

2332 Railroad St., Hwy 45 N.
Eagle River, WI 54521

715-479-8018



Monday 1-Mar	Tuesday 2-Mar	Wednesday 3-Mar	Thursday 4-Mar	Friday 5-Mar	Saturday 6-Mar	Sunday 7-Mar
Breakfast						
Chilled Fruit Cup	Chilled Fruit Cup	Chilled Fruit Cup	Chilled Fruit Cup	Chilled Fruit Cup	Chilled Fruit Cup	Chilled Fruit Cup
Egg of Choice	Hot or Cold Cereal	Egg and Cheese	Pancakes	Egg of Choice	Hot or Cold Cereal	Cinnamon French
Bacon	Donut	Croissant Sandwich	Sausage Links	Bacon	Danish or Toast	Toast
Wheat Toast	Coffee or Tea	Coffee or Tea	Coffee or Tea	Whole Wheat Toast	Coffee or Tea	Sausage Patty
Coffee or Tea	Milk	Milk	Milk	Coffee or Tea	Milk	Coffee or Tea
Milk				Milk		Milk
Dinner						
Pork Loin with Herbs	Chicken Tenders	Meatloaf	Ravioli with Meat Sauce	Fried Perch	Salisbury Steak	Fried Chicken
Mashed Sweet Potato	French Fries	Oven Browned Potato	Tossed Salad	Tator Tots	Mashed Potato	French Fries
Seasoned Broccoli	Buttered Corn	Brussel Sprouts	Garlic Bread	Coleslaw	and Gravy	Seasoned Zucchini
Ice Cream	Brownie	Vanilla Pudding	Humming Bird Cake	Marble Rye Bread	Buttered Corn	Ice Cream
Coffee or Tea	Coffee or Tea	Coffee or Tea	Coffee or Tea	Gingerbread Cake	Chocolate Chip Cookie	Coffee or Tea
Milk	Milk	Milk	Milk	Coffee or Tea	Coffee or Tea	Milk
				Milk	Milk	
Supper						
Taco Salad	Grilled Cheese Sandwich	Chicken and Cheese	Hot Dog on a Bun	Ham and Cheese	Egg Salad On	Mac and Cheese with
Lettuce, Tomato	Tomato Soup	Sandwich	French Fries	On a Roll	A Croissant	Bacon
Black Beans, Olives	Crackers	Pasta Salad	Fruit Fluff	Cream Of Broccoli Soup	Cup of Soup	Green Beans
Cheese, Salsa	Cherry Turnover	Oatmeal Cookie	Coffee or Tea	Peanut Butter Cookie	Fruit Cocktail	Pumpkin Bar
Rice Krispy Treat	Coffee or Tea	Coffee or Tea	Milk	Coffee or Tea	Coffee or Tea	Coffee or Tea
Coffee or Tea	Milk	Milk		Milk	Milk	Milk
Milk						

NO ADDED SALT DIET

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NO ADDED SALT

8-Mar Monday	9-Mar Tuesday	10-Mar Wednesday	11-Mar Thursday	12-Mar Friday	13-Mar Saturday	14-Mar Sunday
BREAKFAST						
Juice of Choice	Juice of Choice	Juice of Choice	Juice of Choice	Juice of Choice	Juice of Choice	Juice of Choice
Chilled Fruit Cup	Chilled Fruit Cup	Chilled Fruit Cup	Chilled Fruit Cup	Chilled Fruit Cup	Chilled Fruit Cup	Chilled Fruit Cup
Egg of Choice	Hot or Cold Cereal	Egg of Choice	Sausage Gravy	Egg of Choice	Hot or Cold Cereal	Cinnamon French
Bacon	Danish	Sausage Links	Biscuit	Sausage Patty	Wheat Toast	Toast
English Muffin	Wheat Toast	Wheat Toast	Coffee or Tea	Wheat Toast	or Donuts	Sausage Links
Coffee or Tea	Coffee or Tea	Coffee or Tea	Milk	Coffee or Tea	Coffee or Tea	Coffee or Tea
Milk	Milk	Milk			Milk	Milk
DINNER						
Pot Roast with	Oven Baked	Breaded Pork Chop	Beef Tips w Gravy	Lemon Pepper Baked	Baked Ziti	Cheese Burger
Celery, Carrots, Potato	Chicken Thigh	Wild Rice	Buttered Noodles	Fish	Garlic Bread	Lettuce and Tomato
Fresh baked Bread	Mashed Potato w Gravy	Vegetable Blend	Green Beans	Baked Potato	Corn	Pickle spear
Chocolate Cake	Buttered Corn	Blonde Brownie	Apple Pie	Coleslaw	Banana Cream Pie	French Fries
Coffee or Tea	Ice Cream	Coffee or Tea	Coffee or Tea	Marble Rye	Coffee or Tea	Sherbet
Milk	Coffee or Tea	Milk	Milk	Berry Cobbler	Milk	Coffee or Tea
	Milk			Coffee or Tea		Milk
				Milk		
SUPPER						
Tuna Salad Sandwich	Ham Sandwich	Grilled Cheese Sandwich	Pizza	Patty Melt	Cream of Broccoli Soup	Tuna Noodle
Potato Chips	with Lettuce and Tomato	Tomato Soup	Italian Wedding	Potato Salad	Tossed Salad	Casserole
Soup of the Day	Macaroni Salad	Crackers	Soup	Sugar Cookie	Fresh Baked Roll	Mixed Vegetable
Peaches	Chocolate Pudding	Sherbet	Oatmeal Rasin Cookie	Coffee or Tea	Blueberry Crumb Bar	Oatmeal Fudge Bar
Coffee or Tea	Coffee or Tea	Coffee or Tea	Coffee or Tea	Milk	Coffee or Tea	Coffee or Tea
Milk	Milk	Milk	Milk		Milk	Milk



NO ADDED SALT

15-Mar	16-Mar	17-Mar	18-Mar	19-Mar	20-Mar	21-Mar
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
BREAKFAST						
Juice of Choice	Juice of Choice	Juice of Choice	Juice of Choice	Juice of Choice	Juice of Choice	Juice of Choice
Chilled Fruit Cup	Chilled Fruit Cup	Chilled Fruit Cup	Chilled Fruit Cup	Chilled Fruit Cup	Chilled Fruit Cup	Chilled Fruit Cup
Egg of Choice	Hot or Cold Cereal	Egg of Choice	Pancakes	Egg of Choice	Hot or Cold Cereal	Cinnamon French
Bacon	Turnover	Ham	Sausage Links	Bacon	Wheat Toast or	Toast
Wheat Toast	Coffee or Tea	Wheat Toast	Coffee or Tea	Coffee or Tea	Donut	Sausage Links
Coffee or Tea	Milk	Coffee or Tea	Milk	Milk	Coffee or Tea	Coffee or Tea
Milk		Milk			Milk	Milk
DINNER						
Pork Rib Patty	Beef Stroganoff	Corned Beef	Spaghetti Sauce w/Meat	Traditional Breaded	Beef Steak Fritter	Oven Baked Chicken
Oven Roasted Potato	Buttered Noodles	Cabbage and Carrots	Spaghetti Noodles	Fried Cod	Mashed Potato	Mashed Sweet Potato
Harvard Beets	Green Beans	Potato	Italian Green Beans	Onion Rings	With Gravy	Califlower
Peach Pie	Frosted Cake	Dinner Roll	Chocolate Mousse	Coleslaw	Buttered Corn	Chewy Butterscotch
Coffee or Tea	Coffee or Tea	Pistachio Cake	Coffee or Tea	Assorted Cookies	Lemon Bar	Brownie
Milk	Milk	Coffee or Tea	Milk	Coffee or Tea	Coffee or Tea	Coffee or Tea
		Milk		Milk	Milk	Milk
SUPPER						
Stadium Brat	Turkey and Cheese	BBQ Pork on a Bun	Chili	Grilled Cheese	Deli Sandwich	Egg Salad Sandwich
On A Bun	Sandwich	Potato Chips	Corn Bread	Tomato Soup	Chips Potato	Carrot and Celery Sticks
French Fries	Macaroni Salad	Fruit Fluff	Sugar Cookie	Frosted Cup Cake	Pickle Spear	Cup of Soup
Banana Bread	Choc. Chip Cookie	Coffee or Tea	Coffee or Tea	Coffee or Tea	Ice Cream	Fruit Salad
Coffee or Tea	Coffee or Tea	Milk	Milk	Milk	Coffee or Tea	Coffee or Tea
Milk	Milk				Milk	Milk

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NO ADDED SALT

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
22-Mar	23-Mar	24-Mar	25-Mar	26-Mar	27-Mar	28-Mar
BREAKFAST						
Juice of Choice	Juice of Choice	Juice of Choice	Juice of Choice	Juice of Choice	Juice of Choice	Juice of Choice
Chilled Fruit Cup	Chilled Fruit Cup	Chilled Fruit Cup	Chilled Fruit Cup	Chilled Fruit Cup	Chilled Fruit Cup	Chilled Fruit Cup
Egg&Cheese on a Biscuit	Hot or Cold Cereal	Egg of Choice	Pancake	Egg of Choice	Hot or Cold Cereal	Cinnamon French
Donut or Toast	Ham	Sausage Patty	Bacon	Whole Wheat Toast	Toast	
Coffee or Tea	Coffee or Tea	Whole Wheat Toast	Coffee or Tea	Coffee or Tea	Or Donuts	Sausage Patties
Milk	Milk	Coffee or Tea	Milk	Milk	Coffee or Tea	Coffee or Tea
		Milk			Milk	Milk
Dinner						
Manicotti	Pork Chop	Beef Stew	Chicken Thigh	Grilled Shrimp	Salisbury Steak	Meat Loaf
With Meat Sauce	Savory Stuffing	Carrots and Celery	Au Gratin Potato	Boiled Red Potatoe	Mashed Potato	Baked Potato
Garlic Bread	Broccoli	Potatoe and Onion	Vegetable Blend	Green Beans	with Gravy	Glazed Carrots
Italian Green Bean	Carrot Cake	Dinner Roll	Ice Cream	Coleslaw	Buttered Corn	Peanut Butter Cookie
Banana Cream Pie	Coffee or Tea	Cup Cake	Coffee or Tea	Berry Cobbler Cake	Pumpkin Pie	Coffee or Tea
Coffee or Tea	Milk	Coffee or Tea	Milk	Coffee or Tea	Coffee or Tea	Milk
Milk		Milk		Milk	Milk	
Supper						
Grilled Ham & Swiss	Ham And Bean Soup	Grilled Cheese Tomato Soup	Tuna Salad Sandwich	Turkey with Lettuce on Potatoe Roll	Hamburger Baked Beans	Fried Bologna Sandwich
Vegetable Soup	Crackers	Peanut Butter	Chips	Beef Barley	Potato Salad	Potato Chips
Fruited Jello	Banana Bread	Cookie	Cucumber Salad	Soup	Chocolate Chip Cookies	Pickle Spear
Coffee or Tea	Coffee or Tea	Sliced Pears	Oatmeal Cookie	Poke Cake	Coffee or Tea	Apple Pie
Milk	Milk	Coffee or Tea	Coffee or Tea	Coffee or Tea	Milk	Coffee or Tea
		Milk	Milk	Milk		Milk