

March Birthdays

In March, we celebrate birthdays with:

- \*Karen Jordison.....15th
- \*Gerald Katzmnn.....16th
- \*Donna Lilliard.....23rd
- \*Roberta Fries.....25th
- \*Charles “Bob” McQuary.....28th
- \*Lois Pfeiffer.....29th
- \*Mary Jo Lonsdale.....31<sup>st</sup>

Please join us in the Dining Room on the last Friday to celebrate!

Pisces (Feb 19 – Mar 20)  
Pisces are friendly and selfless. They are always willing to help Others.

Aries (Mar 21 – Apr 20)  
Aries are passionate, motivated and confident leaders. They are bundles of energy & enthusiasm.

Resident Spotlight



Delores “Dee” Shawhan has been here for 18 months. As she was approaching 90, she chose to move into assisted living because her big house just got to be too much for her to take care of alone. After the loss of her husband, Dee needed to find a place where everthing was taken care of for her. Dee chose Green Meadows for that reason. By moving to our community, she also had the benefit to be still be close to her children whose homes border Johnston, IA.

Most,importantly Dee decided on Edencrest because she was welcomed to bring her canine pal, Tag. Dee describes her life as “Blessed” She believes God has blessed her with this community. She appreciates the wonderful and efficient staff which she fondly describes as “on the ball”. Dee believes living in community also comes with a duty. “We learn to take care of each other”, she shared. Dee enjoys walking Tag, visting with people at meal times and happy hours each Friday.

Monthly Musings

March 2021

Celebrating March

**Spring Break  
Party & Bikini  
Contest**  
Friday 5th of  
March

**Erin Go Braugh  
Beer Tasting  
Event**  
Wednesday 17th  
of March 6:00PM

**St. Paddy’s Day  
Party**  
Friday 19th of  
March 3:00PM

**On The Road To  
Galilee**  
Monday-  
Wednesday 29th -  
31st 10:30AM

**Seder Supper**  
Wednesday 31st of  
March

Edencrest Green Meadows | 6750 Corporate Drive,  
Johnston, IA 50131 |  
515-304-7152 | jaybirdseniorliving.com



From the Coordinator’s Corner

Greetings Residents and Families,  
We are continuing on this month with introducing our coordinators. This month is Your Laundry Coordinator, Doreen Christensen.

Originally from Northeast Iowa, Doreen and her cat Boo, have made their home in West Des Moines for the last six years.It is also here she raised her three children: Alex, Collin, and Jenna.

Before coming to Edencrest, Doreen found employment in various places throughout the years. Following her love of nature, she enjoyed 11 years at a local greenhouse and spent some time at Wells Fargo in the Mortgage Dept. . Before that Doreen was a part of Guide One insurance. Staring at the age of 17, Doreen worked her way up through the years to upper management where she celebrated 25 years with the company in 2000.

Doreen came to Green Meadows four years ago, after the passing of her father who was a resident

here..  
What keeps her coming back to loads of dirty clothes day after day? Her attachment to the residents! She enjoys the grateful hearts and kind words of appreciation that are so often expressed for her hard work and dedication to our community.



March was named after Aka, the Roman God of War, a mythical ancestor of the Romans and father of Romulus and Remus.

Zodiac signs: Pisces & Aries  
Birthstone: Aquamarine  
Flower: Daffodil

Quote of the Month

Be the CHANGE that you wish to see in the world.

– Mahatma Gandhi



## February was Fantastic!



## Noticeboard

### NEW RESIDENTS

A Very Warm Welcome To.....

**\*Joan Fear**

We hope you enjoy your time here!

### NEW STAFF

A Warm Welcome To All Those Who Joined Our Team This Month!

### IN MEMORIAM

**\*Mary Chubbs**

To the Family and Friends of our late resident, may you find comfort in your loving memories.

### CHANGES

Manicures will be Tuesday mornings at 10:30

The Community Store will be open Mondays and Fridays from 11:30-12:30 and by appointment only

### REGULAR EVENTS

Happy Hour every Friday 3pm in the Dining Room.

Hairdresser every Tuesday and Thursday starting from 10am

BINGO! Every Monday and Friday at 2pm

Film Club every Thursday at 3pm

Johnston Library Book Pick-Up Second Tuesday of March, If you are interested in receiving library books, please see Crystal to sign up.