



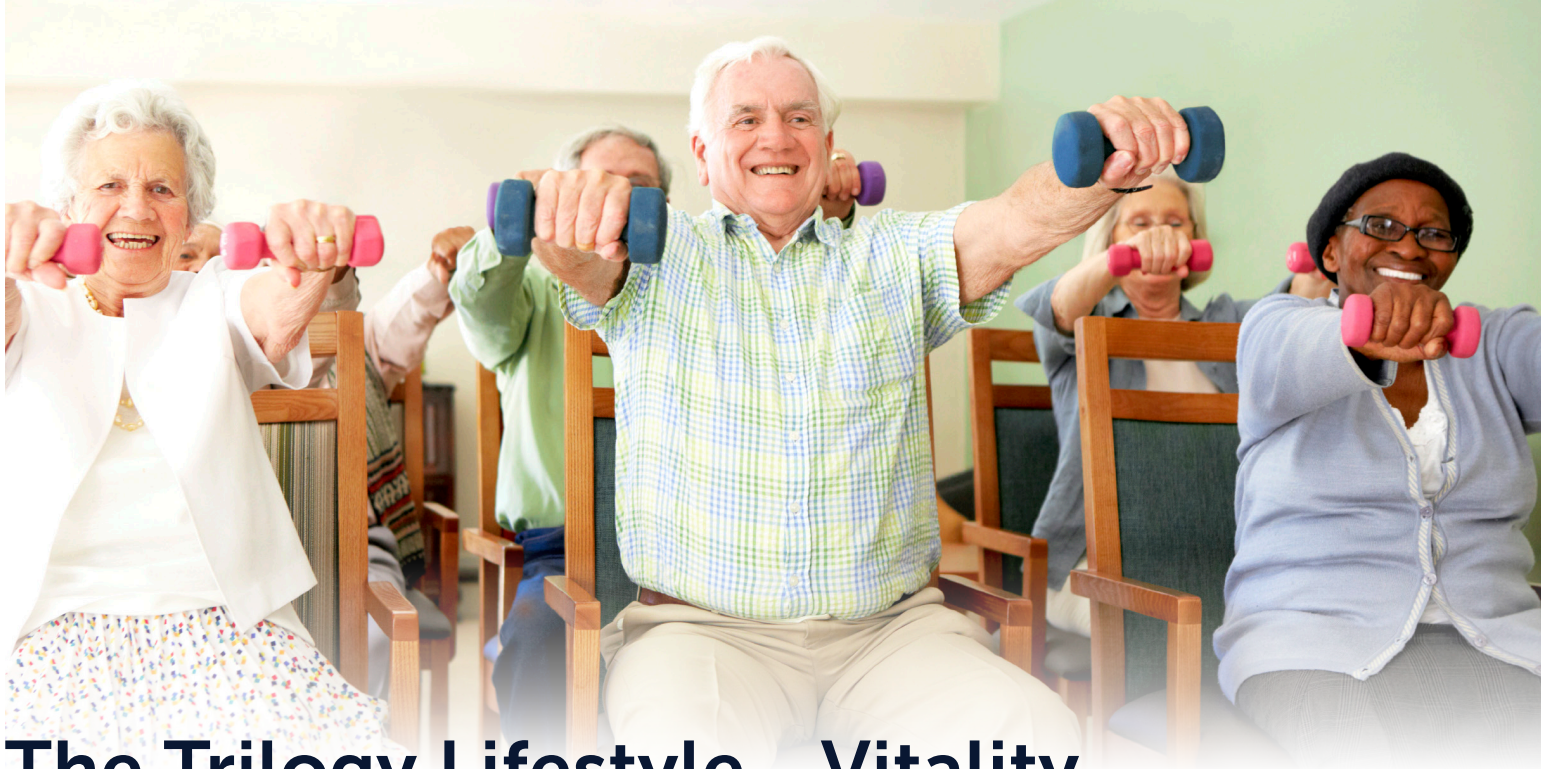
VIENNA SPRINGS

HEALTH CAMPUS

A Trilogy Senior Living Community

News

February 2021



The Trilogy Lifestyle - Vitality

At Trilogy, we understand the importance of keeping fit, staying energized, and maintaining your maximum independence. That's why we're proud to offer ***Vitality*** – a program designed to help our residents stay happy and healthy through outlets for exercise.

Offered at least **three times a week**, ***Vitality*** provides opportunities for our residents to stretch their muscles and get back to feeling like their best selves. The program's physical

wellness options include strength training, yoga, Tai Chi, stretching and balancing, dancing, walking clubs, and wellness seminars, just to name a few. And while COVID-19 restrictions may prevent some of these offerings, alternative options for staying active and engaged will always be available.

We believe that senior living was meant to be enjoyed – so that's why, in addition to ***Vitality***, we offer a robust amount of Life Enrichment

programs to further enhance the resident experience. Whether you're getting into crafting with our Artisans program or are taking a psychology course through ***Lifelong Learning***, there's always something new to do, and there's always people who will be happy to join you.

For more information about ***Vitality***, as well as any of our Life Enrichment programs, contact a member of our team today!



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HEALTH CAMPUS

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2510 Vienna Parkway
Miami Township, OH 45449
937-741-7896
viennaspringshc.com |  

STAY IN THE KNOW

Like and follow us
on Facebook to
keep up to date with
our construction
progress, events
and much, more!

Stay in the Loop  

Keep up with latest campus news
and happenings by following
us on your favorite social networks!

*We strive to provide the best customer
service and quality care for our residents.*

*Our Department Leaders are here
to solve any concerns you may have.*

*In the event that you need further
assistance with any unresolved concerns,
we encourage you to call or email
our Compliance Hotline: 800-908-8618,
ext. 2800; or comply@trilogyhs.com*

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Spread the Love

Valentine's Day is just around the corner. Help us show some love to area seniors in the Miami Township/Miamisburg area who may not be able celebrate the holiday this year. If you know a senior citizen who could use a little cheer this Valentine's Day, nominate him or her for a front porch gift delivery curiosity of Vienna Springs!

To nominate, call Carol Sue at 513-835-4307 or email the name and address of your special senior to Carol.Galloway@viennaspringshc.com. Thanks for helping us spread the love!

CONSTRUCTION UPDATE

We couldn't be more pleased with the progress on the building of Vienna Springs Health Campus. The many common areas are spacious. We have thought of every amenity from our theater to our outdoor patios and putting green, Vienna Springs will truly offer it all. Living at Vienna Springs will definitely have its advantages. Being one of the first to move in has even more! Become a member of our Founder's Club and enjoy a lot of perks. Call 513-741-7896 to learn more about how you can be one of the first to pick your apartment at Vienna Springs.



Hallway Independent Living



One bedroom apt independent



Assisted Living Entrance