

SPECIAL EVENT

Heart Health Educational Webinar



Friday, February 5th
10:30 - 11:30 a.m.

Residents and associates of Waltonwood are invited to participate in a Go-To Meeting presentation on Heart Health, as we recognize National Wear Red Day®/Go Red for Women®.

Presented by Nurse Practitioner, Robert Louis-Ferdinand, MSN, APRN

<https://www.gotomeeting.com/meeting/join-meeting>

Meeting ID: 657 022 413



www.Waltonwood.com

Celebrating IL Resident Birthdays in February

- Feb 5 – John C.
- Feb 8 – Veralou S.
- Feb 9 – Agnes W.
- Feb 9 – Marge Z.
- Feb 9 – Dottie S.
- Feb 17 – Jackie C.
- Feb 24 – Maryjo W.
- Feb 25 – Bob P.
- Feb 27 – Mary A.

**We Wish a Very
Happy Birthday
to Each of You!**



FRIENDS & FAMILY REFERRAL PROGRAM!

\$3,500 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

CHERRY HILL CONNECT

FEBRUARY 2021



42600 Cherry Hill, Canton, MI 48187
www.waltonwood.com | 734-981-7100
Facebook: /WaltonwoodCherryHill



COMMUNITY MANAGEMENT

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Executive Director

Nicole McDonald
Business Office Manager

Renee Ralsky
Marketing Manager

Jolene Maples
Move In Coordinator

Kara Triplett
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Andrew Raudszus
Environmental Services Manager

April Marcotte
Independent Living Manager

Independent Living Life
Enrichment Manager

Brittany Neal
Assisted Living Life Enrichment
Manager

Claire Torp
Memory Care Life Enrichment
Manager

Jasmine Montgomery
Resident Care Manager

Laura Grabowski
Wellness Coordinator

Charlie Harris
Wellness Coordinator

Dawn Vernon
Housekeeping Supervisor

STAYING ACTIVE & SAFE

What an exciting day and amazing turn out for the Covid Vaccine Clinic last month! We are grateful for all our associates and residents that participated and were flexible with schedules. Thank you!

We are looking forward to our 2nd Covid Vaccine Clinic on Tuesday, February 16, 2021. Rumor has it, this clinic will have a Mardi Gras theme! More information to follow as we get closer to the clinic.

We are celebrating Black History month with various films and Ted Talks that recognize black history and culture.

It is important that we continue to stay active and safe as we inch closer towards normalcy. Beginning in February, we will transition Sundae Mondays and Happy Hour to a "pick up and go" format. Based upon the floor you reside on, you are welcome to come to the Activity Room to participate! Please see assigned time frames on the Life Enrichment calendar.

ASSOCIATE SPOTLIGHT

**Independent Living Associate of the Month:
Dawn Vernon, Housekeeping Supervisor**

Dawn is our Independent Living Associate of the Month because she leads by example, is willing to go above and beyond, is super resourceful and hard working! She is a self-starter and project driven. We so appreciate her contributions to Waltonwood Cherry Hill!

Thank you and congratulations Dawn!

*Please see the front desk concierge to
nominate an associate you feel has been
doing a wonderful job!*



RANDOM ACTS OF KINDNESS: FLOWERGRAMS



Throughout the month of February, you will have the opportunity to participate in Waltonwood's goal of completing 2,021 Random Acts of Kindness! Here is one of those opportunities to put a smile on a Waltonwood resident or associates face!

Send a carnation and note to a special someone in our community to show how much you care!

Flowers are \$1.00 each. Only cash will be accepted. Our Flowergram booth will be set up in the IL sitting room (outside of IL dining room) on Monday, February 1 and Tuesday, February 2 from 3:30-4:30pm and Monday, February 8 and Tuesday, February 9 from 3:30-4:30pm.

Families may purchase Flowergrams at our drive-up booth on Saturday, February 6 from 1:00-3:00pm! The Flowergram booth will be located outside the Independent Living Main Entrance.

All proceeds donated to the American Heart Association. Flowers will be delivered to residents and associates on Friday, February 12.

Additionally, on February 3 please sign up to make appreciation cards for our postal workers, delivery drivers and associates. On February 10, sign up to make fleece tie blankets for the NICU.



SAFETY FIRST



Face coverings are required
in our community.

*Please see the Executive Director
if you need a mask.*



EXECUTIVE DIRECTOR CORNER

Happy February! We are looking forward to the festivities that February will bring. Go Red For Women happening on Friday, February 5th. Wear red to raise awareness about cardiovascular disease in women.

At this point we are entering into our second Covid Vaccination Clinic on February 16th. This is exciting and we are so happy to share that we have wonderful participation. Thank you for your patience while we continue to be creative as possible during the Coronavirus pandemic while ensuring safety. As a reminder weekly calls have been available for updates within the community, this is also an opportunity for me to hear from all of you. Most of you have shared how helpful the communication has been!.... We celebrate our success with offering good communication and updates for Waltonwood Cherry Hill. Please note that behind every mask our staff has a smile to brighten your day!

It's a pleasure to be of service and please feel free to contact me with any questions that you may have at Tiffany.tucker@singhmail.com

FOREVER FIT: DON'T WAIT

In a year that has dramatically changed every aspect of our daily lives, there's one thing that should never be ignored, your health. Many people have postponed and cancelled their typical checkups and appointments to limit their exposure to others and to the settings in which COVID-19 exposure may be at a higher risk. While being diligent about your safety is of the utmost important it is equally as important that you manage your health and keep up to date on your wellness checkups. Doctors office and hospitals follow the strictest protocols in order to keep their patients' and staffs' safety a top priority. Alternatives like virtual visits or telehealth options now offer you the opportunity to stay on top of your health and wellness all while minimizing the risks you're trying to avoid. So, this February as we join with the American Heart Association's Go Red for Women initiative and take some time to put your health first. Know your numbers, pay attention to how you feel and listen to your body because being proactive with our health is the best way to stay feeling our best for years to come.

— Chris, Fitness Instructor

YOU'RE INVITED Virtual Food Service Meeting

Ways to Join:
Download the Zoom App on your cell phone, computer or tablet
Call in by phone to 1-312-626-6799

**Zoom Meeting
ID:
841 3432 4194
Passcode:
161664**

Wednesday, February 3rd
Zoom meeting at 12:00 p.m.

Thank you for joining our last Zoom. This is our next zoom meeting date.

Join us via Zoom and discuss Waltonwood Cherry Hill's
Independent Living food service.

Bring ideas for menu items you'd love to see and get updates on
our Dining Department!



Contact Kara with questions

Phone- 734-981-7100 ext 1113

Email- kara.terreault-triplett@singhmail.com

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