

### FEBRUARY 2021 EDGEWOOD POINT STAFF

Administrator	MICHELLE WALKER
Director of Health Services	DONNA ZINTER
Resident Services Coordinato	r KATIE EDAL
Memory Care Coordinator	ELISA LOPEZ
Executive Chef	DAVID YEE
Community Sales	MATT HOLTON
Activity Coordinator	KATHY JONES
Activity Coordinator-MC	LISA MAYA
Maintenance	LEON WOLF
Bus Driver	TBA
Head Housekeener	RONNIE BUTTERFIELD

#### **TRANSPORTATION**

Monday, Any time: Outings for Assisted Living
Tuesday, 2 p.m.: Outing (Arbor Or Point)
Tuesday, 10:15 a.m.-Noon: Shopping
At Fred Meyer (Point)
Wednesday, 8 a.m.-3 p.m.: Doctor Appointments

Thursday, 8 a.m.-3 p.m.: Doctor Appointments
Sunday, 2:30 p.m.: Scenic Drive (Arbor)



# Fred Was Presented With His Congressional Gold Medal

Our wonderful resident, Fred, was finally awarded the Congressional Gold Medal that he was honored with in November 2019. He was to travel to Washington, D.C., in the summer of 2020 to be presented with it. However, because of the pandemic the presentation was cancelled. He was honored in person with the medal this January 8th, and with Zoom, more than 100 people were able to witness this awesome event. It was amazing. Some 20,000 Chinese-Americans served in World War II and only 300 were awarded and able to accept this Congressional Gold Medal, as of this date.



Front of the Medal



Fred coming home with his accordion



Fred and his Congressional Gold Medal



### Christmas and New Year's Eve at the Point

This year, Christmas and New Year's Eve were a little different because of the Covid-19 lockdown situation. We got every resident a beautiful soft blanket for warmth and hugs on Christmas for their present. On New Year's Eve, they were supposed to have a candlelight dinner. We decided they still could do this in their rooms if we helped a little. We had so much fun making personalized battery-operated candles for each resident. Chef David got them sparkling cider bottles for toasting in the New Year. They were all very happy.



Michelle and Kathy delivering the bottles and candles.



Joe's family visiting and singing with him.



Nipha and Michelle



Mei and Becky making her candle.



Jeff and his Steelers candle



Norm and Joan toasting.



Joe visiting with his family on Christmas.



Tandra delivering the Christmas blankets.



### Our Edgewood Point Gingerbread Village "Mele Kalikimaka"

We decided that our Gingerbread Village this year should be a Hawaiian-themed village. In January, every year, we do a virtual trip somewhere and this year it is in the Pacific Islands. Therefore we decided to make the village and name it "Mele Kalikimaka," which means "Merry Christmas" in Hawaiian. We started with eight premade gingerbread houses and decorated them all differently. We then made a campfire, tiki bar, pineapple Christmas tree and two cherry trees. It was so much fun and we had wonderful resident and staff participation.



Our finished Village of Mele Kalikimaka



Ashley and Mei



Gunta next to Sandman with her house she made



Anna Mae and Grace



Nimpha decorating hers



Thelma showing Mr. Sandman her purple house



Our tiki bar



Jack, spreading the sand

### Gardening

If you can't go outside to garden, you bring the garden to you!



Past avid gardener Gwen takes on the project of deadheading our mums.



Charlie and Rita holding wild mushrooms that were brought in from the outdoor garden



## Edgewood Arbor's Water Painting Class (Rainbows)

The residents had a fun time painting rainbows. It brought back memories of seeing rainbows after a rain shower. It was fun, as each resident went one-on-one with Lisa as they painted each color. After each color, they talked about things that were of that color. They ended the painting class by listening and singing along to Julie Garland's "Over the Rainbow."



Suzanne and Judy showing off their masterpieces.



Cecille showing off her creativeness.

### We Will Miss You, Aisha!

We had a surprise baby shower for Aisha today. Many residents will miss her so much. She will be a welcome sight back after her new baby girl will be ready to let her come back to us!



Aisha was so surprised.



What an amazing diaper cake!

### Edgewood Arbor Finished Gingerbread House "Holiday Traditions"



Holiday traditions: each gingerbread house was a holiday theme — from Christmas to Easter, etc.



Maloote, RA Allie, and Gwen unwrapping the mints and placing them on the cookie sheet, to be melted for a front porch



Joyce just frosted the Halloween tree.



### Our Virtual Island Hopping

We have been decorating and getting ready for our virtual Island Hopping Tour of Hawaii, the Fiji Islands and New Zealand. Fun times and photos to come! Stay tuned!



Get ready for Fiji!



New Zealand scene where "The Hobbit" and "Lord of the Rings" were filmed



Hawaiian Sandman

### Arbor Residents Had Fun at Their Christmas Party



Foster and Lisa



Judy showing some spirit.



Gwen showing off her Christmas Blanket she received at the Christmas Party.



Arne



Cecille and Angel







### **FEB 2021**

#### **Birthdays**

Mick C., 13th Ana P., 21st Alice H., 21st Victor P., 22nd

#### **Locations**

Activity Room, AR Library, L TV Room, TV

## Senior Nail Care for the Elderly with Dawn Marks

Enjoy relaxing, soothing comfort for your feet or hands in your room. Call or come to the Front Desk to sign up. 503-997-3703

"We must absolutely take care of one another."

—Ruby Bridges

**SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY** 2 3 7:30 Wake Up in 8:00 Wear Red Day: **New Zealand** 8:00 Groundhog Day 9:45 Walking Club 9:45 Walking Club **Heart Association** 9:45 Fancy Nails 8:00 Clark Gable's Birthday 9:45 Walking Club 9:30 Walking Club 10:30 Exercise and 10:30 Exercise and with Tandra 9:45 Walking Club 10:30 Exercise and Movement 10:30 Exercise and body movement 11:00 Exercise and 10:30 Exercise and Movement games, AR games. AR Movement Movement walk Time 2:15 Watch "Groundhog 2:00 Crafts, Baking or 2:00 Creative, Baking games, AR 11:30 Yoga or Tai Chi Time 2:00 Movie Time Day" Movie 11:30 Crafts **Movie Time Fun** or Movie Time 2:15 Watch "Gone 4:30 Bingo 2:15 Movie Time with the Wind" 4:15 Bingo 4:15 Bingo 4:30 Bingo 4:15 Bingo 4:30 Bingo 10 11 12 13 8:00 Burt Reynolds' 8:00 Chocolate 10:30 Walking club 9:45 Walking Club **Birthday** 9:45 Walking Club **Candy Kiss Day** 10:45 Portland 9:30 Walking Club 9:45 Fancy Nails 10:30 Exercise and 9:45 Walking Club 10:30 Exercise and 9:45 Walking Club with Tandra Community 10:30 Exercise and 10:30 Exercise and body movement 10:30 Exercise and Movement **Church: YouTube** Movement 11:00 Exercise and Movement games, AR Movement games, AR 2:00 Super Bowl Sunday: walk Time 2:15 Movie Time and 11:30 Crafts 11:30 Yoga or Tai Chi Time 2:00 Crafts, Baking or games, AR 2:00 Movie Time **Game Day** Singalong 2:15 Let's Bake: **Movie Time Fun** 2:00 Creative, Baking 2:15 Movie Time 4:15 Bingo or Brain 4:15 Bingo 4:30 Bingo **Kiss Cookies** or Movie Time 4:15 Bingo 4:30 Bingo Games 4:15 Bingo 4:30 Bingo **VALENTINE'S DAY** 14 PRESIDENTS DAY 15 16 ASH WEDNESDAY 17 18 19 20 8:00 Happy Valentine's 9:45 Walking Club 8:00 Ash Wednesday 9:45 Walking Club 9:45 Walking Club 8:00 Fat Tuesday 9:45 Fancy Nails Day 10:30 Exercise and 9:45 Walking Club 10:30 Exercise and 10:30 Exercise and 10:30 Walking club with Tandra 9:30 Walking Club Movement 10:30 Exercise and Movement Movement 10:45 Portland Community 10:30 Exercise and 11:00 Exercise and 11:30 Yoga or Tai body movement games, AR games, AR Church: YouTube walk Time Movement **Chi Time** games, AR 2:00 Creative, Baking 11:30 Crafts 2:00 Creative, Baking 2:00 Movie Time 2:15 Creative Minds 2:15 Presidents Day 2:00 Crafts, Baking or 2:15 Movie Time or Movie Time or Movie Time 4:15 Bingo 4:30 Bingo **Movie Time Fun Documentary** 4:30 Bingo 4:30 Bingo 4:15 Bingo or Brain 4:15 Bingo 4:15 Bingo Games 23 25 26 27 21 22 24 10:30 Walking club 8:00 Chocolate-9:45 Walking Club 8:15 Girl Scout 10:45 Portland 9:45 Walking Club **Covered Nut Day** 9:45 Walking Club **Cookie Day** 10:30 Exercise and 9:45 Fancy Nails Community 10:30 Exercise and 9:45 Walking Club 10:30 Exercise and **Church: YouTube** Movement 9:30 Walking Club with Tandra body movement 10:30 Exercise and Movement 11:00 Exercise and 11:45 Exercise and 11:30 Yoga or Tai 10:30 Exercise and games, AR Movement games, AR walk Time Movement **Chi Time** Movement 2:00 Crafts, Baking or 11:30 Crafts games, AR 2:00 Creative, Baking or 2:15 Cupcake and 2:15 Crafts and Girl 2:00 Movie Time **Movie Time Fun** 2:00 Creative, Baking 2:15 Movie Time Movie Time **Margarita Day Scout Cookies** 4:30 Bingo 4:15 Bingo or Movie Time 4:30 Bingo 4:15 Bingo or Brain 4:15 Bingo 4:15 Bingo 4:30 Bingo Games 28 10:30 Walking club 10:45 Portland Community Church: YouTube 11:45 Exercise and Movement 2:00 Creative, Baking or Movie Time 4:15 Bingo or Brain Games

### **FEB 2021**



#### **Arbor Memory Care**

7733 SW Scholls Ferry Road Beaverton, OR 97008 Phone (503) 671-9474 www.seniorlivinginstyle.com

**Birthdays** 

Judy Swayze, 1st Joyce Admire, 23rd Mo Sutherland, 29th

# Senior Nail Care for the Elderly with Dawn Marks

Enjoy relaxing, soothing comfort for your feet or hands in your room. Call or come to the Front Desk to sign up.

"We must absolutely take care of one another."

10:30 Social After Church

11:00 Aromatherapy

11:30 Walking Club

3:30 Jokes for Folks7:00 "I Love Lucy" Video

-Ruby Bridges

**SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY** 2 Welcome to New Zealand 4 Wear Red Day 1 World Play Your Ukulele Day 9:15 Daily Chronicle 9:00 Coffee Chat Decorating with Candy Day Groundhog Day: Will Happy Birthday, Judy 9:15 Daily Chronicle 9:15 Daily Chronicle 9:30 Chair Chi 9:15 Daily Chronicle He See His Shadow? 9:15 Daily Chronicle 9:30 Exercise to 10:00 Conductorscise 10:00 Cookies and 10:00 Table Games 9:15 Daily Chronicle 9:30 Stretch & Flex/ Orchestra Music Milk Social 10:30 Popcorn Cart 11:00 Singalong 9:30 Exercise to Light **Balloon Badminton** 10:30 Hydration Pass: 10:30 Balloon Toss & Lovely CD 1:30 Matching New 3:00 Cookies & Coffee 10:30 Judy's Birthday Party 10:00 Bowling Kiwi Smoothies Zealand Birds 11:00 Coloring Art 4:00 Coloring Art 2:30 Candy Decorating 10:30 Singalong 11:15 Kiwi Fruit Benefits 3:00 Coffee Chat 2:00 Manicures/Hand 5:30 "The Lawrence Welk Cookies 11:00 Puzzles 1:30 Reading Group 4:00 Let's Learn About Massages Show" (TV Room) 3:30 Jokes for Folks 1:30 Bible Study 3:30 Pretty Nails New Zealand Culture 4:00 Matching Colors 7:00 Lavender Hand 4:00 Pass the Pig Game 4:00 Ukulele Music 7:00 After-Dinner Music 7:00 Watercolor Painting 7:00 Classical Music 7:00 After Dinner Movie 7:00 Jigsaw Puzzles Massage 12 8 National Pizza Day 10 11 13 **Super Bowl LV Sunday** Storytelling Day 9:15 Daily Chronicle 9:00 Coffee Chat 9:15 Daily Chronicle 9:15 Daily Chronicle 9:15 Daily Chronicle 9:15 Daily Chronicle 9:30 Chair Chi 9:15 Daily Chronicle 9:15 Daily Chronicle 9:30 Church with Pastor 9:30 Biking in 9:30 Exercise to Light 10:00 Baking in 10:00 Baking in 10:00 Bingo 10:00 Table Games **Maloote Mathews** & Lovely CD Queenstown Grandma's Kitchen 11:00 Coloring Art Grandma's Kitchen 11:00 Singalong 10:30 Social After Church 10:00 Snack Social Pizza Bits 10:00 Building the Sky 11:00 Aromatherapy 10:30 The Creation of the 11:00 Singalong 1:30 Dominoes 2:00 Manicures/Hand 3:00 Cookies & Coffee Tower in Auckland 11:30 Walking Club Pizza: Rose Totino 1:30 Bingo 2:00 Kiwi Bird Feeders Massages 5:30 "The Lawrence Welk 1:30 Book Club 1:30 Bible Study 2:00 Super Bowl Sunday: 3:00 Puzzles & Snack 3:00 Men's Club: 3:00 Library Cart Show" (TV Room) **Game Day** 3:00 Red Hat Society Tea 3:00 Mineral Hand Soak 4:00 Short Story Topic: Fishing 7:00 Jigsaw Puzzles 7:00 Lavender Hand 3:30 Jokes for Folks 4:00 Bocce Ball 7:00 After-Dinner Music 7:00 Classical Music 7:00 After Dinner Movie Massage 7:00 "I Love Lucy" Video 7:00 Watercolor Painting 16 ASH WEDNESDAY 17 18 19 20 **VALENTINE'S DAY** 14 PRESIDENTS DAY 15 9:00 Coffee Chat **Mardi Gras** Flag Day (Canada) 9:15 Daily Chronicle 9:30 Church with Pastor 9:15 Daily Chronicle 9:30 Chair Chi 10:00 Memory Boxes 10:00 Table Games 9:30 Exercise to Light 9:30 Stretch & Flex/ **Maloote Mathews** 10:00 Baking in Grandma's 9:30 Chair Chi & Lovely CD 11:00 Coloring Art 11:00 Singalong **Balloon Badminton** 10:30 Valentine's Kitchen 10:00 Bingo 10:30 Horse Race Game 10:30 Mardi Gras Party! 2:00 Manicures/Hand 3:00 Cookies & Coffee Day Party! 11:00 Singalong 1:30 Dominoes 11:00 Presidents Trivia 1:30 Bible Study Massages 5:30 "The Lawrence Welk 11:30 Walking Club 1:30 Bingo 3:00 Garden Club 1:30 Book Club 3:00 Jokes for Folks/Snack 4:00 Lotion Massages Show" (TV Room) 3:30 Jokes for Folks 3:00 Puzzles & Snack 7:00 After Dinner Movie 3:00 Ice Cream Social: 4:00 Bocce Ball 7:00 Jigsaw Puzzles 7:00 Lavender Hand 4:00 Beach Memory Box 3:30 Pretty Nails **Root Beer Floats** 7:00 Watercolor Painting Massage 7:00 "I Love Lucy" Video 7:00 After-Dinner Music 7:00 Classical Music 25 27 24 26 Full Snow Moon 9:15 Daily Chronicle **Girl Scout Cookie Day** 9:15 Daily Chronicle **National Cupcake Day** 9:15 Daily Chronicle 9:30 Church with Happy Birthday, Joyce 9:30 Stretch & Flex/ 9:00 Coffee Chat 9:15 Daily Chronicle 9:15 Daily Chronicle 10:00 Cookies and **Pastor Maloote** 9:15 Daily Chronicle **Balloon Badminton** 9:15 Daily Chronicle 9:30 Chair Chi 9:30 Stretch & Flex/ **Mathews** 9:30 Exercise to Light 10:00 Baking in Grandma's Milk Social 10:00 Table Games **Balloon Badminton** 10:00 Movie & Popcorn 10:30 Social After Church & Lovely CD Kitchen 11:00 Coloring Art 11:00 Singalong 10:30 Baking in Grandma's 1:30 Dominoes 10:30 Joyce's Birthday Party 11:00 Singalong 11:00 Aromatherapy 2:00 Manicures/Hand 3:00 Cookies & Coffee Kitchen: Cookies 2:00 Arts & Crafts 11:30 Walking Club 1:30 Bible Study 1:30 Bingo Massages 5:30 "The Lawrence Welk 1:30 Book Club 4:00 Jigsaw Puzzles 3:00 Puzzles & Snack 2:30 Bowling for Bananas 3:00 Jokes for Folks/Snack Show" (TV Room) 3:00 Movie & Popcorn 3:00 Donuts & Coffee 7:00 After Dinner Movie 3:30 Jokes for Folks 4:00 Bocce Ball 3:30 Pretty Nails 7:00 Lavender Hand 7:00 Jigsaw Puzzles 7:00 After-Dinner Music 7:00 "I Love Lucy" Video 7:00 Watercolor Painting 7:00 Classical Music Massage 28 9:15 Daily Chronicle 9:30 Church with Pastor **Maloote Mathews**