

Vista Gardens

A MEMORY CARE COMMUNITY



A Monthly Newsletter for the Families and Friends of Vista Gardens

March 2021

Vista Gardens Updates

To all our Vista Gardens families and friends,

The month of March marks a full year that we have had to close our doors to all visitors, families and vendors. We have missed you all very much.

All our residents and staff members have now tested negative for the Covid-19 virus for the past three weeks. Many of our staff members and residents have received both doses of the Pfizer vaccine. Our final vaccine clinic will be held on March 9th.

With that great milestone, we were able to open our Dining Room again for regular dining, while continuing to maintain social distancing protocols. Our activity team has resumed "Happy Hour Fridays" in the lobby with each week having a different theme. Plans for March include a Mexican Nacho bar, a "Wild West" Happy Hour, St. Patrick's Day Lunch, a "Spring Fling" and a lemon-themed happy hour.

Our walking club has been busy assisting Dee with harvesting of fruit and vegetables from our garden. Today's Happy Hour was a beautiful "Farmers Market" overflowing with Vista Garden's Bounty. What a great time we had!

Please stay safe and well so that we can all be together again, soon.
Your Vista Gardens Team

Management Team

Evelyn Delgado

Executive Director / Admin.

Rachel McIntyre

Memory Care Director

Patricia Din

Director of Health & Wellness

Easter Sialoi

Staff Development Manager

Melissa Kramer

Director of Sales & Marketing

Mara Carney

Life Enrichment Director

Dee Warner

Culinary Director

Peter L. & Jesus S.

Maintenance Team

Karina Tellez

Business Office Manager

Photo Favorites



Resident Spotlight



Joyce D.

Joyce was born and raised in an Illinois suburb. She was the only girl in a family with four older brothers. She attended college in Wisconsin and met her husband Joe, while waitressing at a local eatery in Milwaukee. After meeting her, he became a frequent customer and Joyce eventually agreed to a date. They married and have a daughter and two sons.

They moved to California for a job opportunity for Joe in a cable television company. At Vista Gardens, Joyce is involved in all activities. Her extensive musical and pop culture knowledge is evident in our Breakfast Club group. She enjoys outings, loves the outdoors, and is thoughtful and accepting of everyone.

Special Events



“South of the Border” Happy Hour
Friday, March 5th

“Cowboy Up” Happy Hour
Friday, March 12th



“Luck o’ the Irish” Luncheon
Wednesday, March 17th

“Spring Fling” Happy Hour
Friday, March 19th



“Lemon Lively” Happy Hour
Friday, March 26th

Happy Birthday & Welcome



Residents

3/1 Marcia R.
3/11 Richard L.
3/23 Thomas B.
3/25 Joyce D.

Employees

3/4 Suafa T. 3/12 Graciela M.
3/20 Linda C. 3/21 Raelene G.
3/24 Jessica F. 3/26 Easter S.

welcome

John C.
Thomas B.
Tamarah M.
Vernon “Bob” G.

Employee of the Month

Theresa C. Activity Assistant



Theresa is a treasured member of our Vista Gardens team. She was born and raised in Carlsbad and graduated from Carlsbad High School. She lives in Vista with her husband and is surrounded by a large extended family. She is a proud mother of a daughter and two sons.

After her mother moved to a local Assisted Living community for care, she volunteered her services and was ultimately hired in their Activity Department. At Vista Gardens, Theresa leads our walking club and helps our residents harvest our produce. She developed the weekly Rosary and prayer group and is the first to put on a costume or a mask to bring a smile to our residents. Theresa also drives our bus for outings and loves to share her local knowledge with our residents!

Theresa continuously strives for improvement and is ready to assist any department if needed. We are fortunate to have Theresa on our team!