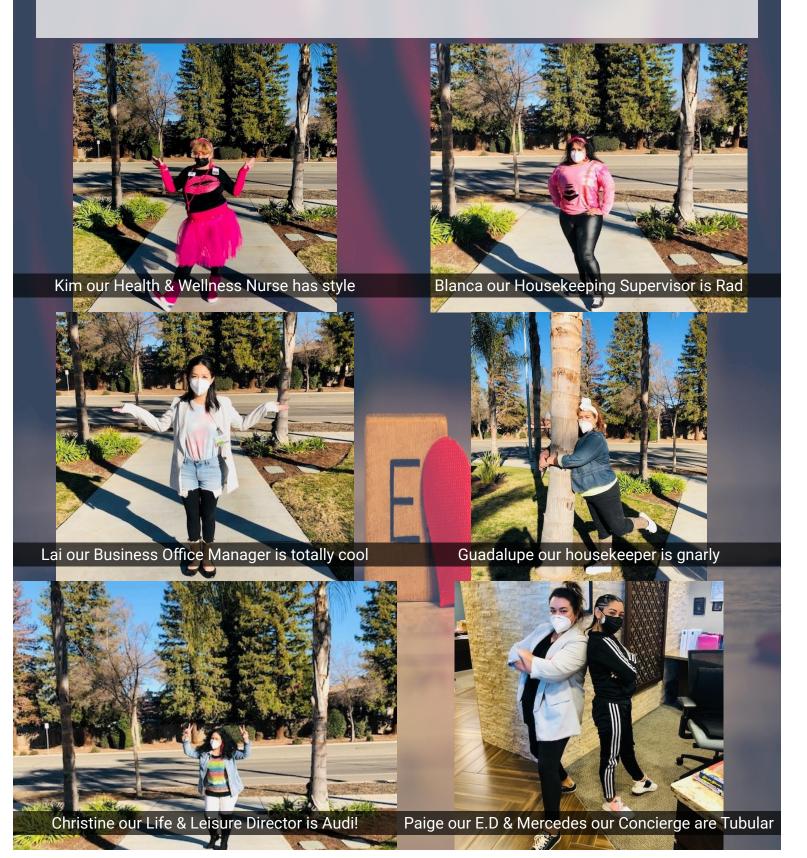
30 minute Courtyard Visits available Tuesday through Saturday.

Book your time through the activity department.

24 hour notice for all appointments.

Please contact 559-479-4700

for further details





February 2021 Assisted Living Life	style & Leisure					created sagety
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
KINGSTON BAY SENIOR LIVING	9:00 Hydration Morning & Room Service 10:00 Activity Station & Hydration 11:00 Mobile Activity Station 2:00 PE 1 on 1 Community Stroll 3:00 SS Inspirational Readings & Music 4:00 5 minute Moments	9:00 Wake up & Hydrate 10:00 Activity Station & Hydration 11:00 PE Groundhog Crafts & Crosswords 2:00 Chair stretches & Disco Music 3:00 Scrap Booking	9:00 Wake up & Hydrate 10:00 Activity Station & Hydration	NFL Spirit Day! 9:00 Wake up & Hydrate 10:00 Activity Station & Hydration 10:00 Courtyard Tai Chi 11:00 AE Crafts & Crosswords 2:00 Happy Hour & Dance Party 3:00 Mobile Activity Station 4:00 Reading out loud	9:00 Wake up & Hydrate 10:00 Activity Station & Hydration 11:00 AE Crafts & Crosswords 2:00 Chair stretches & Meditation 3:00 Meditation Readings 4:00 Friday Movie Trivia	9:00 Wake up & Hydrate 10:00 Activity Station & Hydration 11:00 AE Crafts & Crosswords 2:00 Weekend Matinee [TH] 3:00 Inspirational Readings & Music 4:00 PE Noodle-Arm Exercise
9:00 Wake up & Hydrate 10:00 Activity Station & Hydration 11:00 AE Crafts & Crosswords 2:00 Chair stretches & Meditation 3:00 SS Inspirational Readings & Music 3:30 Super Bowl 4:00 Music Appreciation	9:00 Wake up & Hydrate 10:00 Activity Station & Hydration 11:00 AE Crafts & Crosswords 2:00 Monday Matinee 3:00 SS Inspirational Readings & Music 4:00 Community Stroll	9:00 Wake up & Hydrate 10:00 Activity Station & Hydration 11:00 AE Crafts & Crosswords 2:00 Chair stretches & Dance Music 3:00 CE Scrap Booking 4:00 LL 2 by 2 card games	KB Chocolate Day! 9:00 Wake up & Hydrate 10:00 Activity Station & Hydration 11:00 AE Crafts & Crosswords 2:00 CE Community Stroll 3:00 Trivia & Facts 4:00 LL Table top games	9:00 Wake up & 11 Hydrate 10:00 Activity Station & Hydration 11:00 AE Crafts & Crosswords 2:00 Happy Hour & Dance Party 3:00 Mobile Activity Station 4:00 Reading out loud	9:00 Wake up & Hydrate 10:00 Activity Station & Hydration 11:00 AE Crafts & Crosswords 2:00 Chair stretches & Meditation 3:00 Courtyard Valentine's Performance with Nathan Bryce 4:00 LE Friday Movie Trivia	9:00 Wake up & 13 Hydrate 10:00 Activity Station & Hydration 11:00 AE Crafts & Crosswords 2:00 Weekend Matinee [TH] 3:00 Inspirational Readings & Music 4:00 PE Noodle-Arm Exercise
9:00 Wake up & Hydrate 10:00 Activity Station & Hydration 11:00 AE Crafts & Crosswords 2:00 Chair stretches & Meditation 3:00 SS Inspirational Readings of Love & Music 4:00 Music Appreciation	Hydrate 10:00 Activity Station & Hydration 11:00 AE Crafts & Crosswords 2:00 Monday Matinee	10:00 Activity Station & Hydration 11:00 AE Crafts & Crosswords	KB Love Day! 9:00 Wake up & Hydrate 10:00 Activity Station & Hydration 11:00 AE Crafts & Crosswords 2:00 CE Community Stroll 3:00 Trivia & Facts 4:00 LL Table top games	9:00 Wake up & 18 Hydrate 10:00 Activity Station & Hydration 10:00 Courtyard Tai Chi 11:00 AE Crafts & Crosswords 2:00 Happy Hour & Dance Party 3:00 Mobile Activity Station 4:00 Reading out loud	9:00 Wake up & 19 10:00 Activity Station & Hydration 11:00 AE Crafts & Crosswords 2:00 Chair stretches & Meditation 3:00 Courtyard Performance with Jess 4:00 Friday Movie Trivia	Hydrate 10:00 Activity Station & Hydration 11:00 AE Crafts & Crosswords 2:00 Weekend Matinee [TH] 3:00 Inspirational Readings &
9:00 Wake up & Hydrate 10:00 Activity Station & Hydration 11:00 AE Crafts & Crosswords 2:00 Chair stretches & Meditation 3:00 SS Inspirational Readings & Music 4:00 Music Appreciation	9:00 Wake up & 22 Hydrate 10:00 Activity Station & Hydration 11:00 AE Crafts & Crosswords 2:00 Monday Matinee 3:00 SS Inspirational Readings & Music 4:00 Community Stroll	9:00 Wake up & Hydrate 10:00 Activity Station & Hydration 11:00 AE Crafts & Crosswords 2:00 Chair stretches & Caribbean Music 3:00 CE Scrap Booking 4:00 LL 2 by 2 card games	KB Doughnut Day! 9:00 Wake up & Hydrate 10:00 Activity Station & Hydration 11:00 AE Crafts & Crosswords 2:00 CE Community Stroll 3:00 Trivia & Facts 4:00 ■ Table top games	9:00 Wake up & Hydrate 10:00 Activity Station & Hydration 11:00 AE Crafts & Crosswords 2:00 Happy Hour & Dance Party 3:00 Mobile Activity Station 4:00 Reading out loud	9:00 Wake up & Hydrate 10:00 Activity Station & Hydration 11:00 AE Crafts & Crosswords 2:00 Chair stretches & Meditation 3:00 Meditation Music 4:00 Friday Movie Trivia	9:00 Wake up & Hydrate 10:00 Activity Station & Hydration 11:00 AE Crafts & Crosswords 2:00 Weekend Matinee [TH] 3:00 Inspirational Readings & Music 4:00 PE Noodle-Arm Exercise
9:00 Wake up & Hydrate 10:00 Activity Station & Hydration 11:00 AE Crafts & Crosswords 2:00 Chair stretches & Meditation 3:00 SS Inspirational Readings & Music 4:00 Music Appreciation	CC Community Connections CE Continuing Education LL Lifestyle &Leisure	Location Keys Theater TH			·	