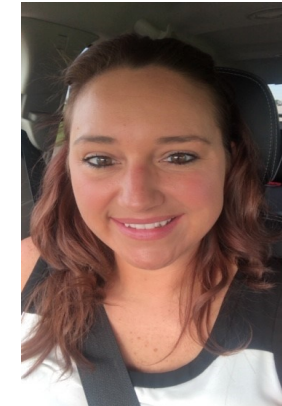
# APRIL 2021

## *Riverwood Bulletin*

### Meet our Management Team



**Lene' Moore**  
Director



**Shana Plambeck, RN**  
Healthcare Coordinator



**Theresa Glaser**  
Life Enrichment  
Coordinator



**April Bentley**  
Culinary Coordinator



**Bryan Stout**  
Maintenance Coordinator

**2210 E. Park Ave  
DES MOINES, IOWA 50320  
TELEPHONE: 515-288-4040  
WWW.EDENCRESTLIVING.COM**





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## Riverwoods Bulletin



### Pastoral Ponderings

*with Pastor David*

### Count Your Blessings

Forgive me if this month's article sounds a bit random and all over the place. Please keep reading, I assure you that it will all tie together. There are two strong themes to this article: Blessings and Family Relationships.

Here it goes: As students studying for the ministry, we were given the opportunity to lead small churches in worship. I say small. One church only had 25 members. My life as a minister was molded by those small churches. I was supposed to be the teacher, but I learned far more than I taught. Looking back, I see the lessons that I learned were blessings, hence the reason for the title.

Blessing #1: I used to have the mindset that those called to be missionaries in other countries always came from large congregations, like mega churches. While I was at this small country church, one of the members shared with me he was being called to the missionary life. He took the training and became a missionary to Africa for our church. It was very humbling to witness this conversion. I realized in that moment that God does not care what size of church you call home, he cares about the church in your heart.

Blessing #2: The church members were bound to each other as a family and relied on tradition. It was at the beginning of my time at this church, in the middle of the service, a woman stood and announced to the congregation, "Now Daddy Roland will pray." And pray, Daddy Roland did. He was in his 80s or even 90s, but he stood and prayed directly from his heart. The congregation prayed with him, as if it was part of the service. Thought it was new to me, who was I to stand in the way of God working through this man?

So, you may ask how this all ties together? I will share with you how. I see all of us here at Edencrest as a family of sorts. We spend so much time together, even more than with our own families. We have our times of struggle and our times of joy. Most of all, we have each other. There is a sign in the Community Room just under the TV that reads: "Count Your Blessings." That calls to mind the old hymn, "Count your blessings, name them one by one." As I count my blessings, I am showered with them, like rain drops. Almost, if you will, like pennies from Heaven. Do not forget to turn your umbrella upside down to catch them.

***Peace & Blessings,***  
***David***



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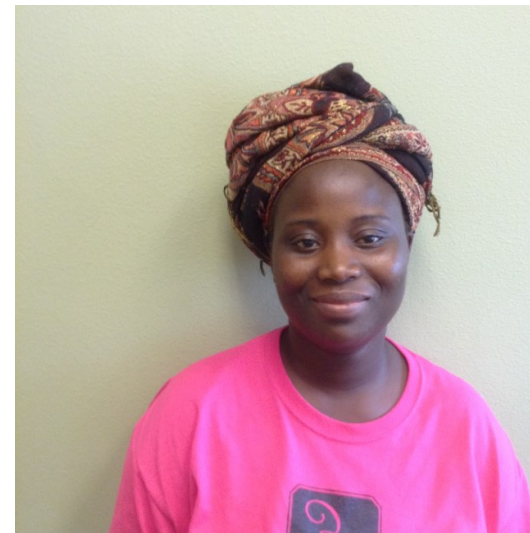


## Riverwoods Bulletin

### Staff Spotlight

Each month we will be shining the spotlight on one of our fantastic Team Members. They will all be asked the same questions:

1. Why did you choose your career path?
2. What is your favorite part about working at Riverwoods?
3. Where do you live?
4. What do you like to do in your spare time?
5. What is your favorite Snack Food?



**Name:** Amelia Ramble

**Position:** RA

**Spotlight:** Meet Amelia. Amelia chose her career path because she likes helping people. Amelia says she loves working at Riverwoods.

Amelia lives in Des Moines with her four children. The rest of her family is in New Jersey.

In her spare time, Amelia enjoys sleeping and watching tv. Amelia's favorite dessert is Red Velvet Cake.

Be sure to say "Hi" to Amelia when you see her.



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## Riverwoods Bulletin



### Chairobics

Deb, Chris, Sharon,  
Sonny, Jan, Kathy,  
Chris & Jim, Jan &  
Jim, Sonny & Jim

Deb



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APRIL FOOLS  
ARBOR DAY  
BIRDS  
BUNNIES  
DAFFODILS  
EARTH DAY  
GRASS  
GROWTH

JACKET  
JOKES  
MISCHIEF  
PRANK  
TREES  
TULIPS  
RAINDROPS  
SHOWERS

A	P	S	D	R	I	B	R	L	I	F	O	L	O	S
B	Y	D	R	O	B	R	B	G	R	A	S	S	A	E
T	R	D	F	E	I	H	C	S	I	M	L	B	U	E
S	E	I	N	R	A	I	N	D	R	O	P	S	N	R
J	A	C	K	E	T	D	Y	A	O	G	R	A	O	T
S	R	R	D	A	D	A	F	F	O	D	I	L	S	B
H	T	F	B	S	P	I	L	U	T	O	R	G	S	U
O	H	F	H	O	K	I	C	A	J	H	T	P	W	N
W	D	O	T	E	R	J	O	H	T	W	O	R	G	N
E	A	D	R	P	A	D	F	I	M	S	E	A	K	I
R	Y	I	A	N	K	T	A	E	I	H	C	N	S	E
S	E	L	S	H	E	E	R	Y	O	J	O	K	E	S

© 2000 by the author of the book

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*Riverwoods Bulletin*

Happy Hour

*Thursdays at 3:30*

Themes for April

Thursday April 1st

*National Tatting Day*

Thursday April 8

*Ask Lene' Day*

Thursday April 15th

*DaVinci's Birthday*

Thursday April 22nd

*Earth Day*

*"Earthly Family Feud"*

*\* Special time 3:00 PM \**

Thursday April 29th

*Poem in your Pocket Day*

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*Riverwoods Bulletin*



**Resident Meeting**

Have you ever wanted an opportunity to plan a fun party or excursion?  
Have you wanted an opportunity to share your concerns? Well search  
no further! The **Resident Meeting** is a perfect place for you to do just  
that!

We meet on the first Tuesday of each month at 1:30 PM to discuss  
these items.

Our next meeting is Tuesday, April 6th.

Make plans to join your fellow community members

**MeETing**



# APRIL 2021

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# Who am I?

## April's featured celebrity will be:



# Leonardo DaVinci

Join us on

Monday, April 19th

At 1:45 PM.

We will explore the life of one of the most iconic Artists:

# Leonardo DaVinci

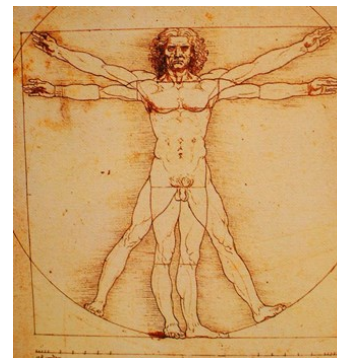


We will start with his birth on April 15th, in Anchiano, Italy, learn of his life, his works of art as well as little known facts about his life.



## Come Join Us!

See you then!!



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# April is Poetry Month

Thursday Afternoons in April will be

## Poetry Day at 1:30 PM

Join us each Thursday as we explore  
different types of poetry and learn about famous poets  
and fun facts about the art  
of poetry



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Connie



Sonny



Chris

Edna



Music  
Speaks



JoAnne



Deb



JoAn

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### Armchair Travels: Ireland





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Bus Ride around  
the Capital



Sue, Pat, Jan,  
Sharon, Kate  
Joan, Doris,  
Sonny, Kathy,  
Char, Chris,  
JoAn, Edna,  
Deb, Chris



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Donna      Rose

Crafter's Club  
Peanut Butter  
Bird Feeders



Chris &  
her Sisters



Visits bring  
smiles!



Joan & Pastor