

▪ March 2021 ▪

· SUNDAY ·

· MONDAY ·

· TUESDAY ·

· WEDNESDAY ·

· THURSDAY ·

· FRIDAY ·

· SATURDAY ·

	10:30 Wii Practice 1:00 Wii Bowling Open Play	10:00 Chair Cardio 10:30 Wii Practice 1:00 Wii Bowling Open Play 2:30 Tuesday Matinee (with popcorn & soda)	10:00 Chair Yoga 10:30 Brain Power Boost Smoothies 10:40 Wii Practice 1:00 Brain Teasers	10:00 Chair Zumba 10:30 Wii Practice 1:00 Wii Training Camp 2:00 Rock Paper Seniors! 4:00 Happy Hour	10:30 Wii Practice 1:00 Wii Bowling Open Play 3:30 Nickel Bingo	9:30 Coffee Chat
7	10:30 Wii Practice 1:00 Wii Bowling Open Play	10:00 Balloon Volleyball 10:30 Wii Practice 1:00 Wii Bowling Open Play 2:30 Tuesday Matinee (with popcorn & soda)	10:00 Chair Cardio 10:30 Brain Power Boost Smoothies 10:40 Wii Practice 1:00 Trivia & games	10:00 Chair Yoga 10:30 Wii Practice 1:00 Wii Training Camp 2:00 Rock Paper Seniors! 4:00 Happy Hour	10:30 Wii Practice 1:00 Wii Bowling Open Play 3:30 Nickel Bingo	9:30 Coffee Chat
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Mondays & Fridays: Suzanne is over at Assisted Living.

Email: Sjagger@evergreeneug.com