



Embracing Every Moment

101 NE 5th St. Pocahontas, 1A 50574 712-335-3020 Director: Lauri Fulkerth Nurse: Mary Jo Miller-Grandfield Culinary Coordinator: Amber Baas Life Enrichment Coordinator: Kelly Sheets On Saint Patrick's Day residents gathered to watch the New York City parade, play a variety of games, and was served green drinks and snacks.











To celebrate national Cat In The Hat Day residents watched, Cat In The Hat. We talked about all the different Dr. Suess books and which book was our favorite when we were children.







Mary Jane – April 4th

Arlington Place would like to wish you a very Happy Birthday! We will be celebrating April Birthdays on Tuesday April 6th at 2:00 p.m. We hope to see you all there!



Culinary Coordinator Amber Baas



April Showers Cupcakes

Ingredients

1 Box Betty Crocker[™] Super
Moist[™] white cake mix, water,
vegetable oil and egg whites
called for on cake mix box
1/3 cup light blue candy
sprinkles

2½ cups Betty Crocker™
Whipped fluffy white frosting (from two 12-oz containers)
1½ miniature marshmallows
24 paper drink umbrellas

Directions

1. Heat oven to 350°F (325°F for dark or nonstick pans). Place paper baking cup in each of 24 regular-size muffin cups.

2. Make cake mix as directed on box for cupcakes, using water, oil and egg whites. Fold in candy sprinkles until blended. Divide batter evenly among muffin cups.

3. Bake 18 to 22 minutes or until toothpick inserted in center comes out clean. Cool 10 minutes; remove from pans to cooling racks. Cool completely.

4. Spoon frosting into decorating bag fitted with 1/2inch plain tip. On each cupcake, pipe frosting to look like a cloud. Sprinkle with marshmallows. Insert paper umbrella into frosting.





Life Enrichment Coordinator Kelly Sheets

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Arlington Place would like to wish everyone a Happy Easter!



- The Easter egg is said to symbolize and represent joy, celebration and new life.
- Peep peep...Americans buy more than 700 million marshmallow Peeps during Easter..
- 76% of Americans think the ears of a chocolate bunny should be the first to be eaten.
- Americans consume more than 16 million jelly beans during this holiday.
- Egg dyes were once made out of natural items such as onion peels, tree bark, flower petals, and juices.
- Easter takes place on a Sunday, after the 40-day period called Lent. Lent is referred to as a time of fasting, but participants focus more on giving up one significant indulgence.



• The largest ever Easter egg hunt was in Florida, where 9,753 children searched for 501,000 eggs.









Why I Love Spring



- 1. Baseball, Baseball and more Baseball!!
- 2. Wearing Flip-Flops with bright toe-nail polish, (you are never too old for this).
- 3. The birds are back, singing their spring songs, and it is warm enough to open your house windows and hear them.
 - 4. The Days are becoming Longer and Warmer. The Sun is Brighter.
 - 5. The smell of fresh cut grass, (as long as I am not doing the mowing).
- 6. Sewing seeds and watching them sprout from the earth. The smell of dirt...
 - 7. Grilling Bring It ON!!
 - 8. Listening to the rain.
 - 9. Outdoor activity biking, long walks (without coats), driving through Dolliver with the windows down.
 - 10. Graduation parties.





DRIVE BY EASTER BASKETS

Here comes Peter cotton tail hopping down..... Main Street ???? Yep!!! Saturday April 3rd 1pm sharp. This will be one more year of a drive by and then next year hoping to bring it back out to its original spot which is Arlington Place. We will be able to get pictures with the Easter Bunny, social distancing of course. Stay tuned to hear about "the golden eggs". Look deep in your basket to see if you have one of the Golden Eggs. Donations being accepted to help make this another wonderful event for the kids. Donations can be dropped off at The zone or Arlington Place.