

March Birthdays

Donna Roepke March 7th

Cheryl Decker March 19th



National Peanut
Butter Lover's Day

March 1

Katie Zimmerly has spent the past 15 years working with hospice and hospital organizations in Iowa, Ohio and South Carolina. An Independence native, she graduated from the Independence High School in 2000 and received a bachelor's degree (Communications) and master's degree (Philanthropy & Nonprofit Development) from the University of Northern Iowa.

St. Patrick's Day

March 17

The daughter of Tom & Billie Jo (Axline) Zimmerly and a granddaughter of Ron & Agnes Zimmerly and Bud & Pat Axline (all of Independence); Katie is excited to be back in her home state! Her brother, Mike Zimmerly, works for the Waterloo Fire Department and is a volunteer firefighter for the City of Independence.

National Certified
Nurses Day March
19

National Chip and

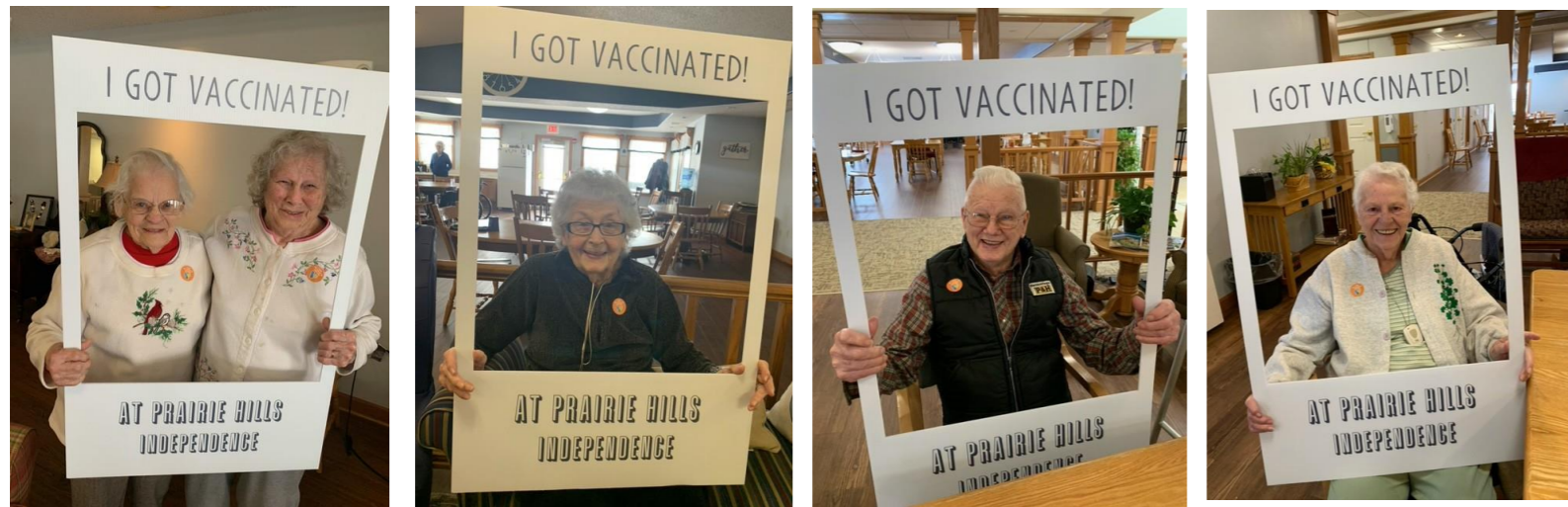
Dip Day
March 23

She resides in Independence with her two dogs and two cats, enjoys hiking, spending time with family & friends, trying new adventures and spoiling her nephews Dexter (8) and Oliver (4).

National Prom
Day
March 31

Katie is enthusiastic about joining the Prairie Hills at Independence team and looks forward to learning her new responsibilities and forming lasting relationships with residents and their families. If you have any questions, please stop by her office; Katie's door is always open!





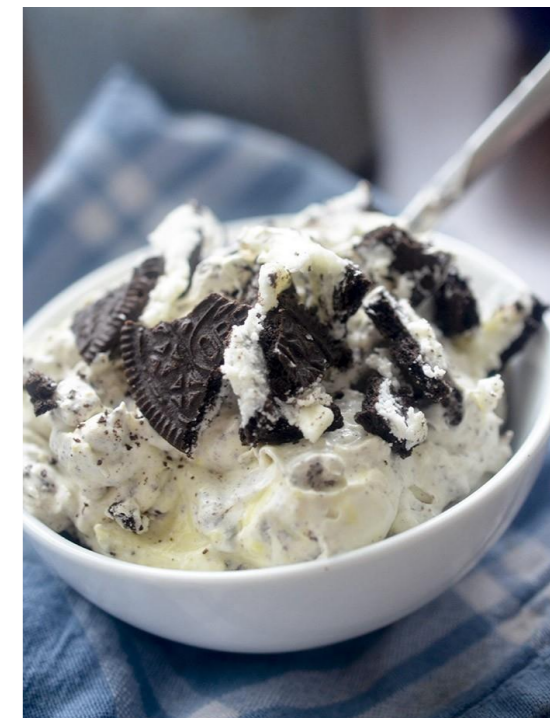
Residents & staff were so happy to receive their 2nd Covid-19 vaccine! We still strongly enforce masking up and hand washing to keep everyone healthy!



Oreo Fluff Recipe

It takes no time at all to make Oreo Fluff and it is super easy to make too!

Take one box of instant jello pudding (white chocolate) and whisk in the amount of milk it calls for on the box. Fold in a whole container of cool whip and crushed Oreos. I saved some Oreos to decorate the top of the oreo fluff to make it look nice!



NURSES CORNER



Hello, Prairie Hills family. Hope everyone is doing well and staying warm this time of year. I am excited to report the second round of the covid-19 vaccine was completed February 6th. Residents and staff had little to no side effects from receiving the second vaccine. I am very proud of our residents and staff. Prairie Hills staff will continue to test for covid-19 weekly. Looking forward to warmer weather and longer days. Wear masks, social distance, avoid crowds and stay healthy.
Sandi Taylor, RN.
Healthcare Coordinator

