Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	8:15 Tai Chi (OC) 1	8:00 Yoga (CDR) 2	8:15 Tai Chi (OC) 3	8:00 Yoga (CDR) 4	8:15 Tai Chi (OC) 5	6
	9:00 Aqua Fit (P)	10:00 Water Walking (P)	9:00 Aqua Fit (P)	10:00 Water Walking (P)	9:00 Aqua Fit (P)	
	10:00 Aqua Fit (P)	11:00 Aqua Personal	10:00 Aqua Fit (P)	11:00 Aqua Personal	10:00 Aqua Fit (P)	
	11:30 Personal Training (H)		11:30 Personal Training (H)	Training (P)	11:30 Personal Training (H)	
	12:30 Personal Training (H)	11:45 Water Personal	12:30 Personal Training (H)	11:45 Water Personal	12:30 Personal Training (H)	
	2:00 Live It Group! (OC)	Training (P)	1:30 Personal Training (H)	Training (P)		
		1:00 Chair Strength (CDR)		1:00 Chair Strength (CDR)		
10.7	7 8:1 <i>5</i> Tai Chi (OC)	8:00 Yoga (CDR)	8:15 Tai Chi (OC) 10	8:00 Yoga (CDR) 11	8:15 Tai Chi (OC) 12	13
	9:00 Aqua Fit (P)	10:00 Water Walking (P)	9:00 Aqua Fit (P)	10:00 Water Walking (P)	9:00 Aqua Fit (P)	13
	10:00 Aqua Fit (P)	11:00 Aqua Personal	10:00 Aqua Fit (P)	11:00 Aqua Personal	10:00 Aqua Fit (P)	
	11:30 Personal Training (H)	_	11:30 Personal Training (H)	<u> </u>	11:30 Personal Training (H)	
	12:30 Personal Training (H)		12:30 Personal Training (H)	9	12:30 Personal Training (H)	
	2:00 Live It Group! (OC)	Training (P)	1:30 Personal Training (H)	Training (P)	12000 1 010011111 111111111111111111111	
		1:00 Chair Strength (CDR)	(,	1:00 Chair Strength (CDR)		
	4.40.17.77 : (1: (0.0)	O OO V (CDD)	0.17 T : Cl : (OC)	0.00 V (CDD) 4.0	Chinese New Year (Year of the Ox)	
				_	8:15 Tai Chi (OC) 19	20
	9:00 Aqua Fit (P) 10:00 Aqua Fit (P)	10:00 Water Walking (P) 11:00 Aqua Personal	9:00 Aqua Fit (P) 10:00 Aqua Fit (P)	10:00 Water Walking (P) 11:00 Aqua Personal	9:00 Aqua Fit (P) 10:00 Aqua Fit (P)	
	11:30 Personal Training (H)		-	<u> </u>	11:30 Personal Training (H)	
	12:30 Personal Training (H)		12:30 Personal Training (H)	_	12:30 Personal Training (H)	
A. Carrier	2:00 Live It Group! (OC)	Training (P)	1:30 Personal Training (H)	Training (P)	12.00 Tersonal Training (11)	
	2.00 Live it Group. (GC)	1:00 Chair Strength (CDR)	1.00 Tersonal Training (11)	1:00 Chair Strength (CDR)		
		1.00 Chair Strength (CD1)		1.00 Chair Strength (CDT)		
Valentine's Day	Presidents' Day	Mardi Gras	Ash Wednesday			
	— - I	_	·		8:15 Tai Chi (OC) 26	27
	9:00 Aqua Fit (P)	10:00 Water Walking (P)	9:00 Aqua Fit (P)	10:00 Water Walking (P)	9:00 Aqua Fit (P)	
	10:00 Aqua Fit (P)	11:00 Aqua Personal	10:00 Aqua Fit (P)	11:00 Aqua Personal	10:00 Aqua Fit (P)	
	11:30 Personal Training (H)		11:30 Personal Training (H)	_	11:30 Personal Training (H)	
	12:30 Personal Training (H)		12:30 Personal Training (H)		12:30 Personal Training (H)	
	2:00 Live It Group! (OC)	Training (P)	1:30 Personal Training (H)	Training (P)		
		1:00 Chair Strength (CDR)		1:00 Chair Strength (CDR)		
				Purim Begins		
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February 2021 Hygeia Fitness & Aquatics