



Arlington Place at Oelwein
Menu



March 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Women's History Month Lunch: Barbecue Ribs Baked Potato Macaroni & Cheese Supper: Chicken Noodle Soup Deli Sandwich Coleslaw	2 Lunch: Beef Ravioli Garlic Bread Side Salad Supper: Broccoli & Rice Casserole Bread & Butter Fruit	3 Lunch: Ham Mashed Potatoes Roasted Vegetables Supper: Turkey Melt Chips Side Salad	4 Lunch: Ham & Bean Soup Dinner Roll Side Salad Supper: Meatballs Baked Potatoes Broccoli and Cauliflower	5 Lunch: Lemon Pepper Fish Potato Salad Butter Beets Supper: Hot Ham & Cheese Slider Tater Tots Corn	6 Lunch: Melt in Your Mouth Chicken Scalloped Potatoes Corn Supper: Bacon Wrapped Pork Loin Fried Potatoes Fruit
7 Lunch: Fried Chicken Mashed Potatoes & Gravy Steamed Vegetables Supper: Barbecue Rib Patty Potato Wedges Creamed Peas	8 Lunch: Egg Salad Croissant Chips Coleslaw Supper: Tater Tot Casserole Side Salad Fruit	9 Lunch: Hamballs Mashed Potatoes Green Beans Supper: Chili Cornbread Side Salad	10 Lunch: Maidrites Seasoned Steak Fries Corn Supper: Chicken Wings Party Potatoes Baked Beans	11 Lunch: Meatloaf Mashed Potatoes Cooked Carrots Supper: Cheeseburger Fries Oven Fried Pickles	12 Lunch: Baked Fish Seasoned Rice Broccoli with Cheese Supper: Smoked Brisket Party Potatoes Mixed Vegetables	13 Lunch: Chicken Marsala Rotini Pasta Garlic Bread Side Salad Supper: Corn Dog Onion Rings Cottage Cheese
14 Daylight Saving Begins Lunch: Garlic Parm. Chicken Alfredo Breadstick Steamed Broccoli Supper: Chicken & Rice Soup Dinner Roll Fruit	15 Lunch: Roast Beef Mashed Potatoes & Gravy Green Beans Supper: Honey Barbecue Chicken Tater Tots Baked Beans	16 Lunch: Pulled Pork on Bun Twice Baked Potatoes Baked Beans Supper: Beef & Noodles Dinner Roll Corn	17 St. Patrick's Day Lunch: Chicken Kiev Stuffing Mixed Vegetables Supper: Swiss Steak Mashed Potatoes Stewed Tomatoes	18 Lunch: Chicken Tenders French Fries Macaroni Salad Supper: Broccoli & Cheese Soup Dinner Roll Side Salad	19 Lunch: Alaskan Pollock Au Gratin Potatoes Side Salad Fruit Supper: Pepper Steak Baked Potato Mixed Vegetables	20 Spring Begins Lunch: Ham Steak Mashed Potatoes Corn Supper: Chicken Bacon Ranch Slider Garden Rice Roasted Asparagus
21 Lunch: Country Fried Steak Mashed Potatoes with Country Gravy Green Beans Supper: Taco Bowl Spanish Rice Corn	22 Lunch: Shepherd's Pie Potato Wedges Side Salad Supper: Tuna & Noodles Cooked Carrots Bread & Butter	23 Lunch: Beef & Vegetable Stew Dinner Roll Side Salad Supper: Liver & Onions Fried Potatoes Mixed Vegetables	24 Lunch: Goulash Garlic Bread Cottage Cheese Side Salad Supper: Braised Turkey Scalloped Potatoes Creamy Cucumber Salad	25 Lunch: Parmesan Crusted Chicken Twice Baked Potatoes Green Beans Supper: Tomato Soup Grilled Cheese Sandwich Fruit	26 Lunch: Beer Battered Cod Fish Scalloped Potatoes Macaroni Salad Supper: Chicken Salad Wrap French Fries Peas & Onions	27 Passover Begins Lunch: Philly Cheese Steak Mashed Potatoes Seven Layer Salad Supper: Bacon Wrapped Turkey Fillet Sweet Potatoes Mixed Vegetables
28 Lunch: Lasagna Garlic Bread Fruit Side Salad Supper: Chicken Tenders Curly Fries Macaroni Salad	29 Lunch: Meatloaf Mashed Potatoes Cauliflower with Cheese Supper: Turkey Club Sandwich Chips Pea Salad	30 Lunch: TAKE OUT TUESDAY Supper: Salisbury Steak & Gravy Mashed Potatoes Oven Roasted Carrots	31 Lunch: Roast Beef Mashed Potatoes & Gravy Creamed Corn Supper: Chicken Tetrazzini Breadstick Roasted Zucchini			