

March

Services Calendar



Call for
appointment
Hair
Anna 678-878-0940
Massage Therapist
Jeanette 770-965-0843
Nails
Contact front desk



Monday

Tuesday

Wednesday

Thursday

Exercise Schedule

1 Express Dry Cleaners 770-623-6977 Drop off Monday at front desk Pick up Thursday at back entrance	2 Mobile Dentist 9:00 a.m.	3 Evergreen Primary Care NP - Heather Wanner Call for appt 470-253-7944	4 Express Dry Cleaners 770-623-6977 Drop off Thursday at front desk Pick up Monday at back entrance
8 Express Dry Cleaners 770-623-6977 Drop off Monday at front desk Pick up Thursday at back entrance	9	10 Evergreen Primary Care NP - Heather Wanner Call for appt 470-253-7944	11 Express Dry Cleaners 770-623-6977 Drop off Thursday at front desk Pick up Monday at back entrance
15 Express Dry Cleaners 770-623-6977 Drop off Monday at front desk Pick up Thursday at back entrance	16	17 Evergreen Primary Care NP - Heather Wanner Call for appt 470-253-7944	18 Express Dry Cleaners 770-623-6977 Drop off Thursday at front desk Pick up Monday at back entrance Jewelry Repair 10-2 in private dining room
22 Express Dry Cleaners 770-623-6977 Drop off Monday at front desk Pick up Thursday at back entrance	23	24 Evergreen Primary Care NP - Heather Wanner Call for appt 470-253-7944	25 Express Dry Cleaners 770-623-6977 Drop off Thursday at front desk Pick up Monday at back entrance
29 Express Dry Cleaners 770-623-6977 Drop off Monday at front desk Pick up Thursday at back entrance	30	31 Evergreen Primary Care NP - Heather Wanner Call for appt 470-253-7944	Express Dry Cleaners 770-623-6977 Drop off Thursday at front desk Pick up Monday at back entrance

Monday

9:00 - PIYO (Pilates/Yoga) in GYM
10:00 - Movement Matters in GYM
11:00 - Movement Matters in GYM
11:00 - Sit To Be Fit -
in Willow Bay (downstairsbuilding 2000)

Tuesday

10:00 - Flex & Stretch in GYM
11:00 - Sit To Be Fit -
in Willow Bay (downstairsbuilding 2000)

Wednesday

10:00 - Movement Matters in GYM
11:00 - Movement Matters in GYM
11:00 - Sit To Be Fit
in Willow Bay (downstairsbuilding 2000)

Thursday

10:00 - Flex & Stretch in GYM
11:00 - Sit To Be Fit -
in Willow Bay (downstairbuilding 2000)

Friday

9:00 - PIYO (Pilates/Yoga) in GYM
10:00 - Movement Matters in GYM
11:00 - Movement Matters in GYM
11:00 - Sit To Be Fit -
in Willow Bay (downstairsbuilding 2000)