

**Notable Quotable**

“The human foot is a masterpiece of engineering and a work of art.”

~ Leonardo da Vinci, Renaissance polymath



**April Horoscopes and Birthdays**

In astrology, those born from April 1–19 are Rams of Aries, the first sign of the zodiac. Rams are unafraid to forge ahead with passion, zeal, and confidence. Full of optimism, they are unafraid to confront problems head-on. Those born from April 20–30 are Bulls of Taurus. While Taureans enjoy the comforts of luxury, they are unafraid of hard work. Their steadfast natures make them determined and reliable.

- Marvin Gaye – April 2, 1939
- Eddie Murphy – April 3, 1961
- Sterling K. Brown – April 5, 1976
- Jackie Chan – April 7, 1954
- Beverly Cleary – April 12, 1916
- Al Green – April 13, 1946
- Julie Christie – April 14, 1940
- Kareem Abdul Jabbar – April 16, 1947
- Eliot Ness – April 19, 1903
- Charlotte Brontë – April 21, 1816
- Barbra Streisand – April 24, 1942
- Ella Fitzgerald – April 25, 1917
- Willie Nelson – April 29, 1933

**Happy Happy April Birthdays!!!**

*Ida Brugman 4/15*

*Hannah Scruggs 4/27*



**A Poem Like a Secret**

April is Poetry Month, which gives us 30 days to appreciate these literary gems. Poems are unique expressions of thoughts and feelings that can inspire epiphanies. But for some, poetry remains inaccessible and difficult to understand. Thirty days' worth of the stuff is torture! For those in need of a smaller dose, April 29 is Poem in Your Pocket Day. On this day, choose any poem you like—long or short, modern or old-timey, humorous or serious, simple or complicated—and carry it in your pocket. Read it to

yourself throughout the day or whenever the feeling strikes. Contemplate it. Puzzle over it. Question it. Share it with others, if you like. Or keep it to yourself, like a secret. No one has to know that you have a poem stashed away in your pocket. Above all else, enjoy it. If you need help getting started, consider these lines by Pulitzer Prize-winner Archibald MacLeish:

*A poem should be palpable and mute  
As a globed fruit*

**Arbor Hills Grapevine**

April 2021

Arbor Hills Independent Living Residence  
4145 Lakeland Hills Blvd  
Lakeland, FL 33805

Resources

- Mary Gaudet**  
*Executive Director*
- Schelma Whitcomb**  
*Community Director*
- Luis Casiano**  
*Food Service Director*
- Ramon Miranda**  
*Maintenance Director*
- Kaitlyn Askey**  
*Activities Director*
- Lori Merrill**  
*Resident Relations*
- Physician Transport with Julio**  
*Monday (south side), Wednesday and Friday*
- Beauty/Barber with Courtney Tuesday**  
*9:00am-12pm, Thursday, and Friday 9:00am-3:00pm*

**April Showers Bring May Flowers**

I hope everyone is enjoying this lovely spring weather, aside from all of the oak pollen! This is the time of year when Johnson & Johnson makes money from Benadryl sales I'm sure!

Allergies aside, the temperatures are mild and the sun is shining. We'll surely get some afternoon showers this month (at least that's been the pattern the last 28 years I have lived in Florida!), but as the saying goes "April showers bring May flowers". Gardens will be gratefully blooming after the April rains. Birds will be tweeting, hoping to find their mate to build a nest with. Everything about spring feels so hopeful to me. It's the

season of rebirth and renewal. Which reminds me of ... **Easter!** Chocolate bunnies, Easter eggs, family picnics, church services and of course Resurrection. I have such fond memories of Easter picnics with my family. Hopefully we will be able to have one this year after all of last year's craziness. My wish is that all of our residents have a wonderful Easter and are filled with hope and happiness spring brings! Have a **HOPPY EASTER!**

-Kaitlyn Askey, Activities Director



**The Almighty Dollar**

The \$ symbol of the U.S. dollar is recognized around the globe. It was invented by accident by Oliver Pollack on April 1, 1778. Pollack was an Irish merchant living in New Orleans when the Revolutionary War began. As a British colony in revolt, America could not use British currency, so the Spanish peso became the preferred method of payment. Luckily for Pollack, he had built his fortune in Spanish pesos

through illegal trading in the Spanish Caribbean. Pollock lent the Americans 300,000 Spanish pesos, equivalent to one billion of today's dollars, and kept detailed records of his transactions. In a ledger dated April 1, 1778, Pollack scribbled "ps," short for Spanish peso, in a way that looked like the dollar sign \$. In 1797, Founding Father Robert Morris adopted the symbol for America's new currency.



# April Activities Highlights

**April 2<sup>nd</sup>** – Legacy's Egg-cellent Easter Challenge will be in the Social Kitchen at 1pm. Followed by a performance by Jenifer Roys at 3pm.

**April 7<sup>th</sup>** – At 1pm we will hop on the bus for a trip to Bealls!

**April 9<sup>th</sup>** – Put on your poodle skirts and leather jackets because we were going back to the 50s! ELVIS will be here to sing rock n roll hits and gyrate his hips at 3pm!

**April 12<sup>th</sup>** – Count your beans! Lima Bean Auction at 3pm in the Community Center.

**April 14<sup>th</sup>** – Remember restaurants? It's been awhile since we went out to eat, so we will be going to Panera Bread at 11:30am. Soups, salads, and sandwiches YUM!

**April 16<sup>th</sup>** – At 9:45am head on down to the Community Center for coffee, donuts, and some special Bingo games with Vivian from Dedicated Seniors. Later that afternoon, at 3pm come see Deborah Mims for a musical performance on the front porch!

**April 21<sup>st</sup>** – Come get Plant City strawberries and other produce at Parkesdale Market. The bus leaves at 1pm...Did we mention they have an ice cream shop?!

**April 23<sup>rd</sup>** – Peter Charles will be here to sing all your favorite classics at 3pm.

**April 26<sup>th</sup>** – Hope you've been saving your Bingo Bucks! Bingo Store will be in the Community Center at 3pm.

**April 28<sup>th</sup>** – Wine and Cheese...what could be better? Enjoying it with friends! Wine & Cheese Club will be at 3pm in the Social Kitchen.

**April 30<sup>th</sup>** – You know him! You love him! Welcome back Eddy Rivers as he sings for us at 3pm out front!

## Star of the Month – Paul Newman



Paul Newman, with his piercing blue eyes and his ability to play a wide range of characters, is one of the most iconic leading men in Hollywood history. Besides being a hugely successful actor, he was also a champion auto racer, a committed political activist, and a big-hearted philanthropist.

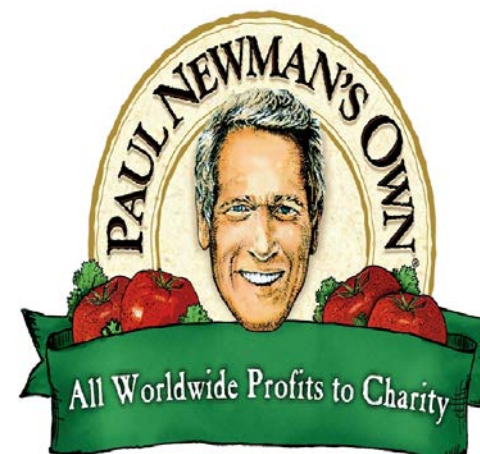
During World War II, Paul served in the Navy as a radio operator/gunner on torpedo bombers in the Pacific. After the war, he enrolled in Kenyon College, where he studied English and speech. Two days after graduation, he left to work in summer stock. Summer stock in America are theatrical productions by a repertory company organized for the summer season, especially at vacation resorts or in a suburban area, and many young actors hone their acting chops during these fast paced productions. While working on the stage for the first time, he met his first wife, Jackie Witte, who, at just 19, fell in love with the then 24-year old Navy veteran. Just a year later, they were wed. During that time, the young couple began their family, and for a brief moment it seemed that Newman would need to give up acting to support his young bride and three children. Jackie gave up her dreams of acting and instead worked as a full-time model, as the hours were more flexible. For Newman, the acting

bug never released its grip. Not long into his marriage, began to study at Yale's school of drama.

In 1953 Newman made his Broadway debut in Picnic. Also in the production was a young actress named Joanne Woodward. Although the two began as just friends, as Newman's star began to skyrocket and his life began to change rapidly, so did his relationship with Woodward.

With fame came long periods of time away from his family, and his marriage to Witte began to disintegrate. Later in life, he confessed that "I'll carry [the guilt] with me for the rest of my life." After his divorce from Witte, Newman and Woodward were married in 1958 and remained together until Paul's death in 2008.

During his career of almost 50 years, he starred in such blockbusters as Cat on a Hot Tin Roof, Hud, Cool Hand Luke, Butch Cassidy and the Sundance Kid, The Sting, and The Verdict. While acting was Newman's craft, auto racing was his passion. In 1979, he came in second at the prestigious 24 Hours of Le Mans, driving a Porsche 935. He won the Sports Car Club of America National Championship four times and regularly raced his Corvette in the GT1 Series. He continued racing into his 80s.





Check out some of our crafts for this month!



### Snack Cake Super Stardom



Twinkies were originally filled by workers pedaling a mechanical filler with their feet.

James Dewar started working at Illinois' Continental Baking Company in the 1920s as a delivery boy. By 1930, he had risen to plant manager, and on April 6 of that year, he created the most famous snack cake the world has ever known, the Twinkie. Before the cakes were called Twinkies, they were Little Shortcake Fingers, pre-packaged strawberry-filled

shortcakes available only during the short strawberry-harvest season. The idle factory equipment drove Dewar to invent a new, still nameless, yellow sponge cake filled with banana crême. While on his way to a marketing meeting, Dewar passed a billboard advertising Twinkle Toe Shoes. He had found the Twinkies name, and the rest is history.

### What's Up, Doc?



Bugs Bunny's original voice was later used to voice Woody Woodpecker.

On April 30, 1938, Warner Bros. released a new Looney Tunes cartoon featuring Porky Pig as a hapless hunter trying to unsuccessfully bag a humorously hyperactive rabbit named Happy. How could audiences know that this rabbit would evolve into Bugs Bunny, one of the most recognizable cartoon characters of all time?

The rabbit in *Porky's Hare Hunt* bore little resemblance to the Bugs Bunny we all know and love today. This white rabbit wore no gloves, lacked Bugs' recognizable voice, and did not eat a single carrot! It would be two years before Bugs made his official debut in *A Wild Hare*. When a redesigned rabbit was requested for the short, animator Bob Givens went to work and sketched a rabbit based on a design by Ben "Bugs" Hardaway that was labeled "Bugs's Bunny." The name stuck. When audiences got their first glimpse at the new and improved rabbit, the character stuck, too.

The Bugs Bunny featured in *A Wild Hare* displayed many of the trademarks we have come to love. When staring down the barrel of Elmer Fudd's shotgun, Bugs first uttered his catchphrase "What's up, Doc?" The phrase was added by the cartoon's director, Tex Avery, who had heard the expression a thousand times in his native Texas. Avery was more surprised than anybody when it left audiences rolling with laughter. As for Bugs' obsession with munching carrots, this was a habit "borrowed" from Clark Gable's character in the 1934 movie *It Happened One Night*. In one scene, Gable stands by a fence spouting advice to Claudette Colbert while chewing a carrot and talking with his mouth full. The scene was so famous at the time that audiences immediately got Bugs' imitation, and it earned the bunny instant panache. His popularity would endure for over 70 years, and he remains Warner Bros.' most recognizable mascot.



## Fountain of Fiction



*De León is credited for discovering the Gulf Stream, which sped voyages from Spain to North America.*

On April 2, 1513, explorer Juan Ponce de León landed on a peninsula he called “La Florida” and claimed it for the Spanish crown. But why had he come? Some say he was searching for the Fountain of Youth, a spring that granted eternal youth to whoever bathed in its waters.

It is said that the indigenous Taino people of the Caribbean passed on stories of a magical fountain and river of rejuvenation to the Spaniards. Rumors reached De León that this was located somewhere north of Cuba. So with permission of King Ferdinand of Spain, De León set out from Puerto Rico to find it. He set sail with three ships and landed in Florida, yet he never found the Fountain of Youth. But then again, historians argue that was never his intention. Not only was the Fountain of Youth a legend but so was De León’s search for it. The truth is that

stories of De León’s search for the Fountain of Youth were invented by his rivals as a means of ruining his reputation after his death.

In 1508, Ponce de León colonized Puerto Rico and became its governor, but a political rift forced him to give up Puerto Rico to Diego Columbus, the son of Christopher Columbus. After De León’s death, Gonzalo Fernandez de Oviedo, a Spanish court historian and ally of Diego Columbus, wrote a misleading account of a bumbling and foolish De León searching for a magical fountain of youth in Florida. While many at the time knew the writings to be a satirical smear campaign against De León, over the centuries Oviedo’s fantastical fictions have morphed into fact, facts happily accepted by all those who want to believe in the magical Fountain of Youth.



*The Greek historian Ctesias described unicorns as having white bodies, dark red heads, blue eyes, and multicolored horns.*

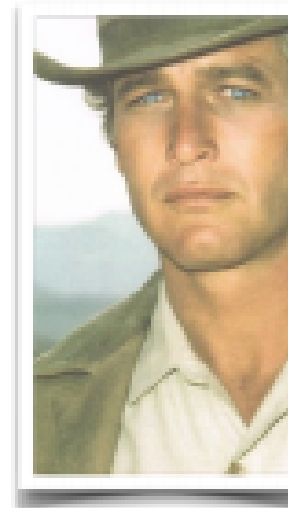
## Unnatural History

If ever there was a day to believe in magic and hope for the impossible, it is April 9, Unicorn Day. Unicorns have not entered our collective imagination from myth or legend but from natural history. Various ancient Greek historians recorded the existence of unicorns. The Indus Valley Civilization emblazoned the unicorn on official seals, and a unique animal known as a *re’em*, which many believe to be a unicorn, is mentioned in the

Bible. Even Leonardo da Vinci mentioned them in his famed notebooks. Modern-day scientists may have something in common with these scientists of centuries past. Researchers have discovered evidence of a giant hairy rhino that roamed the grasslands of Eurasia and lived alongside humans as recently as 39,000 years ago. Scientists speculate that this “Siberian unicorn” might very well have been the origin of unicorn myths that pervaded so many cultures.

## Paul Newman

The **bold** words listed below can be found vertically, horizontally, diagonally, forward, and backward.



W	M	H	O	J	V	E	S	J	Y	P	L	G	S	O
R	E	L	T	S	U	H	Y	R	K	E	X	V	N	L
C	A	S	S	I	D	Y	D	E	O	J	N	R	A	I
R	O	L	O	C	Q	S	O	K	J	A	E	O	O	T
F	H	M	T	G	P	P	B	V	H	F	D	G	M	T
P	A	D	W	Q	M	E	O	T	N	V	V	N	V	L
N	A	I	L	A	D	R	N	I	C	S	U	I	Q	E
L	U	K	E	R	S	D	D	E	J	I	S	T	T	C
T	K	D	I	L	S	I	Z	O	W	U	D	S	N	K
N	M	V	O	R	J	T	H	X	N	M	I	R	T	I
K	E	O	G	A	A	I	V	D	B	Y	A	K	E	N
R	C	X	Y	C	Y	O	A	L	T	T	T	N	O	V
W	H	N	G	E	D	N	W	C	G	I	X	L	S	W
Q	N	Z	H	R	C	W	W	E	K	V	X	R	M	F
G	M	W	X	E	U	F	S	K	O	E	G	R	K	D

**BUTCH CASSIDY AND THE SUNDANCE KID**

**THE COLOR OF MONEY**

**COOL HAND LUKE**

**FAT MAN AND**

**LITTLE BOY**

**THE HUSTLER**

**NEWMAN’S OWN**

**NOBODY’S FOOL**

**RACE CAR DRIVER**

**ROAD TO PERDITION**

**THE STING**

**THE TOWERING INFERNO**

**THE VERDICT**