

# SOMERSET Assisted Living

8360 Cason Road • Gladstone, OR 97027 • Phone (503) 723-7868 • [www.seniorlivingstyle.com](http://www.seniorlivingstyle.com)

## FEBRUARY 2021 SOMERSET STAFF

Administrator .....APRIL POTTER  
Assistant Administrator.....ERIN DARBY  
Director of Health Services....ZOEY ANDEREGG  
Resident Services  
Coordinator .....RYANA VALDROW  
Executive Chef ..... LISA JARVIS  
Community Sales ..... JILL UFFORD  
Activity Coordinator .....JENNIFER DENLAY  
Administrative AssistantNANETTE DAHLSTROM  
Maintenance .....RONNIE MANES  
Bus Driver .....ANN WOODWARD

## TRANSPORTATION

**Tuesday, 8:30 a.m.-4 p.m.:** Medical  
**Tuesday, 1:20 p.m.:** Walmart Shuttle  
**Wednesday, 9:30-11:30 a.m.:** Fred Meyer  
**Thursday, 8:30 a.m.-4 p.m.:** Medical

**HAWTHORN**  
SENIOR LIVING

## Hawthorn Adventure 2021 Island Hopping

Aloha! Our Hawthorn Kickoff Party was a success. All of our residents were excited to come down and start our Adventure. Our Kickoff Party was in Hawaii. The Kitchen staff went over and beyond to make this kickoff party amazing for our residents. We had Kahlua chicken sliders, fresh pineapple, pineapple cupcakes with some delicious punch. We also had a Show and Tell on who has been to Hawaii and what their experience was like when they left. We are excited to continue this Adventure and do some fun activities — like Kona coffee and kiwi smoothies. If you have any questions you can always talk to Jenn or Ann. We hope to see you down in the Dining Room to have some fun.

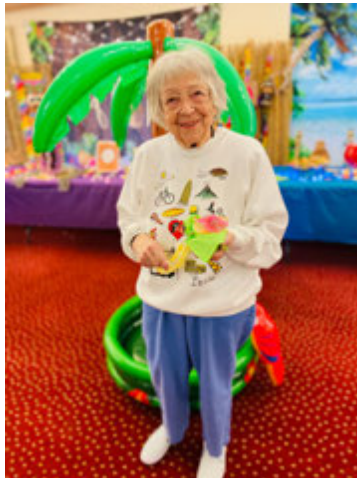


*(Photos continued inside.)*





## Hawthorn Adventure 2021 Island Hopping (Continued)



## Valentine's Day Bash

Please join us for our Valentine's Day Bash party on February 14th at 4 p.m. in the Dining Room. We will have some delicious desserts and punch and, of course, some music and dancing.



## Please Welcome Activities Assistant and Bus Driver Ann

Ann is our new Bus Driver and Activities Assistant. She started at Somerset seven years ago as a Caregiver, then went into the med room as a Med Aide, as well as helping in the kitchen when they needed help. We are now going to have Ann work with Activities and be our Bus Driver.

Congratulations to you, Ann, and welcome aboard. We can't wait to see you shine and we know you will be great.







## Employee of the Month

Our Employee of the Month for February is Nan. Nan started working as our Activities Assistant and Bus Driver. Nan has moved up to our full-time Receptionist! Nan always says hi with a big smile on her face and stops to help anyone who needs it. She is always willing to take time out of her schedule to help the residents and family members and she will stay late to help with doctor appointments. Everyone at Somerset Assisted Living wants to thank Nan for being amazing and having that Hawthorn Heart, and congratulations on moving up to Receptionist.



## Resident of the Month

Our Resident of the Month for February is Dee. Dee is always smiling and says hi to everyone in the hallways. She loves to visit with her friends and always loves to have friends over for a game of pinochle. We want to thank Dee for being kind to everyone and having the Hawthorn Heart.



## Chef's Corner

Hello, everyone! My name is Lisa Jarvis (formally Lisa Everett as I was recently married on August 16, 2019) and I am your Executive Chef here at Somerset Assisted Living. I have been cooking professionally for 20 years now at some restaurants you might be familiar with such as Salty's on the Columbia, McCormick and Schmicks, Standfords, Cadillac Cafe, and a few mom and pop places in my early years. I graduated Le Cordon Bleu in 2005 and have been passionately cooking ever since. I have been with this wonderful company (Hawthorn Retirement) for almost 10 years now. I am happily married to my husband Daene (pronounced Dane) – I know, it's an odd spelling, haha. I have a 15-year-old son named Hunter who is the light of my life. On my off time I enjoy painting, scrapbooking, cooking for friends, and chasing around my seven chickens in my backyard. I have been here at Somerset now for nine months and I can't wait to meet all of you!



## Save the Date

### February 11th:

Chocolate fondue and strawberries in the Activity Room.

### February 14th:

Valentine's Day Bash

### Lunch with

**Jenn:** Mondays and Thursdays

**In the Kitchen with Jenn:** Wednesdays and Thursdays

**February 18th:** Birthday Celebrations

**February 27th:** Donut Social



## Chocolate Fondue With Strawberries

Please join us in the Activity Room for some delicious chocolate fondue with strawberries and fruit on February 11th at 3 p.m.



# FEB 2021

## Birthdays

Dixi White, 7th  
Lily Wagner, 11th  
Evelyn Allen, 19th

## Meal Times

Breakfast at  
8 a.m., Dinner at  
12:30 p.m. and  
Supper at 5:30 p.m.

## Beauty Salon

Mon., Tue., Fri., Open  
at 10 a.m. Nicole sign  
up at Front Desk for  
an appointment.

## Nail Services with Shelley

Sign up at Front Desk  
for appointment.

“We must  
absolutely take  
care of one  
another.”

—Ruby Bridges

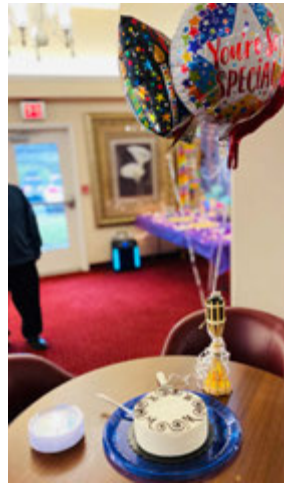
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <p><b>Welcome to New Zealand</b> 1 <b>Hawthorn Adventure: Sections 1 &amp; 2</b> 9:30 Walk &amp; Roll 10:00 Crafts with Jenn 10:30 Brain Game 11:00 Rest and Relaxation in Rotorua (Hand Soak) Get Moving with Jenn 11:30 <b>12:00 Lunch with Jenn</b> <b>1:00 Piano Playing and Singalong with Mary</b> 2:00 Baking with Jenn</p>	<p><b>Welcome to New Zealand</b> 2 <b>Hawthorn Adventure: Sections 3 &amp; 4</b> 9:30 Daily Chronicles 9:30 Walk &amp; Roll 10:30 Arts &amp; Crafts: DIY Hobbit Homes 11:00 Rest and Relaxation in Rotorua (Hand Soak) Get Moving with Jenn 11:30 <b>1:00 Piano Playing and Singalong with Mary</b> 2:00 Baking with Jenn 4:00 Movie &amp; Popcorn</p>	<p><b>Welcome to New Zealand</b> 3 9:30 Daily Chronicles 9:30 Walk &amp; Roll 10:00 Arts &amp; Crafts: DIY Hobbit Homes 11:00 Rest and Relaxation in Rotorua (Hand Soak) Get Moving with Jenn 11:30 <b>1:00 Piano Playing and Singalong with Mary</b> 2:00 Baking with Jenn 2:30 Pinochle 6:00 Movie Night: The Hobbit</p>	<p><b>Welcome to New Zealand</b> 4 9:30 Walk &amp; Roll 10:00 Arts &amp; Crafts <b>10:30 Bingo, 1st Floor</b> 10:30 Brain Game 11:00 Rest and Relaxation in Rotorua (Hand Soak) Get Moving with Jenn 11:30 <b>12:00 Lunch with Jenn</b> <b>1:00 Piano Playing and Singalong with Mary</b> 2:00 In the Kitchen with Jenn 4:00 Brain Game</p>	<p>9:00 Today's News 5 9:30 Walk &amp; Roll with Ann 10:00 Heavenly Doughnut Social 10:00 Valentine Arts &amp; Crafts 11:00 Hallway Horseshoes 11:30 Get Moving with Jenn <b>1:00 Piano Playing and Singalong with Mary</b> 2:00 The Tray Game 3:00 Video Chats with Family 4:00 Blackjack</p>	<p>9:00 Today in History 6 9:30 Walk &amp; Roll 9:30 Jeopardy (Activity Room) <b>10:00 Seventh Day Adventists</b> 10:30 Brain Game 11:00 Cupid's Shuffle with Ann 12:00 Cupid's Vanilla Berry Smoothies <b>1:00 Piano Playing and Singalong with Mary</b> 2:00 Guess Who Game 3:00 Word Challenge 4:00 Brain Game 4:00 Hangman</p>	
<p>9:00 News Today 7 9:00 Yoga with Jenn 9:30 Daily Chronicles <b>10:00 Saving Grace Church (Jenn's Office)</b> 10:00 Wheel of Fortune (Activity Room) 11:00 Jenn's New Groove 12:00 Spinach Strawberry Smoothies <b>1:00 Piano Playing and Singalong with Mary</b> 2:00 In the Kitchen with Jenn 2:30 Pinochle 7:00 Movie: Little Women </p>	<p>9:00 Strength Training with Jenn 8 9:30 Daily Chronicles 9:30 Walk &amp; Roll 10:00 Prize wheel 11:00 Go Chicken Fat Go <b>12:00 Lunch with Jenn</b> 12:00 Smoothies with Jenn <b>1:00 Piano Playing and Singalong with Mary</b> 2:00 Game of Choice 3:00 Puzzles and Painting Rocks 4:00 Lotion by the Ocean 4:00 Brain Game</p>	<p>9:00 Relaxation with Jenn 9 9:30 Walk &amp; Roll 10:00 Bingo 11:30 Get Moving with Jenn 12:00 Smoothies with Jenn <b>1:00 Piano Playing and Singalong with Mary</b> 2:00 Cupid's Hallway Races 3:00 Valentine Arts &amp; Crafts 4:00 Hallway Balloon Toss 6:00 Movie and Popcorn Night</p>	<p>9:00 Strength Training with Jenn 10 9:30 Walk &amp; Roll 10:00 Hungry Hungry Hippos 11:00 Jenn's Get Up and Dance 12:00 Smoothies with Jenn <b>1:00 Piano Playing and Singalong with Mary</b> 2:00 Game of Choice 2:00 Name That Valentine 2:30 Pinochle 3:00 Word Challenge <b>4:00 Movie &amp; Popcorn Night</b></p>	<p>9:00 Strength Training with Jenn 11 9:30 Daily Chronicles 9:30 Walk &amp; Roll <b>10:30 Bingo, 1st Floor</b> 11:00 Dance by Design 11:30 Get Moving with Jenn <b>12:00 Lunch with Jenn</b> 12:00 Smoothies with Jenn <b>1:00 Piano Playing and Singalong with Mary</b> 2:00 In the Kitchen with Jenn  <b>3:00 Social Hour</b> 4:00 Brain Game</p>	<p>9:30 Daily Chronicles 12 9:30 Walk &amp; Roll 10:30 Crafts with Ann 11:30 Get Moving with Jenn 12:30 Documentary <b>1:00 Piano Playing and Singalong with Mary</b> 2:00 Cupid's Vanilla Berry Smoothies <b>3:00 Social Hour</b> 4:00 Monopoly</p>	<p>9:00 News Hour 13 9:30 Daily Chronicles 9:30 Walk &amp; Roll 9:30 Family Memories <b>10:00 Seventh Day Adventists</b> 10:30 Brain Game 11:30 Get Moving with Jenn <b>1:00 Piano Playing and Singalong with Mary</b> 4:00 Brain Game</p>
<p><b>VALENTINE'S DAY</b> 14 9:30 Today in History <b>10:00 Saving Grace Church (Jenn's Office)</b> 10:30 Cupid's Vanilla Berry Smoothies <b>1:00 Piano Playing and Singalong with Mary</b> 2:00 In the Kitchen with Jenn 2:30 Pinochle <b>3:00 Bring Your Valentine (Dance)</b> 4:00 Name That Love Song 6:00 Movie: Valentine's Day 10:30 Valentine's Day Poems</p>	<p><b>PRESIDENTS DAY</b> 15 9:00 Strength Training with Jenn 9:30 Daily Chronicles 9:30 Walk &amp; Roll 10:30 Brain Game 11:30 Get Moving with Jenn <b>12:00 Lunch with Jenn</b> 12:00 Smoothies with Jenn <b>1:00 Piano Playing and Singalong with Mary</b> 4:00 Brain Game 4:30 Jenga</p>	<p>9:00 Strength Training with Jenn 16 9:30 Daily Chronicles 9:30 Walk &amp; Roll <b>10:30 Bingo, 1st Floor</b> 11:30 Get Moving with Jenn 12:00 Smoothies with Jenn <b>1:00 Piano Playing and Singalong with Mary</b> <b>2:00 Bingo, 2nd Floor</b> 4:00 Where Is Waldo?</p>	<p><b>ASH WEDNESDAY</b> 17 9:00 Strength Training with Jenn 9:30 Daily Chronicles 9:30 Walk &amp; Roll 11:30 Get Moving with Jenn 12:00 Smoothies with Jenn 1:00 Grocery Shopping <b>1:00 Piano Playing and Singalong with Mary</b> 2:30 Pinochle <b>4:00 Movie &amp; Popcorn Night</b></p>	<p>9:00 Strength Training with Jenn 18 9:30 Daily Chronicles 9:30 Walk &amp; Roll <b>10:30 Bingo, 1st Floor</b> 10:30 Brain Game 11:30 Get Moving with Jenn <b>12:00 Lunch with Jenn</b> 12:00 Smoothies with Jenn <b>1:00 Piano Playing and Singalong with Mary</b> 2:00 In the Kitchen with Jenn <b>3:00 Social Hour</b> 4:00 Brain Game</p>	<p>9:30 Daily Chronicles 19 9:30 Walk &amp; Roll 11:30 Get Moving with Jenn <b>1:00 Piano Playing and Singalong with Mary</b> 2:00 Game of the Day <b>3:00 Social Hour</b> 4:00 Family Chat  4:30 Tea Time</p>	<p>9:00 News Hour 20 9:30 Daily Chronicles 9:30 Walk &amp; Roll <b>10:00 Seventh Day Adventists</b> 10:30 Brain Game 11:30 Get Moving with Jenn <b>1:00 Piano Playing and Singalong with Mary</b> 4:00 Brain Game</p>
<p>9:00 Strength Training with Jenn 21 9:30 Daily Chronicles <b>10:00 Saving Grace Church (Jenn's Office)</b> 10:30 Daily Chronicles 12:00 Smoothies with Jenn <b>1:00 Piano Playing and Singalong with Mary</b> 2:00 Game of Day 2:00 In the Kitchen with Jenn 2:30 Pinochle 4:00 Movie &amp; Popcorn</p>	<p>9:00 Strength Training with Jenn 22 9:30 Daily Chronicles 9:30 Walk &amp; Roll 10:30 Brain Game 11:30 Get Moving with Jenn <b>12:00 Lunch with Jenn</b> 12:00 Smoothies with Jenn <b>1:00 Piano Playing and Singalong with Mary</b> 2:00 Game of the Day 4:00 Brain Game</p>	<p>9:00 Strength Training with Jenn 23 9:30 Daily Chronicles 9:30 Walk &amp; Roll <b>10:30 Bingo, 1st Floor</b> 11:30 Get Moving with Jenn 12:00 Smoothies with Jenn <b>1:00 Piano Playing and Singalong with Mary</b> <b>2:00 Bingo, 2nd Floor</b></p>	<p>9:00 Strength Training with Jenn 24 9:30 Daily Chronicles 9:30 Walk &amp; Roll 11:30 Get Moving with Jenn 12:00 Smoothies with Jenn 1:00 Grocery Shopping <b>1:00 Piano Playing and Singalong with Mary</b> 2:30 Pinochle <b>4:00 Movie &amp; Popcorn Night</b></p>	<p>9:00 Strength Training with Jenn 25 9:30 Daily Chronicles 9:30 Walk &amp; Roll <b>10:30 Bingo, 1st Floor</b> 10:30 Brain Game 11:30 Get Moving with Jenn <b>12:00 Lunch with Jenn</b> 12:00 Smoothies with Jenn <b>1:00 Piano Playing and Singalong with Mary</b> <b>2:00 Bingo, 2nd Floor</b> 2:00 In the Kitchen with Jenn <b>3:00 Social Hour</b></p>	<p>9:30 Daily Chronicles 26 9:30 Walk &amp; Roll 10:30 Family Feud 11:30 Get Moving with Jenn <b>1:00 Piano Playing and Singalong with Mary</b> 2:00 Game of the Day <b>3:00 Social Hour</b> 4:00 I Love Lucy</p>	<p>9:00 News Hour 27 9:30 Daily Chronicles 9:30 Walk &amp; Roll <b>10:00 Seventh Day Adventists</b> 10:30 Brain Game 10:30 Name That Tune 11:30 Get Moving with Jenn <b>1:00 Piano Playing and Singalong with Mary</b> 4:00 Brain Game</p>
<p>9:00 Strength Training with Jenn 28 9:30 Daily Chronicles <b>10:00 Saving Grace Church (Jenn's Office)</b> 10:30 Fireside Social 12:00 Smoothies with Jenn <b>1:00 Piano Playing and Singalong with Mary</b> 2:00 Game of the Day 2:00 In the Kitchen with Jenn 2:30 Pinochle 4:00 The Crown (Movie About Queen Elizabeth)</p>						





## Happy 20th Anniversary to Tom

Tom has been a part of our Hawthorn family for 20 years. He is one of our cooks in the kitchen. Our culinary team showed up and presented Tom with a beautiful chef's jacket and a beautiful knife as well as a delicious cake that was shared with his co-workers. Tom has always helped when not asked and has always been the team player. One of the residents' favorite things that he bakes is his breads. We want to thank Tom for always having the team spirit and being a dedicated employee at Hawthorn (Somerset Assisted Living) and, of course, for having the Hawthorn heart.



## Happy New Year's Celebration







## Hot Chocolate in a Jar

One of our activities this month was to work on making hot chocolate in a jar. We have been helping our marketing team with some special gifts for our friends. We hope this special hot chocolate in a jar will bring a smile to their faces and bring back some good childhood memories. Our next activity we will be doing is soup in a jar.





**SOMERSET**  
Assisted Living

8360 Cason Road  
Gladstone, OR 97027



*It's always Warm at*

**SOMERSET**  
Assisted Living

We invite you to experience the warmth of our community. Our caring staff is here for you any time, day or night. We take care of the cooking, cleaning, and maintenance, leaving you more time to enjoy your lifestyle. We'll even drive you to appointments, shopping and other outings.

**503-723-7868**