Health Care
Cedar Ridge Health Campus

APRIL 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Happy Birthday: Esther L .....1st Ina Sue B.....4th Ruth P.....4th Dolly B.....11th Margaret K.....24th Wanda S.....26th Phyllis W.....27th	Notes:	Happy Spring!	A - Artisans CC - Community Connections CC - Creative Cooking GF - Gathering of Friends GG - Group Games I - Inspirations K - Keeping it Sharp/Reminisce L - Lifelong Learning MM - Mindful Moments M - Music to My Ears V - Vitality	**1** April Fools' Day L **9:30** Daily Chronicles and Puzzles (IR) V **11:30** Small Group Exercises GG **2:00** Bingo MM **4:00** Game Cart	**2** Good Friday L **9:30** Daily Chronicles and Puzzles (IR) V **11:30** Small Group Exercises GF **3:30** Happy Hour Begins M **3:30** Moving and singing to the Music	**3** L **9:30** Daily Chronicles and Puzzles (IR) **2:00** Movie on channel 2 L **2:15** What's Going On around the World? - Small group I **3:30** One with Nature scenes on channel 2
4 Easter I **9:00** Catholic programming on Channel 59 L **9:30** Daily Chronicles and Puzzles (IR) I **10:00** Christian programming channel 6 and 3 GG **2:00** Bingo (packets) I **2:00** Bible/ Inspirational movie on channel 2 V **3:30** Sunday Stroll "Walk thru campus or courtyard with Activity staff"	**5** L **9:30** Daily Chronicles and Puzzles (IR) V **11:30** Small Group Exercises CC **1:00** Activity cart comes around A **2:30** Art class channel 2 **4:00** Small Group Knowledge (HCLR) "April Gazette"	**6** L **9:30** Daily Chronicles and Puzzles (IR) V **11:30** Small Group Exercises K **2:00** Bingo (HCDR) **3:30** Make & Take "Planting Seeds" **6:15** Small Group Bible study and Hymns (HCLR)	**7** L **9:30** Daily Chronicles and Puzzles (IR) V **11:30** Small Group Exercises **2:00** Popcorn and a movie channel 2 CC **2:15** Let's Cook up Something GOOD! "Race Car Bunnies"	**8** L **9:30** Daily Chronicles and Puzzles (IR) V **11:30** Small Group Exercises GG **2:00** Bingo MM **4:00** Game Cart	**9** L **9:30** Daily Chronicles and Puzzles (IR) V **11:30** Small Group Exercises GF **3:30** Happy Hour Begins M **3:30** Moving and singing to the Music	**10** L **9:30** Daily Chronicles and Puzzles (IR) **2:00** Movie on channel 2 L **2:15** What's Going On around the World? - Small group I **3:30** One with Nature scenes on channel 2
11 I **9:00** Catholic programming on Channel 59 L **9:30** Daily Chronicles and Puzzles (IR) I **10:00** Christian programming channel 6 and 3 GG **2:00** Bingo (packets) I **2:00** Bible/ Inspirational movie on channel 2 V **3:30** Sunday Stroll "Walk thru campus or courtyard with Activity staff"	**12** L **9:30** Daily Chronicles and Puzzles (IR) V **11:30** Small Group Exercises CC **1:00** Activity cart comes around A **2:30** Art class channel 2 **4:00** Small Group Knowledge (HCLR) "April IQ"	**13** Ramadan Begins L **9:30** Daily Chronicles and Puzzles (IR) V **11:30** Small Group Exercises K **2:00** Bingo (HCDR) **3:30** Make & Take "Birds on a Branch" **6:15** Small Group Bible study and Hymns (HCLR)	**14** L **9:30** Daily Chronicles and Puzzles (IR) V **11:30** Small Group Exercises **2:00** Popcorn and a movie channel 2 CC **2:30** Let's Cook up Something GOOD! "National Grilled Cheese Day"	**15** L **9:30** Daily Chronicles and Puzzles (IR) V **11:30** Small Group Exercises GG **2:00** Bingo MM **4:00** Game Cart	**16** L **9:30** Daily Chronicles and Puzzles (IR) V **11:30** Small Group Exercises GF **3:30** Happy Hour Begins M **3:30** Moving and singing to the Music	**17** L **9:30** Daily Chronicles and Puzzles (IR) **2:00** Movie on channel 2 L **2:15** What's Going On around the World? - Small group I **3:30** One with Nature scenes on channel 2

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
18 I **9:00** Catholic programming on Channel 59 L **9:30** Daily Chronicles and Puzzles (IR) I **10:00** Christian programming channel 6 and 3 GG **2:00** Bingo (packets) I **2:00** Bible/ Inspirational movie on channel 2 V **3:30** Sunday Stroll "Walk thru campus or courtyard with Activity staff"	**19** L **9:30** Daily Chronicles and Puzzles (IR) V **11:30** Small Group Exercises CC **1:00** Activity cart comes around A **2:30** Art class channel 2 **4:00** Small Group Knowledge (HCLR) "Earth Day Family Fued"	**20** L **9:30** Daily Chronicles and Puzzles (IR) V **11:30** Small Group Exercises K **2:00** Bingo (HCDR) **3:00** Resident Council (IR) **3:30** Make & Take "Mini Fresco" **6:15** Small Group Bible study and Hymns (HCLR)	**21** L **9:30** Daily Chronicles and Puzzles (IR) V **11:30** Small Group Exercises **2:00** Popcorn and a movie channel 2 CC **2:30** Let's Cook up Something GOOD! "Tuna Salad Cucumber Boats"	**22** Earth Day L **9:30** Daily Chronicles and Puzzles (IR) V **11:30** Small Group Exercises GG **2:00** Bingo MM **4:00** Game Cart	**23** L **9:30** Daily Chronicles and Puzzles (IR) V **11:30** Small Group Exercises GF **3:30** Happy Hour Begins M **3:30** Moving and singing to the Music	**24** L **9:30** Daily Chronicles and Puzzles (IR) **2:00** Movie on channel 2 L **2:15** What's Going On around the World? - Small group I **3:30** One with Nature scenes on channel 2
25 I **9:00** Catholic programming on Channel 59 L **9:30** Daily Chronicles and Puzzles (IR) I **10:00** Christian programming channel 6 and 3 GG **2:00** Bingo (packets) I **2:00** Bible/ Inspirational movie on channel 2 V **3:30** Sunday Stroll "Walk thru campus or courtyard with Activity staff"	**26** L **9:30** Daily Chronicles and Puzzles (IR) V **11:30** Small Group Exercises CC **1:00** Activity cart comes around A **2:30** Art class channel 2 **4:00** Small Group Knowledge (HCLR) "Forrest Funnies"	**27** L **9:30** Daily Chronicles and Puzzles (IR) V **11:30** Small Group Exercises K **2:00** Bingo (HCDR) **3:30** Make & Take "High Five Tree Collage" **6:15** Small Group Bible study and Hymns (HCLR)	**28** L **9:30** Daily Chronicles and Puzzles (IR) V **11:30** Small Group Exercises **2:00** Popcorn and a movie channel 2 CC **2:30** Let's Cook up Something GOOD! Creamy Fruit Salad	**29** L **9:30** Daily Chronicles and Puzzles (IR) V **11:30** Small Group Exercises GG **2:00** Bingo MM **4:00** Game Cart	**30** L **9:30** Daily Chronicles and Puzzles (IR) V **11:30** Small Group Exercises GF **3:30** Happy Hour Begins M **3:30** Moving and singing to the Music	Notes:

Legacy Lane
Cedar Ridge Health Campus

APRIL 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Happy Birthday: Esther L .....1st Ina Sue B.....4th Ruth P.....4th Dolly B.....11th Margaret K.....24th Wanda S.....26th Phyllis W.....27th	Activities are subject to change.	Notes:		**1** **April Fools' Day** V Laughter Yoga K Best Friends CC Fool's Pot Pie Relax & Recharge A Silly Seeds M Body Percussion GG Pair Up-"Trees & Shrubs" Healthy Hands GF Name That Croon! Nighttime Traditions	**2** **Good Friday** V Stop and Smell the Roses K Funny Fridays CC Deviled Eggs Relax & Recharge A Salt Dough Easter Eggs M April Happy Hour GG Horse Racing Healthy Hands GF Flower Arranging Nighttime Traditions	**3** V Pigs in a Blanket K Turn Over CC Bunny Bait Relax & Recharge A String Easter Eggs M Singing in the Rain GG Memory Matching Healthy Hands GF Relaxing Puzzle Time Nighttime Traditions
4 **Easter** V Legs and Eggs K Sunday Devotion: Lamb of God CC Easter Fruit Salad Relax & Recharge A Rice and Beans Easter Eggs I Bible/ Inspirational movie on channel 2 M Easter Sing GG Cornhole Healthy Hands GF Old Time Theater Nighttime Traditions	**5** V Hoppin' to Health K Spring Babies CC Mini Personal Pizzas Relax & Recharge A Homemade Bird Feeder M Beatlemania! GG Color Wheel Trivia Healthy Hands GF Senior Social Nighttime Traditions	**6** V Dancing in the Rain K Most Like Your Mother CC Caramel Chocolate Chunk Cookies Relax & Recharge A Floral Bottle Paint M Take Me Out to the Ballgame GG Finish the Quilt Card Game Healthy Hands GF Hot Chocolate & Tales! Nighttime Traditions	**7** V Reach as High as You Can K Categories CC Stout Chocolate Brownies Relax & Recharge A Finger Print Dandelion Popcorn and a movie channel 2 M Sing and Dance with Doris Day! GG Baseball Healthy Hands GF Fabulous Flowers Nighttime Traditions	**8** V Laughter Yoga K Best Friends CC Banana Empanada Relax & Recharge A Birds of a Feather M Body Percussion GG Pair Up-"Trees & Shrubs" Healthy Hands GF Name That Croon Nighttime Traditions	**9** V Stop and Smell the Roses K Funny Fridays CC Funfetti Breakfast Muffins Relax & Recharge A Raindrop Collage M April Happy Hour GG Horse Racing Healthy Hands GF Flower Arranging Nighttime Traditions	**10** V Pigs in a Blanket K Turn Over CC Berry Salad Relax & Recharge A Ink Dyed Coasters M Singing in the Rain GG Memory Matching Healthy Hands GF Relaxing Puzzle Time Nighttime Traditions
11 V Legs and Eggs K Sunday Devotion: Lamb of God CC Carrot Cake Cookies Relax & Recharge A Umbrella Door Hanger I Bible/ Inspirational movie on channel 2 M Celebrity Sunday GG Cornhole Healthy Hands GF Old Time Theater Nighttime Traditions	**12** V Hoppin' to Health K Spring Babies CC Strawberry Cream Cheese Bites Relax & Recharge A Spring Swirl Paint M Beatlemania! GG Color Wheel Trivia Healthy Hands GF Senior Social Nighttime Traditions	**13** **Ramadan Begins** V Dancing in the Rain K Most Like Your Mother CC Slab Tomato Pie Relax & Recharge A Ink Blot Psych Paintings M Take Me Out to the Ballgame GG Finish the Quilt Card Game Healthy Hands GF Hot Chocolate & Tales! Nighttime Traditions	**14** V Reach as High as You Can K Categories CC Lemon Berry Muffins Relax & Recharge A April Showers Print Popcorn and a movie channel 2 M Sing and Dance with Doris Day! GG Baseball Healthy Hands GF Fabulous Flowers Nighttime Traditions	**15** V Laughter Yoga K Best Friends CC Muffin Tin Pizza Bites Relax & Recharge A Favorite Things M Body Percussion GG Pair Up-"Trees & Shrubs" Healthy Hands GF Name That Croon Nighttime Traditions	**16** V Stop and Smell the Roses K Funny Fridays CC Egg Salad with a Twist Relax & Recharge A Tape Design M April Happy Hour GG Horse Racing Healthy Hands GF Flower Arranging Nighttime Traditions	**17** V Pigs in a Blanket K Turn Over CC Banana Pudding Lasagna Relax & Recharge A DIY Seed Bombs M Singing in the Rain GG Memory Matching Healthy Hands GF Relaxing Puzzle Time Nighttime Traditions

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
18 V Legs and Eggs K Sunday Devotion: Lamb of God CC Baked Potato Slices Relax & Recharge A Garden Markers I Bible/ Inspirational movie on channel 2 M Celebrity Sunday GG Cornhole Healthy Hands GF Old Time Theater Nighttime Traditions	**19** V Hoppin' to Health K Spring Babies CC Peanut Butter Cookies Relax & Recharge A Creative Storytelling M Beatlemania! GG Color Wheel Trivia Healthy Hands GF Senior Social Nighttime Traditions	**20** V Dancing in the Rain K Most Like Your Mother CC Rice Crispy Treats Relax & Recharge A Mod Mixed-Media Tree M Take Me Out to the Ballgame GG Finish the Quilt Card Game Healthy Hands GF Hot Chocolate & Tales! Nighttime Traditions	**21** V Reach as High as You Can K Categories CC Chocolate Pretzel Monkey Bread Relax & Recharge Popcorn and a movie channel 2 A Sensory Bottle M Sing and Dance with Doris Day! GG Baseball Healthy Hands GF Fabulous Flowers Nighttime Traditions	**22** Earth Day V Laughter Yoga K Best Friends CC Earth Day Seedling Cupcakes Relax & Recharge A Recycled Plastic Jug Containers M Listen to the Wind GG Pair Up-"Trees & Shrubs" Healthy Hands GF Name That Croon Nighttime Traditions	**23** V Stop and Smell the Roses K Funny Fridays CC Ham & Bacon Cheesy Potatoes Relax & Recharge A Creative Storytelling M April Happy Hour GG Horse Racing Healthy Hands GF Flower Arranging Nighttime Traditions	**24** V Pigs in a Blanket K Turn Over CC No Bake Banana Split Cake Relax & Recharge A Rain Sticks M Singing in the Rain GG Memory Matching Healthy Hands GF Relaxing Puzzle Time Nighttime Traditions
25 V Legs and Eggs K Sunday Devotion: Lamb of God CC Homemade Salad Dressing Relax & Recharge A Egg Carton Flower Wreath I Bible/ Inspirational movie on channel 2 M Celebrity Sunday GG Cornhole Healthy Hands GF Old Time Theater Nighttime Traditions	**26** V Hoppin' to Health K Spring Babies CC Raisin Pecan Oatmeal Cookies Relax & Recharge A Artful Tree Rubbing M Beatlemania! GG Color Wheel Trivia Healthy Hands GF Senior Social Nighttime Traditions	**27** V Dancing in the Rain K Most Like Your Mother CC Slow Cooker Upside Down Cake Relax & Recharge A Water Bottle Wind Spirals M Take Me Out to the Ballgame GG Finish the Quilt Card Game Healthy Hands GF Hot Chocolate & Tales! Nighttime Traditions	**28** V Reach as High as You Can K Categories CC Cheesy Meatball Casserole Relax & Recharge Popcorn and a movie channel 2 A Pressed Flower Suncatchers M Sing and Dance with Doris Day! GG Baseball Healthy Hands GF Fabulous Flowers Nighttime Traditions	**29** V Laughter Yoga K Best Friends CC Chocolate Covered Strawberry Brownies Relax & Recharge A Butterfly Feeder M Body Percussion GG Pair Up-"Trees & Shrubs" Healthy Hands GF Name That Croon Nighttime Traditions	**30** V Stop and Smell the Roses K Funny Fridays CC Twix Cookies Relax & Recharge A DIY Fresh Flower Hair Bows M April Happy Hour GG Horse Racing Healthy Hands GF Flower Arranging Nighttime Traditions	A - Artisans CC - Creative Cooking GF - Gathering of Friends GG - Group Games I - Inspirations K - Keeping it Sharp/Reminisce M - Music to My Ears V - Vitality

Personal Care
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APRIL 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
NOTES:	Happy Birthday: Esther L .....1st Ina Sue B.....4th Ruth P.....4th Dolly B.....11th Margaret K.....24th Wanda S.....26th Phyllis W.....27th	Activities are subject to change.	A - Artisans CC - Creative Cooking GF - Gathering of Friends GG - Group Games I - Inspirations K - Keeping it Sharp/Reminisce L - Lifelong Learning M - Music to My Ears V - Vitality	**1** April Fools' Day K **10:00** Daily Chronicle and puzzle (IR) V **10:30** Exercise Group K **2:00** Bingo(PCDR) A **3:30** Make and Take "Easter Cross Decor" I **6:15** Evening Bible Devotion and Hymns (PCLR)	**2** Good Friday K **10:00** Daily Chronicle and puzzle (IR) V **10:30** Exercise Group GF **2:00** Happy Hour Games and Get Together M **2:30** Sing A Long	**3** K **10:00** Daily Chronicle and puzzle (IR) **2:00** Movie on channel 2 GG **2:00** Bingo Packets (IR) I **3:30** One with Nature scenes on channel 2
4 Easter I **9:00** Catholic programming on Channel 59 I **10:00** Christian programming channel 6 and 3 K **10:00** Daily Chronicle and puzzle (IR) I **2:00** Bible/ Inspirational movie on channel 2 V **3:30** Sunday Stroll "Go for a walk in the courtyard"	**5** K **10:00** Daily Chronicle and puzzle (IR) V **10:30** Exercise Group A **2:30** Art class channel 2 L **3:30** Small Group Big Knowledge "Monthly Gazette"	**6** K **10:00** Daily Chronicle and puzzle (IR) V **10:30** Exercise Group **2:00** Bingo K **3:00** Creative Stories "Harkness House Mystery"	**7** K **10:00** Daily Chronicle and puzzle (IR) V **10:30** Exercise Group **2:00** Popcorn and a movie channel 2 CC **3:30** Let's Cook up something GOOD! "Race Car Bunnies"	**8** K **10:00** Daily Chronicle and puzzle (IR) V **10:30** Exercise Group K **2:00** Bingo(PCDR) A **3:30** Make and Take "Planting Seeds" I **6:15** Evening Bible Devotion and Hymns (PCLR)	**9** K **10:00** Daily Chronicle and puzzle (IR) V **10:30** Exercise Group GF **2:00** Happy Hour Games and Gathering M **2:30** Sing A Long	**10** K **10:00** Daily Chronicle and puzzle (IR) **2:00** Movie on channel 2 GG **2:00** Bingo Packets (IR) I **3:30** One with Nature scenes on channel 2
11 I **9:00** Catholic programming on Channel 59 I **10:00** Christian programming channel 6 and 3 K **10:00** Daily Chronicle and puzzle (IR) I **2:00** Bible/ Inspirational movie on channel 2 V **3:30** Sunday Stroll "Go for a walk in the courtyard"	**12** K **10:00** Daily Chronicle and puzzle (IR) V **10:30** Exercise Group A **2:30** Art class channel 2 L **3:30** Small Group Big Knowledge "April IQ"	**13** Ramadan Begins K **10:00** Daily Chronicle and puzzle (IR) V **10:30** Exercise Group **2:00** Bingo K **3:00** Creative Stories "Mysterious Knitters"	**14** K **10:00** Daily Chronicle and puzzle (IR) V **10:30** Exercise Group **2:00** Popcorn and a movie channel 2 CC **3:30** Let's Cook up something GOOD! "National Grilled Cheese Day"	**15** K **10:00** Daily Chronicle and puzzle (IR) V **10:30** Exercise Group K **2:00** Bingo(PCDR) A **3:30** Make and Take "Birds on a Branch" I **6:15** Evening Bible Devotion and Hymns (PCLR)	**16** K **10:00** Daily Chronicle and puzzle (IR) V **10:30** Exercise Group GF **2:00** Happy Hour Games and Gathering M **2:30** Sing A Long	**17** K **10:00** Daily Chronicle and puzzle (IR) **2:00** Movie on channel 2 GG **2:00** Bingo Packets (IR) I **3:30** One with Nature scenes on channel 2

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25 I **9:00** Catholic programming on Channel 59 I **10:00** Christian programming channel 6 and 3 K **10:00** Daily Chronicle and puzzle (IR) I **2:00** Bible/ Inspirational movie on channel 2 V **3:30** Sunday Stroll "Go for a walk in the courtyard"	**26** K **10:00** Daily Chronicle and puzzle (IR) V **10:30** Exercise Group A **2:30** Art class channel 2 L **3:30** Small Group Big Knowledge "Forrest Funnies"	**27** K **10:00** Daily Chronicle and puzzle (IR) V **10:30** Exercise Group **2:00** Bingo K **3:00** Creative Stories "Bring a poem or short story to share"	**28** K **10:00** Daily Chronicle and puzzle (IR) V **10:30** Exercise Group **2:00** Popcorn and a movie channel 2 CC **3:30** Let's Cook up something GOOD! "Creamy Fruit Salad"	**29** K **10:00** Daily Chronicle and puzzle (IR) V **10:30** Exercise Group K **2:00** Bingo(PCDR) A **3:30** Make and Take "High Five Tree Collage" I **6:15** Evening Bible Devotion and Hymns (PCLR)	**30** K **10:00** Daily Chronicle and puzzle (IR) V **10:30** Exercise Group GF **2:00** Happy Hour Games and Gathering M **2:30** Sing A Long	Happy Spring!