

For the Love of Literature

February 14 is widely celebrated as Valentine's Day, but it is also Library Lover's Day, a day for library patrons to shower their local libraries with love. If you're having a difficult time finding romance this year, perhaps these literary couples will tug on your heartstrings. Visit your local library and borrow a novel brimming with love.

The most famous literary couple in history must be Shakespeare's Romeo and Juliet. These young "star-crossed lovers" fall hopelessly in love against the wishes of their two feuding families, the Montagues and Capulets. If you are looking for a happy ending, *Romeo and Juliet* will not satisfy you. The story is a lesson in tragedy and heartbreak as the two young lovers die as a result of miscommunication and impetuosity.

For those seeking a relationship with a happy ending, look no further than Elizabeth Bennet and Mr. Darcy from Jane Austen's *Pride and Prejudice*. From the moment they meet, Elizabeth and Darcy detest each other. But as the old cliché goes, opposites attract. Elizabeth and Darcy must get over their excessive pride to realize that they do indeed love each other.

Gabriel Garcia Marquez's *Love in the Time of Cholera* offers a more unique and complex depiction of love. Florentino Ariza and Fermina Daza fall in love while young, but when Fermina's father discovers the relationship, he moves the family away to another city. Fermina then meets Dr. Juvenal Urbino, a national hero who strives to eradicate cholera. After a tumultuous marriage to Urbino, Fermina reunites with Florentino, but her view of love has matured as much as she has.

The relationships between literary couples are as complex, or maybe even more complex than those we face in real life. Just ask Jay Gatsby and Daisy Buchanan of *The Great Gatsby*, Allie Hamilton and Noah Calhoun of *The Notebook*, and Hermione Granger and Ronald Weasley of the *Harry Potter* series. On February 14, open a book and your heart.



Arbor View Communities

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Upcoming Events

Groundhog Day
Feb. 2nd

National Wear Red Day
Feb. 5th

Valentine's Day Happy Hour
Feb. 12th

President's Day
Feb. 15th

Mardi Gras
Feb. 16th

Margarita Day
Feb. 22nd

Happy Birthday!!

Ginger Goetsch -02/05

Amber Solomon -02/02
Karen Carroll -02/24
Erin Gritzner -02/28

Happy Hour

Valentine's Happy Hour will be on Friday, February 12th at 3:00pm. We will have a variety of delicious treats, a themed beverage, as well as coffee, water and other refreshments and snacks. You won't want to miss out!

Mardi Gras Party

Arbor View will be having a Mardi Gras party on Tuesday, February 16th at 3:00. We will be playing games, dressing up, eating good food and having delicious drinks. You won't want to miss out!

Origins of Black History Month

Black History month began in 1915, half a century after the thirteenth amendment abolished slavery in the United States. That September, the Harvard-trained historian Carter G. Woodson and the prominent minister Jesse E. Moorland founded the Association for the Study of Negro Life and History (ASNLH), an organization dedicated to researching and promoting achievements by Black Americans and other peoples of African descent.



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When Cows Fly...

On February 18, 1930, a cow known as Elm Farm Ollie won the unique distinction of becoming the first cow ever to be milked while flying in an airplane, ushering in the very first Cow Milked While Flying in an Airplane Day. The circumstances of the flight are well-recorded, as Elm Farm Ollie was part of the International Air Exposition in St. Louis, Missouri. Researchers were apparently eager to observe the effects of flight on livestock. Elm Farm Ollie was an unusually productive Guernsey. She needed milking three times a day. During her flight, she produced 24 quarts of milk. Wisconsin native Elsworth Bunce had the honor of milking her, consequently becoming the first man ever to milk a cow in an airplane. The milk was sealed in paper cartons and parachuted to the crowds below, where it is said that Charles Lindbergh took a drink.



A word from Gloria...

February is American Heart month. Celebrate National Wear Red Day to raise awareness about heart disease on February 5th, 2021. Heart disease is the leading cause of death for men. It is never too late to make changes.

- Use spices instead of salt to flavor your food.
- Incorporate physical activity each day, like a walk at lunch time
- Watch your weight and eat healthy
- Quit smoking
- Control blood pressure and cholesterol

Family and friends, just a few friendly reminders: **No over the counter** meds can be in your loved one's room. All medications (eye drops, creams, Tylenol, rubs, etc) must have a doctor's order. Please talk with me if you believe your loved one will benefit from an OTC med. Please be sure to call and notify a staff member if your loved one will be leaving for a doctors appt. If you have any questions or concerns, please do not hesitate to ask. ~Gloria Marshall, RN



Michelle's Corner...

Hello February!!

Arbor View is working closely with the CDC and Racine County Health Department to reach the stage of allowing indoor visitations. When indoor visitations start, they will be by appointment only. Thank you, family and friends, for your understanding and cooperation during this time. We had our vaccination clinic on January 23rd. If you have any questions or concerns, please do not hesitate to ask. ~Michelle Viol, Community Director

