




Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
Theme is Sweets & Hearts Independent Grp = Black Special Event = Red Physical = Purple Cognitive= Green Games/Fun = Orange Music/Movie = Blue Spiritual/Faith = Pink Social = Gold	10: Crossword Puzzles (H,I) 11: Exercise w/Jess (H,L) 1:30 February Trivia (H, L) 2: Prize BINGO (H, L) 4:00 Before Dinner Chat (H, I)	**Beauty Shop Open ** 10:15 Word Games (H,L) 11: Live 2B Healthy (H,L) Exercise via Zoom 2: Movie & Popcorn (H, I) Groundhogs Day 4: Before Dinner Chat (H, I) 	11: Walking Group (H,L) Meet in Hartland Room 2: Name That Tune (H,L) Love Song Edition 2:30 Religious Series (Video): Andy Stanley, Better Decisions, Fewer Regrets (H) 4: Afternoon Chat (H, I)	10: Category Puzzle (H,I) 11: Live 2B Healthy (H,L) Exercise via Zoom 2: Pour Painting (Art) (H, L) 3: This Week in History (H,L) 4: Before Dinner Chat (H, I)	11: Catholic Mass on Ch 80 (I) 11: Fancy Fingers (H, L) 2: Fast Facts & Trivia (H,L) 2:30 Relaxation Breathing Video (H,I) 3:00 Happy Hour (P, L) Snack and Beverages National Wear Red Day! For Women's Heart Month	11: Walking Group (H, I) Meet in the Activity Room 2: Movie Matinee (H, I) Runaway Bride (On Netflix)	
Super Bowl Sunday! 10: Word Searches (H,I) 10:30 Sunday Worship Service with Resurrection Church (Live Streamed) In Hartland Room 3:45 Afternoon Chat (H,I) 4:30 – 5:30: Superbowl Themed Meal in Dining Room	10: Crossword Puzzles (H,I) 11: Exercise w/Jess (H,L) 2: Prize BINGO (H,L) 3: Activity Planning Mtg. (H,L) 4:00 Before Dinner Chat (H, I)	**Beauty Shop Open ** 10:15 Word Puzzle (H,L) 11: Live 2B Healthy (H,L) Exercise via Zoom 2: Movie & Popcorn (H, I) Unbroken (True Story) 4: Before Dinner Chat (H, I)	10: Scenic Drive on Bus ** Sign up is required ** 11: Walking Group (H,L) Meet in Hartland Room 2: Name That Tune (H,L) 1960s Edition 2:30 Religious Series (Video): Andy Stanley, Better Decisions, Fewer Regrets (H) 4: Afternoon Chat (H, I)	10: Category Puzzle (H,I) 11: Live 2B Healthy (H,L) Exercise via Zoom 1:30 All Resident Mtg (H) 2:30 This Week in History (H,L) 4: Before Dinner Chat (H, I)	11: Catholic Mass on Ch 80 (I) 11: Fancy Fingers (H, L) 2: Fast Facts & Trivia (H,L) 2:30 Relaxation Breathing Video (H,I) 3:00 Happy Hour (P, L) Snack and Beverages <small>Chinese New Year (Year of the Ox)</small>	11: Walking Group (H, I) Meet in the Activity Room 2: Movie Matinee (H,I) About Time (On Netflix)	
10: Word Search (H,I) 10:30 Sunday Worship Service with Resurrection Church (Live Streamed) In Hartland Room  3:45 Afternoon Chat (H, I) Valentine's Themed Evening Meal <small>Valentine's Day</small>	10: Crossword Puzzles (H,I) 11: Exercise w/Jess (H,L) 1:30 Name The President Trivia (H,L) 2: Valentine's BINGO (H,L) 3:30 Valentine Day Cookies & Coffee Social (H,L) 	**Beauty Shop Open **  10:15 Mardi Gras Puzzle (H,L) 11: Live 2B Healthy (H,L) Exercise via Zoom 1:30 Mardi Gras Trivia (H,I) 2: Movie & Popcorn (H,I) The American President 4: Before Dinner Chat (H, I) Mardi Gras Themed Meals <small>Mardi Gras</small>	9:45 – 10:45 : Market Open 11: Walking Group (H,L) Meet in Hartland Room 2:00 Name That Hymn (H,L) 2:30 Ash Wednesday Service (Previously Recorded) (H,I) 4: Afternoon Chat (H, I)	10: Category Puzzle (H,I) 11: Live 2B Healthy (H,L) Exercise via Zoom 2: Birthday Social (H, L) All Residents invited to help celebrate February Birthdays! 3: This week in History (H,L) 4: Before Dinner Chat (H, I)	9:45 – 10:45 : Market Open 11: Catholic Mass on Ch 80 (I) 11: Fancy Fingers (H, L) 2: Fast Facts & Trivia (H,L) 2:30 Relaxation Breathing Video (H,I) 3:00 Happy Hour (P, L) Snack and Beverages	11: Walking Group (H, I) Meet in the Activity Room 2: Movie Matinee (H, I) Soul Surfer (On Netflix)	
10: Word Search (H,I) 10:30 Sunday Worship Service with Resurrection Church (Live Streamed) In Hartland Room 3:45 Afternoon Chat (H, I)	10: Crossword Puzzles (H,I) 11: Exercise w/Jess (H,L) 2: Prize BINGO (H,L) 3: Food For Thought (H,L) Learn about food, and sample 4:00 Before Dinner Chat (H, I)	**Beauty Shop Open ** 10:15 Word Puzzle (H,L) 11: Live 2B Healthy (H,L) Exercise via Zoom 2: Movie & Popcorn (H, L) The Theory of Everything 4: Before Dinner Chat (H, I)	9:45 – 10:45 : Market Open 11: Walking Group (H,L) Meet in Hartland Room 1: Scenic Drive on Bus ** Sign Up Required ** 2:30 Religious Series (Video): Andy Stanley, Better Decisions, Fewer Regrets (H) 4: Afternoon Chat (H, I)	10: Category Puzzle (H,I) 11: Live 2B Healthy (H,L) Exercise via Zoom 2: Armchair Travel (H,L) Come taste & learn about Italy 4: Before Dinner Chat (H, I) <small>Purim Begins</small>	9:45 – 10:45 : Market Open 11: Catholic Mass on Ch 80 (I) 11: Exercise w/Jess (H,L) 2: Fast Facts & Trivia (H,L) 2:30 Relaxation Breathing Video (H,I) 3:00 Happy Hour (P, L) Snack and Beverages	11: Walking Group (H, I) Meet in the Activity Room 2: Movie Matinee (H,I) Where The Red Fern Grows (On Netflix)	
10: Word Search (H,I) 10:30 Sunday Worship Service with Resurrection Church (Live Streamed) In Hartland Room 3:45 Afternoon Chat (H, I)	<div style="border: 1px solid purple; padding: 5px; text-align: center;"> Facilitator of Activity: LE=Lead by Life Enrichment Staff I= Independently Lead by Resident(s) </div>		<h1>February 2021</h1> <h2>Assisted Living – Independent Living Activity Calendar</h2>				Medical Transportation: <ul style="list-style-type: none"> - Tuesday afternoons - Thursday mornings. Please sign up at the front desk.
			<div style="border: 1px solid purple; padding: 5px;"> Location Key: H=The Hartland Room (3rd Floor) P= Mississippi Pub (2nd Floor) MP=Multi-Purpose (3rd Floor) WC= Wellness Center (2nd Floor) </div>				

**Activities are subject to change. Watch for announcements.