

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Activity Location Key:            ALAR-Assisted Living Activity Rm.            HCRR-Health Center Rec. Rm.            HCDR-Health Center Dining Rm.            HCB-Health Center Bistro</p>	<p> <b>A</b> - Artisans  <b>GF</b> - Gathering of Friends  <b>GG</b> - Group Games  <b>I</b> - Inspirations  <b>K</b> - Keeping it Sharp/Reminisce  <b>L</b> - Lifelong Learning  <b>MM</b> - Mindful Moments  <b>M</b> - Music to My Ears  <b>S</b> - Signature Events  <b>V</b> - Vitality           </p>			<p><b>1</b> <b>April Fools' Day</b></p> <p> <b>V</b> 10:00 Exercise in Motion-HCRR  <b>K</b> 11:00 Puzzle Hour-HCRR  <b>A</b> 2:00 Easter Egg Painting-HCRR  <b>M</b> 3:30 Easter music on Channel 2 &amp; HCRR           </p>	<p><b>2</b> <b>Good Friday</b></p> <p> <b>V</b> 10:00 Ball Toss-HCRR  <b>GG</b> 10:30 Bingo-HCRR  <b>I</b> 1:00 Inspired Living Committee  <b>K</b> 2:00 Easter Trivia and Puzzles-HCRR  <b>S</b> 3:00 Happy Hour-HCDR           </p>	<p><b>3</b></p> <p> <b>V</b> 10:00 Exercise in Motion-HCRR  <b>K</b> 11:00 Puzzle Hour-HCRR  <b>A</b> 1:30 Jewelry Hour  <b>GF</b> 3:00 Afternoon Matinee-Hop on channel 2 &amp; HCRR           </p>
<p><b>4</b> <b>Easter</b></p> <p> <b>V</b> 10:00 Exercise  <b>I</b> 10:30 Easter Church Service on Channel 2  <b>S</b> 12:00 Easter Lunch  <b>A</b> 2:00 Easter Coloring-HCRR  <b>M</b> 3:00 Easter music sing a long-HCRR           </p>	<p><b>5</b></p> <p> <b>V</b> 10:00 Ball Toss-HCRR  <b>GG</b> 10:30 Bingo-HCRR  <b>K</b> 2:00 Puzzles-HCRR  <b>GG</b> 3:00 Jenga-HCRR  <b>GF</b> 5:00 Movie Night-How to Lose a Guy in 10 days on channel 2           </p>	<p><b>6</b></p> <p> <b>V</b> 10:00 Exercise in Motion-HCRR  <b>K</b> 11:00 Mind Games-HCRR  <b>MM</b> 2:00 Manicures  <b>M</b> 3:30 Sinatra All or Nothing at All-Channel 2 and HCRR           </p>	<p><b>7</b></p> <p> <b>V</b> 10:00 Ball Toss-HCRR  <b>I</b> 11:00 Devotions-HCRR  <b>A</b> 2:00 Springing into Crafts-HCRR  <b>GG</b> 3:30 Guess What?-HCRR  <b>GF</b> 5:00 Movie Night- Trading Places on Channel 2           </p>	<p><b>8</b></p> <p> <b>V</b> 10:00 Exercise in Motion-HCRR  <b>K</b> 11:00 Mind Games-HCRR  <b>A</b> 2:00 Creative Painting Hour-HCRR  <b>M</b> 3:30 Music of Dolly Parton on channel 2 &amp; HCRR           </p>	<p><b>9</b></p> <p> <b>V</b> 10:00 Ball Toss-HCRR  <b>GG</b> 10:30 Bingo-HCRR  <b>K</b> 2:00 Easter Trivia and Puzzles-HCRR  <b>S</b> 3:00 Happy Hour-HCDR           </p>	<p><b>10</b></p> <p> <b>V</b> 10:00 Exercise in Motion-HCRR  <b>GG</b> 11:00 Jenga-HCRR  <b>A</b> 1:30 Stained Glass Art-HCRR  <b>GF</b> 3:00 Afternoon Matinee-The Sandlot on channel 2 &amp; HCRR           </p>
<p><b>11</b></p> <p> <b>V</b> 10:00 Exercise  <b>I</b> 10:30 Church Service on Channel 2  <b>GG</b> 1:30 Who am I? game-HCRR  <b>M</b> 3:00 Name that Croon-HCRR           </p>	<p><b>12</b></p> <p> <b>V</b> 10:00 Ball Toss-HCRR  <b>GG</b> 10:30 Bingo-HCRR  <b>K</b> 11:00 Puzzle Hour-HCRR  <b>GF</b> 5:00 Movie Night-The Quick and the Dead on channel 2           </p>	<p><b>13</b> <b>Ramadan Begins</b></p> <p> <b>V</b> 10:00 Exercise in Motion-HCRR  <b>K</b> 11:00 Mind Games-HCRR  <b>MM</b> 2:00 Manicures  <b>MM</b> 3:30 Great Events of WW11 on channel 2 &amp; HCRR           </p>	<p><b>14</b></p> <p> <b>V</b> 10:00 Ball Toss-HCRR  <b>I</b> 11:00 Devotions-HCRR  <b>A</b> 2:00 Crafty Hour-HCRR  <b>GG</b> 3:30 Guess What?-HCRR  <b>GF</b> 5:00 Movie Night-Crocodile Dundee on Channel 2           </p>	<p><b>15</b></p> <p> <b>V</b> 10:00 Exercise in Motion-HCRR  <b>K</b> 11:00 Mind Games-HCRR  <b>A</b> 2:00 Creative Painting Hour-HCRR  <b>M</b> 3:30 Country Western Legends on Channel 2 &amp; HCRR           </p>	<p><b>16</b></p> <p> <b>V</b> 10:00 Ball Toss-HCRR  <b>GG</b> 10:30 Bingo-HCRR  <b>K</b> 2:00 Puzzle Hour-HCRR  <b>S</b> 3:00 Happy Hour-HCDR           </p>	<p><b>17</b></p> <p> <b>V</b> 10:00 Exercise in Motion-HCRR  <b>GG</b> 12:45 Jenga-HCRR  <b>A</b> 1:30 Jewelry Hour  <b>GF</b> 3:00 Afternoon Matinee-The Longest Yard on channel 2 &amp; HCRR           </p>

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<b>18</b> <b>V</b> 10:00 Exercise <b>I</b> 10:30 Church Service on Channel 2 <b>I</b> 10:30 Church Service on Channel 2 <b>M</b> 3:00 Sing a Long-HCRR	<b>19</b> <b>V</b> 10:00 Ball Toss-HCRR <b>GC</b> 10:30 Bingo-HCRR <b>K</b> 11:00 Puzzle Hour-HCRR <b>GF</b> 5:00 Movie Night-Fury on channel 2	<b>20</b> <b>V</b> 10:00 Exercise in Motion-HCRR <b>K</b> 11:00 Mind Games-HCRR <b>MM</b> 2:00 Manicures <b>L</b> 3:30 Secrets of Great British Castles on Channel 2 & HCRR	<b>21</b> <b>V</b> 10:00 Ball Toss-HCRR <b>I</b> 11:00 Devotions-HCRR <b>S</b> 12:00 Taste of the Town <b>GC</b> 3:30 Guess What?-HCRR <b>GF</b> 5:00 Movie Night-No Strings Attached on Channel 2	<b>22</b> Earth Day <b>V</b> 10:00 Exercise in Motion-HCRR <b>K</b> 11:00 Mind Games-HCRR <b>A</b> 2:00 Celebrating Earth day-HCRR <b>M</b> 3:30 Music of Aretha Franklin on channel & HCRR	<b>23</b> <b>V</b> 10:00 Ball Toss-HCRR <b>GC</b> 10:30 Bingo-HCRR <b>K</b> 2:00 Puzzle Hour-HCRR <b>S</b> 3:00 Happy Hour-HCRR	<b>24</b> <b>V</b> 10:00 Exercise in Motion-HCRR <b>MM</b> 11:00 Shake Loose a Memory <b>A</b> 1:30 Stained Glass Art-HCRR <b>GF</b> 3:00 Afternoon Matinee-Crocodile Dundee 2 on channel 2 & HCRR
<b>25</b> <b>V</b> 10:00 Exercise <b>I</b> 10:30 Church Service on Channel 2 <b>GC</b> 1:30 Apples to Apples <b>M</b> 3:00 Name that Croon-HCRR	<b>26</b> <b>V</b> 10:00 Ball Toss-HCRR <b>GC</b> 10:30 Bingo-HCRR <b>K</b> 11:00 Puzzle Hour-HCRR <b>GF</b> 5:00 Movie Night-The Expendables 3 on channel 2	<b>27</b> <b>V</b> 10:00 Exercise in Motion-HCRR <b>K</b> 11:00 Mind Games-HCRR <b>MM</b> 2:00 Manicures <b>L</b> 3:30 History 101 on channel 2 & HCRR	<b>28</b> <b>V</b> 10:00 Ball Toss-HCRR <b>I</b> 11:00 Devotions-HCRR <b>GC</b> 1:00 Resident Council-ALAR <b>GC</b> 3:30 Guess What?-HCRR <b>GF</b> 5:00 Movie Night-Three Amigos on Channel 2	<b>29</b> <b>V</b> 10:00 Exercise in Motion-HCRR <b>K</b> 11:00 Mind Games-HCRR <b>S</b> 1:00 Resident Council-ALAR <b>A</b> 2:00 Creative Painting Hour-HCRR <b>M</b> 3:30 Music of the 60's on channel 2 & HCRR	<b>30</b> <b>V</b> 10:00 Ball Toss-HCRR <b>GC</b> 10:30 Bingo-HCRR <b>K</b> 2:00 Puzzle Hour-HCRR <b>S</b> 3:00 Happy Hour-HCRR	

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<p><b>4</b> Easter</p> <p><b>V</b> 10:00 Exercise</p> <p><b>I</b> 10:30 Easter Church Service on Channel 2</p> <p><b>S</b> 12:00 Easter Lunch</p> <p><b>A</b> 2:00 Easter Coloring-HCRR</p> <p><b>M</b> 3:00 Easter music sing a long-HCRR</p>	<p><b>5</b></p> <p><b>V</b> 10:00 Ball Toss-HCRR</p> <p><b>GC</b> 10:30 Bingo-HCRR</p> <p><b>K</b> 2:00 Puzzles-HCRR</p> <p><b>GC</b> 3:00 Jenga-HCRR</p> <p><b>GF</b> 5:00 Movie Night-How to Lose a Guy in 10 days on channel 2</p>	<p><b>6</b></p> <p><b>V</b> 10:00 Exercise in Motion-HCRR</p> <p><b>K</b> 11:00 Mind Games-HCRR</p> <p><b>MM</b> 2:00 Manicures</p> <p><b>M</b> 3:30 Sinatra All or Nothing at All-Channel 2 and HCRR</p>	<p><b>7</b></p> <p><b>V</b> 10:00 Ball Toss-HCRR</p> <p><b>I</b> 11:00 Devotions-HCRR</p> <p><b>A</b> 2:00 Springing into Crafts-HCRR</p> <p><b>GC</b> 3:30 Guess What?-HCRR</p> <p><b>GF</b> 5:00 Movie Night- Trading Places on Channel 2</p>	<p><b>8</b></p> <p><b>V</b> 10:00 Exercise in Motion-HCRR</p> <p><b>K</b> 11:00 Mind Games-HCRR</p> <p><b>A</b> 2:00 Creative Painting Hour-HCRR</p> <p><b>M</b> 3:30 Music of Dolly Parton on channel 2 &amp; HCRR</p>	<p><b>9</b></p> <p><b>V</b> 10:00 Ball Toss-HCRR</p> <p><b>GC</b> 10:30 Bingo-HCRR</p> <p><b>K</b> 2:00 Easter Trivia and Puzzles-HCRR</p> <p><b>S</b> 3:00 Happy Hour-HCDR</p>	<p><b>10</b></p> <p><b>V</b> 10:00 Exercise in Motion-HCRR</p> <p><b>GC</b> 11:00 Jenga-HCRR</p> <p><b>A</b> 1:30 Stained Glass Art-HCRR</p> <p><b>GF</b> 3:00 Afternoon Matinee-The Sandlot on channel 2 &amp; HCRR</p>
<p><b>11</b></p> <p><b>V</b> 10:00 Exercise</p> <p><b>I</b> 10:30 Church Service on Channel 2</p> <p><b>GC</b> 1:30 Who am I? game-HCRR</p> <p><b>M</b> 3:00 Name that Croon-HCRR</p>	<p><b>12</b></p> <p><b>V</b> 10:00 Ball Toss-HCRR</p> <p><b>GC</b> 10:30 Bingo-HCRR</p> <p><b>K</b> 11:00 Puzzle Hour-HCRR</p> <p><b>GF</b> 5:00 Movie Night-The Quick and the Dead on channel 2</p>	<p><b>13</b> Ramadan Begins</p> <p><b>V</b> 10:00 Exercise in Motion-HCRR</p> <p><b>K</b> 11:00 Mind Games-HCRR</p> <p><b>MM</b> 2:00 Manicures</p> <p><b>MM</b> 3:30 Great Events of WW11 on channel 2 &amp; HCRR</p>	<p><b>14</b></p> <p><b>V</b> 10:00 Ball Toss-HCRR</p> <p><b>I</b> 11:00 Devotions-HCRR</p> <p><b>A</b> 2:00 Crafty Hour-HCRR</p> <p><b>GC</b> 3:30 Guess What?-HCRR</p> <p><b>GF</b> 5:00 Movie Night-Crocodile Dundee on Channel 2</p>	<p><b>15</b></p> <p><b>V</b> 10:00 Exercise in Motion-HCRR</p> <p><b>K</b> 11:00 Mind Games-HCRR</p> <p><b>A</b> 2:00 Creative Painting Hour-HCRR</p> <p><b>M</b> 3:30 Country Western Legends on Channel 2 &amp; HCRR</p>	<p><b>16</b></p> <p><b>V</b> 10:00 Ball Toss-HCRR</p> <p><b>GC</b> 10:30 Bingo-HCRR</p> <p><b>K</b> 2:00 Puzzle Hour-HCRR</p> <p><b>S</b> 3:00 Happy Hour-HCDR</p>	<p><b>17</b></p> <p><b>V</b> 10:00 Exercise in Motion-HCRR</p> <p><b>GC</b> 12:45 Jenga-HCRR</p> <p><b>A</b> 1:30 Jewelry Hour</p> <p><b>GF</b> 3:00 Afternoon Matinee-The Longest Yard on channel 2 &amp; HCRR</p>



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<b>18</b> <b>V</b> 10:00 Exercise <b>I</b> 10:30 Church Service on Channel 2 <b>I</b> 10:30 Church Service on Channel 2 <b>MM</b> 1:30 Shake Loose a Memory-HCRR <b>M</b> 3:00 Sing a Long-HCRR	<b>19</b> <b>V</b> 10:00 Ball Toss-HCRR <b>GC</b> 10:30 Bingo-HCRR <b>K</b> 11:00 Puzzle Hour-HCRR <b>GF</b> 5:00 Movie Night-Fury on channel 2	<b>20</b> <b>V</b> 10:00 Exercise in Motion-HCRR <b>K</b> 11:00 Mind Games-HCRR <b>MM</b> 2:00 Manicures <b>L</b> 3:30 Secrets of Great British Castles on Channel 2 & HCRR	<b>21</b> <b>V</b> 10:00 Ball Toss-HCRR <b>I</b> 11:00 Devotions-HCRR <b>S</b> 12:00 Taste of the Town <b>GC</b> 3:30 Guess What?-HCRR <b>GF</b> 5:00 Movie Night-No Strings Attached on Channel 2	<b>22</b> Earth Day <b>V</b> 10:00 Exercise in Motion-HCRR <b>K</b> 11:00 Mind Games-HCRR <b>A</b> 2:00 Celebrating Earth day-HCRR <b>M</b> 3:30 Music of Aretha Franklin on channel & HCRR	<b>23</b> <b>V</b> 10:00 Ball Toss-HCRR <b>GC</b> 10:30 Bingo-HCRR <b>K</b> 2:00 Puzzle Hour-HCRR <b>S</b> 3:00 Happy Hour-HCRR	<b>24</b> <b>V</b> 10:00 Exercise in Motion-HCRR <b>MM</b> 11:00 Shake Loose a Memory <b>A</b> 1:30 Stained Glass Art-HCRR <b>GF</b> 3:00 Afternoon Matinee-Crocodile Dundee 2 on channel 2 & HCRR
<b>25</b> <b>V</b> 10:00 Exercise <b>I</b> 10:30 Church Service on Channel 2 <b>GC</b> 1:30 Apples to Apples <b>M</b> 3:00 Name that Croon-HCRR	<b>26</b> <b>V</b> 10:00 Ball Toss-HCRR <b>GC</b> 10:30 Bingo-HCRR <b>K</b> 11:00 Puzzle Hour-HCRR <b>GF</b> 5:00 Movie Night-The Expendables 3 on channel 2	<b>27</b> <b>V</b> 10:00 Exercise in Motion-HCRR <b>K</b> 11:00 Mind Games-HCRR <b>MM</b> 2:00 Manicures <b>L</b> 3:30 History 101 on channel 2 & HCRR	<b>28</b> <b>V</b> 10:00 Ball Toss-HCRR <b>I</b> 11:00 Devotions-HCRR <b>S</b> 1:30 Resident Council-HCRR <b>GC</b> 3:30 Guess What?-HCRR <b>GF</b> 5:00 Movie Night-Three Amigos on Channel 2	<b>29</b> <b>V</b> 10:00 Exercise in Motion-HCRR <b>K</b> 11:00 Mind Games-HCRR <b>A</b> 2:00 Creative Painting Hour-HCRR <b>M</b> 3:30 Music of the 60's on channel 2 & HCRR	<b>30</b> <b>V</b> 10:00 Ball Toss-HCRR <b>GC</b> 10:30 Bingo-HCRR <b>K</b> 2:00 Puzzle Hour-HCRR <b>S</b> 3:00 Happy Hour-HCRR	

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<p><b>4</b> Easter</p> <p> <b>GF</b> 9:30 Coffee Club-ILB  <b>I</b> 10:30 Easter Church Service on Channel 2  <b>S</b> 12:00 Easter Lunch  <b>GC</b> 2:30 Bunco-ILB           </p>	<p><b>5</b></p> <p> <b>GF</b> 9:30 Coffee Club-ILB  <b>V</b> 10:30 Exercise in Motion-FC  <b>GC</b> 3:00 Yahtzee-ILB  <b>GF</b> 5:00 Movie Night-How to Lose a Guy in 10 days on channel 2           </p>	<p><b>6</b></p> <p> <b>GF</b> 9:30 Coffee Club-ILB  <b>10:30</b> Walking Club  <b>L</b> 1:30 Bridge  <b>M</b> 3:30 Sinatra All or Nothing at All-Channel 2           </p>	<p><b>7</b></p> <p> <b>GF</b> 9:30 Coffee Club-ILB  <b>V</b> 10:30 Walking Club-FC  <b>1:00</b> Euchre  <b>GF</b> 5:00 Movie Night- Trading Places on Channel 2           </p>	<p><b>8</b></p> <p> <b>GF</b> 9:30 Coffee Club-ILB  <b>V</b> 10:00 Exercise in Motion-FC  <b>GC</b> 1:30 Phase 10-ILB  <b>M</b> 3:30 Music of Dolly Parton on channel 2           </p>	<p><b>9</b></p> <p> <b>GF</b> 9:30 Coffee Club-ILB  <b>V</b> 10:30 Yoga-FC  <b>K</b> 1:30 Table Puzzles-ILB  <b>S</b> 3:00 Happy Hour-HCDR           </p>	<p><b>10</b></p> <p> <b>GF</b> 9:30 Coffee Club-ILB  <b>K</b> 10:30 Trivia Challenge-ILB  <b>CC</b> 2:00 Service Project-ILB  <b>GF</b> 3:00 Afternoon Matinee-The Sandlot on channel 2           </p>
<p><b>11</b></p> <p> <b>GF</b> 9:30 Coffee Club-ILB  <b>I</b> 10:30 Church Service on Channel 2  <b>GC</b> 2:30 Bunco-ILB           </p>	<p><b>12</b></p> <p> <b>GF</b> 9:30 Coffee Club-ILB  <b>V</b> 10:30 Exercise in Motion-FC  <b>GC</b> 3:00 Yahtzee-ILB  <b>GF</b> 5:00 Movie Night-The Quick and the Dead on channel 2           </p>	<p><b>13</b> Ramadan Begins</p> <p> <b>GF</b> 9:30 Coffee Club-ILB  <b>10:30</b> Walking Club  <b>L</b> 1:30 Bridge  <b>MM</b> 3:30 Great Events of WW11 on channel 2           </p>	<p><b>14</b></p> <p> <b>GF</b> 9:30 Coffee Club-ILB  <b>V</b> 10:30 Walking Club-FC  <b>1:00</b> Community Meeting-ILB  <b>1:00</b> Euchre  <b>GF</b> 5:00 Movie Night-Crocodile Dundee on Channel 2           </p>	<p><b>15</b></p> <p> <b>GF</b> 9:30 Coffee Club-ILB  <b>V</b> 10:00 Exercise in Motion-FC  <b>GC</b> 1:30 Phase 10-ILB  <b>M</b> 3:30 Country Western Legends on Channel 2           </p>	<p><b>16</b></p> <p> <b>GF</b> 9:30 Coffee Club-ILB  <b>V</b> 10:30 Yoga-FC  <b>K</b> 1:30 Table Puzzles-ILB  <b>S</b> 3:00 Happy Hour-HCDR           </p>	<p><b>17</b></p> <p> <b>GF</b> 9:30 Coffee Club-ILB  <b>K</b> 10:30 Trivia Challenge-ILB  <b>CC</b> 2:00 Service Project-ILB  <b>GF</b> 3:00 Afternoon Matinee-The Longest Yard on channel 2           </p>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>18</b> <b>GF</b> 9:30 Coffee Club-ILB <b>I</b> 10:30 Church Service on Channel 2 <b>GC</b> 2:30 Bunco-ILB	<b>19</b> <b>GF</b> 9:30 Coffee Club-ILB <b>V</b> 10:30 Exercise in Motion-FC <b>GC</b> 3:00 Yahtzee-ILB <b>GF</b> 5:00 Movie Night-Fury on channel 2	<b>20</b> <b>GF</b> 9:30 Coffee Club-ILB <b>10:30</b> Walking Club <b>L</b> 1:30 Bridge <b>L</b> 3:30 Secrets of Great British Castles on Channel 2	<b>21</b> <b>GF</b> 9:30 Coffee Club-ILB <b>V</b> 10:30 Walking Club-FC <b>S</b> 12:00 Taste of the Town <b>1:00</b> Euchre <b>GF</b> 5:00 Movie Night-No Strings Attached on Channel 2	<b>22</b> Earth Day <b>GF</b> 9:30 Coffee Club-ILB <b>V</b> 10:00 Exercise in Motion-FC <b>GC</b> 1:30 Phase 10-ILB <b>M</b> 3:30 Music of Aretha Franklin on channel	<b>23</b> <b>GF</b> 9:30 Coffee Club-ILB <b>V</b> 10:30 Yoga-FC <b>K</b> 1:30 Table Puzzles-ILB <b>S</b> 3:00 Happy Hour-HCDR	<b>24</b> <b>GF</b> 9:30 Coffee Club-ILB <b>K</b> 10:30 Trivia Challenge-ILB <b>CC</b> 2:00 Service Project-ILB <b>GF</b> 3:00 Afternoon Matinee-Crocodile Dundee 2 on channel 2
<b>25</b> <b>GF</b> 9:30 Coffee Club-ILB <b>I</b> 10:30 Church Service on Channel 2 <b>GC</b> 2:30 Bunco-ILB	<b>26</b> <b>GF</b> 9:30 Coffee Club-ILB <b>V</b> 10:30 Exercise in Motion-FC <b>GC</b> 3:00 Yahtzee-ILB <b>GF</b> 5:00 Movie Night-The Expendables 3 on channel 2	<b>27</b> <b>GF</b> 9:30 Coffee Club-ILB <b>10:30</b> Walking Club <b>L</b> 1:30 Bridge	<b>28</b> <b>GF</b> 9:30 Coffee Club-ILB <b>V</b> 10:30 Walking Club-FC <b>1:00</b> Euchre <b>GF</b> 5:00 Movie Night-Three Amigos on Channel 2	<b>29</b> <b>GF</b> 9:30 Coffee Club-ILB <b>V</b> 10:00 Exercise in Motion-FC <b>GC</b> 1:30 Phase 10-ILB <b>M</b> 3:30 Music of the 60's on channel 2	<b>30</b> <b>GF</b> 9:30 Coffee Club-ILB <b>V</b> 10:30 Yoga-FC <b>K</b> 1:30 Table Puzzles-ILB <b>S</b> 3:00 Happy Hour-HCDR	



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Daily Rhythm About Times: Morning 9:00 Vitality 9:30 Keeping It Sharp 10:00 Morning Refresher 10:30 Creative Cooking 11:30 Healthy Hands/Lunch Prep</p>	<p>Early Afternoon 1:00 Relax and Recharge 2:00 Artisans 3:00 Afternoon Refresher 3:30 Music to My Ears</p>	<p>Late Afternoon 4:00 Group Games 4:30 Healthy Hands/Dinner Prep Evening 6:00 Gathering of Friends 7:00 Nighttime Traditions</p>	<p><b>A</b> - Artisans <b>CC</b> - Creative Cooking <b>GF</b> - Gathering of Friends <b>GC</b> - Group Games <b>K</b> - Keeping it Sharp/Reminisce <b>M</b> - Music to My Ears <b>S</b> - Signature Events <b>V</b> - Vitality</p>	<p><b>1</b> <b>April Fools' Day</b> <b>V</b> Laughter Yoga <b>K</b> Best Friends <b>CC</b> Fool's Pot Pie Relax &amp; Recharge <b>A</b> Silly Seeds <b>M</b> Body Percussion <b>GC</b> Pair Up-"Trees &amp; Shrubs" Healthy Hands <b>GF</b> Name That Croon! Nighttime Traditions</p>	<p><b>2</b> <b>Good Friday</b> <b>V</b> Stop and Smell the Roses <b>K</b> Funny Fridays <b>CC</b> Deviled Eggs Relax &amp; Recharge <b>A</b> Salt Dough Easter Eggs <b>M</b> April Happy Hour <b>GC</b> Horse Racing Healthy Hands <b>GF</b> Flower Arranging Nighttime Traditions</p>	<p><b>3</b> <b>V</b> Pigs in a Blanket <b>K</b> Turn Over <b>CC</b> Bunny Bait Relax &amp; Recharge <b>A</b> String Easter Eggs <b>M</b> Singing in the Rain <b>GC</b> Memory Matching Healthy Hands <b>GF</b> Relaxing Puzzle Time Nighttime Traditions</p>
<p><b>4</b> <b>Easter</b> <b>V</b> Legs and Eggs <b>K</b> Sunday Devotion: Lamb of God <b>CC</b> Easter Fruit Salad <b>S</b> Easter Lunch Relax &amp; Recharge <b>A</b> Rice and Beans Easter Eggs <b>M</b> Easter Sing <b>GC</b> Cornhole Healthy Hands <b>GF</b> Old Time Theater Nighttime Traditions</p>	<p><b>5</b> <b>V</b> Hoppin' to Health <b>K</b> Spring Babies <b>CC</b> Mini Personal Pizzas Relax &amp; Recharge <b>A</b> Homemade Bird Feeder <b>M</b> Beatlemania! <b>GC</b> Color Wheel Trivia Healthy Hands <b>GF</b> Movie Night-How to Lose a Guy in 10 days on channel 2 <b>GF</b> Senior Social Nighttime Traditions</p>	<p><b>6</b> <b>V</b> Dancing in the Rain <b>K</b> Most Like Your Mother <b>CC</b> Caramel Chocolate Chunk Cookies Relax &amp; Recharge <b>A</b> Floral Bottle Paint <b>M</b> Take Me Out to the Ballgame <b>GC</b> Finish the Quilt Card Game Healthy Hands <b>GF</b> Hot Chocolate &amp; Tales! Nighttime Traditions</p>	<p><b>7</b> <b>V</b> Reach as High as You Can <b>K</b> Categories <b>CC</b> Stout Chocolate Brownies Relax &amp; Recharge <b>A</b> Finger Print Dandelion <b>M</b> Sing and Dance with Doris Day! <b>GC</b> Baseball Healthy Hands <b>GF</b> Fabulous Flowers Nighttime Traditions</p>	<p><b>8</b> <b>V</b> Laughter Yoga <b>K</b> Best Friends <b>CC</b> Banana Empanada Relax &amp; Recharge <b>A</b> Birds of a Feather <b>M</b> Body Percussion <b>GC</b> Pair Up-"Trees &amp; Shrubs" Healthy Hands <b>GF</b> Name That Croon Nighttime Traditions</p>	<p><b>9</b> <b>V</b> Stop and Smell the Roses <b>K</b> Funny Fridays <b>CC</b> Funfetti Breakfast Muffins Relax &amp; Recharge <b>A</b> Raindrop Collage <b>M</b> April Happy Hour <b>GC</b> Horse Racing Healthy Hands <b>GF</b> Flower Arranging Nighttime Traditions</p>	<p><b>10</b> <b>V</b> Pigs in a Blanket <b>K</b> Turn Over <b>CC</b> Berry Salad Relax &amp; Recharge <b>A</b> Ink Dyed Coasters <b>M</b> Singing in the Rain <b>GC</b> Memory Matching Healthy Hands <b>GF</b> Relaxing Puzzle Time Nighttime Traditions</p>
<p><b>11</b> <b>V</b> Legs and Eggs <b>K</b> Sunday Devotion: Lamb of God <b>CC</b> Carrot Cake Cookies Relax &amp; Recharge <b>A</b> Umbrella Door Hanger <b>M</b> Celebrity Sunday <b>GC</b> Cornhole Healthy Hands <b>GF</b> Old Time Theater Nighttime Traditions</p>	<p><b>12</b> <b>V</b> Hoppin' to Health <b>K</b> Spring Babies <b>CC</b> Strawberry Cream Cheese Bites Relax &amp; Recharge <b>A</b> Spring Swirl Paint <b>M</b> Beatlemania! <b>GC</b> Color Wheel Trivia Healthy Hands <b>GF</b> Movie Night-The Quick and the Dead on channel 2 <b>GF</b> Senior Social Nighttime Traditions</p>	<p><b>13</b> <b>Ramadan Begins</b> <b>V</b> Dancing in the Rain <b>K</b> Most Like Your Mother <b>CC</b> Slab Tomato Pie Relax &amp; Recharge <b>A</b> Ink Blot Psych Paintings <b>M</b> Take Me Out to the Ballgame <b>GC</b> Finish the Quilt Card Game Healthy Hands <b>GF</b> Hot Chocolate &amp; Tales! Nighttime Traditions</p>	<p><b>14</b> <b>V</b> Reach as High as You Can <b>K</b> Categories <b>CC</b> Lemon Berry Muffins Relax &amp; Recharge <b>A</b> April Showers Print <b>M</b> Sing and Dance with Doris Day! <b>GC</b> Baseball Healthy Hands <b>GF</b> Fabulous Flowers Nighttime Traditions</p>	<p><b>15</b> <b>V</b> Laughter Yoga <b>K</b> Best Friends <b>CC</b> Muffin Tin Pizza Bites Relax &amp; Recharge <b>A</b> Favorite Things <b>M</b> Body Percussion <b>GC</b> Pair Up-"Trees &amp; Shrubs" Healthy Hands <b>GF</b> Name That Croon Nighttime Traditions</p>	<p><b>16</b> <b>V</b> Stop and Smell the Roses <b>K</b> Funny Fridays <b>CC</b> Egg Salad with a Twist Relax &amp; Recharge <b>A</b> Tape Design <b>M</b> April Happy Hour <b>GC</b> Horse Racing Healthy Hands <b>GF</b> Flower Arranging Nighttime Traditions</p>	<p><b>17</b> <b>V</b> Pigs in a Blanket <b>K</b> Turn Over <b>CC</b> Banana Pudding Lasagna Relax &amp; Recharge <b>A</b> DIY Seed Bombs <b>M</b> Singing in the Rain <b>GC</b> Memory Matching Healthy Hands <b>GF</b> Relaxing Puzzle Time Nighttime Traditions</p>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>18</b> <b>V</b> Legs and Eggs <b>K</b> Sunday Devotion: Lamb of God <b>CC</b> Baked Potato Slices Relax & Recharge <b>A</b> Garden Markers <b>M</b> Celebrity Sunday <b>GG</b> Cornhole Healthy Hands <b>GF</b> Old Time Theater Nighttime Traditions	<b>19</b> <b>V</b> Hoppin' to Health <b>K</b> Spring Babies <b>CC</b> Peanut Butter Cookies Relax & Recharge <b>A</b> Creative Storytelling <b>M</b> Beatlemania! <b>GG</b> Color Wheel Trivia Healthy Hands <b>GF</b> Movie Night-Fury on channel 2 <b>GF</b> Senior Social Nighttime Traditions	<b>20</b> <b>V</b> Dancing in the Rain <b>K</b> Most Like Your Mother <b>CC</b> Rice Crispy Treats Relax & Recharge <b>A</b> Mod Mixed-Media Tree <b>M</b> Take Me Out to the Ballgame <b>GG</b> Finish the Quilt Card Game Healthy Hands <b>GF</b> Hot Chocolate & Tales! Nighttime Traditions	<b>21</b> <b>V</b> Reach as High as You Can <b>K</b> Categories <b>CC</b> Chocolate Pretzel Monkey Bread <b>S</b> Taste of the Town Relax & Recharge <b>A</b> Sensory Bottle <b>M</b> Sing and Dance with Doris Day! <b>GG</b> Baseball Healthy Hands <b>GF</b> Fabulous Flowers Nighttime Traditions	<b>22</b> <b>Earth Day</b> <b>V</b> Laughter Yoga <b>K</b> Best Friends <b>CC</b> Earth Day Seedling Cupcakes Relax & Recharge <b>A</b> Recycled Plastic Jug Containers <b>M</b> Listen to the Wind <b>GG</b> Pair Up-"Trees & Shrubs" Healthy Hands <b>GF</b> Name That Croon Nighttime Traditions	<b>23</b> <b>V</b> Stop and Smell the Roses <b>K</b> Funny Fridays <b>CC</b> Ham & Bacon Cheesy Potatoes Relax & Recharge <b>A</b> Creative Storytelling <b>M</b> April Happy Hour <b>GG</b> Horse Racing Healthy Hands <b>GF</b> Flower Arranging Nighttime Traditions	<b>24</b> <b>V</b> Pigs in a Blanket <b>K</b> Turn Over <b>CC</b> No Bake Banana Split Cake Relax & Recharge <b>A</b> Rain Sticks <b>M</b> Singing in the Rain <b>GG</b> Memory Matching Healthy Hands <b>GF</b> Relaxing Puzzle Time Nighttime Traditions
<b>25</b> <b>V</b> Legs and Eggs <b>K</b> Sunday Devotion: Lamb of God <b>CC</b> Homemade Salad Dressing Relax & Recharge <b>A</b> Egg Carton Flower Wreath <b>M</b> Celebrity Sunday <b>GG</b> Cornhole Healthy Hands <b>GF</b> Old Time Theater Nighttime Traditions	<b>26</b> <b>V</b> Hoppin' to Health <b>K</b> Spring Babies <b>CC</b> Raisin Pecan Oatmeal Cookies Relax & Recharge <b>A</b> Artful Tree Rubbing <b>M</b> Beatlemania! <b>GG</b> Color Wheel Trivia Healthy Hands <b>GF</b> Movie Night-The Expendables 3 on channel 2 <b>GF</b> Senior Social Nighttime Traditions	<b>27</b> <b>V</b> Dancing in the Rain <b>K</b> Most Like Your Mother <b>CC</b> Slow Cooker Upside Down Cake Relax & Recharge <b>A</b> Water Bottle Wind Spirals <b>M</b> Take Me Out to the Ballgame <b>GG</b> Finish the Quilt Card Game Healthy Hands <b>GF</b> Hot Chocolate & Tales! Nighttime Traditions	<b>28</b> <b>V</b> Reach as High as You Can <b>K</b> Categories <b>CC</b> Cheesy Meatball Casserole Relax & Recharge <b>A</b> Pressed Flower Suncatchers <b>M</b> Sing and Dance with Doris Day! <b>GG</b> Baseball Healthy Hands <b>GF</b> Fabulous Flowers Nighttime Traditions	<b>29</b> <b>V</b> Laughter Yoga <b>K</b> Best Friends <b>CC</b> Chocolate Covered Strawberry Brownies Relax & Recharge <b>A</b> Butterfly Feeder <b>M</b> Body Percussion <b>GG</b> Pair Up-"Trees & Shrubs" Healthy Hands <b>GF</b> Name That Croon Nighttime Traditions	<b>30</b> <b>V</b> Stop and Smell the Roses <b>K</b> Funny Fridays <b>CC</b> Twix Cookies Relax & Recharge <b>A</b> DIY Fresh Flower Hair Bows <b>M</b> April Happy Hour <b>GG</b> Horse Racing Healthy Hands <b>GF</b> Flower Arranging Nighttime Traditions	