

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

<p>Location Key CR= Community Room DR= Dining Room FC= Fitness Center MT= Movie Theater</p> <p>Facilitation Style L= Lead by Life Enrichment Coordinator I= Lead Independently</p>	<p>9:00-9:45 Live 2B Healthy (FC, I) 1 10:00-10:45 Brain Teasers and Daily Chronicles (CR, I) 11:00-11:45 Banana Grams (CR, L) 1:30-1:45 Chair Yoga (FC, L) 2:00-2:45 Chat Pack Discussion (CR, L) 3:00-3:45 Trivia (CR, L)</p>	<p>9:00-9:45 Live 2B Healthy (FC, I) 2 10:00- 10:45 Brain Teasers and Daily Chronicles (CR, I) 11:00-11:45 Discovering Dr Seuss (CR, L) 1:30-1:45 Chair Exercises (FC, L) 2:00-2:45 POKENO (CR, L) 3:00-3:45 Dr Seuss Coloring Craft (CR, L) Cat in the Hat Day</p>	<p>9:00-9:45 Word Search (CR, I) 3 10:00- 10:45 Brain Teasers and Daily Chronicles (CR, I) 11:00-11:45 Who Am I? (CR, L) 1:30-1:45 Walking Club (FC, L) 2:00-3:45 Movie and Popcorn (MT, L)</p>	<p>9:00-9:45 Live 2B Healthy (FC, I) 4 10:00- 10:45 Brain Teasers and Daily Chronicles (CR, I) 11:00-11:45 Activity Idea Meeting (CR, L) 1:00-1:45 Chair Yoga (CR, L) 2:00-2:45 BINGO (CR, L) 3:00-3:45 Hangman (CR, L)</p>	<p>9:00-9:45 Journaling (CR, I) 5 10:00- 10:45 Brain Teasers and Daily Chronicles (CR, L) 11:00-11:45 What Comes to Mind (CR, L) 1:30-1:45 Chair Exercises (FC, L) 2:00-2:45 Arts and Crafts Leprechaun Hat (CR, L) 3:00-3:45 Social Hour (CR)</p>	<p>10:30-11:00 Daily Chronicles (CR, I) 6 11:30-12:00 Brain Teasers (CR, L) 1:30- 2:00 Trivia with MOD (CR, L) 7:00- Resident Run Movie Night</p>
<p>7 10:30-11:00 Daily Chronicles (CR, I) 11:30-12:00 Brain Teasers (CR, I) 1:30- 2:00 BINGO with MOD (CR, L) 3:00-4:30 Resident Run Activity Time (CR, I)</p>	<p>8 9:00-9:45 Live 2B Healthy (FC, I) 10:00-10:45 Brain Teasers and Daily Chronicles (CR, I) 11:00-11:45 Banana Grams (CR, L) 1:30-1:45 Chair Yoga (FC, L) 2:00-2:45 Chat Pack Discussion (CR, L) 3:00-3:45 Notable Women Trivia (CR, L) International Women's Day</p>	<p>9 9:00-9:45 Live 2B Healthy (FC, I) 10:00- 10:45 Brain Teasers and Daily Chronicles (CR, I) 11:00-11:45 Meet the Nurse (CR, L) 1:30-1:45 Chair Exercises (FC, L) 2:00-2:45 POKENO (CR, L) 3:00-3:45 Creative Coloring (CR, L)</p>	<p>10 9:00-9:45 Word Search (CR, I) 10:00- 10:45 Brain Teasers and Daily Chronicles (CR, I) 11:00-11:45 Shamrock Scavenger Hunt (CR, L) 1:30-1:45 Walking Club (FC, L) 2:00-3:45 Movie and Popcorn (MT, L)</p>	<p>11 9:00-9:45 Live 2B Healthy (FC, I) 10:00- 10:45 Brain Teasers and Daily Chronicles (CR, I) 11:00-11:45 Men's Group (CR, L) 1:00-1:45 Chair Yoga (CR, L) 2:00-2:45 BINGO (CR, L) 3:00-3:45 Hangman (CR, L)</p>	<p>12 9:00-9:45 Journaling (CR, I) 10:00- 10:45 Brain Teasers and Daily Chronicles (CR, L) 11:00-11:45 Girl Scout History (CR, L) 1:30-1:45 Chair Exercises (FC, L) 2:00-2:45 Arts and Crafts Watercolor Shamrocks (CR, L) 3:00-3:45 Social Hour (CR) National Girl Scouts Day</p>	<p>13 10:30-11:00 Daily Chronicles (CR, I) 11:30-12:00 Brain Teasers (CR, L) 1:30- 2:00 Trivia with MOD (CR, L) 7:00- Resident Run Movie Night</p>
<p>14 10:30-11:00 Daily Chronicles (CR, I) 11:30-12:00 Brain Teasers (CR, I) 1:30- 2:00 BINGO with MOD (CR, L) 3:00-4:30 Resident Run Activity Time (CR, I) Daylight Saving Time Begins</p>	<p>15 9:00-9:45 Live 2B Healthy (FC, I) 10:00-10:45 Brain Teasers and Daily Chronicles (CR, I) 11:00-11:45 Banana Grams (CR, L) 1:30-1:45 Chair Yoga (FC, L) 2:00-2:45 Chat Pack Discussion (CR, L) 3:00-3:45 Trivia (CR, L)</p>	<p>16 9:00-9:45 Live 2B Healthy (FC, I) 10:00- 10:45 Brain Teasers and Daily Chronicles (CR, I) 11:00-11:45 Interesting Topics with Interim (CR, L) 1:30-1:45 Chair Exercises (FC, L) 2:00-2:45 POKENO (CR, L) 3:00-3:45 Fun with Food (CR, L)</p>	<p>17 9:00-9:45 Word Search (CR, I) 10:00- 10:45 Brain Teasers and Daily Chronicles (CR, I) 11:00-11:45 Name that Irish Tune (CR, L) 1:30-1:45 Walking Club (FC, L) 2:00-3:45 Movie and Popcorn (MT, L) St. Patrick's Day</p>	<p>18 9:00-9:45 Live 2B Healthy (FC, I) 10:00- 10:45 Brain Teasers and Daily Chronicles (CR, I) 11:00-11:45 New Resident Social (CR, L) 1:00-1:45 Chair Yoga (CR, L) 2:00-2:45 BINGO (CR, L) 3:00-3:45 St. Patrick's Day Guess a Letter Game (CR, L)</p>	<p>19 9:00-9:45 Journaling (CR, I) 10:00- 10:45 Brain Teasers and Daily Chronicles (CR, L) 11:00-11:45 What Comes to Mind (CR, L) 1:30-1:45 Chair Exercises (FC, L) 2:00-2:45 Arts and Crafts Felt Flowers (CR, L) 3:00-3:45 Social Hour (CR)</p>	<p>20 10:30-11:00 Daily Chronicles (CR, I) 11:30-12:00 Brain Teasers (CR, L) 1:30- 2:00 Trivia with MOD (CR, L) 7:00- Resident Run Movie Night Spring Begins</p>
<p>21 10:30-11:00 Daily Chronicles (CR, I) 11:30-12:00 Brain Teasers (CR, I) 1:30- 2:00 BINGO with MOD (CR, L) 3:00-4:30 Resident Run Activity Time (CR, I)</p>	<p>22 9:00-9:45 Live 2B Healthy (FC, I) 10:00-10:45 Brain Teasers and Daily Chronicles (CR, I) 11:00-11:45 Banana Grams (CR, L) 1:30-1:45 Chair Yoga (FC, L) 2:00-2:45 Taste Testers- Treats Around the World (CR, L) 3:00-3:45 Trivia (CR, L)</p>	<p>23 9:00-9:45 Live 2B Healthy (FC, I) 10:00- 10:45 Brain Teasers and Daily Chronicles (CR, I) 11:00-11:45 Family Feud (CR, L) 1:30-1:45 Chair Exercises (FC, L) 2:00-2:45 POKENO (CR, L) 3:00-3:45 Creative Coloring (CR, L) National Kitten and Puppy Day</p>	<p>24 9:00-9:45 Word Search (CR, I) 10:00- 10:45 Brain Teasers and Daily Chronicles (CR, I) 11:00-11:45 What Am I? (CR, L) 1:30-1:45 Walking Club (FC, L) 2:00-3:45 Movie and Popcorn (MT, L)</p>	<p>25 9:00-9:45 Live 2B Healthy (FC, I) 10:00- 10:45 Brain Teasers and Daily Chronicles (CR, I) 11:00-11:45 Men's Group (CR, L) 1:00-1:45 Food Committee (CR, L) 2:00-2:45 BINGO (CR, L) 3:00-3:45 Hangman (CR, L)</p>	<p>26 9:00-9:45 Journaling (CR, I) 10:00- 10:45 Brain Teasers and Daily Chronicles (CR, L) 11:00-11:45 Scattergories (CR, L) 1:30-1:45 Chair Exercises (FC, L) 2:00-2:45 Arts and Crafts Ribbon Décor Tree (CR, L) 3:00-3:45 Social Hour Monthly Birthday Party (CR)</p>	<p>27 10:30-11:00 Daily Chronicles (CR, I) 11:30-12:00 Brain Teasers (CR, L) 1:30- 2:00 Trivia with MOD (CR, L) 7:00- Resident Run Movie Night Passover Begins</p>
<p>28 10:30-11:00 Daily Chronicles (CR, I) 11:30-12:00 Brain Teasers (CR, I) 1:30- 2:00 BINGO with MOD (CR, L) 3:00-4:30 Resident Run Activity Time (CR, I) Palm Sunday</p>	<p>29 9:00-9:45 Live 2B Healthy (FC, I) 10:00-10:45 Brain Teasers and Daily Chronicles (CR, I) 11:00-11:45 Banana Grams (CR, L) 1:30-1:45 Chair Yoga (FC, L) 2:00-2:45 Scratch off Easter Egg Craft and Coloring (CR, L) 3:00-3:45 Trivia (CR, L)</p>	<p>30 9:00-9:45 Live 2B Healthy (FC, I) 10:00- 10:45 Brain Teasers and Daily Chronicles (CR, I) 11:00-11:45 Family Feud (CR, L) 1:30-1:45 Chair Exercises (FC, L) 2:00-2:45 POKENO (CR, L) 3:00-3:45 Resident Meeting (CR, L)</p>	<p>31 9:00-9:45 Word Search (CR, I) 10:00- 10:45 Brain Teasers and Daily Chronicles (CR, I) 11:00-11:45 Travelogue- Experiencing England (CR, L) 1:30-1:45 Walking Club (FC, L) 2:00-3:45 Movie and Popcorn (MT, L)</p>	<p style="text-align: center;">March 2021 Assisted and Independent Living</p> <p style="text-align: center;">Hydration Station Offered Daily During Afternoon Activities Activity Calendar Subject to Change</p>		