



Nikkei Manor Weekly Menu - Week of March 28, 2021

Beverages served at meal include milk, tea, coffee, orange / apple / cranberry juice

Healthy continental breakfast is served daily from 7:00a.m. to 9:00a.m. Includes cereals, toast, fruit, pastries, yogurt, milk & cheese.

	Sunday 3/28	Monday 3/29	Tuesday 3/30	Wednesday 3/31	Thursday 4/1	Friday 4/2	Saturday 4/3
B R E A K F A S T	Pears Raisin Bran, Milk English Muffin Scrambled Eggs Sausage Patty Continental Breakfast 7:00 - 9:00	Blueberries Oatmeal, Milk Spinach and Cheese Quiche Toast, Butter, Jelly Canadian Bacon Continental Breakfast 7:00 - 9:00	Mandarin Oranges Cheerios, Milk Buttermilk Pancakes Butter, Syrup Bacon Continental Breakfast 7:00 - 9:00	Apricots Cream of Wheat, Milk Sausage & Veggie Scramble Grilled Ham Toast, Butter Jelly Continental Breakfast 7:00 - 9:00	Applesauce Rice Crispies, Milk Donuts Turkey Sausage Scrambled Eggs Continental Breakfast 7:00 - 9:00	Melon Oatmeal, Milk Bagels With Cream Cheese and Smoked Salmon Continental Breakfast 7:00 - 9:00	Prunes Corn Flakes, Milk Scrambled Egg w/Bacon & Onion Toast, Butter Jelly Continental Breakfast 7:00 - 9:00
L U N C H	Carrot Raisin Salad Osuimono Cod with Black Bean Sauce Asparagus Rice and Tsukemono OR BLAT Wrap Sandwich (Bacon, lettuce, avocado, tomato) Macaroni Salad Pineapple	Salad w/ Sesame Dressing Pork & Vegetable Ankake (Savory Dashi Sauce) Rice and Tsukemono Osuimono OR Chicken Salad Sandwich on Whole Grain Bread Mandarin Oranges Peaches	Broccoli Salad Miso Soup Chicken Katsu(Chicken Cutlet) Tonkatsu Sauce Shredded Cabbage Rice and Tsukemono OR Lasagna Sautéed Zucchini Garlic Bread Strawberry Cream Cake	Asparagus, Carrot, and Apple Salad Pork Yakisoba Bok Choy Miso Soup OR Egg Salad Sandwich Potato Chips Lettuce, Tomato, Pickle Daifuku	Tossed Salad Pork Spare Ribs Rice and Tsukemono Osuimono OR Crispy Rosemary Chicken Fried Red Potatoes Brussel Sprouts Fresh Baked Bread Pie	Vegetable Nimono Saba Shioyaki (Roasted Mackerel) Rice and Tsukemono Daikon Oroshi Osuimono OR Stuffed Green Peppers Cheesy Rice Mixed Vegetables Fresh Baked Bread Coffee Jelly	Pumpkin Salad Chicken Yuzukosho Itame (stir-fried) (Chicken with yuzu and chili pepper marinade) Bok Choy w/ Oyster Sauce Rice and Tsukemono Osuimono OR Smothered Pork Mashed Potatoes w/Gravy Buttered Snap Peas Fresh Baked Bread Fruit Cocktail
D I N N E R	Cucumber Sunomono Beef Napa Itame-Ni (stir-fry) Rice Miso Soup OR Chicken Marsala Parmesan Garlic Noodles Asparagus Fresh Baked Bread Ice Cream Bar	Lettuce & Wakame Salad Wafuu Dressing Osuimono Steam Fish w/ Ginger & Gr. Onion Daikon Oroshi Rice OR Country Ham Garden Stuffed Baked Potato Green Bean Supreme Biscuit Banana Cake	Spinach Ohitashi Ramen OR Shrimp Fried Rice Egg Roll Grapes	Carrot, Cabbage, & Raisin Salad Onigiri Trio - Rice balls filled with Kasuobushi, Umeboshi, and Tsukudan (bonito flake, pickled plum, seaweed) Chicken Yakitori Skewer Egg Misozuke (Miso marinated) OR Corn Beef Hash Choice of Toast Seasonal Fruit Fresh Berries	Sweet Kidney Beans Bibimbap (Korean Beef and Vegetable) Slice Beef, Carrot, Egg Egg, Spinach, Bean Sprout Rice Osuimono OR Italian Sausage with Peppers and Onions Loaded Cauliflower Fresh Baked Bread Satsuma Orange	Celery Ohitashi Sweet and Sour Pork With Vegetables Rice Miso Soup OR Tuna Salad (entrée salad) Cheddar Garlic Bread Yellow Cake with Chocolate Frosting	Coleslaw with Sesame Dressing Spam Musubi Spam and rice wrapped in nori seaweed) Hawaiian Macaroni Salad Miso Soup OR Lime Chicken Soft Taco Tex Mex Salad Cookie