

# February 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Outings are subject to change based on weather and resident needs	<b>1 Black History Month</b> <b>V</b> Mindfulness Matters <b>K</b> Memory Box <b>CC</b> Cherry Pie Bubble Up Casserole Relax & Recharge <b>A</b> Fingerprint Hearts-Part 1 <b>M</b> Colors of Music <b>GG</b> Basketball Healthy Hands <b>GF</b> Aquapainting Nighttime Traditions	<b>2 Groundhog Day</b> <b>V</b> Mardi Gras Mambo <b>K</b> Tell Me Something Good <b>CC</b> Fiesta Ranch Dip Relax & Recharge <b>A</b> Fingerprint Hearts Part 2 <b>M</b> Musical Couples <b>GG</b> Roll the Dice & Break the Ice Healthy Hands <b>GF</b> Shake Loose A Memory Nighttime Traditions	<b>3</b> <b>V</b> Balance <b>K</b> Can You Tie Knots? <b>CC</b> Crockpot Scalloped Potatoes Relax & Recharge <b>A</b> Valentine Door Hangers <b>M</b> 1950's Style <b>GG</b> Table Tennis Healthy Hands <b>GF</b> Hangman Nighttime Traditions	<b>4</b> <b>V</b> What a Wonderful World Chair Yoga <b>K</b> Taste Test Thursdays <b>CC</b> Grandma's Chicken & Dumpling Soup Relax & Recharge <b>A</b> Paper Bouquets <b>M</b> Shake It Up, Baby! <b>GG</b> Color Cube Sorting Healthy Hands <b>GF</b> Tea Ceremony Nighttime Traditions	<b>5</b> <b>V</b> Roll in the New Year <b>K</b> Guess the Animal <b>CC</b> Dark Chocolate Valentine's Spoons Relax & Recharge <b>A</b> DIY Stress Balls <b>M</b> February Happy Hour <b>GG</b> Nerf Gun Target Shooting Healthy Hands <b>GF</b> Old Time Theater Nighttime Traditions	<b>6</b> <b>V</b> Quick Qigong <b>K</b> Let the Soul Shine In <b>CC</b> Frozen Yogurt Bark Relax & Recharge <b>A</b> Valentine Bookmarks <b>M</b> Name That Croon <b>GG</b> Throwing Horseshoes Healthy Hands <b>GF</b> Animal Album Nighttime Traditions
<b>7</b> <b>V</b> Step in the Name of Love <b>K</b> Conversation Hearts <b>CC</b> The Famous Woolworth Ice Box Cheesecake Relax & Recharge <b>A</b> Kiss A Mouse <b>M</b> Name That Glenn Miller Tune <b>GG</b> Word Works Healthy Hands <b>GF</b> Charades Nighttime Traditions	<b>8</b> <b>V</b> Mindfulness Matters <b>K</b> Memory Box <b>CC</b> Buttery Pecan Snowball Cookies Relax & Recharge <b>A</b> Fizzing Heart Art <b>M</b> Colors of Music <b>GG</b> Basketball Healthy Hands <b>GF</b> Aquapainting Nighttime Traditions	<b>9</b> <b>V</b> Mardi Gras Mambo <b>K</b> Tell Me Something Good <b>CC</b> Heart-Shaped Cherry Pies Relax & Recharge <b>A</b> Love Collage <b>M</b> Musical Couples <b>GG</b> Roll the Dice & Break the Ice Healthy Hands <b>GF</b> Shake Loose A Memory Nighttime Traditions	<b>10</b> <b>V</b> Balance <b>K</b> Can You Tie Knots? <b>CC</b> Maraschino Cherry Chocolate Chip Cookies Relax & Recharge <b>A</b> Love You to Pieces <b>M</b> 1950's Style <b>GG</b> Table Tennis Healthy Hands <b>GF</b> Hangman Nighttime Traditions	<b>11</b> <b>V</b> What a Wonderful World Chair Yoga <b>K</b> Taste Test Thursdays <b>CC</b> Gourmet Valentine's Chocolate Dipped Strawberries Relax & Recharge <b>A</b> Creative Storytelling <b>M</b> Shake It Up, Baby! <b>GG</b> Color Cube Sorting Healthy Hands <b>GF</b> Tea Ceremony Nighttime Traditions	<b>12 Chinese New Year</b> <b>V</b> Roll in the New Year <b>K</b> Guess the Animal <b>CC</b> Love Shack Icing & Graham Cracker Relax & Recharge <b>A</b> Valentine's Love Shack <b>M</b> February Happy Hour <b>GG</b> Nerf Gun Target Shooting Healthy Hands <b>GF</b> Old Time Theater Nighttime Traditions	<b>13</b> <b>V</b> Quick Qigong <b>K</b> Let the Soul Shine In <b>CC</b> Valentine's Double Chocolate Bark Relax & Recharge <b>A</b> DIY Mardi Gras Centerpiece <b>M</b> Name That Croon <b>GG</b> Throwing Horseshoes Healthy Hands <b>GF</b> Animal Album Nighttime Traditions
<b>14 Valentine's Day</b> <b>V</b> Step in the Name of Love <b>K</b> Conversation Hearts <b>CC</b> Be Mine Muddy Buddies Relax & Recharge <b>A</b> Cardboard Valentine Hearts <b>M</b> Name That Glenn Miller Tune <b>GG</b> Word Works Healthy Hands <b>GF</b> Charades Nighttime Traditions	<b>15 Presidents' Day</b> <b>V</b> Mindfulness Matters <b>K</b> Memory Box <b>CC</b> Creamy Tortellini Soup Relax & Recharge <b>A</b> Mardi Gras Necklace <b>M</b> Patriotic Presidents' Day <b>GG</b> Basketball Healthy Hands <b>GF</b> Aquapainting Nighttime Traditions	<b>16 Mardi Gras</b> <b>V</b> Mardi Gras Mambo <b>K</b> Tell Me Something Good <b>CC</b> Hot Chocolate w/ Lavender Whipped Cream Relax & Recharge <b>A</b> DIY Mardi Gras Masks <b>M</b> Musical Couples <b>GG</b> Roll the Dice & Break the Ice Healthy Hands <b>GF</b> Shake Loose A Memory Nighttime Traditions	<b>17 Ash Wednesday</b> <b>V</b> Balance <b>K</b> Can You Tie Knots? <b>CC</b> Homemade Fudge Relax & Recharge <b>A</b> Act of Kindness Day <b>M</b> 1950's Style <b>GG</b> Table Tennis Healthy Hands <b>GF</b> Hangman Nighttime Traditions	<b>18</b> <b>V</b> What a Wonderful World Chair Yoga <b>K</b> Taste Test Thursdays <b>CC</b> Cabbage Soup Relax & Recharge <b>A</b> Sharpie Mugs <b>M</b> Shake It Up, Baby! <b>GG</b> Color Cube Sorting Healthy Hands <b>GF</b> Tea Ceremony Nighttime Traditions	<b>19</b> <b>V</b> Roll in the New Year <b>K</b> Guess the Animal <b>CC</b> Chocolate Sheet Cake Relax & Recharge <b>A</b> A Cup of Tea <b>M</b> February Happy Hour <b>GG</b> Nerf Gun Target Shooting Healthy Hands <b>GF</b> Old Time Theater Nighttime Traditions	<b>20</b> <b>V</b> Quick Qigong <b>K</b> Let the Soul Shine In <b>CC</b> Homemade Chocolate Bars Relax & Recharge <b>A</b> Snowflake Resist <b>M</b> Name That Croon <b>GG</b> Throwing Horseshoes Healthy Hands <b>GF</b> Animal Album Nighttime Traditions

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<p><b>21</b></p> <ul style="list-style-type: none"> <li><b>V</b> Step in the Name of Love</li> <li><b>K</b> Conversation Hearts</li> <li><b>CC</b> Blueberry Muffins</li> <li>Relax &amp; Recharge</li> <li><b>A</b> Positive Things In My Life</li> <li><b>M</b> Name That Glenn Miller Tune</li> <li><b>GG</b> Word Works</li> <li>Healthy Hands</li> <li><b>GF</b> Charades</li> <li>Nighttime Traditions</li> </ul>	<p><b>22</b></p> <ul style="list-style-type: none"> <li><b>V</b> Mindfulness Matters</li> <li><b>K</b> Chinese New Year Animal Matching Game</li> <li><b>CC</b> Chinese Almond Cookies</li> <li>Relax &amp; Recharge</li> <li><b>A</b> Creative Storytelling</li> <li><b>M</b> Colors of Music</li> <li><b>GG</b> Basketball</li> <li>Healthy Hands</li> <li><b>GF</b> Aquapainting</li> <li>Nighttime Traditions</li> </ul>	<p><b>23</b></p> <ul style="list-style-type: none"> <li><b>V</b> Mardi Gras Mambo</li> <li><b>K</b> Tell Me Something Good</li> <li><b>CC</b> Chinese Sesame Cookies</li> <li>Relax &amp; Recharge</li> <li><b>A</b> Paper Lanterns</li> <li><b>M</b> Musical Couples</li> <li><b>GG</b> Roll the Dice &amp; Break the Ice</li> <li>Healthy Hands</li> <li><b>GF</b> Shake Loose A Memory</li> <li>Nighttime Traditions</li> </ul>	<p><b>24</b></p> <ul style="list-style-type: none"> <li><b>V</b> Balance</li> <li><b>K</b> Can You Tie Knots?</li> <li><b>CC</b> Chinese Five Spice Cookies</li> <li>Relax &amp; Recharge</li> <li><b>A</b> Chinese Painting</li> <li><b>M</b> Beauty of Chinese Music</li> <li><b>GG</b> Table Tennis</li> <li>Healthy Hands</li> <li><b>GF</b> Hangman</li> <li>Nighttime Traditions</li> </ul>	<p><b>25</b></p> <ul style="list-style-type: none"> <li><b>V</b> What a Wonderful World Chair Yoga</li> <li><b>K</b> Taste Test Thursdays</li> <li><b>CC</b> Chinese Egg Tarts</li> <li>Relax &amp; Recharge</li> <li><b>A</b> Theme Dinner Sensory Tray</li> <li><b>M</b> Shake It Up, Baby!</li> <li><b>GG</b> Color Cube Sorting</li> <li>Healthy Hands</li> <li><b>GF</b> Tea Ceremony</li> <li>Nighttime Traditions</li> </ul>	<p><b>26</b></p> <ul style="list-style-type: none"> <li><b>V</b> Roll in the New Year</li> <li><b>K</b> Guess the Animal</li> <li><b>CC</b> French Toast Cookies</li> <li>Relax &amp; Recharge</li> <li><b>A</b> Cubism Portraits</li> <li><b>M</b> February Happy Hour</li> <li><b>GG</b> Nerf Gun Target Shooting</li> <li>Healthy Hands</li> <li><b>GF</b> Old Time Theater</li> <li>Nighttime Traditions</li> </ul>	<p><b>27</b></p> <ul style="list-style-type: none"> <li><b>V</b> Quick Qigong</li> <li><b>K</b> Let the Soul Shine In</li> <li><b>CC</b> Chocolate Chip Banana Bread</li> <li>Relax &amp; Recharge</li> <li><b>A</b> Wool Photo Frames</li> <li><b>M</b> Name That Croon</li> <li><b>GG</b> Throwing Horseshoes</li> <li>Healthy Hands</li> <li><b>GF</b> Animal Album</li> <li>Nighttime Traditions</li> </ul>
<p><b>28</b></p> <ul style="list-style-type: none"> <li><b>V</b> Step in the Name of Love</li> <li><b>K</b> Conversation Hearts</li> <li><b>CC</b> Grandma's Honey Muffins</li> <li>Relax &amp; Recharge</li> <li><b>A</b> Heart Bird Feeder</li> <li><b>M</b> Name That Glenn Miller Tune</li> <li><b>GG</b> Word Works</li> <li>Healthy Hands</li> <li><b>GF</b> Charades</li> <li>Nighttime Traditions</li> </ul>	<ul style="list-style-type: none"> <li><b>A</b> - Artisans</li> <li><b>CC</b> - Creative Cooking</li> <li><b>GF</b> - Gathering of Friends</li> <li><b>GG</b> - Group Games</li> <li><b>K</b> - Keeping it Sharp/Reminisce</li> <li><b>M</b> - Music to My Ears</li> <li><b>V</b> - Vitality</li> </ul>	<p>Birthdays: Oscar G 2/5 Jean H 2/6 Allen R 2/19</p>				

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Birthdays 1: Carol G. 8: Gloria H.	<b>1</b> <b>Black History Month</b> 9:30 Muffin Monday 1:15 TrilogyFIT 2:00 Cooking Club 3:00 Movie "Breakthrough"	<b>2</b> <b>Groundhog Day</b>	<b>3</b> 9:30 Coffee & Donuts 10:30 Card Club	<b>4</b>	<b>5</b> 1:15 TrilogyFIT 3:00 Happy Hour	<b>6</b>
<b>7</b>	<b>8</b> 9:30 Muffin Monday 1:15 TrilogyFIT 2:00 Crafts	<b>9</b>	<b>10</b> 9:30 Coffee & Donuts 10:30 Bingo	<b>11</b>	<b>12</b> <b>Chinese New Year</b> 1:15 TrilogyFIT 3:00 Valentine's Day Happy Hour	<b>13</b>
<b>14</b> <b>Valentine's Day</b>	<b>15</b> <b>Presidents' Day</b> 9:30 Muffin Monday 1:15 TrilogyFIT 2:00 Cooking Club 3:00 Movie "War Room"	<b>16</b> <b>Mardi Gras</b>	<b>17</b> <b>Ash Wednesday</b> 9:30 Coffee & Donuts 10:30 2nd Covid Vaccine Clinic	<b>18</b>	<b>19</b> 1:15 TrilogyFIT 3:00 Happy Hour	<b>20</b>



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
21	22 9:30 Muffin Monday 12:00 Lunch with Justin 1:15 TrilogyFIT	23	24 9:30 Coffee & Donuts 10:15 Card Club	25	26 1:15 TrilogyFIT 3:00 Happy Hour	27
28	If you have an idea for an activity or program see Jamie Treida in the Clubhouse!	Muffins, donuts, and happy hour food will be door to door until further notice.				