

Liberty Midtown (Salt Lake City)

At Home

News and Tips for Residents of Cowboy
Properties Communities
Feb. 26, 2021

Air Fryer Giveaway!

We're giving away an air fryer! The Ninja Air Fryer uses convection heat to quickly cook your favorite foods without having to heat up your whole oven. [Click here to answer a few questions to enter our giveaway](#), which also includes the Air Fryer Cookbook. Already own an air fryer? Check out these recipes below!

Breakfast Frittata

The ingredient combinations are endless!



Chicken Tenders

Easy crispy chicken!

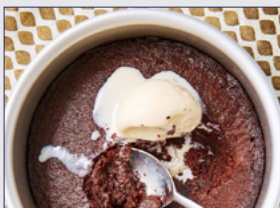
How to Air Fry Any Vegetable

Anything from zucchini and tomato to butternut squash and sweet potatoes.



Mac and Cheese Balls

Transform leftover mac and cheese into bite-sized finger food.



Brownies for Two

Bakes in half the time as a traditional brownie!

Your Favorite Places

We recently asked you to share your favorite local businesses and will be publishing your thoughts over the next several weeks. Supporting local businesses is important to us, especially during these times. [Please fill out this short form](#) to tell us about what businesses you would recommend to your fellow residents, which we will highlight in an upcoming newsletter.

Alpha Coffee

Locations in Cottonwood Heights (7260 Racquet Club Dr.) and West Jordan (1475 W 9000 S, Suite B).



A veteran owned-and-operated coffee shop, Daniel at Liberty Gateway says that they have "great customer service, great coffee and food." Alpha Coffee's mission statement is Awesome Coffee, Be A Warrior, Have Fun, Give Back. They commit a portion of every batch of coffee they roast to deployed troops, offer a veteran discount on all coffee and cocoa products and give a portion of their profits to military charities. Pick up a cup of coffee and a breakfast burrito or sandwich from their Cottonwood Heights location before you head up the canyon for a day of skiing. In addition to coffee and cocoa, they also offer energy drinks, lemonades and steamers as well as sweets, pastries and seasonal gelato.

Covid-19 Update

The state released a plan this week for [what needs to happen to lift mask mandates](#).

Lawmakers are in discussions about a bill that would [prohibit private businesses from requiring employees to get the Covid-19 vaccine](#).

A positive side effect of social distancing measures has been a [significant decrease in both RSV and the flu](#).

Assistance Resources

Please let us know if you are having difficulties keeping up with your rent.

Housing, Utilities, and Food Assistance

utahca.org/housing-case-management/ or call (801) 359-2444

211utah.org/ or call 211 residentrelieffoundation.org/our-programs/ or info@residentrelief.org rentrelief.utah.gov

Utah Department of Workforce Services Resources

jobs.utah.gov/covid19/
jobs.utah.gov/docs/hotjobs.html

Food Resources, and Mobile Food Pantry Dates and Locations

slc.gov/sustainability/food-covid/
utahfoodbank.org/programs/mobile-pantry/