



*Jan M Gallenath*

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Malt o Meal* Fresh Fruit* Toast Coffee Milk of Choice, 8oz Juice of Choice Jelly / Margarine	Cereal of Choice Fresh Fruit* Toast Coffee Milk of Choice, 8oz Juice of Choice Jelly / Margarine	Scrambled Egg Breakfast Meat Fresh Fruit* Toast Coffee Milk of Choice, 8oz Juice of Choice Jelly / Margarine	Sausage & Gravy Cereal of Choice Fresh Fruit* Biscuit Coffee Milk of Choice, 8oz Juice of Choice Jelly / Margarine	Bacon Fresh Fruit* French Toast Coffee Milk of Choice, 8oz Juice of Choice Syrup	Sausage* Pancakes (C)* Fresh Fruit* Toast Coffee Milk of Choice, 8oz Juice of Choice Jelly / Margarine	Fried Egg Bacon* Fresh Fruit* Toast Coffee Milk of Choice, 8oz Juice of Choice
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Pot Roast w/ Veges* Lettuce & Tomato Salad* Dinner Roll Baker's Choice Pie	Chili w/Cheese* Side Salad* Cornbread* Apple Crisp*	Ravioli Baked w/ Pasta Sauce* Side Salad* Cauliflower* Garlic Bread* Fudge Brownie*	Chicken w/ Lemon Pepper* Rice* Tossed Salad w/ Dressing Green Peas* Vanilla Pudding	Ham Baked* Sweet Potatoes* Seasoned Green Beans Gingerbread Cake w/ Whipped Topping	Shrimp w/ Herbed Sauce* Orzo* Broccoli Florets* Yellow Cake	Chicken Oven Fried Mashed Potatoes w/ Gravy Seasoned Zucchini Dinner Roll Ice Cream
Supper	Supper	Supper	Supper	Supper	Supper	Supper
Deli Sandwich* Soup of the Day Lettuce/Tomato* Applesauce	Soup of the Day* Ham Salad*** Crackers* Carrot Cake*	Fish Nuggets Baked Beans Creamy Coleslaw Baked Apple	Turkey Melt Grilled Sandwich Chicken Noodle Soup Crackers Assorted Cookies	Beef Noodle Casserole Tossed Salad w/ Dressing Dinner Roll* Pears	Spaghetti Sauce w/Meat Spaghetti Noodles Italian Green Beans Garlic Bread Brownie	Cheeseburger Soup of the Day Crackers Rice Krispy Peanut Butter Bar*

*Jan M. Gallant*

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Egg Sandwich* Fruit Cup (B)* Coffee Milk of Choice, 8oz Juice of Choice Jelly / Margarine	Scrambled Egg* Bacon* Toast (C)** Beverage of Choice* Milk of Choice*	Scrambled Egg Sausage* Toast Coffee Milk of Choice, 8oz Juice of Choice Jelly / Margarine	Sausage Patty French Toast Coffee Milk of Choice, 8oz Juice of Choice Syrup	Cereal of Choice Toast Coffee Milk of Choice, 8oz Juice of Choice	Sausage Link Pancakes (C)* Coffee Milk of Choice, 8oz Juice of Choice Syrup	Cheesy Scrambled Egg Bacon Toast Coffee Milk of Choice, 8oz Juice of Choice Jelly / Margarine
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Roast Beef Baked Potato Broccoli w/ Cheese Fruit Pie	Turkey Open Faced Sandwich* Buttered Green Beans Pineapple Upside Down Cake	Beef Chopped Steak w/Mushrooms Mashed Potatoes w/ Gravy Buttered Carrots Magic Cookie Bar*	Chicken BBQ Macaroni & Cheese Baked Beans Peanut Butter Bar	Ziti Baked Mixed Vegetables Garlic Bread Fruit Salad	Fish Crumb Topped Rice Pilaf Green Beans* Hushuppies Lemon Bar	Tater Tot Casserole Brussels Sprouts Carrot Cake*
Supper	Supper	Supper	Supper	Supper	Supper	Supper
Chicken Tenders Vegetable Soup Pickle Spears* Peaches	Scalloped Potatoes* Vegetable Blend* Ham Baked* Butterscotch Pudding*	Polish Sausage Pierogies Sauerkraut Assorted Fruit Cup	Grilled Cheese Sandwich Tomato Soup Pickle Spears* Crackers Cream Pie	Pork BBQ Sandwich* Creamed Corn Pickle Spears* Sherbet	Cheeseburger Pasta Salad Lettuce/Tomato* Fruit Cocktail	Chili Tossed Salad w/ Dressing Crackers Assorted Cookies

*Jan M. Gallwey*

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Egg N Cheese Muffin* Sausage Patty* Fresh Fruit* Coffee Milk of Choice, 8oz Juice of Choice Jelly / Margarine	Cereal of Choice Fresh Fruit* Toast Coffee Milk of Choice, 8oz Juice of Choice Jelly / Margarine	Scrambled Egg Sausage* Fresh Fruit* Toast (C)* Coffee Milk of Choice, 8oz Juice of Choice Salt/Pepper	Sausage* French Toast (C)* Fresh Fruit* Toast Milk of Choice, 8oz Coffee Juice of Choice Salt/Pepper	Cereal of Choice Blueberry Muffin* Toast* Coffee Milk of Choice, 8oz Juice of Choice Syrup	Bacon* Pancakes (C)* Fresh Fruit* Coffee Milk of Choice, 8oz Juice of Choice Jelly / Margarine	Scrambled Egg* Bacon Fresh Fruit* Toast Coffee Milk of Choice, 8oz Juice of Choice Jelly / Margarine
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Chicken Oven Fried Mashed Potatoes w/ Gravy Seasoned Broccoli Apple Pie	Beef Stroganoff Buttered Noodles California Vegetable Blend Frosted Cake	Lasagna Cheese* Buttered Peas* Lettuce Salad w/ Dressing* Garlic Bread* Banana Split Dessert	Chicken and Dumplings Tossed Salad w/ Dressing Buttered Green Beans Berry Trifle*	Meatloaf Baked Mashed Potatoes w/ Gravy Wax Beans Apple Slices	Fish of the Day Red Skin Potatoes Creamy Coleslaw Orange Cake	Pork Medallions Fluffy Steamed Rice Oriental Vegetables Banana Split Dessert*
Supper	Supper	Supper	Supper	Supper	Supper	Supper
Egg Salad Sandwich Soup of the Day Chips Potato Crackers Fruit Salad	Special Item* Cheese Soup* Roll/Butter* Black Forest Cake*	Bratwurst on Bun Soup of the Day Cottage Cheese w/Fruit Plate Crackers Chocolate Chip Cookie	Pasta w/Meat Sauce Italian Green Beans Garlic Bread Pudding	Deli Sandwich Vegetable Soup Baked Custard*	Turkey Sliced w/ Gravy Bread Dressing Buttered Corn Ice Cream	Macaroni & Cheese (Entree) Tossed Salad w/ Dressing Garlic Butter Biscuit Cake/Icing

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Egg of Choice* Toast (C)* Fresh Fruit* Donut* Coffee Milk of Choice, 8oz Juice of Choice Pepper	Cereal of Choice Fresh Fruit* Toast Coffee Milk of Choice, 8oz Juice of Choice Jelly / Margarine	Sausage & Gravy Cereal of Choice Fresh Fruit* Biscuit Coffee Milk of Choice, 8oz Juice of Choice Jelly / Margarine	Bacon Fresh Fruit* French Toast Coffee Milk of Choice, 8oz Juice of Choice Syrup	Cereal of Choice Fresh Fruit* Toast Coffee Milk of Choice, 8oz Juice of Choice Jelly / Margarine	Sausage Link Pancakes (C)* Fresh Fruit* Coffee Milk of Choice, 8oz Juice of Choice Jelly / Margarine	Scrambled Egg Bacon Fresh Fruit* Toast Coffee Milk of Choice, 8oz Juice of Choice Jelly / Margarine
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Beef Tips* Mashed Potatoes w/ Gravy Green Bean Casserole Dinner Roll Fruit Pie	Chicken Chow Mein* Rice* Egg Roll* Fruited Jello	Philly Steak on Bun French Fries* Steamed Peppers & Onions Yellow Cake	Beef Steak w/ Gravy Garlic Mashed Potatoes Scalloped Corn Cheesecake*	Roast Beef* Au Gratin Potato Vegetable Blend Pineapple Chunks	Taco Casserole* Fried Rice Lettuce/Tomato/Onion* Refried Beans* Ice Cream*	Turkey Roasted Roasted Potatoes Seasoned Green Beans Mandarin Oranges
Supper	Supper	Supper	Supper	Supper	Supper	Supper
Turkey & Swiss on Croissant* Potato Chips* Cottage Cheese* Strawberry Mousse*	Ham & Cheese Sandwich* Broccoli Cheese Soup Pickle Spears* Crackers Assorted Fruit Cup	Hot Dog with Bun Tossed Salad w/ Dressing Baked Beans Baked Cookies	Chicken Grilled Sandwich* Soup of the Day Crackers Vanilla Pudding	Swedish Meatballs w/Gravy Buttered Noodles California Vegetable Blend Fruit Cobbler	Chicken Marinated* Lettuce Salad w/ Dressing* Roll/Butter* Jell-O Poke Cake	Hamburger on Bun Tater Tots Lettuce/Tomato/Onion* Applesauce Cake*