

March 2021



INDOOR VISITS:

These visits must follow the below protocol:

- Each visit must be scheduled in advance by contacting the community at 319-283-3334.
- Each resident/ married couple is allowed one visit per day.
- No more than two family members will be allowed per visit per day.
- Only children who are capable of wearing the required PPE will be allowed to visit.
- Each visit can be up to one hour long.
- These will be no-contact visits. Proper 6ft social distancing will be enforced at all times.
- Each visitor will need to report to the front entrance to be screened by a staff member prior to the visit.
- PPE will be worn at all times while inside the building (mask and gown are required- please bring your own mask).
- All visits will be held in the private dining room.
- No visitors will be allowed to enter a private resident apartment for any reason. No visitors should use the restroom or walk throughout the community.
- No visitors will be allowed without scheduling in advance.
- Rapid Read COVID tests are available when the nurse is present for visitors who wish to be tested. This is not a requirement.



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CELEBRATE TODAY

March 3rd: Dr. Seuss' Birthday

Dr. Seuss was born Theodor Seuss Geisel on March 2, 1904, in Springfield, Massachusetts. He drew political cartoons during World War II where he showed his support for President Roosevelt. By the 1950's he was writing children's books under his pen name Dr. Seuss. Some of his well-known titles are "The Cat in the Hat," "How the Grinch Stole Christmas," and "Green Eggs and Ham." He continued writing until his death in 1991.

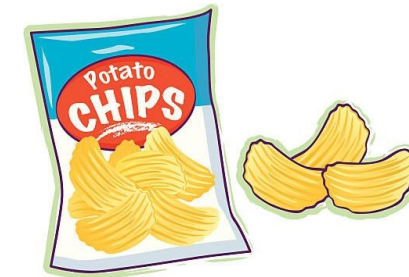


March 6th: National Dentist Day

Dentists are doctors who specialize in oral health. It's their job to prevent, diagnose, and treat oral diseases, monitor the growth of our teeth and jaws, and perform surgical procedures on our teeth and mouth. To celebrate National Dentist Day, schedule an appointment with your dentist, send a thank you card, or even celebrate from home by brushing and flossing.



March 14th: National Potato Chip Day



The potato chip was created in Saratoga Springs in 1853 by an American chef named George Speck. In 1921 mass production of potato chips began. In 1932 Frito-Lay introduced Lay's Potato Chips. Celebrate today with a bag of your favorite potato chips!

CELEBRATE TODAY

March 17th: St Patrick's Day

In 1631 March 17th was declared a feast day by the Catholic Church to honor Saint Patrick, the patron saint of Ireland. In 1948 President Truman attended the St Patrick's Day parade in New York to battle racial prejudice against Irish immigrants. In 1962 Chicago used 60 lbs of green dye to become the first city to ever successfully dye a river bright green. The COVID-19 pandemic of 2020 caused the world's largest St Patrick's day parade in New York City to be cancelled for the first time in 259 years.



March 29th: National Vietnam War Veterans Day



On this day we commemorate those who fought in the Vietnam War between 1955-1975. Over 2.7 million Americans served during 1973. This day of recognition was founded in 2017 to honor all those who served during the war. Respect and combat support weren't immediately given to those who served after the war ended because of the number of deaths.

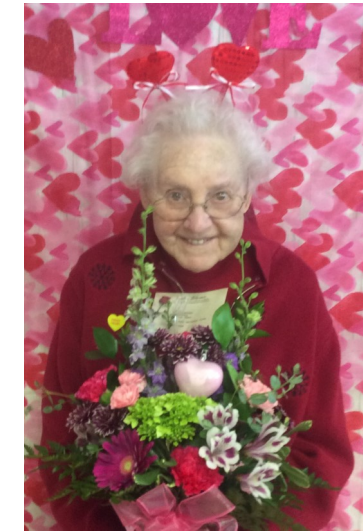
March 31st: National Crayon Day

Crayola crayons were introduced in 1903 by Binney & Smith as a safer and cheaper alternative to the art utensils in use at that time. Their famous 8-pack of crayons with the colors: Black, Brown, Orange, Violet, Blue, Green, Red, and Yellow. This color mix, along with their names, remained unchanged for 45 years. Since then, many colors have been added, color names and packaging have changed, and color styles such as neon, metallics, and glitter have emerged. It is estimated the average American will have used 730 crayons by their 10th birthday.



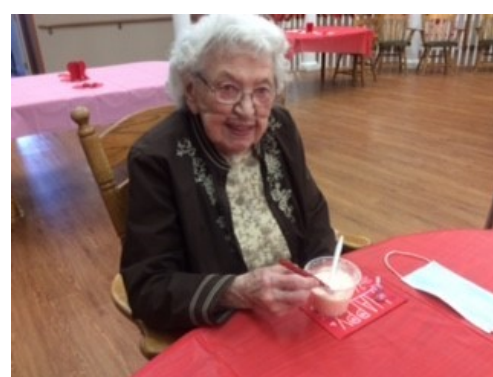
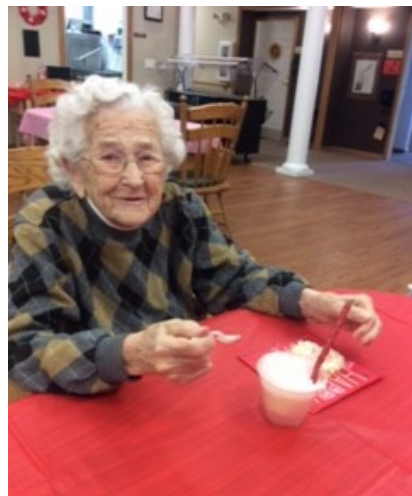
EMBRACE EVERY MOMENT

Some of our residents celebrated Valentine's Day with a fun and festive photoshoot. Pictured here top to bottom, left to right are Ruby, Alvina, Ruth, Vivian, Jacquie, Jan and Dick, Dwayne, and Irene.

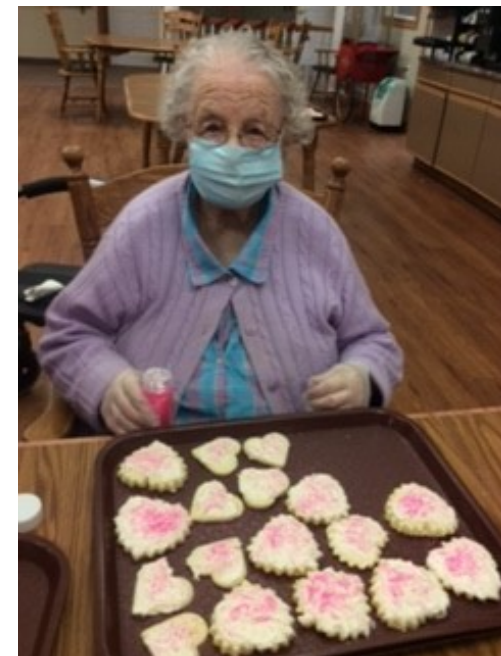


EMBRACE EVERY MOMENT

At our Valentine's themed Happy Hour, we crowned the King and Queen, Ed and Margie who are pictured here with Nelma, Virgil, Priscilla, Lorena, and Loretta.



EMBRACE EVERY MOMENT



Our helping hands were busy as they prepared treats for our Valentine's party. Audrey, Mary Ann, Evie, and Lorena helped with the cookies.

Resident Assistant Jamie Bahr played hymns for the residents from Mary Ann's hymnal.



Dare to Dream is a specialty program at Arlington Place where we help make residents' dreams come true. Sometimes that means lining up an outing, a family event, a drive past an old house, or even bigger!

DARE TO Dream



Urban and Floraine have shared many Valentine's together as husband and wife, but none quite like this. This year Valentine's Day looked a little different while they celebrated from different locations. The Arlington Place staff coordinated a virtual Valentine's date for the couple, complete with balloons and a dozen roses for each. Urban was so touched to get to see his sweetie pie on camera, with a tear in his eye he said "I didn't know this was possible."



Howard "Jerry" W.
March 2nd

Virgil M.
March 10th

Ruby Y.
March 16th

Mary O.
March 18th

Marjorie L.
March 20th

Judy L.
March 26th



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MARCH ACTIVITY HIGHLIGHTS:

March 1st: 10:00 a.m. Are You Smarter Than a 5th Grader
March 2nd: 2:15 p.m. Cat in the Hat Movie & Popcorn
March 3rd: 2:30 p.m. Monthly Resident Birthday Party
March 4th: 1:00 & 2:30 p.m. Bingo
March 5th: 10:00 a.m. Baking Bunch– Zucchini Bread
March 6th: 9:30 a.m. Sittercise
March 7th: 2:00 p.m. Sundaes on Sunday
March 9th: 12:30 p.m. Hymns with Jamie B.
March 10th: 8:45 a.m. Live 2B Healthy Exercise
March 11th: 9:15 a.m. Fancy Fingers
March 12th: 1:30 p.m. Irish Happy Hour & Music
March 15th: 1:00 & 2:30 p.m. Out & About Bus Ride
March 16th: 1:00 p.m. Bible Study with Carol
March 17th: 2:30 p.m. Leprechauns & Shamrock Shakes
March 19th: 1:30 p.m. Happy Hour with Polka Music
March 20th: Spring Begins– Social Distance Walk
March 22nd: 10:00 a.m. Scattergories
March 23rd: 2:15 p.m. Popcorn & Urban Cowboy Movie
March 24th: 2:00 p.m. Bean Bags
March 25th: 1:00 & 2:30 p.m. Bingo
March 26th: 10:00 a.m. Baking Bunch– Caramel Bars
March 27th: 9:30 a.m. Sittercise
March 29th: 10:00 a.m. Plant Seeds
March 30th: 12:30 p.m. Hymns with Jamie B.
March 31st: 10:00 a.m. Egg Toss

**The complete calendar of activities is available online at www.ArlingtonPlaceLiving.com