

February 2021

108 DIECKS DRIVE
ELIZABETHTOWN, KY

WILLOW CREEK
Senior Living

PHONE: (270) 765-4414
WILLOWCREEKRETIREMENT.COM



**Willow Creek
Management Team**

Demetria Johnson
Manager

Jerry Rogers
Healthcare Coordinator

Tyrone Johnson
Maintenance Coordinator

Ben Dozier
Culinary Coordinator

Debbie Smith
Life Enrichment Coordinator



Residents and Associates begin getting their Covid-19 Vaccinations



Bobby

Three Ingredient Peanut Butter Cookies

Ingredients:

1 cup peanut butter
1 cup white sugar
1 egg

Directions:

Preheat oven to 350 degrees. Line baking sheet with parchment paper. Combine the peanut butter, white sugar and egg and mix until smooth. Drop by spoonful of dough onto the baking sheet. Bake each batch for 6 to 8 minutes. Do not overbake. These cookies taste best when they are still soft and just barely brown on the bottoms.



Celebrating New Years!



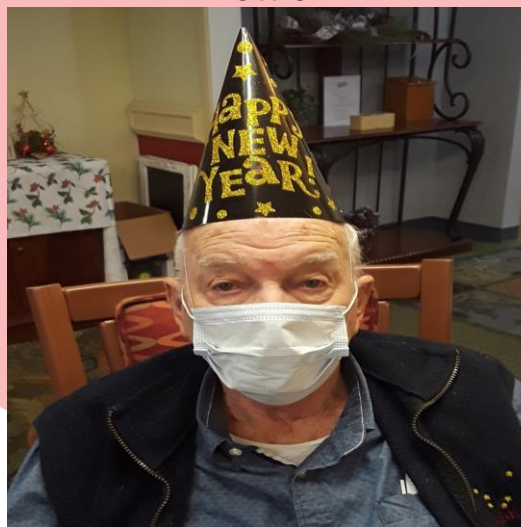
Rosie



Dottie



Jackie



Mel



Mary R.



Janice

Making Black History



In 1915, historian and journalist Dr. Carter G. Woodson founded The Association for the study of African American Life and History (ASALH). He was just the second African American after W. E. B.

Du Bois to obtain a Ph.D. from Harvard University and one of the first scholars to study the African diaspora. As a member of the American Historical Association (AHA), Mr. Woodson realized that the AHA had no interest in the history of African Americans. He set out on his own to create an institution where African American scholars could study black history without misrepresentation. The ASALH was the results of those efforts.

For more than a decade, Woodson worked with the most prominent black intellectuals and activists in America to promote his cause: W. E. B. Du Bois, Marcus Garvey, John E. Bruce, T. Thomas Fortune and Hubert Henry Harrison. In 1926, Woodson brought more prominence to his Movement by championing "Negro History Week" During the second week in February. He wanted The week to coincide with the birthdays of abolitionist leader Fredrick Douglass and President Abraham Lincoln, two key figures of African American history. This event was an Opportunity for schools and communities to organize celebrations of African Americans and their contributions to American society by offering free lectures and performances and establishing black history clubs.

During the coming decades, mayors from cities across America proclaimed the second week of February "Negro History Week." Then in 1970 the Black students and educators at Kent State University expanded on Woodson's vision and declared the entire month of February, Black History Month. In 1976, President Gerald Ford followed suit, officially recognizing Black History Month nationwide. The theme that year was America for All Americans. This years theme is the Black Family, offering, in the words of the ASALH, "a rich tapestry of images for exploring the African American past and present."



We are still working to make resident's dreams come true at Willow Creek through our Dare to Dream program!

We would love to hear from you if you have a dream idea for any of our residents! Please contact any team member with your ideas!

Willow Creek Transportation Schedule

Monday 9 am till 1 pm

Tuesdays No Transportation

Wednesdays 9 am till 1 pm

Thursdays 1 pm till 5 pm

No transportation on Thanksgiving Day

Friday 12:30 pm till 430pm



Willow Creek Senior Living
108 Diecks Drive
Elizabethtown, KY 42701

Postage
Information

Sleep on It



If you're feeling sleepy on February 28, feel free to nod off wherever you're sitting or standing, for it is Public Sleeping Day. For some, sleeping in public is taboo

behavior and an embarrassing social faux pas. But in some places, such as Japan, napping in public on a bench, on the subway, at the mall, or even in the office is considered a sign of hard work and diligence. The perception is that a person is working so hard that they are exhausted and cannot help themselves from falling asleep on the spot. The Japanese even have a term for it: *inemuri*. While some translate it as "sleeping on the job," a more faithful translation is "being present while asleep." An intentional nap is frowned upon, but falling asleep unintentionally while trying to be present is quite acceptable.

February Birthdays



To our residents: To our staff:

Beulah 02-01 Alexandria 02-18

Anna 02-02

Robert 02-11

Carol 02-18

Maxine 02-22

Bessie 02-28