



August 24, 2020

For more nearly 6 months we've endured the ups and downs of the coronavirus. While we yearn to freely embrace our friends and family, go mask-less in public, leave the house without hand-sanitizer and reclaim the active lifestyles we love, that day hasn't come – yet!

So, as we continue to “ride out” this pandemic that's fraught with unexpected turns and steep slopes, we remain dedicated to keeping our residents, families and team members well and well-informed.

Here are the steps we're taking at MBK Senior Living:

- We continue to take our lead from the CDC and work closely with local and state public health agencies.
- We are testing team members at all communities regularly.
- In the event of a positive COVID-19 test result, we:
  - Notify all residents, key family representatives and team members electronically.
  - Coordinate community-wide COVID-19 testing of all residents and team members.
  - Hire a third-party sanitation company to complete a thorough deep clean to augment our daily disinfecting and sanitation processes.
  - Monitor residents and team members for signs and symptoms and take temperatures twice a day.
- Where it has been deemed safe, we are coordinating in-person, outside visits with residents and family. In areas where public health guidelines have not allowed for social visits, we are facilitating FaceTime, Skype and other electronic means for families to stay connected.
- We continue to offer daily door-to-door activities and physical fitness classes (either one-on-one or in small group settings) to stave off the ill-effects of social distancing (boredom, depression and lack of movement) and are dedicated to keeping residents uplifted, engaged and connected. Please watch this short video on how we're doing this – safely and successfully.
- We actively encourage all residents to wear a mask outside of their apartments (and especially if they leave the community), maintain proper social distance between others (six feet), and adhere to our more than 20 other heightened infection control protocols.

We will continue to keep you informed as we navigate the ups and downs of this pandemic together. In the meantime, if you have any questions or concerns, please see your community's Executive Director or call me directly at 949-242-1400. Thank you.

A handwritten signature in black ink, appearing to read "M. B. ...", is written in a cursive style.

Michael Bardelmeier

Senior Vice President of Operations, MBK Senior Living