



Liberty Commons (West Valley City)

At Home

News and Tips for Residents of Cowboy
Properties Communities
Feb. 5, 2021

When You Just Need A Cookie

Have you ever wanted a cookie but don't want to make a whole batch? Check out this no-bake single-serving cookie recipe!

Single-Serving Chocolate & Peanut Butter Cookie

- 2 tablespoons peanut butter (or other nut butter), preferably natural
- 2 heaping tablespoons quick-cooking or instant oats
- 1 teaspoon confectioners sugar
- 1/4 teaspoon pure vanilla extract
- 1 tablespoon semisweet chocolate chips
- 1 pinch flaky sea salt, for garnish (optional)

Stir the peanut butter, oats, sugar, and vanilla together in a small bowl until completely combined. Using your fingers, shape the mixture into a 2 1/2-inch-wide (6-cm), 1/2-inch-thick (12-mm) disk. Press the tines of a fork into the top of the cookie. Chill on a parchment-lined plate in the freezer until firm, about 5 minutes.

Once the cookie is cold and hard, melt the chocolate in the microwave in 15-second bursts until stirrable. Spread half the chilled cookie with the chocolate, and sprinkle with a little flaky sea salt, if you like. The chocolate should set when it hits the cold cookie, but if it doesn't, you can return it to the freezer for a minute or two.

Recipe courtesy [Food52](#)

Local Deals and Offers

The Salt Lake Downtown Alliance compiled a [list of deals that businesses are offering for Valentines Day](#).

Nonprofit Local First Utah also compiled a list of Valentines Day deals [featuring businesses around the Salt Lake Valley and beyond](#).

In support of Black History Month, the Salt Lake Tribune [compiled a list of Black-owned businesses](#) to support.

Thanksgiving Point is offering [25% off admission through February](#) if you purchase in advance.

Did you know that [kids 10 and under ski free at Brighton](#) with a paying adult ticket?

How Can We Help?

We appreciate that you have chosen to live in a Cowboy Properties community and want to know how we can help you continue to stay in our community if you are struggling. We prefer to find out how we might be able to help you before we send you a notice for non-payment. A wide variety of programs are available ranging from rent assistance, food assistance and job assistance. Please come talk to us to find out how we can offer you assistance if find yourself in need. In addition to the links listed to the right we can help you apply for programs tailored to your needs.

Covid-19 Update

Have you had Covid-19 and continue to struggle with some of the side effects? [Learn more here about how to connect with others](#) also struggling with ongoing symptoms.

Dr. Anthony Fauci [warns against Super Bowl parties](#) to avoid the spread of coronavirus. The CDC has issued some guidelines on [small gatherings and suggestions on ways to enjoy the Super Bowl](#) with others.

CNN answered questions about [approaching life after you've received your vaccine](#).

The Deseret News had an article on [tax information for those who earned unemployment](#) last year.

Housing, Utilities, and Food Assistance
[utahca.org/housing-case-management/](#) or call (801) 359-2444
[211utah.org/](#) or call 211
[residentrelieffoundation.org/our-programs/](#) or [info@residentrelief.org](#)
[rentrelief.utah.gov](#)

Utah Department of Workforce Services Resources
[jobs.utah.gov/covid19/](#)
[jobs.utah.gov/docs/hotjobs.html](#)

Food Resources, and Mobile Food Pantry Dates and Locations
[slc.gov/sustainability/food-covid/](#)
[utahfoodbank.org/programs/mobile-pantry/](#)