

5815 S.E. 27th St.  
Des Moines, IA 50320

\$500.00

Off Rent For a Referral  
with a Deposit

Phone: (515)256-9143  
Fax: (515)287-2945

5815 S.E.27th St.  
Des Moines, IA 50320

Prairie Hills  
Assisted Living, Memory Care  
Des Moines, Iowa 50320

Phone: (515)256-9143  
Fax: (515)287-2945

Leadership Team

- \*Executive Director [Robin Bartalos](#)  
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- \*Assistant Director [Subash Acharya](#)  
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- \*Dir. Of Nursing [Tammy Wonderlich](#)  
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- \*Maintenance [Wade Piper](#)
- \*Culinary [Jon Dobbs](#)  
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- \*Community Relation [Scott Thompson](#)  
[welcomed@prairiehillsliving.com](mailto:welcomed@prairiehillsliving.com)

Resident Birthdays

3rd Larry S.  
4th Madeline  
11th Betty J.  
17th Ginger



Employees Birthdays

20th Jenee

Prairie Hills Gazette

Notable Feb. Events

- 2nd Groundhog Day
- 8th Feb. Birthday Party
- 12th Valentines Day Social
- 15th President’s Day
- 17th Ash Wednesday
- 22nd Cup Cake Day
- 26th PHDM Game Day

Come Join The Fun



Memory Care  
Coordinator

Greetings, I want to take this opportunity to introduce myself to you.

My name is Chris Wood. I’m the Memory Care Coordinator here at PHDM. I have a passionate love for this department and the residents I work with. I have worked here for all most 4yrs and 4yrs in a different building. I’m always looking for new ideas to reunite my residents with the world that they are living in and miss.

Now that we have started a new vaccinated year, we will soon be able to physically reunite families with our activities.

I’m looking forward to the best year yet!

Chris



# Caught RED Handed

**This gives us all an opportunity to thank someone for going out of their way to do something nice for you. Maybe without even asking them. Check it out, it's up by the front door. And maybe your person will be recognized on the bulletin board in front hall.**



**We want to re-introduce three of our stellar Resident Assistants. If you have not met Kamala, Jenee, and Patty they are so superb they've been promoted to leads! If mangers are not in the building.**

## Jenee 6a-2p

## Kamala 2p-10p

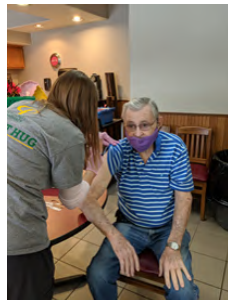
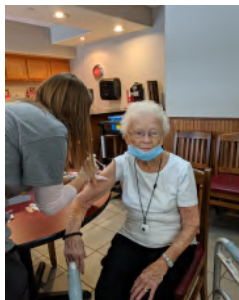
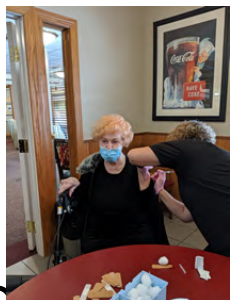
**Patty 10p-6a**



**They can be a great contact and help for you. Please help congratulate them!**



**We received our first vaccination shot January 4th, with the second dose given on Monday, January 25th.**



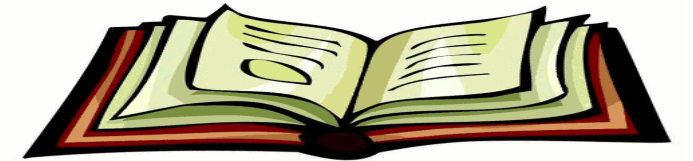
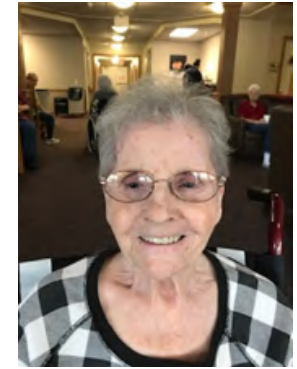
# Strawberry Fudge

## Ingredients

- **1 16oz. Container strawberry frosting**
- **1 12oz. White melting candy ( like white choc. chips)**
- **Red Sprinkles**
- 

## Instructions

- \* line a 8x8 dish with parchment paper
- set aside
- \* Place frosting & melting candy into a microwave safe dish
- \* Microwave 30sec. increments until completely melted & smooth.
- \* pour into 8x8 pan & sprinkle
- \* place in fridge for 45min. ( set up) cut & enjoy



Tammy and I want to stay in contact with you all during these socially distant times. So, we are implementing a weekly Wednesday Zoom meeting at noon, please attend if possible.

[directordm@prairiehillsliving.com](mailto:directordm@prairiehillsliving.com) is inviting you to a scheduled Zoom meeting.

Weekly: [https://zoom.us/meeting/tJ0qce-qajstEteN9HA1zty51Sr8MQGrnikH/ics?icsToken=98tyKuChgT0sGNCVtxGERox5B4\\_oM-rwiGJaj7dYskbNlnFjdhgjZ9FQap9ON8re](https://zoom.us/join/j0qce-qajstEteN9HA1zty51Sr8MQGrnikH/ics?icsToken=98tyKuChgT0sGNCVtxGERox5B4_oM-rwiGJaj7dYskbNlnFjdhgjZ9FQap9ON8re)

Join Zoom Meeting Meeting ID: 997 6624 0783 Passcode: vWxn6i  
<https://zoom.us/j/99766240783?pwd=RlNlSEJiMnJaM1pnMTN3WTFQSGZidz09>

**We also have other dept Coordinators joining , if you might have questions for them too.**

