



helping you
continue to help them



An empty lantern provides no light.
Self-care is the fuel that allows your light to shine brightly.

 **COMPASS**
SENIOR LIVING
Guided by goodness, loyalty, faith, and fun

360 E. 10th Avenue
Eugene, OR 97401
compass-living.com





helping you
continue to help them

Are you, or someone you know, the primary caregiver for a family member or friend living with Alzheimer's or dementia?

You're probably wearing a lot of hats. Bath giver. Housekeeper. Meal preparer. Life organizer. Errand runner. And everything in between. Family caregiving is truly a labor of love. But it can also be complicated, demanding, and exhausting.

We would like to help you step out of your everyday routine for a few days, a couple of weeks, or longer to relax, re-energize, and refresh, while we care for your loved one. Don't wait another minute to take care of yourself. This will be the greatest gift of love you can give the person you are caring for.

Call, email, or stop by to learn about our **Circle of Care™**. We would love to meet you!

Included in our **Circle of Care™**:

- 24-hour staffing
- Room and Board
- Medication Management
- Assistance with dressing, walking, continence care
- Life Enrichment/Activity Program
- 3 meals daily plus snacks
- Engagement with other residents and Care Partners

** a short-term stay in our **Circle of Care™** program requires a physician order, a history and physical and a pre-assessment by our Registered Nurse.



Guided by goodness, loyalty, faith, and fun

360 E. 10th Avenue
Eugene, OR 97401
compass-living.com

