



# SAFETY FIRST MOVE-IN PRECAUTIONS AND CHECKLIST



At MBK Senior Living, we pride ourselves on being a resource to potential new residents, team members and our professional partners, and we recognize that our valuable services are needed 365 days a year. We also understand that our communities play a vital role in supporting the continuum of care, which includes hospitals, skilled nursing facilities, home health and hospice care.

As we continue to be a resource and a great solution for many during this time, we are looking at new ways to safely move in new residents with specialized guidance during this time.

## Precautions MBK Senior Living is Taking for your Safety

1. In the past, the majority of senior living potential new residents have never toured a senior living community virtually. However, in these unique times, we offer many different types of virtual tour options, including FaceTime, Zoom, and Skype. Our goal is to take the stress out of making this decision by walking you “virtually” through the process.
2. MBK Senior Living communities disinfect common areas (front desk, lobby, elevators, hand rails, door handles and common area restrooms) at least three times per day to continue maximizing cleanliness throughout the community.
3. We offer new residents a designated time slot for moving in. If possible, we will reserve an elevator for you to use during that time so you can limit contact with any current residents.
4. The on-site Environmental Services team disinfects each unit prior to a new resident moving in. Our goal is to ensure that a your new home is as clean and as germ-free as possible.
5. We can provide face masks to new residents upon arrival. We want to go that extra step to ensure everyone's safety.

In addition, these are uncharted waters for many new residents and their family members, so please lean on us to guide you through the move-in process. On the following page, we've provided a move-in checklist that outlines what you can do to prepare for your move and how you can make the big day as safe as possible for everyone.

# MOVE-IN GUIDE

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These are challenging times, but rest assured we're taking every precaution to make your move to our community safe and seamless. To prepare for the big day, there are a few things you can do ahead of time, too. Get ready with this checklist and take the stress out of moving day.

## What to Do to Prepare

### ☐ Be Proactive

Confirm that your preferred moving company can operate during these restrictive times.

### ☐ Ask Questions

Ask the moving company about safety precautions they're taking, nail down day-of logistics, and ask about any restrictions due to COVID-19.

### ☐ Deep Clean

Disinfect your belongings and pack them up in brand new boxes. On move-in day, you'll be confident everything is as brand-new as possible.

## Move-In Day

### ☐ Use Personal Protective Equipment

We require movers to wear face masks and gloves, as well as be screened prior to entering our community. There may be additional requirements, depending on the community.

### ☐ Keep Your Distance

The 6-feet-apart rule still applies on move-in day. Give everyone space to safely lift items and move around freely.

### ☐ Touchless Entry

If possible, prop doors open to limit touching of doors and handles; certain communities may not be able to prop doors open.

Your safety will remain our biggest priority when your move-in day arrives. We are doing everything we can to protect our residents and make this difficult time as comfortable and as safe as possible. We look forward to welcoming you to our community!

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