Owen Valley Health Campus Health Care	

APRIL 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Shopping requests will be collected on Wednesday- Thursday and shopping delivered by Friday.	The Campus Store will open at 2:30 on Thursday, April 29! Campus Cash may be earned at most activities this month for just attending!		A - Artisans GF - Gathering of Friends GC - Group Games I - Inspirations JG - Just the Guys K - Keeping it Sharp/Reminisce L - Lifelong Learning MM - Mindful Moments M - Music to My Ears S - Signature Events V - Vitality	1 April Fools' Day 10:00 Mindful Moments 2:30 Bingo 1:3:45 History of April Fools Day 4:30 Afternoon Wrap-Up in Din. Rm.	Good Friday 10:00 Rachel Kay - Cooking #1 A 11:00 Rachel Ray - Cooking #2 S 12:30 Mid Day Matinee 1:30 Good Friday Meditation S 2:30 Happy Hour MN 4:30 Afternoon Wrap-Up in Din. Rm.	GC 10:30 Campus Community Easter Egg Hunt GC 2:30 Bingo S 3:30 Broadcast Special MN 4:30 Afternoon Wrap-Up Din. Rm.
Easter 10:00 Mindful Moments 10:00 Broadcast Inspired Sundays 11:30 Walk and Stroll 1:00 Catholic Communion 2:00 Easter Mind Games 4:30 Afternoon Wrap-Up in Din. Rm.	10:00 Mindful Moments - Campus in Color 11:00 Who Am I 2:00 Broadcast channel 2:30 Bowling M 4:30 Afternoon Wrap-Up - Music	GF 10:00 Pampered Hands V 11:00 Miami or Bust Walking Program S 1:00 Broadcast Special GC 2:30 Bingo A 4:00 Weaving - Community Project MM 4:30 Afternoon Wrap-Up in Din. Rm.	7 I 11:00 Campus Church V 11:30 Walk and Stroll GC 3:00 Music Artist Series M 4:30 Afternoon Wrap-Up - Music per Request	10:00 Mindful Moments 11:30 Walk and Stroll 2:30 Bingo 4:30 Afternoon Wrap-Up in Din. Rm.	9 MN 10:00 Rachel Kay - Cooking #1 A 11:00 Rachel Ray - Cooking #2 S 12:30 Mid Day Matinee S 2:30 Happy Hour - What's in a Name? MN 4:30 Afternoon Wrap-Up in Din. Rm.	10 10:00 Mindful Moments A 11:00 Art for the Garden GC 2:30 Bingo S 3:30 Broadcast Special MN 4:30 Afternoon Wrap-Up Din. Rm.
10:00 Mindful Moments 10:00 Broadcast Inspired Sundays 11:30 Walk and Stroll 1:00 Catholic Communion 2:00 Outburst! 4:30 Afternoon Wrap-Up in Din. Rm.	12 MM 10:00 Mindful Moments - Campus in Color 11:00 Who Am I V 11:30 Walk and Stroll 2:00 Broadcast channel V 2:30 Bowling M 4:30 Afternoon Wrap-Up - Music	Ramadan Begins GF 10:00 Pampered Hands V 11:30 Walk and Stroll 1:00 Broadcast Special 2:30 Bingo 3:45 Just the Guys 4:30 Afternoon Wrap-Up in Din. Rm.	14 1 11:00 Campus Church V 11:30 Walk and Stroll GC 3:00 Music Artist Series M 4:30 Afternoon Wrap-Up- Music per Request	15 MN 10:00 Mindful Moments 11:00 Lions and Tigers and Taxes! Oh My! V 11:30 Walk and Stroll K 2:30 Bingo MN 4:30 Afternoon Wrap-Up in Din. Rm.	16 MN 10:00 Rachel Kay - Cooking #1 A 11:00 Rachel Ray - Cooking #2 S 12:30 Mid Day Matinee S 2:30 Happy Hour - Tax Returns! MN 4:30 Afternoon Wrap-Up in Din. Rm.	17 10:00 Mindful Moments 11:00 Art for the Garden GC 2:30 Bingo S 3:30 Broadcast Special MV 4:30 Afternoon Wrap-Up Din. Rm.

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18 10:00 Mindful Moments 10:00 Broadcast Inspired Sundays V 11:30 Walk and Stroll 1:00 Catholic Communion CC 2:00 Black Jack V 2:00 Outburst! V 4:30 Afternoon Wrap-Up in Din. Rm.	19 MN 10:00 Mindful Moments - Campus in Color L 11:00 Who Am I V 11:30 Walk and Stroll K 2:00 Broadcast channel V 2:30 Bowling M 4:30 Afternoon Wrap-Up - Music	GF 10:00 Pampered Hands V 11:30 Walk and Stroll 1:00 Broadcast Special 2:30 Bingo 4:00 Weaving - Community Project MM 4:30 Afternoon Wrap-Up in Din. Rm.	I 11:00 Campus Church V 11:30 Walk and Stroll GC 3:00 Music Artist Series M 4:30 Afternoon Wrap-Up - Music per Request	8:00 Just the Guys Breakfast 10:00 Mindful Moments 11:30 Walk and Stroll 2:00 Chef Circle 2:30 Bingo 4:30 Afternoon Wrap-Up in Din. Rm.	MIV 10:00 Rachel Kay - Cooking #1 A 11:00 Rachel Ray - Cooking #2 S 12:30 Mid Day Matinee S 2:30 Happy Hour - Take a Chance MIV 4:30 Afternoon Wrap-Up in Din. Rm.	MIV 10:00 Mindful Moments A 11:00 Art for the Garden GC 2:30 Bingo S 3:30 Broadcast Special MIV 4:30 Afternoon Wrap-Up in Din. Rm.
10:00 Mindful Moments 10:00 Broadcast Inspired Sundays V 11:30 Walk and Stroll 1:00 Catholic Communion C 2:00 Outburst! V 4:30 Afternoon Wrap-Up in Din. Rm.	26 MN 10:00 Mindful Moments - Campus in Color L 11:00 Who Am I V 11:30 Walk and Stroll K 2:00 Broadcast channel V 2:30 Bowling M 4:30 Afternoon Wrap-Up - Music	GF 10:00 Pampered Hands V 11:30 Walk and Stroll S 1:00 Broadcast Special C:30 Bingo GC 2:30 Spring Shopping Spree - Campus Store!	I 11:00 Campus Church V 11:30 Walk and Stroll S 3:00 Resident Council M 4:30 Afternoon Wrap-Up - Music per Request	10:00 Mindful Moments 11:00 May Review 11:30 Walk and Stroll 2:30 Campus Store 4:30 Afternoon Wrap-Up in Din. Rm.	MIV 10:00 Rachel Kay - Cooking #1 A 11:00 Rachel Ray - Cooking #2 S 12:30 Mid Day Matinee S 2:30 Happy Hour - International Jazz Day! MIV 4:30 Afternoon Wrap-Up in Din. Rm.	

Owen Valley Health Campus Legacy	

Owen Valley Health Campus APRIL 2021									
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday			
A - Artisans CC - Creative Cooking K - Keeping it Sharp/Reminisce MV - Mindful Moments M - Music to My Ears V - Vitality	Every Morning: (approximate times) Vitality (9:30am) Keeping it Sharp (10:00am) Creative Cooking (11:00am)	Every Afternoon: (approximate times) Rest & Relax (1:30pm) Mindful Moments (2:00pm) Artisans(2:30pm) Music to My Ears (3:30pm)	Every Evening: (approximate times) Mindful Moments (6:00pm) Nighttime Traditions (7:00pm)	1 April Fools' Day V Laughter Yoga K Best Friends CC Fool's Pot Pie Relax & Recharge MM Mindful Moments A Silly Seeds M Body Percussion Healthy Hands MM Mindful Moments Nighttime Traditions	Stop and Smell the Roses Funny Fridays Co Deviled Eggs Relax & Recharge MM Mindful Moments A Salt Dough Easter Eggs M April Happy Hour Healthy Hands MM Mindful Moments Nighttime Traditions	Pigs in a Blanket Turn Over Bunny Bait Relax & Recharge MM Mindful Moments A String Easter Eggs M Singing in the Rain Healthy Hands MM Mindful Moments Nighttime Traditions			
Legs and Eggs K Sunday Devotion: Lamb of God Easter Fruit Salad Relax & Recharge MM Mindful Moments A Rice and Beans Easter Eggs M Easter Sing Healthy Hands MM Mindful Moments Nighttime Traditions	V Hoppin' to Health Spring Babies C Mini Personal Pizzas Relax & Recharge MM Mindful Moments A Homemade Bird Feeder M Beatlemania! Healthy Hands MM Mindful Moments Nighttime Traditions	O Dancing in the Rain Most Like Your Mother Caramel Chocolate Chunk Cookies Relax & Recharge Mindful Moments Floral Bottle Paint Take Me Out to the Ballgame Healthy Hands Mindful Moments Nighttime Traditions	 7 V Reach as High as You Can K Categories C Stout Chocolate Brownies Relax & Recharge Mindful Moments Finger Print Dandelion M Sing and Dance with Doris Day! Healthy Hands Mindful Moments Nighttime Traditions 	V Laughter Yoga K Best Friends Banana Empanada Relax & Recharge MM Mindful Moments A Birds of a Feather M Body Percussion Healthy Hands MM Mindful Moments Nighttime Traditions	Stop and Smell the Roses K Funny Fridays Funfetti Breakfast Muffins Relax & Recharge Mindful Moments A Raindrop Collage April Happy Hour Healthy Hands Mindful Moments Nighttime Traditions	V Pigs in a Blanket K Turn Over Berry Salad Relax & Recharge MM Mindful Moments Ink Dyed Coasters M Singing in the Rain Healthy Hands MM Mindful Moments Nighttime Traditions			
V Legs and Eggs K Sunday Devotion: Lamb of God C Carrot Cake Cookies Relax & Recharge M Mindful Moments A Umbrella Door Hanger Celebrity Sunday Healthy Hands M Mindful Moments Nighttime Traditions	V Hoppin' to Health Spring Babies CC Strawberry Cream Cheese Bites Relax & Recharge MM Mindful Moments A Spring Swirl Paint M Beatlemania! Healthy Hands MM Mindful Moments Nighttime Traditions	13 Ramadan Begins V Dancing in the Rain K Most Like Your Mother CC Slab Tomato Pie Relax & Recharge MM Mindful Moments A Ink Blot Psych Paintings M Take Me Out to the Ballgame Healthy Hands MM Mindful Moments Nighttime Traditions	V Reach as High as You Can Categories CC Lemon Berry Muffins Relax & Recharge MM Mindful Moments A April Showers Print M Sing and Dance with Doris Day! Healthy Hands MM Mindful Moments Nighttime Traditions	V Laughter Yoga K Best Friends C Muffin Tin Pizza Bites Relax & Recharge M Mindful Moments A Favorite Things M Body Percussion Healthy Hands M Mindful Moments Nighttime Traditions	V Stop and Smell the Roses Funny Fridays Egg Salad with a Twist Relax & Recharge Mindful Moments Tape Design M April Happy Hour Healthy Hands Mindful Moments Nighttime Traditions	V Pigs in a Blanket Turn Over Banana Pudding Lasagna Relax & Recharge Mindful Moments DIY Seed Bombs Singing in the Rain Healthy Hands Mindful Moments Nighttime Traditions			

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Legs and Eggs Sunday Devotion: Lamb of God Baked Potato Slices Relax & Recharge Mindful Moments Garden Markers Celebrity Sunday Healthy Hands Mindful Moments Nighttime Traditions	V Hoppin' to Health K Spring Babies C Peanut Butter Cookies Relax & Recharge Mindful Moments A Creative Storytelling M Beatlemania! Healthy Hands Mindful Moments Nighttime Traditions	V Dancing in the Rain Most Like Your Mother CC Rice Crispy Treats Relax & Recharge MM Mindful Moments A Mod Mixed-Media Tree M Take Me Out to the Ballgame Healthy Hands MM Mindful Moments Nighttime Traditions	V Reach as High as You Can Categories C Chocolate Pretzel Monkey Bread Relax & Recharge M Mindful Moments A Sensory Bottle M Sing and Dance with Doris Day! Healthy Hands M Mindful Moments Nighttime Traditions	 Earth Day Laughter Yoga Best Friends Earth Day Seedling Cupcakes Relax & Recharge Mindful Moments Recycled Plastic Jug Containers Listen to the Wind Healthy Hands Mindful Moments Nighttime Traditions 	V Stop and Smell the Roses K Funny Fridays C Ham & Bacon Cheesy Potatoes Relax & Recharge M Mindful Moments A Creative Storytelling M April Happy Hour Healthy Hands M Mindful Moments Nighttime Traditions	V Pigs in a Blanket Turn Over No Bake Banana Split Cake Relax & Recharge Mindful Moments Rain Sticks Singing in the Rain Healthy Hands Mindful Moments Nighttime Traditions		
Legs and Eggs Sunday Devotion: Lamb of God Homemade Salad Dressing Relax & Recharge Mindful Moments Egg Carton Flower Wreath Celebrity Sunday Healthy Hands Mindful Moments Nighttime Traditions	V Hoppin' to Health K Spring Babies C Raisin Pecan Oatmeal Cookies Relax & Recharge Mindful Moments A Artful Tree Rubbing M Beatlemania! Healthy Hands Mindful Moments Nighttime Traditions	V Dancing in the Rain Most Like Your Mother Slow Cooker Upside Down Cake Relax & Recharge Mindful Moments A Water Bottle Wind Spirals Water Bottle Wind Spirals Healthy Hands Mindful Moments Nighttime Traditions	V Reach as High as You Can Categories Cheesy Meatball Casserole Relax & Recharge Mindful Moments Pressed Flower Suncatchers Sing and Dance with Doris Day! Healthy Hands Mindful Moments Nighttime Traditions	V Laughter Yoga K Best Friends C Chocolate Covered Strawberry Brownies Relax & Recharge M Mindful Moments A Butterfly Feeder M Body Percussion Healthy Hands M Mindful Moments Nighttime Traditions	30 V Stop and Smell the Roses K Funny Fridays C Twix Cookies Relax & Recharge M Mindful Moments A DIY Fresh Flower Hair Bows M April Happy Hour Healthy Hands M Mindful Moments Nighttime Traditions			

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