

7501 Lead Mine Road • Raleigh, NC 27615 • Phone (919) 870-0222 • www.seniorlivinginstyle.com

#### FEBRUARY 2021

#### WHISPERING PINES STAFF

Managers	WINDY & CHRIS READ
Assistant Managers	CHELLSEA
	BENNATE & JOE ELSY
Executive Chef	LEROY HOLLEY
Activity Coordinator	SHELIA BULLOCK
Maintenance	RAY SHARPSTENE
Bus Driver	JOHN RODRIGUES

#### TRANSPORTATION

Monday, 9:30 a.m.: Shopping Tuesday, 9:15 a.m.-12:30 p.m.: Medical Appointments Wednesday, 9:30-11:30 a.m.: Shopping Or Trip Thursday, 9:15 a.m.-12:30 p.m.: Medical Appointments Friday, 9:30-11:30 a.m.: Shopping

## Let's Travel to France!

To celebrate Eiffel Tower Day we had a musician, David, come by and play French music, and he also told us about the history of French music and the history of each song. David is a gifted accordionist, and he had the residents tapping their toes. Evelyn and Del even got up and danced for us. It was an afternoon filled with smiles.



Del and Evelyn





### Welcome to Whispering Pines

Please join us in welcoming our new residents Ed and Cora Shinn, Alyce Miracle and Joseph and Kathleen Meyers. Please take a few minutes of your time to make them feel at home and invite them to join you in an activity.



#### **Cookies for Everyone**

In December Legacy, our in-house therapy partners, and ComforCare our in-house caregiver partners hosted a Cookie Party for the residents. They made all kinds of homemade cookies and a delicious punch and the residents were able to come and pick out what they wanted and it was put into a treat bag for them to take home, since we had to be social distanced and have just a small group. The residents were delighted with homemade treats and most of them got a sample of everything and went happily home to munch away.



Sue with her bad of goodies



Andrea, with Legacy, setting up the cookies



Margaret sampling the punch

# Everyone Can Do It – Even Men!

What can everyone do? Crafts, of course! Last month during painting time Joe came and painted. He kept saying he "was not an artist," but we think he did a great job painting a snowman. Killian kept saying she "was not creative" when we made holiday wreaths, but she really enjoyed picking out a new bow and things for her wreath. Everyone is welcome to come and try crafts, and if you have a little trouble, Shelia can fix almost anything.



Joe's snowman by Q-tip painting



Killian's wreath



Marilyn getting her picks ready for her wreath



### Holiday "Drop By the Tree for Treats"

Whispering Pines had to revamp our holiday party this year. So instead of a roomful of people being close together, we had a "Drop By the Tree for Treats" gathering. Staff served each resident and they sat in different areas in the building or went to their rooms. We had punch, cheese balls and crackers, onion dip with chips, spinach dip with bread, cookies, a Christmas cake, peppermint bark cookies, Chex party mix, and raspberry and pineapple tarts. Everyone helped with making the treats and the residents really enjoyed having a "party" even if it was a bit different. The spinach dip was the hit of the party. We may need to serve it more often!



# Valentine's Day

Let's celebrate Valentine's Day with a lovely meal from our chef and staff. Look out for the surprises that day.



### Mardi Gras

King Cakes and music will be coming to celebrate this day! Maybe even a surprise. Look for more details soon.



#### Ugly Sweater Day

Leave it to Miss Betty to cheer us up with a laugh at her ugly sweater! Betty's daughters always support their mom by helping her come up with ideas and exciting costumes



for her. It is so thrilling to see her come down the hall dressed up with a devilish smile on her face waiting to see our reactions when we see what she has on. Maybe all of us need to take a lesson from her and stir up a little fun and do something unexpected but harmless!

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
FEB 2021		New Zealand Week <b>1</b> 9:30 Upper Body	9:30 Live Well Exercising with Legacy, AR	9:00 Resident/Manager <b>3</b> Meeting, DR	with Legacy, AR
Pirthdove	Contraction of the second	Exercises, AR 10:00 New Resident Coffee Social	10:00 Devotion with Sue & Donna, CH 10:00 Let's Travel Around the	9:30 Workout with Weights & Bands, AR	10:00 Let's Travel Around the World Travelogues, MT
Birthdays	Contraction of the second	with Windy and Chris, AR	World Travelogues, MT	10:30 Activity Meeting, AR	10:00 Bible Study with Joanne
Peggy Pruette, 4th		10:00 Travel Around the	2:00 Bridge Group, BR 2:00 Money Bingo, AR	2:00 Afternoon Movie, MT	10:30 Chef Meeting, AR 2:00 Afternoon Movie, MT
Martha Underwood, 6th	1- A Band	World, MT 2:00 Afternoon Movie, MT	2:00 Afternoon Movie, MT	2:30 Wii Bowling Tournament, AR	2:00 Bridge Group, BR
Mildred Duffe, 7th		4:00 New Zealand Trivia, AR	3:00 Play Cards: Skip-Bo, Hand & Foot, AR	3:00 Poker Club, BR	2:00 Money Bingo, AR 3:00 Visit Auckland, AR
Alyce Miracle, 8th		7:00 Big Money Bingo	7:00 Evening Movie, MT	3:00 Let's Learn About	4:00 Singalong with Sue
Joe Day, 9th		with Chris, AR 7:00 Evening Movie, MT	10:30 Visit Hobbiton and the Maori Culture, AR	Queenstown, AR	& Wanda, DR
Sam Summey, 16th				7:00 Evening Movie, MT	7:00 Evening Movie, MT
Betty Wallace, 22nd	10:15 Catholic Service, CH 7	9:30 Upper Body 8	9:30 Live Well Exercising 9 with Legacy, AR	9:30 Workout with 10	9:30 Live Well Exercising <b>11</b> with Legacy, AR
Helen Poythress, 22nd	10:30 Church Service with Joyce & Jerry	Exercises, AR 10:00 Travel Around	10:00 Devotion with Sue	Weights &	10:00 Let's Travel Around the
Len Buckman, 27th	Hundley, CY	the World, MT	& Donna, CH	Bands, AR	World Travelogues, MT
Nancy Griswold, 28th	2:00 Afternoon Movie, MT	2:00 Afternoon Movie, MT	10:00 Let's Travel Around the World Travelogues, MT	10:00 Travel Around the World, MT	10:00 Bible Study with Joanne 2:00 Money Bingo, AR
	2:00 Cards with	4:00 Cider and Trivia	10:30 Rummy Kube Group, AR	2:00 Afternoon Movie, MT	2:00 Bridge Group, BR
Anniversaries	Windy, Lobby	Discussions, AR	2:00 Bridge Group, BR 2:00 Money Bingo, AR	2:25 Wii Bowling	2:00 Afternoon Movie, MT 4:00 Singalong with Sue
Joann & Bob Hardee,	4:00 "Crazy" Bingo	7:00 Big Money Bingo	2:00 Afternoon Movie, MT	Tourament, AR	& Wanda, DR
2/6/1949	with Chris, AR 7:00 Evening	with Chris, AR 7:00 Evening	3:00 Play Cards: Skip-Bo,	3:00 Poker Club, BR	4:20 Raleigh Hearing: Ear
	Movie, MT	Movie, MT	Hand & Foot, AR 7:00 Evening Movie, MT	7:00 Evening Movie, MT	& Aid Checks, EX 7:00 Evening Movie, MT
Locations	VALENTINE'S DAY 14	PRESIDENTS DAY 15	9:30 Live Well Exercising 16		9:30 Live Well Exercising 18
Activity Room, AR		9:30 Upper Body	with Legacy, AR	9:30 Workout with	with Legacy, AR
Billiards Room, BR	10:15 Catholic Service, CH 10:30 Church Service	Exercises, AR	10:00 Devotion with Sue & Donna, CH	Weights & Bands, AR	10:00 Let's Travel Around the
Bistro, B	with Joyce & Jerry	10:00 Travel Around	10:00 Let's Travel Around the	10:00 Travel Around	World Travelogues, MT 10:00 Bible Study with Joanne
Chapel, CH	Hundley, CY	the World, MT	World Travelogues, MT	the World, MT	10:30 Chef Demo, AR
Computer Center, CC	2:00 Afternoon Movie, MT	2:00 Afternoon Movie, MT 4:00 Presidents Day	10:30 Rummy Kube Group, AR 2:00 Bridge Group, BR	2:00 Afternoon Movie, MT	2:00 Money Bingo, AR
Courtyard, CY	2:00 Cards with Windy, Lobby	Trivia & Social, AR	2:00 Money Bingo, AR	2:30 Wii Bowling	2:00 Bridge Group, BR
Dining Room, DR	4:00 "Crazy" Bingo with Chris, AR	7:00 Big Money Bingo	2:00 Afternoon Movie, MT 3:00 Play Cards: Skip-Bo,	Tournament, AR	2:00 Afternoon Movie, MT 4:00 Singalong with Sue
Exercise Room, EX	7:00 Evening Movie, MT	with Chris, AR	Hand & Foot, AR	3:00 Poker Club, BR	& Wanda, DR
Front Lobby, Lobby		7:00 Evening Movie, MT	7:00 Evening Movie, MT	7:00 Evening Movie, MT	7:00 Evening Movie, MT
Movie Theater, MT	10:15 Catholic <b>21</b>	9:30 Upper Body 22	9:30 Live Well Exercising 23	9:30 Workout with 24	9:30 Live Well Exercising 25
Sign Up, SU	Service, CH	Exercises, AR	with Legacy, AR 10:00 Devotion with Sue	Weights &	with Legacy, AR
TV Room, TV	10:30 Church Service	10:00 Travel Around the World, MT	& Donna, CH	Bands, AR	10:00 Let's Travel Around the
	with Joyce & Jerry Hundley, CY	2:00 Afternoon Movie, MT	10:00 Let's Travel Around the	10:00 Travel Around	World Travelogues, MT 10:00 Bible Study with Joanne
Movie	2:00 Afternoon Movie, MT	4:00 Cider and Trivia	World Travelogues, MT 10:30 Rummy Kube Group, AR	the World, MT	2:00 Money Bingo, AR
	2:00 Cards with	Discussions, AR	2:00 Bridge Group, BR	2:00 Afternoon Movie, MT	2:00 Bridge Group, BR
Showtimes	Windy, Lobby	7:00 Big Money Bingo	2:00 Money Bingo, AR 2:00 Afternoon Movie, MT	2:30 Wii Bowling	2:00 Afternoon Movie, MT
• 2 p.m. Matinee	4:00 "Crazy" Bingo	with Chris, AR	3:00 Play Cards: Skip-Bo,	Tournament, AR	4:00 Singalong with Sue
• 7 p.m. Evening Show.	with Chris, AR	7:00 Evening	Hand & Foot, AR	3:00 Poker Club, BR	& Wanda, DR 7:00 Evening Movie, MT
	7:00 Evening Movie, MT	Movie, MT	7:00 Evening Movie, MT	7:00 Evening Movie, MT	
Travelogues: 10 a.m.	28				
	10:15 Catholic Service, CH 10:30 Church Service			CALL MAR	
		XA STATE			

**"We must** absolutely take care of one another." -Ruby Bridges

with Joyce & Jerry Hundley, CY

2:00 Cards with Windy, Lobby

2:00 Afternoon Movie, MT

with Chris, AR 7:00 Evening Movie, MT *ﷺ* 

4:00 "Crazy" Bingo



		FRIDAY	SATURDAY		
4	0.20	Fitness Fun!, AR 5		6	
		Devotion with Sue	10:00	Let's Travel	
	10.00	& Donna, CH		Around the World	
	2:00	Afternoon Movie, MT	0.00	Travelogues, MT	
	2:00	Crafts Hobbit	2:00	,	
		Houses	2:30	Money Bingo with Joe, AR	
		Evening Movie, MT	7:00		
2)	7:00	Poker Club with	1.00	Movie, MT 😂	
		Chellsea, BR			
1	9:30	Fitness Fun!, AR 12		13	
	10:00	Devotion with	10:00	Let's Travel	
	0.00	Sue & Donna, CH		Around the World	
		Afternoon Movie, MT		Travelogues, MT	
	2.00	Crafts Make Chocolate Roses	2:00	Afternoon Movie, MT	
		& Cards, AR	2:30	, 0	
	7:00	Evening Movie, MT		with Joe, AR	
	7:00	Poker Club with	7:00	Evening Movie, MT	
		Chellsea, BR			
8	0.00	19		20	
		Fitness Fun!, AR Devotion with Sue	10:00	Let's Travel	
	10.00	& Donna, CH		Around the World	
	2.00	Afternoon Movie, MT		Travelogues, MT	
		Crafts Painting, AR	2:00	,	
		Evening Movie, MT	2:30	, 0	
		Poker Club with	7.00	with Joe, AR	
		Chellsea, BR	7:00	Evening Movie, MT	
_		00		~ ~ ~	
5	9:30	Fitness Fun!, AR 26	10.00	27 Let's Travel	
	10:00	Devotion with Sue	10.00	Around the World	
		& Donna, CH		Travelogues, MT	
e		Afternoon Movie, MT	2:00	Afternoon Movie, MT	
	2:00	Crafts Jewelry	2:30	Money Bingo	
	7.00	Beading, AR Evening Movie, MT		with Joe, AR	
		Poker Club with	7:00	Evening	
		Chellsea, BR		Movie, MT	





#### New Year's Eve

What a night! It seemed like it was a normal year! We had piano music played by our server Laura as they entered the Dining Room. The tables had tablecloths with tealights and noisemakers with beads and leis on them. Each resident received a hat or tiara upon entering. Everyone, including staff, was dressed up and ready for a wonderful dining experience and they were not disappointed! Leroy and the kitchen staff outdid themselves with a shrimp cocktail, grilled lobster tail, beef tenderloin, broccolini and cherry cream pie. After dinner we were treated to a wonderful singer, Shandra Maddox, who works for Hawthorn and could sing in person for us. It was such a treat to have live entertainment and the residents were still talking about



Mary and Ron at the show



Ann and Carol at the show



Jean taking food home



Dr. Frank and Windy toasting in the new year



Phyliss came in with feathers, ready to party.

the evening a week after it happened. Then we toasted the new year in.



Barbara at the show







Nina all dressed up

Jan even had a matching mask for the evening.



Shandra singing for us

# Join Chellsea on Friday Nights

Join Chellsea on Friday nights from 7 to 9 p.m. for Poker With the Boys. Ladies are also welcome. It is a \$3 buy in. During play it is a bust, buy in or draw. See Chellsea for any questions.

## Wii Bowling Tournament

Don't forget to sign up for the Wii Bowling Tournament against other residents and the staff. We hope you have been practicing! We also need cheerleaders!

# **Christmas Memories**

Almost everyone has a memory of being read to or reading to their children or grandkids the "'Twas the Night Before Christmas." Chris read the book to our residents and reminisced with them about Christmas memories.



Edie listening to Chris

# Coming in March

Get ready for St. Patrick's Day on March 17th; Take a Walk Day on March 30th; the First Day of Spring on March 20th; and tasting different Oreo cookies with milk on March 6th, which is Oreo Cookie Day. We will



combine National Cocktail Day and Spinach Day into a social with mocktails and spinach dip.



Janet listening to "'Twas the Night Before Christmas"

Whispering Pines Gracious Retirement Living

7501 Lead Mine Road Raleigh, NC 27615





It's always Warm at

Whispering Pines

Gracious Retirement Living /

We invite you to experience the warmth of our community. Our caring staff is here for you any time, day or night. We take care of the cooking, cleaning, and maintenance, leaving you more time to enjoy your lifestyle. We'll even drive you to appointments, shopping and other outings.

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