

# Orchard

## HEIGHTS

Gracious Retirement Living

3650 South Highway 27 • Clermont, FL 34711 • Phone (352) 242-2235 • [www.seniorlivinginstyle.com](http://www.seniorlivinginstyle.com)

## MARCH 2021

### ORCHARD HEIGHTS STAFF

Managers..... DAVE & BJ DREW  
Assistant Managers ..... STEVE  
& KIMBERLY ROGERS  
Executive Chef ..... OSCAR M. GUZMAN  
Activity Coordinator ..... YVONNE KECK  
Maintenance ..... JOE O'FARRIL  
Transportation ..... ED PREMO

### TRANSPORTATION

**Monday, 9 a.m.-Noon:** Shopping

**Tuesday, 9 a.m.-3 p.m.:** Appointments

**Wednesday, 9 a.m.:** Outing

**Thursday, 9 a.m.-3 p.m.:** Appointments

**Friday, 9 a.m.-Noon:** Shopping

**HAWTHORN**  
SENIOR LIVING

## First Day of Spring 2021: the Spring Equinox

First Day of Spring  
2021: The Spring  
Equinox

In 2021, the spring equinox occurs on Saturday, March 20th. This event marks the astronomical first day of spring in the Northern Hemisphere. Before you try to balance that egg, read this!



*Saturday, March 20th*

### The March Equinox

In the Northern Hemisphere, the March equinox (aka spring equinox or vernal equinox) occurs when the sun crosses the equator line, heading north in the sky. This event marks the start of spring in the northern half of the globe. After this date, the Northern Hemisphere begins to be tilted more toward the sun, resulting in increasing daylight hours and warming temperatures. (In the Southern Hemisphere, it's the opposite: The March equinox marks the start of autumn, as the Southern Hemisphere begins to be tilted away from the sun.)

### When Is the First Day of Spring?

In 2021, the March equinox happens on Saturday, March 20th, at 5:37 a.m. EDT. In the Northern Hemisphere, this date marks the start of the spring season.

In the Southern Hemisphere, the March equinox marks the start of autumn, while the September equinox marks the start of spring.



## When Was the First St. Patrick's Day Celebrated?

Since around the 9th or 10th century, people in Ireland have been observing the Roman Catholic feast day of St. Patrick on March 17. The first St. Patrick's Day parade took place not in Ireland but in America. Records show that a St. Patrick's Day parade was held on March 17, 1601 in a Spanish colony in what is now St. Augustine, Florida. The parade and a St. Patrick's Day celebration a year earlier were organized by the Spanish Colony's Irish vicar Ricardo Artur.

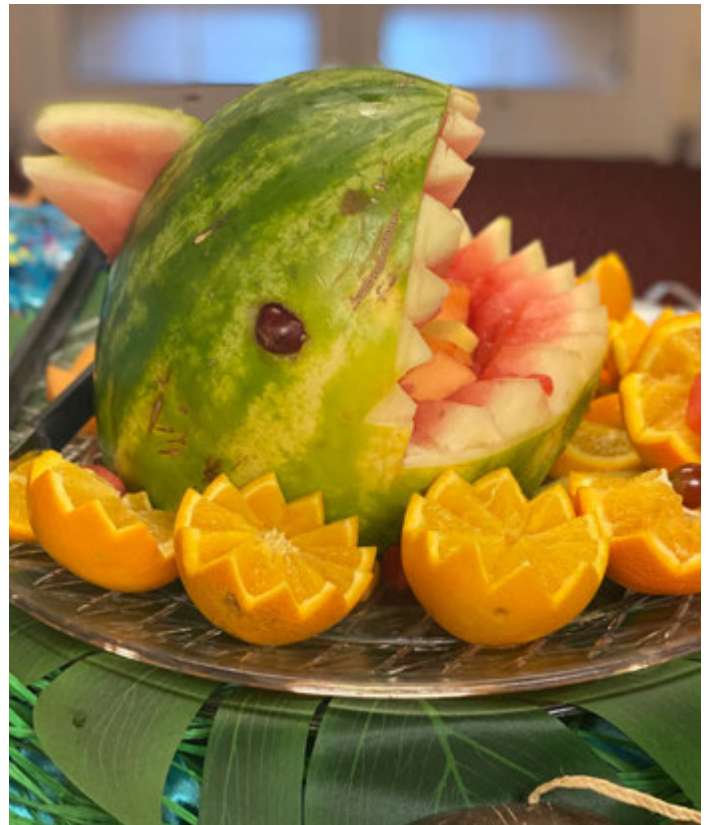
More than a century later, homesick Irish soldiers serving in the English military marched in New York City on March 17, 1772 to honor the Irish patron saint. Enthusiasm for the St. Patrick's Day parades in New York City, Boston and other early American cities only grew from there.



## Chef's Corner



*Our amazing chefs planning our Island Hopping meals and treats.*



*Chef Oscar's watermelon carving demo*





## Hawthorn Adventure 2021 in Review



*Welcome to the Big Island!*



*Ms. Chris enjoying her  
Kona Ice Coffee*

*(Photos continued on page 6.)*



*This bunch got so rowdy, they were cut-off the Kona coffee.*



*If you can't spin it, then toss it!*



*Most Spirited Team, The Red Valentines*



*Valiant Mt. Tomanivi climbers*



MARCH

2021

Birthdays

Barbara Collins, 3rd  
Ray Lunning, 12th  
Carol Murphy, 12th  
Gil Ford, 20th  
Anna Fiume, 22nd  
Danuta Stevens, 22nd  
Catherine Holts, 30th

Anniversaries



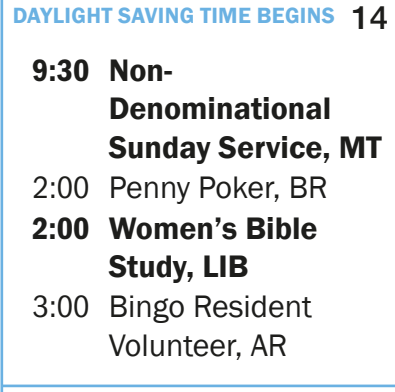

Harvey & Lilah Ellis,  
3/23/1948

Locations

Activity Room, AR  
Atrium, AT  
Billiards Room, BR  
Bistro, Bistro  
Chapel, CH  
Computer Center, CC  
Dining Room, DR  
Fire Pit, FP  
Fitness Center, FC  
Front Lobby, Lobby  
Grand Piano, GP  
Grandma's Kitchen, GK  
Library, LIB  
Main Entrance  
Canopy, Canopy  
Movie Theater, MT  
Raised Bed Gardens, Garden  
Shuffleboard Court, SC  
Sitting Arbor, SA  
Swimming Pool, Pool  
TV Room, TV

Dining Schedule

8 a.m. — Breakfast,  
12:30 p.m. — Dinner,  
5:30 p.m. — Supper  
(Unless otherwise  
announced)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div></div> <div>9:00 Our Daily Bread, CH <sup>1</sup> <b>9:30 Chair Exercise with Ben, AR</b> <b>10:30 Blood Pressure Checkup with Angels, Bistro</b>  <b>2:00 The Poker Club, BR</b> <b>2:00 Volleyball, AR</b> 2:00 Mah Jongg, TV 3:00 Penny Poker, BR</div>	9:00 Our Daily Bread, CH <sup>1</sup> <b>9:30 Chair Exercise with Ben, AR</b> <b>10:30 Blood Pressure Checkup with Angels, Bistro</b>  <b>2:00 The Poker Club, BR</b> <b>2:00 Volleyball, AR</b> 2:00 Mah Jongg, TV 3:00 Penny Poker, BR	9:00 Our Daily Bread, CH <sup>2</sup> <b>9:30 Fit-Beat Drumming, AR</b> 10:30 Catholic Hour of Prayer, CH 10:30 Adult Coloring with Chede, AR <b>11:45 Residents' &amp; Managers' Meeting, DR</b> 1:30 Bridge, BR <b>2:00 Mexican Train, BR</b> 3:00 "T" for Tuesday Bingo, AR	9:00 Our Daily Bread, CH <sup>3</sup> <b>9:30 Chair Exercise with Ben, AR</b> <b>9:30 Hard Rock Cafe &amp; Casino, Lobby</b> <b>2:00 The Poker Club, BR</b> 3:00 Rummikub, Bistro 	9:00 Our Daily Bread, CH <sup>4</sup> <b>9:30 Fit-Beat Drumming, AR</b> 10:00 Happy Hour, GK 10:30 Blood Pressure Screening with Four Corners, AR <b>11:45 Residents' &amp; Chef's Meeting, DR</b> 3:00 Orchard Heights' Derby, AR	9:00 Our Daily Bread, CH <sup>5</sup> <b>11:00 Zumba with Yvonne, AR</b> 1:30 Canasta, BR 2:00 Bean Bag Baseball, AR <b>2:00 The Poker Club, BR</b>	9:00 Our Daily Bread, CH <sup>6</sup> 2:00 Penny Poker, BR 2:00 Bridge, TV <b>3:00 Kim Poppins' Hippy Popcorn Hour, AT</b> 4:00 Men's Bible Study, LIB <b>4:00 Sit N Stitch, AR</b>
<div></div> <div>9:30 <b>Non-Denominational Sunday Service, MT</b> 2:00 Penny Poker, BR <b>2:00 Women's Bible Study, LIB</b> 3:00 Bingo Resident Volunteer, AR</div>	9:00 Our Daily Bread, CH <sup>8</sup> <b>9:30 Chair Exercise with Ben, AR</b> <b>10:30 Blood Pressure Checkup with Angels, Bistro</b>  <b>2:00 The Poker Club, BR</b> <b>2:00 Volleyball, AR</b> 2:00 Mah Jongg, TV 3:00 Penny Poker, BR	9:00 Our Daily Bread, CH <sup>9</sup> <b>9:30 Fit-Beat Drumming, AR</b> 10:30 Catholic Hour of Prayer, CH 10:30 Adult Coloring with Chede, AR 1:30 Bridge, BR <b>2:00 Mexican Train, BR</b> 3:00 "T" for Tuesday Bingo, AR	9:00 Our Daily Bread, CH <sup>10</sup> <b>9:30 Chair Exercise with Ben, AR</b> <b>2:00 The Poker Club, BR</b> 3:00 Rummikub, Bistro	9:00 Our Daily Bread, CH <sup>11</sup> <b>9:30 Fit-Beat Drumming, AR</b> 10:00 Happy Hour, GK 10:30 Blood Pressure Screening with Four Corners, AR 3:00 Orchard Heights' Derby, AR	9:00 Our Daily Bread, CH <sup>12</sup> <b>11:00 Zumba with Yvonne, AR</b> 1:30 Canasta, BR 2:00 Bean Bag Baseball, AR <b>2:00 The Poker Club, BR</b> 	9:00 Our Daily Bread, CH <sup>13</sup> 2:00 Penny Poker, BR 2:00 Bridge, TV <b>3:00 Kim Poppins' Hippy Popcorn Hour, AT</b> 4:00 Men's Bible Study, LIB <b>4:00 Sit N Stitch, AR</b>
<div></div> <div><b>DAYLIGHT SAVING TIME BEGINS</b> <sup>14</sup> <b>9:30 Non-Denominational Sunday Service, MT</b> 2:00 Penny Poker, BR <b>2:00 Women's Bible Study, LIB</b> 3:00 Bingo Resident Volunteer, AR</div>	9:00 Our Daily Bread, CH <sup>15</sup> <b>9:30 Chair Exercise with Ben, AR</b> <b>10:30 Blood Pressure Checkup with Angels, Bistro</b>  <b>2:00 The Poker Club, BR</b> <b>2:00 Volleyball, AR</b> 2:00 Mah Jongg, TV 3:00 Penny Poker, BR	9:00 Our Daily Bread, CH <sup>16</sup> <b>9:30 Fit-Beat Drumming, AR</b> 10:30 Catholic Hour of Prayer, CH 10:30 Adult Coloring with Chede, AR 1:30 Bridge, BR <b>2:00 Mexican Train, BR</b> 3:00 "T" for Tuesday Bingo, AR	<b>ST. PATRICK'S DAY</b> <sup>17</sup> 9:00 Our Daily Bread, CH <b>9:30 Chair Exercise with Ben, AR</b> <b>11:30 St. Patrick's Day Celebration, DR</b> <b>2:00 The Poker Club, BR</b> 3:00 Rummikub, Bistro	9:00 Our Daily Bread, CH <sup>18</sup> <b>9:30 Fit-Beat Drumming, AR</b> 10:00 Happy Hour, GK 10:30 Blood Pressure Screening with Four Corners, AR <b>10:30 Chef's Corner: Flavors of the Season, GK</b> 3:00 Orchard Heights' Derby, AR	9:00 Our Daily Bread, CH <sup>19</sup> <b>11:00 Zumba with Yvonne, AR</b> 1:30 Canasta, BR 2:00 Bean Bag Baseball, AR <b>2:00 The Poker Club, BR</b>	<b>FIRST DAY OF SPRING</b> <sup>20</sup> <b>Spring Cleaning</b> 9:00 Our Daily Bread, CH 2:00 Penny Poker, BR 2:00 Bridge, TV <b>3:00 Kim Poppins' Hippy Popcorn Hour, AT</b> 4:00 Men's Bible Study, LIB  <b>4:00 Sit N Stitch, AR</b>
<div></div> <div><b>9:30 Non-Denominational Sunday Service, MT</b> 2:00 Penny Poker, BR <b>2:00 Women's Bible Study, LIB</b> 3:00 Bingo Resident Volunteer, AR</div>	9:00 Our Daily Bread, CH <sup>22</sup> <b>9:30 Chair Exercise with Ben, AR</b> <b>10:30 Blood Pressure Checkup with Angels, Bistro</b>  <b>2:00 The Poker Club, BR</b> <b>2:00 Volleyball, AR</b> 2:00 Mah Jongg, TV  3:00 Penny Poker, BR	9:00 Our Daily Bread, CH <sup>23</sup> <b>9:30 Fit-Beat Drumming, AR</b> 10:30 Catholic Hour of Prayer, CH 10:30 Adult Coloring with Chede, AR 1:30 Bridge, BR <b>2:00 Mexican Train, BR</b> 3:00 "T" for Tuesday Bingo, AR 	9:00 Our Daily Bread, CH <sup>24</sup> <b>9:30 Chair Exercise with Ben, AR</b> <b>2:00 The Poker Club, BR</b> 3:00 Rummikub, Bistro	9:00 Our Daily Bread, CH <sup>25</sup> <b>9:30 Fit-Beat Drumming, AR</b> 10:00 Happy Hour, GK 10:30 Blood Pressure Screening with Four Corners, AR 3:00 Orchard Heights' Derby, AR	9:00 Our Daily Bread, CH <sup>26</sup> <b>11:00 Zumba with Yvonne, AR</b> 1:30 Canasta, BR 2:00 Bean Bag Baseball, AR <b>2:00 The Poker Club, BR</b> <b>4:15 Monthly Birthday Celebration by Angels Care, AR</b>	9:00 Our Daily Bread, CH <sup>27</sup> 2:00 Penny Poker, BR 2:00 Bridge, TV <b>3:00 Kim Poppins' Hippy Popcorn Hour, AT</b> 4:00 Men's Bible Study, LIB <b>4:00 Sit N Stitch, AR</b>
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## Hawthorn Adventure 2021 in Review (Continued)



*Nothing says Hawaii like a Mai Tai.*



*Tom's victorious return from his Road to Hana expedition*



*The Road to Hana is about the journey, not the destination.*



*While in Hawaii, we joined a surfboard workshop.*



*Hula hooping fun!*



*Fijian art class*



*Amanda, also a Mt. Tomanivi guide*



*Lorna strutting her stuff while in Queenstown, NZ.*



*Ben and Hilary: Mt. Tomanivi Tour guides*



*Fia shares the culture of her native New Zealand.*





*Ms. Betty hitting the bike trail in New Zealand.*



*We enjoyed infused Fiji water.*



*We also took hula lessons ...*



*Disc Golf, anyone?*



*Dolores and Marilyn on their way to Hana*



*Upon our arrival, we enjoyed a Fiji Spa Day.*



*New Zealand Sheep Race*

## **This-n-That, Here-n-There**



*January Babies Birthday Party*



*Pizza Party for the "Deck the Halls" winners!*



*Great day! Second Covid-19 Vaccinations*





3650 South Highway 27  
Clermont, FL 34711



**SPRING INTO ACTION  
& SHAKE OFF THOSE WINTER BLUES**

Springtime brings fresh beginnings so let today be the start of something new! Join us for one of our engaging activities or stop by for a complimentary meal and take a tour of our beautiful community. We would love the opportunity to share with you all we have to offer.

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