

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 10:30-Chair Pilates-AR 11:30-Live bird cam!-AR 1:00-Memory Collage-AR 4:00-Craft Corner-AR 6:00-Aromatherapy-LR	2 10:30-Balloon/Parachute toss 1:00-Sing-a-long-AR 2:00-Groundhog Trivia and snack! –Activity Room 4:00-Balloon Volleyball-AR 6:00-Classical music-AR Groundhog Day	3 10:30-Upper Body Core-AR 11:30-Word Games-AR 1:00-Bible Reading-LR 4:00-Creative Coloring-AR 6:00-Aromatherapy	4 10:30-Upper Body Core-AR 11:30-Brain Games-AR 1:00-Movie-LR 4:00-Creative Coloring-AR 6:00-Aromatherapy	5 10:30-Lower Body & Core-AR 11:30-Snack & Sunshine-O 1:00-Let's make music-AR 4:00-Stacking games-AR 6:00-Wind down to music	6 10:30-Lower Body & Core-AR 11:30-Snack & Sunshine-O 1:00-Let's make music-AR 4:00-Stacking games-AR 6:00-Wind down to music
7 9:00-Livestream church of Choice-LR 1:00-Devotion-LR 3:00-Brain Games-AR 4:00-Pastoral visits-LR 6:00-Relaxing music-LR	8 10:30-Sit & Be Fit-AR 11:30-Life Stations 1:00-Dance Party-AR 3:00-Magazine Chat-AR 4:00-Word Find-AR 6:00-Aromatherapy-LR	9 10:30-Upper Body Core-AR 11:30-Brain Games-AR 1:00-Movie-LR 4:00-Creative Coloring-AR 6:00-Aromatherapy	10 10:30-Lower Body & Core-AR 11:30-Snack & Sunshine-O 1:00-Let's make music-AR 4:00-Stacking games-AR 6:00-Wind down to music	11 10:30-Chair Pilates-AR 11:30-No bake recipe-AR 1:00-Cranium Games-AR 4:00-Craft Corner-AR 5:00-Valentine's Dinner Party-DR* 6:00-Aromatherapy-LR	12 10:30-Sit & Be Fit-AR 11:30-Life Stations 1:00-Dance Music-AR 3:00-Magazine Chat-AR 4:00-Word Find-AR 6:00-Aromatherapy-LR Chinese New Year (Year of the Ox)	13 10:30-Chair Yoga-AR 11:30-Devotion-AR 1:00-Creative Time-AR 4:00-Movie-LR 6:00-Music & Relax-LR
14 9:00-Livestream church of Choice-AR 11:00-Group Games-AR 3:00-Memory Activity-AR 4:00-Pastoral Visit-LR 6:00-Relax to music-AR Valentine's Day	15 10:30-Lower Body & Core-AR 11:30-Snack & Sunshine-O 1:00-Let's make music-AR 4:00-Word of the Day-AR 6:00-Wind down to music Presidents' Day	16 10:30-Word of the Day-AR 1:00-Stretch & Sing-AR 3:00-Craft Corner-AR 4:00-Live Critter Cam-LR 6:00-Relax & listen to music-LR Mardi Gras	17 10:30-Chair Pilates-AR 11:30-Devotion-AR 1:00-Golden Girls-AR 4:00-Craft Corner-AR 6:00-Aromatherapy-LR Ash Wednesday	18 10:30-Upper Body Core-AR 11:30-Brain Games-AR 1:00-Movie-LR 4:00-Creative Coloring-AR 6:00-Aromatherapy	19 10:30-Lower Body & Core-AR 11:30-Snack & Sunshine-O 1:00-Let's make music-AR 4:00-Stacking games-AR 6:00-Wind down to music	20 10:30-Upper Body & Core-AR 1:00-Devotion-LR 3:00-Brain Games-AR 4:00-Bingo!-AR 6:00-Relaxing music-LR
21 9:00-Livestream church of Choice-LR 1:00-Devotion-LR 3:00-Brain Games-AR 4:00-Bingo!-AR 6:00-Relaxing music-LR	22 10:30-Chair Pilates-AR 11:30-No bake recipe-AR 1:00-Live Critter Cam-AR 4:00-Craft Corner-AR 6:00-Aromatherapy-LR	23 10:30-Parachute Ball toss-AR 11:30-Brain Games-AR 1:00-Movie-LR 4:00-Creative Coloring-AR 6:00-Aromatherapy	24 10:30-Sit & Be Fit-AR 11:30-Life Stations 1:00-Dance Party-AR 3:00-Magazine Chat-AR 4:00-Word Find-AR 6:00-Aromatherapy-LR	25 10:30-Lower Body & Core-AR 11:30-Snack & Sunshine-O 1:00-Let's make music-AR 4:00-Stacking games-AR 6:00-Wind down to music Purim Begins	26 10:30-Sit & Be Fit-AR 11:30-Life Stations 1:00-Dance Party-AR 3:00-Magazine Chat-AR 4:00-Devotion-AR 6:00-Aromatherapy-LR	27 10:30-Chair Yoga-AR 11:30-Devotion-AR 1:00-Creative Time-AR 4:00-Movie-LR 6:00-Music & Relax-LR
28 9:00-Livestream church of Choice-LR 1:00-Devotion-LR 3:00-Brain Games-AR 4:00-Bingo!-AR 6:00-Relaxing music-LR	February 2021 Memory Care Activities *All calendars are subject to change					