




2021 LIFE ENRICHMENT

February

Randall Residence of McHenry Memory Care



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																										
	1 National Get Up Day 9:30 Motown Monday 10:00 Move & Groove 10:30 Monday Manicures 11:00 Mindblown! New Technology 2:30 Mocktail Monday 3:00 Crafty Corner 3:30 Small Group Activities 5:00 Movie Monday: Hulu	2 Groundhog Day 9:30 Tony Bennett Tuesday 10:00 Yoga Time 10:30 Good News! 11:00 Small Group Activities 2:30 Tasty Treat Tuesday! 3:00 Tuesday Trivia! 3:30 Time Travel 5:00 YouTube: You Pick	3 National Hemp Day 9:30 Whimsical Wednesday 10:00 Sit and Be Fit 10:30 Benefits of Hemp 11:00 Small Group Activities 2:00 Let's Get Ready 2:30 BINGO! 3:00 Wine and Cheese Wednesday 3:30 Family Fun Times 5:00 Cozy Up! Netflix	4 9:30 Theatrical Thursday 10:00 Gather Around! 10:30 Up To Date! Current Events 11:00 How Clever: Cooking Hacks 2:30 Let's Eat! Cooking Time 3:00 Mad Libs 3:30 Wash and Dry 5:00 Rest and Relax	5 World Nutella Day 9:30 Funky Friday 10:00 Twist & Shout ! 10:30 Friday Funnies 11:00 Walk & Water 2:30 Happy Hour 3:00 Get Your Game On 3:30 Nutty about Nutella 5:00 Comedy Hour : Hulu	6 9:30 Swing Saturday 10:00 Saturday Sittercize 10:30 Let's Go Live– Animal Cams ! 11:00 Hangman 2:00 Sing Along with Suzie 2:30 Spa Time with Lisa 3:00 Travel Talk -Ticket Please ! 3:30 Small Group Activities 5:00 Mindfulness Meditation																																										
7 Super Bowl Sunday 9:30 Spiritual Sunday 10:00 Sunday Mass 10:30 Spiritual With Suzie 11:00 Sensory Sunday 2:00 BINGO! 2:30 Super Bowl Party! 3:30 Small Group Activities 5:00 Super Bowl Sunday!	8 9:30 Motown Monday 10:00 Move & Groove 10:30 Monday Manicures 11:00 Mindblown! Crazy Facts 2:30 Mocktail Monday 3:00 Crafty Corner: V-Day Cards 3:30 Small Group Activities 5:00 Movie Monday: Hulu	9 9:30 Tony Bennett Tuesday 10:00 Yoga Time 10:30 Good News! 11:00 Small Group Activities 2:30 Tasty Treat Tuesday 3:00 Tuesday Trivia! 3:30 Time Travel 5:00 YouTube: You Pick	14 National Brownie Day 9:30 Whimsical Wednesday 10:00 Sit and Be Fit 10:30 Let's Learn! Recipes 11:00 Small Group Activities 2:00 Let's Get Ready 2:30 BINGO! 3:00 Wine and Cheese Wednesday 3:30 Family Fun Times 5:00 Cozy Up! Netflix	11 9:30 Theatrical Thursday 10:00 Gather Around! 10:30 Up To Date! Current Events 11:00 How Clever 2:30 Let's Eat! Cooking Time 3:00 Mad Libs 3:30 Wash and Dry 5:00 Rest and Relax	12 Chinese New Year 9:30 Funky Friday 10:00 Twist & Shout ! 10:30 Friday Funnies 11:00 Walk & Water 2:30 Happy Hour 3:00 Get Your Game On 3:30 Facts & Fortune Cookies 5:00 Comedy Hour : Hulu	13 Global Movie Day 9:30 Swing Saturday 10:00 Saturday Sittercize 10:30 Reminisce—What Did It Cost ? 11:00 Hangman 2:00 Sing Along with Suzie 2:30 Spa Time with Lisa 3:00 Travel Talk - Ticket Please ! 3:30 Small Group Activities - Sort it Out 5:00 Mindfulness Meditation																																										
14 Valentine's Day 9:30 Spiritual Sunday 10:00 Sunday Mass 10:30 Spiritual With Suzie 11:00 Sensory Sunday 2:30 Valentine's Party! 3:30 You've Got Mail! 5:00 Sunday Slowdown	15 President's Day 9:30 Motown Monday 10:00 Move & Groove 10:30 Monday Manicures 11:00 Presidential History 2:30 Mocktail Monday 3:00 Crafty Corner 3:30 Small Group Activities 5:00 Movie Night: Hulu	16 Mardi Gras 9:30 Tony Bennett Tuesday 10:00 Yoga Time 10:30 Good News! 11:00 Small Group Activities 2:30 Tasty Treat Tuesday 3:00 Tuesday Trivia! Mardi Gras 3:30 Wash and Clean Up 5:00 YouTube: You Pick	17 Ash Wednesday 9:30 Whimsical Wednesday 10:00 Sit and Be Fit 10:30 Let's Learn! Ash Wednesday 11:00 Small Group Activities 2:00 Let's Get Ready 2:30 BINGO! 3:00 Wine and Cheese Wednesday 3:30 Family Fun Times 5:00 Cozy Up! Netflix	18 9:30 Theatrical Thursday 10:00 Gather Around 10:30 Up To Date! Current Events 11:00 How Clever 2:30 Let's Eat! Cooking Time 3:00 Mad Libs 3:30 Wash and Dry 5:00 Rest and Relax	19 9:30 Funky Friday 10:00 Twist & Shout ! 10:30 Friday Funnies 11:00 Walk & water 2:30 Happy Hour 3:30 Final Race 5:00 Comedy Hour : Hulu	20 National Love Your Pet Day 9:30 Swing Saturday 10:00 Saturday Sittercize 10:30 Let's Watch – Candid Cute Pets ! 11:00 Reminisce – On This Day 2:00 Sing Along with Suzie 2:30 Spa Time with Lisa 3:00 Travel Talk – Ticket Please ! 3:30 Small Group Activities- - Zero In 5:00 Mindfulness Meditation																																										
21 National Sticky Bun Day 9:30 Spiritual Sunday 10:00 Sunday Mass 10:30 Spiritual With Suzie 11:00 Sensory Sunday 2:00 Baking Time! Sticky Buns 2:30 BINGO! 3:00 Sunday Snack Time 3:30 Small Group Activities 5:00 Sunday Slowdown	22 9:30 Motown Monday 10:00 Move & Groove 10:30 Monday Manicures 11:00 Mindblown! 2:30 Mocktail Monday 3:00 Crafty Corner 3:30 Small Group Activities 5:00 Movie Night: Hulu	23 9:30 Tony Bennett Tuesday 10:00 Yoga Time 10:30 Good News! 11:00 Small Group Activities 2:30 Tasty Treat Tuesday! 3:00 Tuesday Trivia! 3:30 Time Travel 5:00 YouTube: You Pick	24 9:30 Whimsical Wednesday 10:00 Sit and Be Fit 10:30 Let's Learn! You Pick 11:00 Small Group Activities 2:00 Let's Get Ready 2:30 BINGO! 3:00 Wine and Cheese Wednesday 3:30 Family Fun Time 5:00 Cozy Up! Netflix	25 9:30 Theatrical Thursday 10:00 Gather Around 10:30 Up To Date! Current Events 11:00 How Clever! 2:30 Let's Eat! Cooking Time 3:00 Mad Libs 3:30 Wash and Dry 5:00 Rest and Relax	26 Natl. Tell a Fairytale Day 9:30 Funky Friday 10:00 Review of the Twist 10:30 Reminisce: Fairy Tales 11:00 Walk & Water 2:30 Let's Celebrate -Party Time 3:00 Get Your Game On 3:30 Small Activities– Brain Bust 5:00 Comedy Hour : Hulu	27 9:30 Swing Saturday 10:00 Saturday Sittercize 10:30 Let's Watch — Weekend Getaway 11:00 Reminisce– & Recall 2:00 Sing Along with Suzie 2:30 Spa Time with Lisa 3:00 Travel Talk – Ticket Please ! 3:30 Small Group Activities– Shape it Up 5:00 Mindfulness Meditation																																										
28 9:30 Spiritual Sunday 10:00 Sunday Mass 10:30 Spiritual With Suzie 11:00 Sensory Sunday 2:00 Flowers: Nature's Art 2:30 BINGO! 3:00 Sunday Snack Time 3:30 Small Group Activities 5:00 Sunday Slowdown	29 9:30 Motown Monday 10:00 Move & Groove 10:30 Monday Manicures 11:00 Mindblown! Magic Tricks 2:30 Mocktail Hour 3:00 Crafty Corner 3:30 Small Group Activities 5:00 Movie Night: Hulu					March 2021 <table> <tr> <th>Su</th><th>M</th><th>Tu</th><th>W</th><th>Th</th><th>Fri</th><th>Sa</th></tr> <tr> <td></td><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td></tr> <tr> <td>7</td><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td></tr> <tr> <td>14</td><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td><td>20</td></tr> <tr> <td>21</td><td>22</td><td>23</td><td>24</td><td>25</td><td>26</td><td>27</td></tr> <tr> <td>28</td><td>29</td><td>30</td><td>31</td><td></td><td></td><td></td></tr> </table>	Su	M	Tu	W	Th	Fri	Sa		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31			
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