

March 2021

Willows Landing

9872 Hart Blvd., Monticello, MN 55362



Staff Directory

Main Number

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Happy March!

Are you marching into March? For me it is more like running, towards SPRING! I am looking forward to warmer temperatures, where we can all get outside for some fresh air and warmer sunshine.

What are you looking forward to when SPRING arrives?

Here are some general reminders and announcements!

Mail And Newspaper:

Reminder that you are responsible for checking your mailbox, and getting your mail. If you get a daily newspaper, you can find that each day, in your in-house mailbox slot. Also, in your in-house mailbox you will find news and announcements from staff, from time to time.



Visits:

We are currently able to host indoor visits. Visits must be scheduled in advance. We ask that visits start at the top of the hour, and are 45 minutes, in length. All visitors must comply with PPE and social distancing requirements. Visits will be held in a designated area. To schedule a visit, call the front desk at (320) 428-9586

Reminders:

- Please continue wearing your mask outside of your apartment
- Wash your hands frequently!
- If you leave the building other than for a doctor appointment, you need to stay out of common areas like dining room and activity spaces, and quarantine for 14 days.
- If you are not feeling well, please stay home and let nursing know.



Life Enrichment Happenings:

Can you believe that we are now in the 3rd month of the year? Time sure does fly when you are having fun!

In February, we rolled up our sleeves and tried 'pour painting', we played BINGO, watched some awesome movies, exercised several times per week, and celebrated the special days throughout the month. We also officially opened our Mississippi Pub and Market!

As we look ahead into March...

We will celebrate International Women's Day, with a presentation about Women in History. We will put on our green and celebrate St Patrick's Day on the 17th. In between special celebrations there will be TED Talks, movies, socials, BINGO, scenic bus rides, travel programs, happy hours, and so much more. See calendar for more details!

Reoccurring Activities In March

Sunday: Church Service, Afternoon Social Hour

Monday: Chair Exercise, Popcorn & Chat in Pub

Tuesday: Live 2B Healthy, Movie Matinee

Wednesday: Walking Club, Worship Service/Religious Talk, Market Open

Thursday: Live 2B Healthy, This Week in History

Friday: Fancy Fingers, Relaxation Breathing Mediation, Happy Hour, Market Open

Saturday: Walking Group, Movie Matinee



Happy Hour!

Celebration Days in March:

Read Across America Day

March 2nd

World Day of Prayer

March 5th

International Women's Day

March 8th

Pie Day

March 14th

St Patrick's Day

March 17th

National Purple Day

March 26th

Palm Sunday

March 28th

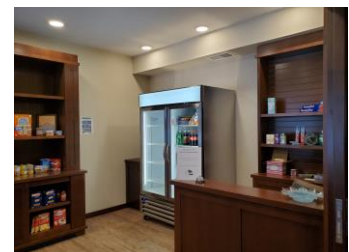
Leprechaun On The Loose!

During the first part of the month, take a walk, and see if you can find the Leprechaun on the Loose!

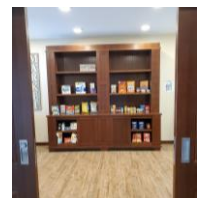
He has no keys, so he is only in common areas of the building.



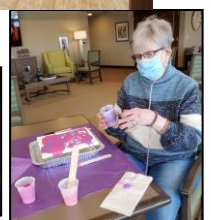
Join the fun and get some exercise too. There may be some chocolate gold, too!



Market



Pour Painting



ST. PATRICK'S DAY WORD SEARCH

c i r e l a n d s i p
j s w e u m a r c h t
p f p a c u h s d a r
f a o i k a c p s r a
a o t u y h e a h t i
l e p r r e c h a u n
u m a a i t r r m w b
i e r r o c e s r x o
r r a s d l k p o t w
i a d g g o l d c h n
s l e a r v l l k t d
h d s c h e s a i n t
k w e e r r e f r i e
h c g o h o l n t f k

| | | |
|---------|------------|----------|
| Irish | Parade | Pot |
| Emerald | Leprechaun | Shamrock |
| Clover | Patrick | Green |
| Lucky | Gold | Saint |
| Ireland | Rainbow | March |

Live 2B Healthy Exercise

FREE Exercise Class!
All equipment is provided.

**All ability levels are welcome
and encouraged to attend!**

Class instructor will help modify exercises,
to meet their needs and ability level.

Class is offered twice a week, on Tuesday
and Thursday at 11am. Classed are led by
Live 2B Healthy instructor, via Zoom.
Come to the Activity Room!



Donating to Willows Landing

We are currently looking for seasonal décor for around the building, any season (spring, fall, summer, or winter). If you or a family member would like to donate seasonal décor, books, games, movies, or other items; please contact the Community Director, Arlyce.

Donations must be in good repair and appropriate for the residents at Willows Landing. All donations must be approved by the management team. All donations will be collected by a scheduled appointment time. Contact the front desk, with questions or inquiry about donations.

FOLLOW US on FACEBOOK!



@Willows-Landing-Retirement-Living

St. Patrick's Day word scramble

| | |
|----------------|-----------------|
| IIRHS_____ | LDQG_____ |
| OABIRWN_____ | KAPCIRT_____ |
| ADIELRN_____ | NEEPHEARCU_____ |
| MHSOKCRA_____ | HRCMA_____ |
| YKLCU_____ | ENRAGE_____ |
| BACBAEG_____ | ORLECV_____ |
| NETESENEV_____ | |
| TISNA_____ | |
| ARDEAP_____ | |
| ACDNE_____ | |



Staff Spotlight!

Meet Melissa!



Melissa is our Community Relations Coordinator! Her job is to sell Willows Landing and help fill the building.

Melissa has worked in marketing for senior living communities in both Minnesota and Colorado, over the past 7 years. She also has experience owning her own Small Business Marketing Agency.

Melissa chooses to work in senior living because of her own personal experience with a father and grandmother with Dementia. Melissa feels that she can relate to the ups and downs of caregiving, family dynamics of a move to senior living, and she has a passion for helping others!

Melissa was born in Colorado and raised in Lakeville, MN. She and her siblings all live within a few blocks of each other here in Monticello! Melissa recently moved back to the area after living in South Minneapolis for the past four years. Melissa is married to her husband Stuart. She has two sons Matthew (26) and Joseph (17), and two bonus kids – Madeline (27) and Graham (25). Melissa has a 3 year old yellow lab named Napa, and her daughter's 20 year old calico cat Clover who keep her company at home.

In her free time, Melissa enjoys spending time with friends and family. She is always up for an adventure, and describes herself as a life long learner. Her favorite things are good food, cooking, art, wine (Pinot Noir & Champagne), travel, and date nights to Costco or Home Depot with her husband Stuart.

When I asked Melissa who inspires her, she told me that now, more than ever, she is inspired by all the frontline workers who have tirelessly worked to keep us all going and put themselves at risk in the process. She says that she hopes that she can be as selfless in all she does.

When I asked Melissa what three words her friends and family would use to describe her, she said kind, fun, and sincere.



Happy Birthday!

Lee E. 22nd

Jean M. 25th



Happy Hour!

We have wine, beer, soda, sparkling water, and mixers. If you would like hard alcohol, you are welcome to bring your own. There are also lockers if you wish to keep liquor in the Pub. See Jess or Tim if you want a locker in the pub.

Resident Referrals

Did you know that any current residents can receive a \$500 referral concession if they refer someone who makes Willows Landing their new home? Residents would receive the credit on their account once the referred resident has lived at Willows Landing for 30 days. So, tell your friends, neighbors, and family about all that Willows Landing has to offer!

