



February 2021

The Heritage
at Fox Run

Assisted Living

SUN

MON

TUE

WED

THU

FRI

SAT

<p>CH-Chapel CS-Coffee Shop CY-Court Yard D-Dining Room L-Library TH-Theatre</p> <p>Exercise Class is by the Piano</p>	<p>1 10:00 Exercise Class by the Piano 10:30 Walking Club 10:45 Nail Care-Fireplace 1st Floor 2:00 Toss Em' Card Bingo Coffee Shop 3:00 Listen to Elvis Presley Songs on Alexa</p>	<p>2 Ground Hog Day! 10:00 Exercise Class by the Piano 10:30 Walking Club 11:00 Snapshots Programming 2:00 Bingo in the Dining Room 3:00 Let's Eat Dirt Pie for Ground Hogs Day in the Coffee Shop!</p>	<p>3 10:00 Exercise Class by the Piano 10:30 Walking Club 10:45 Church Service with Pastor Blodgett-CS 1:00 Catholic Rosary in the Coffee Shop 2:00 Town Hall Meeting in the Dining Room 3:00 Popcorn Social in the Coffee Shop</p>	<p>4 10:00 Exercise Class by the Piano 10:30 Walking Club 10:00 Cross Word Puzzles in the Coffee Shop 2:00 Timeslips Story Telling in the Coffee Shop 3:00 Fuzzy Coloring Pages in the Coffee Shop</p>	<p>5 10:00 Exercise Class by the Piano 10:30 Walking Club 10:45 Order Take Out from Pizza Counter 2:00 Treats in the Coffee Shop and Traveling Treats Around the Building</p>	<p>6 10:30 Exercise Class by the Piano 11:00 Snapshots 1:30 Bingo in the Coffee Shop 2:30 Chicken Soup for the Soul Book Reading in the Coffee Shop 6:00 Fireside Chat with Fox Run Friends-CS</p>
<p>7 9:30 Sunday Morning Church Service with First Christian Church 10:30 Wake Em' Up Trivia Game-CS 1:30 Piggy Bank Bingo-CS 2:30 Pregame Snacks in the Coffee Shop 5:30 Super Bowl Airing in the Coffee Shop and Theater</p>	<p>8 10:00 Exercise Class by the Piano 10:30 Walking Club 10:45 Nail Care-Fireplace 1st Floor 2:00 Music with Paul Siebert in the Dining Room 3:00 Hot Cocoa in the Coffee Shop</p>	<p>9 9:00 Snapshots Program 10:00 Exercise Class by the Piano 10:30 Walking Club 11:00 Bowling in the Hallway 2:00 Bingo in the Dining Room 3:00 Root Beer Floats in the Coffee Shop 6:00 Wine Night Cap-Coffee Shop</p>	<p>10 10:00 Tummy Tucks Exercise-Piano 10:30 Walking Club 10:45 Church with Pastor Blodgett in the Coffee Shop 2:00 Scatter Joy Acres Animals Visits in the Coffee Shop 3:00 Fresh Buttery Popcorn Social in the Coffee Shop</p>	<p>11 10:00 Exercise Class by the Piano 10:30 Walking Club 10:45 Word Searches-CS 2:00 Let's Make Slime in the Coffee Shop 3:00 Wine Social in the Coffee Shop 7:00 Night Owls Walking Club on 1st Floor</p>	<p>12 Scenic Drives to See Council Bluffs Homes 9:00, 10:00, 11:00, 1:00 and 2:00 Please RSVP for one timeslot and meet us at the front door at your scheduled time. See you then!</p>	<p>13 10:30 Exercise Class by the Piano 11:00 Snapshots Programming 1:30 Bingo in the Coffee Shop 2:30 50 State Trivia in the Coffee Shop 6:00 Kings on the Corner Card Game-Self Lead in the Coffee Shop</p>
<p>14 Happy Valentines Day!!! 9:30 Sunday Morning Church Service with First Christian Church 11:00 Making Popcorn-CS 2:00 Valentine's Day Music with Ben Tomasello and Colleen in the Dining Room 6:00 Watch America's Funniest Videos-CS</p>	<p>15 10:00 Exercise Class by the Piano 10:30 Walking Club 10:45 Nail Care-Fireplace 1st Floor 12:00 Valentines Day Lunch-DR 2:00 Program with Pastor Wayne Bahr in the Coffee Shop 3:00 Ice Cream Sandwiches-CS 6:30 Wine Night Cap in the Coffee Shop</p>	<p>16 9:00 Snapshots Programming 10:00 Exercise Class by the Piano 10:30 Walking Club 11:00 Bowling in the Hallway 2:00 Bingo in the Dining Room 3:00 Bean Bag Bash Competition-CS</p>	<p>17 10:00 Tummy Tucks Exercise Class-Piano 10:30 Walking Club 10:45 Church with Pastor Blodgett-CS 2:00 Food Town Hall Meeting-Dining Room 3:00 Ice Cream Sundaes in the Coffee Shop</p>	<p>18 10:00 Custom Hearing Solutions in the Movie Theater 10:00 Exercise Class by the Piano 10:30 Walking Club 10:45 Conversations and Coffee-CS 2:00 Penny Ante Conversation Game-CS 3:00 Fresh Buttery Popcorn in the Coffee Shop</p>	<p>19 10:00 Exercise Class by the Piano 10:30 Walking Club 10:45 Order Out from Red Lobster 2:00 Happy Birthday Party for February Birthday's! 3:00 Whack Em' Stick by the Piano</p>	<p>20 10:30 Exercise Class by the Piano 11:00 Snapshots 1:30 Bingo in the Coffee Shop 2:30 Chicken Soup for the Soul Booking Reading in the Coffee Shop 6:00 Night Owls Walking Club on 1st Floor</p>
<p>21 9:30 Sunday Morning Church Service with First Christian Church 10:30 Trivia-CS 1:30 Piggy Bank Bingo in the Coffee Shop 2:30 Conversations and Coffee in the Coffee Shop 6:00 Watch America's Funniest Videos-CS</p>	<p>22 10:00 Exercise Class by the Piano 10:30 Walking Club 10:45 Nail Care-Fireplace 1st Floor 2:00 OneDay Monday in the Library-Let's send a 'Hello' Video to Your Family! 3:00 Fresh Veggies in the Coffee Shop</p>	<p>23 9:00 Snapshots Programming 10:00 Exercise Class by the Piano 10:30 Walking Club 11:00 Bowling in the Hallway 2:00 Bingo in the Dining Room 3:00 Ladder Ball Competition in the Coffee Shop</p>	<p>24 10:00 Tummy Tucks Exercise Class-Piano 10:30 Walking Club on 2nd Floor 10:45 Church with Pastor Blodgett-CS 2:00 Card Games in the Library 3:00 Flavored Hot Tea in the Coffee Shop</p>	<p>25 10:00 Exercise Class by the Piano 10:30 Walking Club 10:45 Listen to Alexa and Coloring Pages 2:00 The Price is Right Game-You Keep the Prizes!!-CS 3:00 Strawberry Floats in the Coffee Shop</p>	<p>26 Country Drive 9:00, 10:00, 11:00, 1:00 and 2:00. Please RSVP for one timeslot and meet us at the front door at your scheduled time. See you then!</p>	<p>27 10:30 Exercise Class by the Piano 11:00 Snapshots Programming 1:30 Bingo in the Coffee Shop 2:30 Whack Em' Sticks 2:00 Caramel Popcorn Social in the Coffee Shop</p>
<p>28 9:30 Sunday Morning Church Service with First Christian Church 11:00 Make Popcorn-Coffee Shop 1:30 Piggy Bank Bingo in the Coffee Shop 2:15 Coloring Pages in the Coffee Shop 6:00 Watch AFV-CS</p>	<p>Masks must be worn to attend activities. Thank you for your cooperation and we can't wait to have you join us!</p>	<p>Resident Birthdays 2nd Cleda P 14th Quinn K</p>	<p>Staff Birthdays 1st Susan M 1st Damien J 9th Baylee F 13th Taylor C 14th Makenna B</p>	<p>Love doesn't make the world go round, Love is what makes the ride worthwhile. -Author Unknown</p>		

