



March 11, 2020

Dear Residents and Families:

We are continuing to monitor the guidance from the CDC and state health services agencies regarding COVID-19. Based on new updated CDC guidelines recommending older adults avoid crowds, and out of an abundance of caution, we are adding the following to our existing precautions for all communities:

1. Visitors are limited to close family and medically necessary visits (home health, etc.) Further, we encourage family to limit visits to what is absolutely necessary.
2. All visitors will be required to complete a screening questionnaire in regards to their potential exposure to COVID-19, potential symptoms, and recent travel history, when they sign-in at the reception desk.
3. Activities that take residents into the community to public places particularly with large gatherings, such as mall, movies, etc., have been cancelled. (Note: this does NOT apply to residents who need to leave the building for medical care such as dialysis, medical visits, etc.).
4. Resident enrichment programming will continue in a way that will avoid close contact and supplies will be properly sanitized between uses.
5. Dining service will continue as normal. If you would like to take your meals in your room, please notify your Executive Director and we will happily waive the normal fee.

In addition, based on new updated Washington & Oregon State Departments of Health, we are adding the following to our existing precautions for all communities in those states:

1. Visitors must be adults and the visit must take place in the resident's room. This does not apply to end-of-life situations. Further, residents will be allowed to have one visitor per day and each visitor must follow reasonable precautionary measures.
2. All visitors, employees, and volunteers are required to complete a screening in regards to their potential exposure to and/or symptoms of COVID-19 and recent travel history. A copy of the screening form is available at the front desk.

We understand that these new directives may cause some inconvenience, but please know that we stand shoulder-to-shoulder with you in every effort to keep our residents safe, healthy and well – today and always.

If you have any questions, please reach out to your community's Executive Director by calling the community directly. Thank you.

Sincerely,

A handwritten signature in black ink, appearing to read "MBardelmeier". The signature is fluid and cursive, with a prominent initial "M" and a long, sweeping underline.

Michael Bardelmeier

Senior Vice President of Operations, MBK Senior Living