



Alternate Menu Choices

SALADS

Caesar Salad

Fresh romaine lettuce, croutons, parmesan cheese served with Caesar dressing. Chicken may be added upon request

Chef Salad

Sliced ham, turkey, cheese, hard boiled egg, tomato, cucumber and our choice of dressing over a bed of mixed greens

SANDWICHES

Handcrafted Deli Sandwich

Choose from tuna salad, egg salad, or turkey and add your choice of cheese with lettuce, tomato on your choice of bread

B.L.T.

Classic toasted sandwich filled with crispy smoked bacon, lettuce, sliced tomato and mayo

FROM THE GRILL

Eggs Your Way

Two eggs cooked to perfection with your choice of toasted bread and a side of potatoes or fresh fruit . Bacon or sausage available upon request

Omelet Your Way

2 egg omelet made your way filled with your choice of veggies, meats and cheeses. Served with toasted bread and a side of potatoes or fresh fruit. Bacon or sausage available upon request

Build Your Own Burger

Top a grilled angus burger, turkey burger or veggie burger with cheese, lettuce, tomatoes, pickles & onions

Grilled Cheese or Grilled Cheese with Ham

Your choice of cheese melted between 2 slices of griddled bread. Smoked Ham may be added at your request

All Beef Hot Dog

Lightly griddled all beef hot dog served with your choice of toppings on a soft hot dog bun

Grilled Chicken Sandwich

Lightly seasoned grilled breast of chicken with lettuce & tomato served on a bun

SIDES

Chips . French Fries . Sweet Potato Fries . Spinach . Small Garden Salad . Side of Fruit . Soup du Jour

Inspired Dining at Winding Commons September 1st—7th

BRUNCH & MORE

SUNDAY Ham Steak and Eggs

MONDAY Western BBQ Burger

TUESDAY Buttermilk Pancakes

WEDNESDAY Pizza Bar

THURSDAY Strawberry Blintz

FRIDAY Popcorn Shrimp with Cocktail Sauce

SATURDAY Breakfast Burrito

SALAD OF THE WEEK Mediterranean Chicken Caesar Salad—grilled chicken, romaine, parmesan, tomato, kalamata olives, artichoke hearts, croutons and roasted bell pepper Caesar dressing

SANDWICH OF THE WEEK Shrimp Salad on Croissant

FISH OF THE WEEK— Grilled Tilapia

DINNER

SUNDAY Chicken Noodle Soup . Tomato Cucumber Salad . White Roll . Meatloaf or Fried Catfish . Mashed Potatoes . Sautéed Zucchini . Assorted Desserts

MONDAY Ham and Black-eyed Peas Soup . Cole Slaw . BBQ Pork Ribs or Grilled Tri Tip Potato Salad . Corn on the Cob . Ice Cream Drumstick

TUESDAY Egg Drop Soup . Asian Salad . White Roll . Chicken Teriyaki or Shrimp Stir Fry Fried Rice . Asian Vegetables . Fortune Cookies

WEDNESDAY Tomato Bisque . Garden Salad . Wheat Roll . Carved Roast Beef or Roast Pork and Stuffing . Baked Potato . Fresh Green Beans . Chocolate Cake

THURSDAY Tortilla Soup . Carrot Raisin Salad . Bread Stick . Shredded Chicken Soft Shell Taco or Chile Rellenos . Fiesta Corn . Refried Beans . Custard Pie

FRIDAY Clam Chowder . Caesar Salad . Garlic Bread . Veal Parmesan or Cheese Tortellini Parmesan Orzo . Steamed Broccoli . Spumoni Ice Cream

SATURDAY Butternut Squash Soup . Spinach Salad . Corn Bread . Smothered Pork Chops or Chicken Supreme . Glazed Carrots . Rice Pilaf . Chocolate Pudding

