

# DESERT SPRINGS

## Gracious Retirement Living



30 West Lambert Lane • Oro Valley, Arizona 85737 • Phone (520) 219-8100 • [www.seniorlivinginstyle.com](http://www.seniorlivinginstyle.com)

### MARCH 2021

#### DESERT SPRINGS STAFF

Managers..... LOU & CARLA EBERLE  
Assistant Managers ..... JULIE OLSON  
& NICK LANGEL  
Executive Chef..... JUSTIN MURDOCK  
Marketing..... ROBIN JACOB  
Activity Coordinator .....JEANETTE SIMI  
Maintenance ..... FRANK LOPEZ  
Bus Driver ..... PAUL LOWE

#### TRANSPORTATION

**Monday, 10 a.m. & 2 p.m.:** Fry's,  
Target, Walmart and Walgreens

**Tuesday & Thursday, 9 a.m.-3 p.m.:**  
Doctor Appointments

**Wednesday, 10 a.m. & 2 p.m.:** Shopping

**HAWTHORN**  
SENIOR LIVING

### Resident Highlight

Our March Resident Highlight is Edi and Pete Agur.

By Edi Agur:

Pete flew 22 years in the Navy, first as a small sea plane pilot then on to the largest Navy seaplane ever invented.

After 22 years and retiring from the Navy, United Airlines hired him for another 20 years of flying.

Pete's next adventure came as he cross-countried to visit his children on the east coast. During a stop at Organ Pipe Cactus National Monument in Arizona, Pete met Edi in the visitor center. They have hiked many trails together ever since. Now, being married 35 years, their hiking includes walkers and at times, a wheelchair.

Edi had no career but a variety of jobs, from banks, state fairs and even a couple of years driving a city bus in Boulder, Colorado, before moving to Arizona, the best move.

Pete had four children, and Edi had one. Edi states they have lost count of how many grandchildren, "but there are many!"

We have had the pleasure of having Pete and Edi Agur at Dessert Springs for over eight years!



*Edi and Pete*

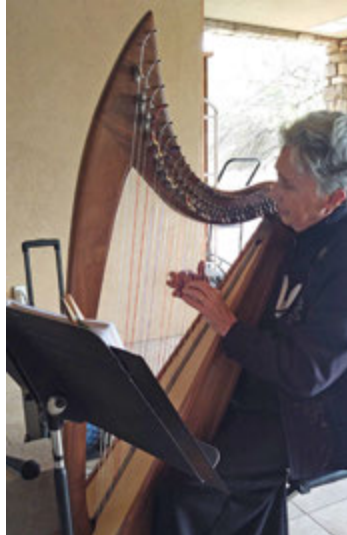


## Hawthorn Adventures 2021

All aboard the Hawthorn Express 2021!

Our Hawthorn adventure started January 18th through 22nd in a Hawaiian Paradise as we island hopped! January 25th through 29th, we cast our anchors for Fiji, and last but not least, February 1st through 5th, we ended our tour relaxing in the beauty of New Zealand!

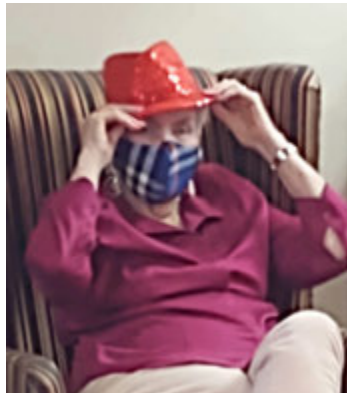
Each place brought a new adventure! In Hawaii, we baked papaya rolls, savored delicious delights Hawaiian style by our Chef, played trivia games, did Seaside art and tried mocktails. The residents ended their Hawaiian adventure at the Tiki bar, enjoying music and visiting with their neighbors! Fiji brought trivia games, tropical music exercise with mango smoothies, Fiji art and mocktails, learning the benefits of coconut, baking Fiji delights and relaxing at a social hour with tropical drinks and harp music by Carolyn Ancell. New Zealand was relaxing in the beauty of New Zealand! This week was about chilling. The residents escaped to calm music exercise, New Zealand travelogues, movies filmed in New Zealand, Fiji trivia, hand spas and aromatherapy class. The week ended with our Red Hat Social with jazzy piano music by Amy Barker.



*Soothing violin music by Patricia Ancell*



*Gene Taylor island hopping*



*Celebrating Red Hat Day!*



*Hula exercise and coconut smoothies*



*Hawthorn Hawaii Tour*



*Music with John Dupont*



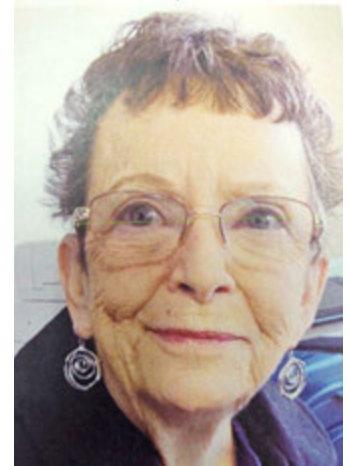
## Welcome New Residents

A special welcome from Desert Springs Gracious Retirement Living to our new residents. We are happy you have chosen Desert Springs to be your new home!

We are focused on the well-being of our residents and would like to take this opportunity to welcome you to our fun events and activity programs scheduled for your enjoyment in the upcoming month of February. If you were unable to attend this month's orientation for new residents, you are always welcome to attend one soon. If you have questions about activities or events, please feel free to see Jeanette, your activity coordinator. Our managers will be happy to answer any questions you may have. Welcome, and come join the fun!



*Welcome New Residents!*



*Welcome, Sherry, to Desert Springs!*

## Upcoming Events in Our Green Month

Many fun adventures to be had for our March, month of green!

Join your neighbors and "Wear Green Wednesdays!"

Resident Spring Cleaning throughout the month, decluttering and donating unwanted stuff!

Starting off on the right foot walking club contest! Put one foot in front of the other with a chance to win prizes!

St. Patrick's Day Music and fun! We will have scavenger hunts, trivia games and a luncheon with tasty Irish foods from the Chef!

St. Patrick's door decorating contest. The winner will be announced St. Patrick's Day at the luncheon.

Spring into step exercise classes and delicious green smoothies.

Cherry Blossom Arts and mocktail hour.

Many musical events this month. Invite a neighbor to join you!

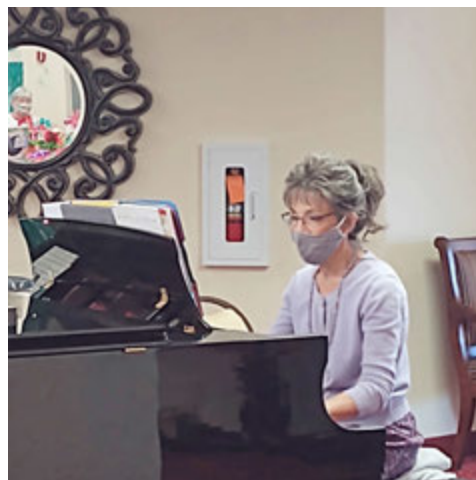
Meet your new neighbor Friday event.

Botanical Gardens, potting and planting succulents.

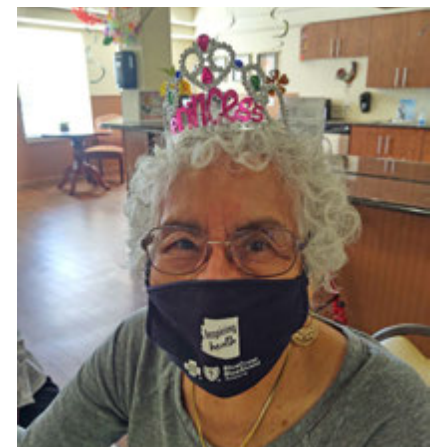
March madness butterfly Trivia and many more activities. Check your calendars for fun upcoming events!



*Welcoming our new neighbors!  
Welcome, Sherry!*



*Piano music by Amy Barker*



*February Farkle Queen! Who will be crowned in March?*

# MARCH 2021









## Birthdays

Wanda Munson, 8th  
Janet Robinson, 12th  
Fran Gascon, 21st  
Pat Lattimore, 24th  
Robert Wynne, 29th  
Charlene Alexander, 30th

## Locations

Activity Center, AC  
Activity Center Kitchen, ACK  
Atrium, A  
Billiards Room, BR  
Chapel, CH  
Computer Center, CC  
Dining Room, DR  
Exercise Room, EX  
Front Lobby, L  
Library, LB  
Movie Theater, MT  
Swimming Pool, Pool  
TV Room, TV

“Never, ever underestimate the importance of having fun.”  
—Randy Pausch

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<b>9:00 Spring Cleaning Month! Time to Clean Out Closets!</b> <b>1</b> 9:20 Exercise & Smoothies, AC 10:00 Mah Jongg, BR <b>10:00 Shopping/Other, L</b> <b>2:00 Shopping/Other, L</b> 2:00 Movie Matinee, MT 3:00 Patio Shuffle Board, A 6:15 Mexican Train, TV 6:45 Evening Movie, MT	<b>9:00 Dr. Appointments, L</b> <b>2</b> 9:20 Spring Into Step Exercise, AC 10:00 Uno Card Game, AC 11:00 Memory Enhancement, AC 2:00 Movie Matinee, MT 2:00 Bingo, AC 3:00 Botanical Garden: Succulents, AC 6:15 Rummikub, TV 6:45 Evening Movie, MT	<b>9:00 Wear Green Wednesday</b> <b>3</b> 9:20 Yoga Exercise, AC 10:00 Uno Card Game, AC <b>10:00 Shopping/Other, L</b> 2:00 Movie & Candied Popcorn, MT <b>2:00 Shopping/Other, L</b> 3:00 Spring Cleaning White Board Game, A 6:15 Euchre, TV 6:45 Evening Movie, MT	<b>9:00 Dr. Appointments, L</b> <b>4</b> 9:20 Strength Exercise, AC 10:00 Uno Card Game, AC 10:00 Walking Club Challenge, L <b>11:00 Going Green with Chef, AC</b> 2:00 Movie Matinee, MT 2:00 Bingo, AC <b>3:00 March Trivia Game, A</b> 6:45 Evening Movie, MT	<b>9:20 Balance Exercise, AC</b> <b>5</b> 10:00 Uno Card Game, TV 10:25 The Game of Farkle, AC 2:00 Wii Bowling, AC 2:00 Movie Matinee, MT <b>2:30 Ukulele Music by Paul Martin, A</b> <b>3:30 Invite a Neighbor Social, AC</b> 6:45 Evening Movie, MT	<b>9:20 Chair Exercise, AC</b> <b>6</b> 10:00 Uno Card Game, AC 10:30 Bean Bag Baseball, AC 2:00 Movie Matinee, MT 6:15 Skip-Bo, TV 6:45 Evening Movie, MT
9:20 Chair Exercise, AC <b>7</b> 2:00 Movie Matinee, MT <b>2:00 Bingo with Claire &amp; Lynn, AC</b> 3:30 Wii Bowling, AC 4:00 Color Me Beautiful Class, AC <b>6:00 Sports on the Big Screen, MT</b> 6:15 Rummikub, TV	9:20 Exercise & Smoothies, AC <b>8</b> 10:00 Uno Card Game, AC <b>10:00 Shopping/Other, L</b> <b>11:00 Women's Day Game, AC</b> 2:00 Movie Matinee, MT <b>2:00 Shopping/Other, L</b> <b>3:00 Walker/Wheelchair Training, BR</b> 6:15 Mexican Train, TV 6:45 Evening Movie, MT 	<b>9:00 Dr. Appointments, L</b> <b>9</b> 9:20 Spring Into Step Exercise, AC 10:00 Uno Card Game, AC 11:00 Memory Enhancement, AC 2:00 Bingo, AC 2:00 Movie Matinee, MT <b>3:00 Cherry Blossom Painting, AC</b> 6:15 Rummikub, TV 6:45 Evening Movie, MT	<b>9:00 Wear Green Wednesday</b> <b>10</b> 9:20 Yoga Exercise, AC 10:00 Uno Card Game, AC <b>10:00 Shopping/Other, L</b> <b>10:30 Current Events, CH</b> <b>2:00 Shopping/Other, L</b> 2:00 Movie & Candied Popcorn, MT 3:00 Crafts: Clover Pins, AC 6:15 Euchre, TV 6:45 Evening Movie, MT	<b>9:00 Dr. Appointments, L</b> <b>11</b> 9:20 Strength Exercise, AC 10:00 Uno Card Game, AC 10:00 Walking Club Challenge, L <b>11:00 Going Green with Chef, AC</b> 2:00 Bingo, AC <b>2:00 Movie: Alfred Hitchcock, MT</b> 3:00 Outdoor Horseshoes, AC 6:45 Evening Movie, MT	9:20 Balance Exercise, AC <b>12</b> 10:00 Uno Card Game, TV 10:25 The Game of Farkle, AC 2:00 Wii Bowling, AC 2:00 Movie Matinee, MT <b>2:30 Social Hour: Piano Music by Amy Barker, A</b> <b>3:30 Soft Drink Day Social Hour, AC</b>  6:45 Evening Movie, MT	9:20 Chair Exercise, AC <b>13</b> <b>10:00 Donut Social, TV</b> 10:00 Uno Card Game, AC 10:30 Bean Bag Baseball, AC 2:00 Movie Matinee, MT 6:15 Skip-Bo, TV 6:45 Evening Movie, MT
<b>DAYLIGHT SAVING TIME BEGINS</b> <b>14</b> 9:00 Daylight Saving Time 9:20 Chair Exercise, AC 2:00 Movie Matinee, MT <b>2:00 Bingo with Claire &amp; Lynn, AC</b> 3:30 Wii Bowling, AC 4:00 Color Me Beautiful Class, AC <b>4:00 Coloring Class: Butterfly Day Art, AC</b> <b>6:00 Sports on the Big Screen, MT</b> 6:15 Rummikub, TV	<b>9:20 Mid Month Mirth Day: Laughter Exercise, AC</b> <b>15</b> 10:00 Mah Jongg, BR 10:00 Uno Card Game, AC <b>10:00 Shopping/Other, L</b> 2:00 Movie Matinee, MT <b>2:00 Shopping/Other, L</b> 3:00 Ladder Game, AC 6:15 Mexican Train, TV 6:45 Evening Movie, MT	<b>9:00 Dr. Warner Podiatrist, EX</b> <b>16</b> <b>9:00 Dr. Appointments, L</b> 9:20 Spring Into Step Exercise, AC 10:00 Uno Card Game, AC 11:00 Memory Enhancement, AC 2:00 Movie Matinee, MT 2:00 Bingo, AC <b>3:00 Penny Pitching, AC</b> 6:15 Rummikub, TV 6:45 Evening Movie, MT	<b>ST. PATRICK'S DAY</b> <b>17</b> <b>9:00 Dr. Warner Podiatrist, EX</b> 9:20 Yoga Exercise, AC 10:00 Uno Card Game, AC <b>10:00 Shopping/Other, L</b> <b>12:30 St. Paddy's Day Luncheon, DR</b> <b>1:30 Scavenger Hunt, A</b> 2:00 Movie & Candied Popcorn, MT <b>2:00 Shopping/Other, L</b> <b>2:30 Banjo Music by O'Brien, A</b> <b>3:30 Nacho Party, AC</b> 6:45 Evening Movie, MT	<b>9:00 Dr. Tek Audiologist: "All About Ears," EX</b> <b>18</b> <b>9:00 Dr. Appointments, L</b> 9:20 Strength Exercise, AC 10:00 Uno Card Game, AC 10:00 Walking Club Challenge, L <b>11:00 Chef Chat, AC</b> 2:00 Movie Matinee, MT 2:00 Bingo, AC 6:45 Evening Movie, MT	9:20 Balance Exercise, AC <b>19</b> 10:00 Uno Card Game, TV 10:25 The Game of Farkle, AC 2:00 Wii Bowling, AC 2:00 Movie Matinee, MT <b>2:30 Ukulele Music by Paul Martin, A</b> <b>3:30 Meet New Residents Social Hour, AC</b> 6:45 Evening Movie, MT	<b>FIRST DAY OF SPRING</b> <b>20</b> 9:20 Chair Exercise, AC 10:00 Uno Card Game, AC 10:30 Bean Bag Baseball, AC <b>10:30 Book Club, CH</b> 2:00 Movie Matinee, MT 6:15 Skip-Bo, TV 6:45 Evening Movie, MT
9:20 Chair Exercise, AC <b>21</b> <b>10:00 Memory Day Games Provided, AC</b> 2:00 Movie Matinee, MT <b>2:00 Bingo with Claire &amp; Lynn, AC</b> 3:30 Wii Bowling, AC <b>4:00 Give a Flower Day Art, AC</b> <b>6:00 Sports on the Big Screen, MT</b>  6:15 Rummikub, TV	9:20 Exercise & Smoothies, AC <b>22</b> 10:00 Uno Card Game, AC <b>10:00 Shopping/Other, L</b> 11:00 Billiards 4 the Guys, BR 2:00 Movie Matinee, MT <b>2:00 Shopping/Other, L</b> 3:00 March Madness Butterfly Trivia, A 6:15 Mexican Train, TV 6:45 Evening Movie, MT	<b>9:00 Dr. Appointments, L</b> <b>23</b> <b>9:20 Drumming Exercise, AC</b> 10:00 Uno Card Game, AC 11:00 Memory Enhancement, AC 2:00 Movie Matinee, MT 2:00 Bingo, AC 3:00 Ping Pong, BR 6:15 Rummikub, TV 6:45 Evening Movie, MT	9:20 Yoga Exercise, AC <b>24</b> 10:00 Uno Card Game, AC <b>10:00 Shopping/Other, L</b> <b>10:30 Current Events, CH</b> <b>11:00 New Resident Orientation, AC</b> <b>2:00 Elvis Movie &amp; Popcorn, MT</b> <b>2:00 Shopping/Other, L</b>  6:15 Euchre, TV 6:45 Evening Movie, MT	<b>9:00 Dr. Appointments, L</b> <b>25</b> 9:20 Strength Exercise, AC 10:00 Uno Card Game, AC 10:00 Walking Club Challenge, L <b>11:00 Chef Corner, AC</b> 2:00 Movie Matinee, MT 2:00 Bingo, AC <b>3:00 Social Hour: Music by John Dupont, A</b> <b>4:00 March Birthday's Social, AC</b> 6:45 Evening Movie, MT	9:20 Balance Exercise, AC <b>26</b> 10:00 Uno Card Game, TV 10:25 The Game of Farkle, AC <b>12:30 Walking Club Challenge Winner Announced, DR</b> 2:00 Wii Bowling, AC 2:00 Movie Matinee, MT <b>3:00 BYOD Pool Party, Pool</b> 6:45 Evening Movie, MT	9:20 Chair Exercise, AC <b>27</b> <b>10:00 Donut Social, TV</b> 10:00 Uno Card Game, AC 10:30 Bean Bag Baseball, AC 2:00 Movie Matinee, MT 6:15 Skip-Bo, TV 6:45 Evening Movie, MT
<b>9:00 Palm Sunday</b> <b>28</b> 9:20 Chair Exercise, AC 2:00 Movie Matinee, BR <b>2:00 Bingo with Claire &amp; Lynn, AC</b> 3:30 Wii Bowling, AC 4:00 Color Me Beautiful Class, AC <b>6:00 Sports on the Big Screen, MT</b> 6:15 Rummikub, TV	9:20 Exercise & Smoothies, AC <b>29</b> 10:00 Uno Card Game, AC <b>10:00 April Calendar Meet, AC</b> <b>10:00 Shopping/Other, L</b> 2:00 Movie Matinee, MT <b>2:00 Shopping/Other, L</b> <b>3:00 April Calendar Delivery</b> 6:15 Mexican Train, TV 6:45 Evening Movie, MT 	<b>9:00 Dr. Appointments, L</b> <b>30</b> 9:20 Weight Exercise, AC 9:20 Spring Into Step Exercise, AC 10:00 Uno Card Game, AC 11:00 Memory Enhancement, AC 2:00 Movie Matinee, MT 2:00 Bingo, AC <b>3:00 Van Gogh Day: Art Class, AC</b>  6:15 Rummikub, TV 6:45 Evening Movie, MT	9:20 Yoga Exercise, AC <b>31</b> 10:00 Uno Card Game, AC <b>10:00 Wheelchair/Walker Wash!, L</b> <b>10:00 Shopping/Other, L</b> 2:00 Movie & Candied Popcorn, MT <b>2:00 Shopping/Other, L</b> <b>3:00 New Resident Orientation, AC</b> 6:15 Euchre, TV 6:45 Evening Movie, MT			



## Guess Who?

Were you able to guess our February beauty? Right again! Trish Pagel (Shomber)! Who is our March “Guess Who?”



March Guess Who?  
Both pictures are the same person.



Can you guess who this beauty is?

## 13 Lucky Facts About St. Patrick’s Day

### 1. We Should Really Be Wearing Blue on St. Patrick’s Day.

We’ve come to associate Kelly green with the Irish and the holiday, but the 5th-century saint’s official color was “Saint Patrick’s blue.” The color green was linked to the Irish independence movement in the late 18th century.

### 2. St. Patrick Wasn’t Irish.

Patrick wasn’t Irish himself. He was born to Roman parents in Scotland or Wales in the late 4th century.

### 3. St. Patrick’s Day Used to Be a Dry Holiday.

St. Patrick’s Day is a national holiday in both Ireland and Northern Ireland.

### 4. New York City’s St. Patrick’s Day Parade Has Been Happening Since 1762.

New York City’s St. Patrick’s Day Parade is one of the world’s largest parades. Since 1762, roughly 250,000 marchers have traipsed up 5th Avenue on foot.

### 5. Chicago Literally Runs Green for St. Patrick’s Day.

Every year, the Chicago River is dyed green for the holiday.

Chicago has been celebrating St. Patrick by dumping green dye into the Chicago River since 1962. The organizers won’t reveal their exact formula, but we do know the orange powder used is dispersed through flour sifters by the local Plumbers Union.

### 6. For Some St. Patrick’s Day Parades, It’s the Thought that Counts.

From 1999 to 2007, the Irish village of Dripsey proudly touted that it

## Book Club News

By Kay Gragg

Due to our concerns about Covid-19, we did not meet in January. Hopefully, we will meet in February. The book I described for February in the previous Desert Spring magazine will now be discussed in our meeting Saturday, March 20, 2021. “House of Sand and Fog” by Andre Dubus III is a story of a battle for a house that overlooks the ocean. Due to a misunderstanding about back taxes, Kathy Nicolo has her California coast house taken away from her. The property is purchased at auction by Iranian immigrant Massoud Amir Behrani who intends to fix it up and sell it for a profit to provide a better life for his wife and son. However, Kathy, desperate to get the house back, begins to harass Behrani so he will return it.

Due to Covid-19, time and place will be decided later. If you have not attended Book Club before and want to, please contact Kay Gragg at (520) 544-2545 for more information.



Kay Gragg



hosted the Shortest Saint Patrick's Day Parade in the World. The route ran for 26 yards between two pubs.

**7. There's a Reason for the Shamrocks.**

How did the shamrock become associated with St. Patrick? According to Irish legend, the saint used the three-leafed plant (which is not to be confused with the four-leaf clover).

**8. Cold Weather Helped St. Patrick's Claim to Fame.**

In Irish lore, St. Patrick gets credit for driving all the snakes out of Ireland. According to the fossil record, Ireland has never been home to any snakes. Through the Ice Age, Ireland was too cold to host any reptiles, and the surrounding seas have staved off serpentine invaders ever since.

**9. There's No Corn in that Beef.**

Corned beef and cabbage, which has become a St. Patrick's Day staple for Irish Americans, doesn't have anything to do with the grain corn. Instead, it's a nod to the large grains of salt that were historically used to cure meats, which were also known as "corns."

**10. Americans Run Up Quite a Bar Tab on St. Patrick's Day.**

It's estimated that 13 million pints of Guinness will be consumed worldwide on St. Patrick's Day, and in America, overall beer sales will be up 174 percent. In fact, it's the biggest day for bars in the country.

**11. It Could Have Been St. Maewyn's Day.**

According to Irish legend, St. Patrick wasn't originally called Patrick. His birth name was Maewyn Succat, but he changed it to Patricius after becoming a priest.

**12. There Are No Female Leprechauns.**

In traditional Irish folk tales, there are no female leprechauns!

**13. St. Patrick's Day Lingo Makes Sense.**

You can't attend a St. Patrick's Day event without hearing a cry of "Erin go Bragh." It basically means "Ireland forever."



*St. Patrick's Day fun!*

## Valentine's Day Music with Jazz Vocalist Rene Taylor

Valentine's Day would not be Valentine's Day without good music at Desert Springs. This year, we celebrated this special occasion with Jazz vocalist Rene Taylor. I would like to share with you a little about Rene's music history.



*Rene Taylor*

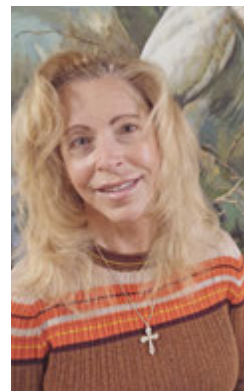
Rene Taylor is a true Arizona treasure. She has captivated audiences locally, as well as nationally and internationally. She has performed in a variety of venues ranging from concert settings, headlining at galas, enamoring audiences on cruise ships to charming private party-goers. In her 20-plus years of performing, she has been referred to as a "truly gifted artist with a soulful rich and smoky voice which captures the heart."

Rene's voice has a magical combination of rhythmic poise and immaculate phrasing. Rene's love for jazz started at an early age while listening to Julie London, Peggy Lee, Rosemary Clooney and Ella Fitzgerald. Rene has a wide range of jazz standard song selections which will transport you back in time and provide you with a memorable experience that will leave you with a desire to hear more.

Welcome Rene to Desert Springs!

## Studio "C" Hair Salon

Desert Springs has a wonderful full-service salon located just out the back entrance for your convenience. Carol Smith is open and taking appointments. If you are interested in a haircut, style or your color refreshed, please feel free to call Carol Smith at (561)248-5934.



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Gracious Retirement Living

30 West Lambert Lane  
Oro Valley, AZ 85737



## **SPRING INTO ACTION & SHAKE OFF THOSE WINTER BLUES**

Springtime brings fresh beginnings so let today be the start of something new! Join us for one of our engaging activities or stop by for a complimentary meal and take a tour of our beautiful community. We would love the opportunity to share with you all we have to offer.

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**520-219-8100**