



Liberty Metro (Salt Lake City)

At Home

News and Tips for Residents of Cowboy
Properties Communities
Feb. 19, 2021

Botany Plants Lately?

Looking for some colorful plants to add to your apartment? Try some of these options!

Lipstick Plant

Named because these red blooms resemble tubes of lipstick. Does well in [bright, indirect light](#).

Peace Lily

Considered a low-maintenance plant that [doesn't like or need a lot of light](#), you'll know that it needs water if the white blooms start to droop.



Phalaenopsis Orchid

Orchids have a reputation for being finicky, but they are [adaptable to their surroundings](#) and mostly dislike overwatering.

Rex Begonia

Known for its [brightly-colored leaves](#) instead of flowers. Does well in bright, indirect light.

Christmas Cactus

Blooms from [early to mid-winter](#) and comes in a variety of colors.



As a reminder, we do not allow plants on some balconies. Please see your rules and regulations for details.

Your Favorite Places

We recently asked you to share your favorite local businesses and will be publishing your thoughts over the next several weeks. Supporting local businesses is important to us, especially during these times. [Please fill out this short form](#) to tell us about what businesses you would recommend to your fellow residents, which we will highlight in an upcoming newsletter.

Roots Cafe

3474 S. 2300 E.

Millcreek, UT 84109

Our resident reviews Roots Cafe as “great casual dining” with “natural, dirt-to-table clean food.” Roots serves breakfast and lunch daily from 7 a.m. - 3 p.m. and also has a selection of fresh juices. For breakfast give their seasonally-creative pancakes a try, which include flavors like lemon poppyseed and orange and lavender.



Old Flamingo

3474 S. 2300 E.

Millcreek, UT 84109

Second-hand shop Old Flamingo (located right next to Roots Cafe) is “chock full of eclectic finds and one-of-a-kind fabulous items” our resident says. If you are looking for vintage items, this is a great place to shop. Old Flamingo posts a selection of sale items on their [Facebook page](#).



Covid-19 Update

Intermountain Healthcare infectious diseases physician Dr. Brandon Webb recently told the Salt Lake Tribune that we are [“starting, little by little, to see some population immunity.”](#)

Utahns can opt in to be notified if they have possibly been exposed to Covid-19 through the [Google/Apple Exposure Notification System](#).

CNN reported that Covid-19 [variants could cause another surge](#) and urged Americans to continue social distancing measures.

Assistance Resources

Please let us know if you are having difficulties keeping up with your rent.

Housing, Utilities, and Food Assistance

[utahca.org/housing-case-management/](#) or call (801) 359-2444

[211utah.org/](#) or call 211

[residentreliefoundation.org/our-programs/](#) or [info@residentrelief.org](#)

[rentrelief.utah.gov](#)

Utah Department of Workforce Services Resources

[jobs.utah.gov/covid19/](#)

[jobs.utah.gov/docs/hotjobs.html](#)

Food Resources, and Mobile Food Pantry Dates and Locations

[slc.gov/sustainability/food-covid/](#)

[utahfoodbank.org/programs/mobile-pantry/](#)