



Seattle Area Update: March 6, 2020

Dear Residents and Families:

Our residents' health and well-being is always top-of-mind at MBK Senior Living – but especially during times when public health conditions are compromised. There is a lot of misinformation and fear swirling due to COVID-19 virus news. That's why we've set up this landing page to keep you up-to-date on recommendations from the CDC and state health services agencies, and the preventative measures we're taking to keep residents healthy and safe.

As of March 5th, the King County public health has advised that, "Reducing the amount of face-to-face contact people have can reduce the spread of infectious disease." And has recommended that anyone age 60 or older stay indoors. Additionally, out of an abundance of caution, at all MBK Senior Living communities located in King County, Washington state will:

1. Restrict all visitors to the community to necessary medical care (home health, etc.). Family is asked to only visit if it is urgent/an emergency.
2. Suspend all events and programs provided by outside entertainers, volunteers, etc.
3. Postpone all outings outside the community (unless medically necessary).
4. Re-route all deliveries to loading docks to limit outside persons in our community common areas.

We will continue to monitor the situation closely, and keep you updated as new information becomes available. We understand that the daily barrage of news about COVID-19 is alarming, but please know that we stand shoulder-to-shoulder with you in every effort to keep our residents safe, healthy and well – today and always.

If you have any questions, please reach out to your community's Executive Director by calling the community directly. Thank you.

At MBK Senior Living, we focus on giving you proactive and thorough communication. As always, we will update you with any changes to life in the community. If you have any questions, please reach out to your community's Executive Director by calling the community directly.

Sincerely,

A handwritten signature in black ink, appearing to read "MBardelmeier", with a stylized flourish at the end.

Michael Bardelmeier

Senior Vice President of Operations, MBK Senior Living

