

Volume 2

2903 F Ave NW  
Cedar Rapids, IA 52405



Issue 3

319-390-7700  
prairiehillscr.com

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# Prairie Hills Press

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## Monthly Reminder

*Refer a friend or family member to live here with us and receive \$500.00 off your rent!*

March is

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National Craft Month



## March Birthdays

**Happy Birthday to you:**

*Barb 3/3, Loretta 3/15, Cathy 3/20 and Deloris 3/31*

**Staff Birthday's**

*Katie 3/14 and Matthew 3/27*

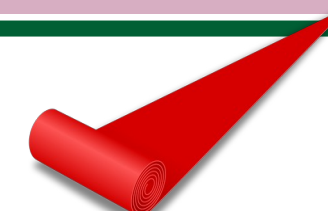
**Staff Anniversary:**

*Julie (Resident Assistant) 3/19  
Mary J (cook) 3/24*

Professionally Managed by



Rolling Out the Red Carpet!



# Life Enrichment Coordinator

Welcome March  
The month of March is one of my favorite months, we start seeing some green grass and the budding of plants and trees. In the month of March, we will be celebrating St. Patrick's Day with some fun St. Patrick's Day activities. I can't wait for you to find out what your leprechaun name is in March! We will also be enjoying some yummy Mint Shakes. I have also added another bus ride to the calendar on Friday afternoons. We will still only be doing smaller group activities but hopefully with warmer weather we will be able to start going outside more! So, do you think March will come in like a lamb or a lion?  
Katie



# Community Relations Coordinator

Hi, my name is Penny Shedek and I started Feb. 2nd, 2021.  
I worked at Prairie Hills 4 years ago as Community Relations Coordinator. Before my return to Prairie Hills the last four years, I was a Marketing Director for Prairie Gardens Co-op and other Cooperatives in the Cedar Rapids area for seniors.  
I love the smaller active community at Prairie Hills, so it's nice to be back!  
My husband and I have 3 sons and 8 grandkids ages eight and under I love it!  
If you ever go to St Luke's ER my son is an ER doctor there so make sure he knows your part of our great family at Prairie Hills!

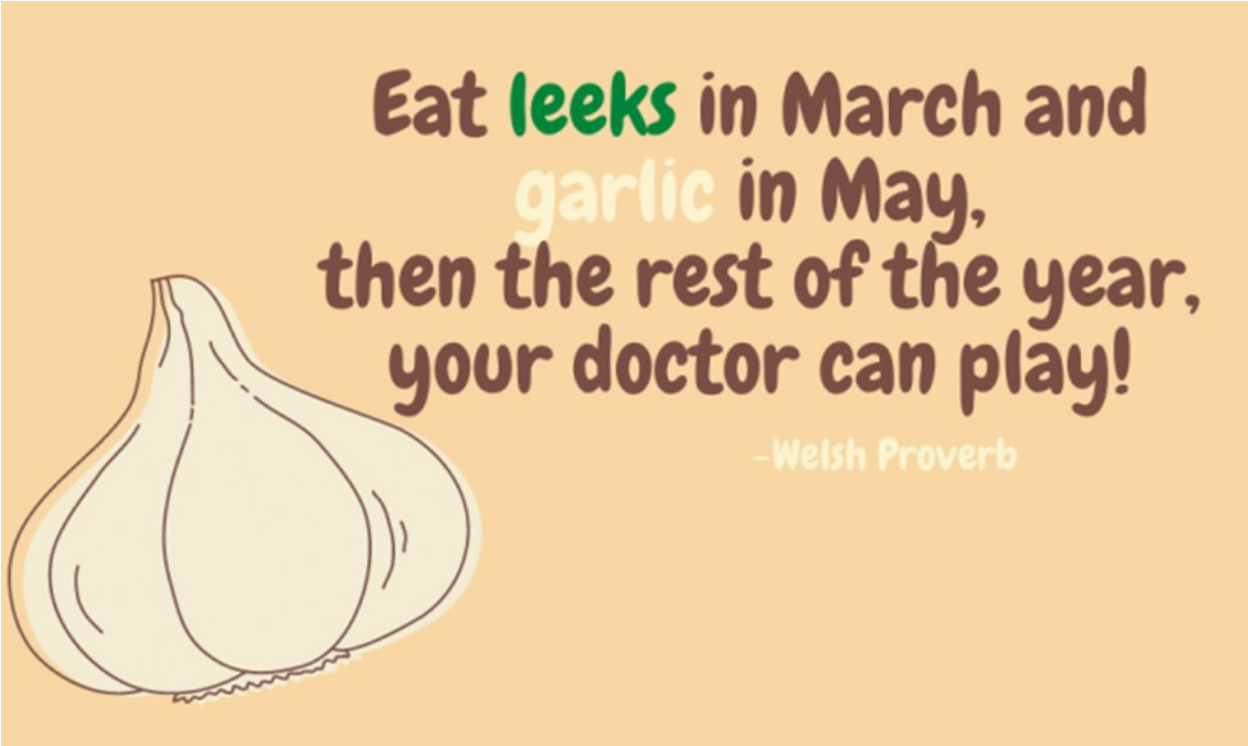
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# St. Patrick's Day Facts..

As long as you celebrate safely, St. Patrick's Day can be fun for all. Here are a few facts about the Irish holiday:  
St. Patrick's Day celebrates the traditional religious feast day of St. Patrick, the patron saint of Ireland  
The first St. Patrick's Day parade took place not in Ireland, but the United States on March 17, 1737, in Boston.  
More than 100 St. Patrick's Day parades are held across the United States. New York City and Boston host the largest.  
There are approximately 144,588 current U.S. residents who were born in Ireland  
There are roughly 35 million U.S residents with Irish ancestry, the population of Ireland itself.  
You may hear some phrases in Gaelic/Irish on St. Patrick's Day:  
Erin go braugh = Ireland forever; slainte = good health/cheers



# Did you Know?







**WORD  
SEARCH**

ASH WEDNESDAY

LEPRECHAUN

PANCAKES

SPRING

BIRDS

MARDI GRAS

PARADE

ST. PATRICKS DAY

FAT TUESDAY

MASKS

SHAMROCK

TIME CHANGE

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